NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE
NAACP
FOUNDED 1909

**METUCHEN EDISON AREA BRANCH OF THE NAACP**
PRESENTS

# MENTAL HEALTH AWARENESS

## FEATURED TOPICS

- Mental Health 101
- Breaking Down the Walls of Stigma
- African American Mental Health Statistics
- Recognize Symptoms
- Resist Judgement
- Where/How to Seek Treatment and Much, Much More...

**GUEST SPEAKERS:**
Dr. Michele Reed, Family Medicine Physician and Medical Director of MS Family Medicine Health Care, P.C., a holistic practice that serves two locations in New York -Author of the book Mentally Fit Physically Strong NAMI New Jersey (NAMI NJ) is a statewide non-profit organization dedicated to improving the lives of individuals and families affected by mental illness. Through education, support, advocacy and public awareness programs

**Middlesex County Prosecutor's Drug Unit: Opioid Abuse**

**September 14, 2017**
7:00 pm - 9:00 pm

**Stelton Community Center**
328 Plainfield Avenue, Edison, NJ 08817

For more information:
**info@naacpmeab.org**
**HEALTH AND FITNESS COMMITTEE**