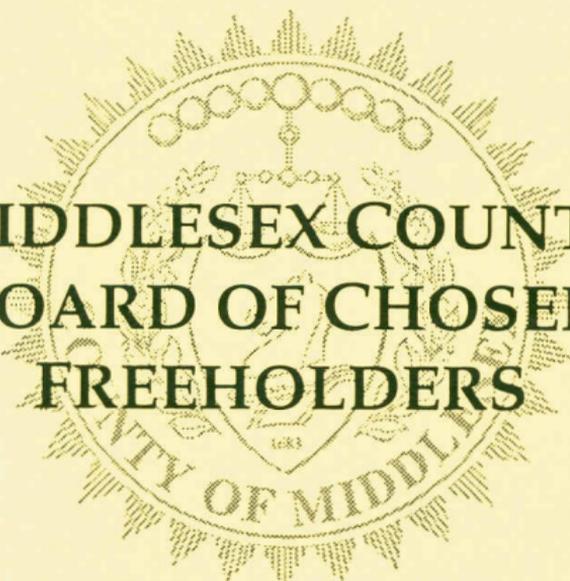


M.O.R.E.

Bullying And Harassment

MIDDLESEX OUT-REACH
AND EDUCATION



MIDDLESEX COUNTY
BOARD OF CHOSEN
FREEHOLDERS

WHAT BULLYING AND HARASSMENT IS NOT:

- Good natured teasing and roughhousing. It is only fun if both parties involved agree that it is.

DEFINITIONS OF BULLYING AND HARASSMENT:

- **VERBAL** - Name calling, Put-downs & Threats.
- **PHYSICAL** - Hitting, Punching, Kicking, Scratching, Tripping & Spitting
- **SOCIAL** - Ignoring, Excluding, Isolating & Alienating
- **PSYCHOLOGICAL** - Spreading rumors, Stalking, Dirty looks, Hiding or damaging personal property.

BULLYING AND HARASSMENT:

- **DIRECT** - Pushing & Shoving
- **INDIRECT** - Rumors & Graffiti

Bullying creates a climate of:

- Fear
- Anxiety

Bullying harms others:

- Physically
- Emotionally
- Academically

REDUCING BULLYING

IT IS VERY IMPORTANT TO LEARN THE DIFFERENCE BETWEEN:

- **RATTING** - Occurs when a student tells about an inappropriate act with the idea of getting another student into trouble with the administration.
- **REPORTING** - Happens when a student tells to protect the safety of another student.

SEXUAL HARRASSMENT:

- DEMEANING NICKNAMES - "Chick", "Sexy", "Stud" & "Baby".
 - UNWANTED, UNWELCOME PHYSICAL CONTACT - Touching, Grabbing or Patting.
 - INSULTING REMARKS ABOUT SEXUAL ORIENTATION - "Fag", "Dyke", "Lezzie" or "Queer".
 - CAT CALLS, RATting or EMBARRASSING WHISTLES.
 - SEXUALLY INSULTING REMARKS ABOUT - Race, Gender or Ability.
 - BRAGGING ABOUT SEXUAL PROWNESS FOR OTHERS TO HEAR.
 - INTIMIDATING HALLWAY BEHAVIOR/STALKING (i.e.: following someone).
 - NAMES WRITTEN ON WALLS OR DESKS - "For a good time, call..."
-

WHAT HAPPENS TO BULLIES

- It becomes a habit as they get older.
- Lose their popularity as they get older and are eventually disliked by most students.
- By high school, school yard bullying becomes rare, but what takes place is more serious.
- They bully their mates, their children and possibly their underlings in their place of business.
- Court convictions - More alcoholism.
- More antisocial personality disorders.
- Use more mental health services.

A BULLY'S PERSONALITY TRAITS:

- Greater than average aggressive behavior patterns.
- No sense of remorse for hurting another child.
- A refusal to accept responsibility for his/her behavior.
- The desire to dominate peers.
- The need to feel in control to win.
- Get pleasure from inflicting injury and suffering on others.
- Driven by jealousy and envy.
- Resort to psychological and physical violence to get their way.
- Inadequate people who cannot interact in a mature manner.
- Form alliances with other people to keep their control.
- Insensitive.

PARENT(S):

- Support their child's aggressive behavior.
- Often bully their child.

**CHILDREN WHO ARE REPEATEDLY
TARGETED OFTEN SEE SUICIDE
AS THEIR ONLY ESCAPE.**

**EMOTIONAL SCARS FROM
BULLYING CAN OFTEN LAST
A LIFETIME.**

**GET HELP TO LEARN AND ADOPT
NEW BEHAVIORS SO THAT YOU CAN
MAKE REAL FRIENDS.**

NATIONAL EDUCATION ASSOCIATION

- 160,000 children skip school every day due to bullying.

THE U.S. DEPARTMENT OF JUSTICE

- 37% of all students don't feel safe at school because of bullying.

NATIONAL INSTITUTE OF HEALTH

- A third of students in 6th—10th grades nationwide experienced some kind of bullying.
-

THE PLAYERS

- **BULLIES** - Individuals who bully other people.
- **TARGETS** - The ones who are continually the target of a bully.
- **BYSTANDERS** - All others who observe the actions of the bully.

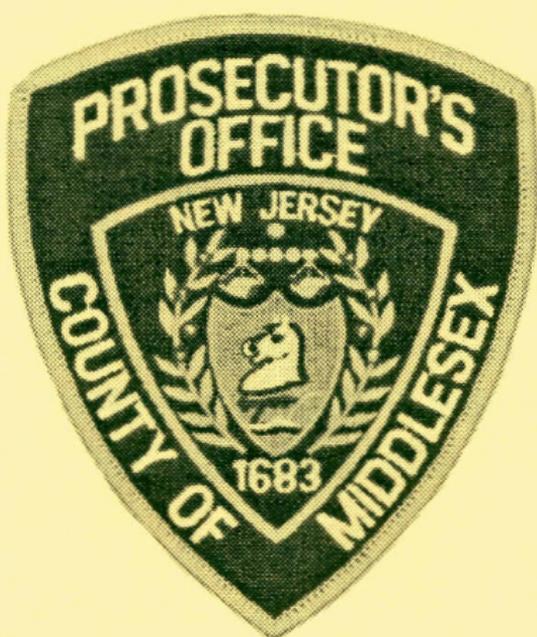
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60% of Bullies will have a criminal record by the age of 24.

A study spanning 35 years by psychologist E. Eron at the University of Michigan found that children who were named by their school mates, at age eight, as the bullies of the school were often bullies throughout their lives.

**BULLYING AND HARASSMENT
IS VIOLENCE**



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