Middlesex County
Office of Health Services

2016 - 2018
Health Resource Guide

Freeholder H. James Polos
Chairperson
Public Safety and Health

Lester Jones
Director – Health Officer
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Community Oriented Programs

CARRI Program
732-235-6033
Support services through bilingual counseling, parent education, parenting and youth groups, literacy programs and linkage to community resources.

Division of Vocational Rehabilitation
506 Jersey Avenue
New Brunswick, NJ 08901
732-937-6300

Middlesex Project Lifesaver Program
732-745-3295
Tracking system wanderers (5 years +). Participants wear a bracelet equipped with a transmitter.

Nurse-Family Partnership
32 Ford Avenue
Milltown, NJ 08850
732-247-3727 ext 36
First pregnancy support & home visitation program for low-income families, from pregnancy through 2 years of life.

Puerto Rican Action Board (PRAB)
90 Jersey Avenue
New Brunswick, NJ 08903
732-828-4510
Variety of social services, education, job counseling and legal assistance to individuals and families, energy assistance

Samaritan Homeless Interim Program
87 East High Street
Somerville, NJ 08876
908-393-9545

Community/Private Health Centers
May require income verification

JFK Family Practice Medicine Residency
65 James Street
Edison, NJ 08819
Main #: 732-321-7493

St. John Health Center- Catholic Charities
23 Abeel Street
New Brunswick, NJ 08901
732-745-9800

SPUH Family Health Center
123 How Lane
New Brunswick, NJ 08901
Children: 732-745-8519
Adults: 732-745-6642
Main #: 732-745-8600

Trinity Family Service Center- Catholic Charities
271 Smith Street
Perth Amboy, NJ 08861
732-826-9160

Crisis Intervention Hotlines

NJ 2-1-1 or 877-652-1148

Alcohol-24 hour hotline
Raritan Bay Medical Center
Perth Amboy
732-442-1666
732-442-3700

Department of Children & Families
Middlesex and Union County
Main #: 800-531-1261
To report a case of suspected abuse call: 877-NJ ABUSE or 877-652-2873
Domestic Violence Hotline
800-572-7233

St. Peters Ped. Call Center
123 How Lane
New Brunswick, NJ 08901
732-448-1000
After Hours: (888)491-3841
Pediatric Sexual Assault
(12 and under by appointment)

Middlesex County Center for Empowerment
877-665-7273

NJ Poison Information & Education Systems
(Poison Center)
800-222-1222

Safe Haven Infant Protection Hotline
877-839-2339 or 609-292-0422
For distressed parents
who wish to give up their baby anonymously
with no fear of arrest or prosecution.

Women Aware
96 Patterson Street
New Brunswick, NJ 08901
Main #: 732-249-4900
24 Hour Hotline: 732-249-4504
Assists abused women with children.
(Support groups, counseling, safe housing,
Education and information on legal rights)

Dental

Eric B. Chandler Health Center
277 George Street
New Brunswick, NJ 08901
Full Service-for registered patients
Appointment only 732-235-6700

JFK Medical Center Dental Clinic
65 James Street
Edison, NJ 08817
732-321-7608

Middlesex County College Dental Hygiene Clinic
L'Hommedieu Hall-Room 164
2600 Woodbridge Avenue
Edison, NJ 08818
732-906-2536

RWJUH Dental Service
1 Robert Wood Johnson Place
New Brunswick, NJ 08901
732-937-8653

Disability Services

Alliance Center for Independence
629 Amboy Avenue
Edison, NJ 08837
Voicemail only 732-709-1023

ARC of Middlesex County
219 Black Horse Lane Suite 1
North Brunswick, NJ 08902
732-247-8155 or 732-821-1199

Education

Adult Learning Center
268 Baldwin Street
New Brunswick, NJ 08901
732-846-2968
NJ Youth Corps of Middlesex County, CED
preparation, Work First NJ, Family Literacy programs

Literacy Programs of New Jersey
732-906-5456
100 Menlo Park Drive - Suite 314
Edison, NJ 08837
Sliding scale fee
YES Program (Youth Enrichment Services)
Sacred Heart School
115 Commercial Avenue & Suydam Street
New Brunswick, NJ 08901
732-249-3881
Sponsored by Catholic Charities. Has pre-school and after school programs, sliding scale fee.

Energy Assistance Programs

LIHEAP (Low Income Home Energy Assistance Program)
800-510-3102 Winter only
Helps low income households pay their heating bills, even if their heat is included in the rent.

NJ SHARES
New Jersey Statewide Heating Assistance & Referral for Energy Services
866-657-4273
A statewide energy assistance fund offering financial help to families and individuals who have a temporary crisis and need help paying their energy bill.

USF (Universal Service Fund)
866-240-1347
Helps residential customers maintain electric service by offering eligible customers a monthly bill credit. Income verified.

Food Pantries

May need a letter of introduction

Cathedral CDC Social Services- Mercy House Food Pantry
732-826-0447
282 McClellan Street
Perth Amboy, NJ 08861
Food pantry available to in-County residents twice a month, client must register every 6 months. Clothing is also available.

