

CHOOSE HEALTH



MIDDLESEX COUNTY  
HEALTH & WELLNESS COUNCIL

Meeting Agenda

January 8, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and vote to adopt our Bylaws approved by Freeholders
3. Formation of committees
4. New Business
5. Announcements, upcoming events and additional comments
6. Please update your calendars for our 2019 schedule:  
**February 5; March 12; April 9; May 14; June 11;  
September 10; October 8; November 12; December 10**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn

CHOOSE HEALTH



MIDDLESEX COUNTY  
HEALTH & WELLNESS COUNCIL

Meeting Agenda

February 5, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of January 8, 2019 meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
4. Presentation by John Dowd, Middlesex County Health Department
5. Announcements, upcoming events and additional comments
6. Please update your calendars for our 2019 schedule:  
**March 12; April 9; May 14; June 11; September 10; October 8; November 12; December 10**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn

CHOOSE HEALTH



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## Meeting Agenda

March 12, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of February 5, 2019 meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
4. Presentations:  
    Ron Lichtenberger, GM Brunswick Square Mall  
    Doriann Kerber & John Dowd, Sustainable New Jersey
5. Announcements, upcoming events and additional comments
6. Please update your calendars for our 2019 schedule:  
**April 9; May 14; June 11; September 10; October 8;  
November 12; December 10**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn

CHOOSE HEALTH



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## Meeting Agenda

April 9, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of March 12, 2019 meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
4. Presentations:
  - Karen Parry from the East Brunswick Library will speak on the topics:
    - 1) All-of-Us Journey Bus of NIH Stopping By EBPL on May 4th
    - 2) New Jersey Upstream Action Acceleration grant of New Jersey Health Initiatives
  - Ron Lichtenberger, General Manager of the Brunswick Square Mall, will speak about the Health & Wellness Expo to benefit the Aldersgate Methodist Community Outreach Center Food Bank
5. Announcements, upcoming events and additional comments

6. Please update your calendars for our 2019 schedule:  
**May 14; June 11; September 10; October 8; November 12;  
December 10**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn



## Meeting Agenda

May 14, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
  2. Review and acceptance of March 12, 2019 meeting minutes
  3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
  4. Presentation: *Renee Haider from Sustainable Jersey to discuss Building Healthy Communities and other related actions.*
  5. Announcements, upcoming events and additional comments
  6. Please update your calendars for our 2019 schedule:  
**June 11; September 10; October 8; November 12; December 10**
- All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn



## Meeting Agenda

June 11, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of March 12, 2019 meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
  1. Presentation: Lori Karabinchak, Health Educator Risk Communicator, Middlesex County Office of Health Services, to present on the MCH&WC website
  2. Announcements, upcoming events and additional comments
  3. Please note the change in our meeting calendar. *The meetings have moved from Tuesdays to Fridays for the remainder of the year:*
    - September 13 – Meeting room 2**
    - October 11 – Meeting room 3**
    - November 15 – Meeting room 3**
    - December 13 – Meeting room 1**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

4. Meeting Adjourn

CHOOSE HEALTH



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### Meeting Agenda

September 13, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of June 11th meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
4. Discussion: Representation of the this council at various events
5. Presentations:  
Nick Tufaro, Middlesex County Department of Infrastructure Management and John Dowd, Middlesex County Department of Health Services on Prescription Parks Program
6. Announcements, upcoming events and additional comments
7. Please update your calendars for our 2019 schedule:  
**October 11; November 15; December 13**  
**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**
8. Meeting Adjourn

CHOOSE HEALTH



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### Meeting Agenda

October 11, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of September 13th meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
4. Presentation:  
John Ferguson, Middlesex County Office of Emergency Management will be presenting on the roles, responsibilities and resources of County OEM
5. Announcements, upcoming events and additional comments
6. Please update your calendars for our 2019 schedule:  
**November 15; December 13**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn

CHOOSE HEALTH



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Meeting Agenda

November 15, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of September 13<sup>th</sup> meeting minutes and October 11<sup>th</sup> meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
4. Presentation: TBA
5. Announcements, upcoming events and additional comments
6. Please update your calendars for our 2019 schedule:  
**December 13**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn

CHOOSE HEALTH



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Meeting Agenda

December 13, 2019

10:15 a.m. – 11:30 a.m.

East Brunswick Public Library

2 Jean Walling Civic Center, East Brunswick, NJ 08816

1. Welcome and Introductions
2. Review and acceptance of November 15th meeting minutes
3. Reports from Committee Chairs: Nominating; Membership; Communications/Events
4. Presentation: N/A
5. Announcements, upcoming events and additional comments
6. Please update your calendars for our 2019 schedule:  
**December 13**

**All meetings will begin promptly at 10:15am at the East Brunswick Public Library, 2 Jean Walling Civic Center, East Brunswick, NJ 08816.**

7. Meeting Adjourn