Cavalry Chapel Broken Loaves
139 White Oak Lane
Old Bridge, NJ
732-679-4837
Provides food, clothing and infant clothing

Christ Church
5 Paterson Street
New Brunswick, NJ 08901
732-545-6262
Last Wednesday of the month 6-7 pm
Last 2 Fridays 9-10 am

Emmanuel Lutheran Church
1-3 Kirkpatrick Street
732-545-2673
Wednesdays and Thursdays 9 am – 12 noon
Once a month per family

Fish Inc
456 New Market Road
Piscataway, NJ 07054
732-356-0081 Call for an appointment
Grace Church of North Brunswick
1915 Old Georges Road
North Brunswick, NJ 08901
732-297-9559
Monday – Friday 9 am – 5 pm
Sunday 10:30 am – 1 pm
*Receive a large amount of food at low cost. Can pay with food stamps, money orders or cash*

Highland Park Food Pantry
220 South 6th Avenue
Highland Park, NJ 08904
732-819-0052 or 732-491-6013
*Call for pickup time and information.*

James O'Brian Food Pantry
6 Ethel Road
Piscataway, NJ 07054
*(Corner of Ethel & Justice Streets) Services Piscataway and surrounding area*
732-287-5184
Every 3rd and 4th Saturday 9 am – 11:30 am

Middlesex County Food Organization & Outreach Distributors (M.C.F.O.O.D.S)
101 Interchange Plaza
Cranbury, NJ 08512
732-729-0880
*Provides referrals to food pantries and soup kitchens to Middlesex County residents.*

Old Bridge Food Bank
1 Old Bridge Plaza
732-721-5600 ext 222
Services Old Bridge & Parlin Area
Monday, Tuesday, Thursday and Friday
10:00 am – 12 p.m.

Salvation Army
287 Handy Street
PO Box 69
New Brunswick, NJ 08901
732-545-1477

Salvation Army
433 State Street
Perth Amboy, NJ 08861
732-826-7040
*For Perth Amboy, Sayreville and Woodbridge Township residents only*
Food Pantry: Monday, Wednesday, Thursday and Friday
Lunch served from 10-12:30 pm last ten days of the month

St. Vincent De Paul Social Services
286 Smith Street
Perth Amboy, NJ 08861
732-826-0004
*Requires a letter of introduction*

Food Programs

* A Better World Café
19 South 2nd Avenue
Highland Park, NJ 08904
732-510-1572
Community café which offers seasonal, local and organic foods. Open for the public. Come make a plate that fits your budget, volunteer in exchange for your meal or enjoy a complimentary dish.

* Elijah’s Promise – “Soup Kitchen”*
18 Neilson Street
New Brunswick, NJ 08901
732-545-9002
Lunch: Mon-Fri 11 am-12:15 pm
Dinner: Mon-Fri 6-7 pm
Dinner: Sat/Sun 3:30-4:30 pm

* Faith Fellowship Ministries, World Outreach Center*
2707 Main Street
Sayreville, NJ 08872
732-727-9500 ext 1300*Emergency clothing, food and shelter referrals are available to those*
in need. ID required. Weekday appointments only.

In Greater New Brunswick Meals on Wheels
211 Livingston Avenue
New Brunswick, NJ 08901
732-249-3488
Serves residents of Highland Park & New Brunswick 7:30 a.m. – 1:30 pm. only 60 years and older.

Living Water Family Outreach
104 Union Street
Carteret, NJ 07008
732-541-5683 or 732-216-6593
Clients must be 18 or older and provide proof of income and address. Emergency food and clothing provided. Call for more information.

NJ SNAP (Formerly Food Stamps) NJ’s Supplemental Nutrition Assistance Program
181 How Lane
New Brunswick, NJ 08901 or
11 Olive Street
Perth Amboy, NJ 08861
Toll free #: 800-687-9512
Middlesex County #: 732-745-3500. 8:30 a.m. – 4:30 p.m.

WIC Program
Sites in New Brunswick, Franklin Twp and Piscataway
732-376-1188
Supplemental nutrition program for pregnant or breast feeding women and children up to 5 years old. Income eligibility required.

Head Start Programs

Acelero Learning Center
229 Cedar Street
South Amboy, NJ 08870
732-316-8409
2nd location
33 Terminal Road
Carteret, NJ
732-969-2626
3rd location
578 Livingston Avenue
North Brunswick, NJ 08902
732-247-4438

Piscataway Center
@ Job Corps
500 Plainfield Avenue
Edison, NJ 08817
732-985-4800

South Brunswick Center
Greenbrook School
23 Roberts Street
Kendall Park, NJ 08824
732-397-2480 ext 2520

Health Foundations & Associations

Alzheimer’s Association-Greater NJ Chapter
400 Morris Avenue-Suite 251
Denville, NJ 07834
Main #: 973-586-4300
Caregiver Hotline: 800-883-1180
Hotline is open 24/7

American Cancer Society
2600 U.S. Hwy #1
North Brunswick, NJ 08902
800-ACS-2345
732-297-8000
Information, peer support, transportation to treatment, counseling, etc.

American Diabetes Association
Center Point II
1160 Route 22E-Suite 103
Bridgewater, NJ 08807
800-342-2383
Provides pamphlets, referrals, support groups and newsletters.
American Heart Association
1 Union Street-Suite 301
Robbinsville, NJ 08691
800-242-8721
609-208-0020

American Lung Association of NJ
29 Emmons Drive, Bldg A-20
Princeton, NJ 08540
800-LUNG-USA
609-452-2112

Arthritis Foundation
555 Route 1 South. Suite 320
Iselin, NJ 08830
Monday – Friday 8:30 a.m – 5:00 p.m.
732-283-4300
888-467-3112

Epilepsy Foundation National Information Center
4351 Garden City Drive
Landover, Maryland 20785
800-332-1000

Middlesex County Association of the Blind, Inc.
PO Box 424
New Brunswick, NJ 08903
732-390-1212

National Cancer Institute Cancer Information Service
800-422-6237

National Osteoporosis Foundation
1232 22nd Street NW
Washington, DC 20037
202-223-2226
800-223-9994

Everest Community Service
24K Worlds Fair Drive
Somerset, NJ 08873
732-805-1912
TTY: 732-805-0235

NJ/American Parkinson Disease Association
Robert Wood Johnson University Hospital
1 Robert Wood Johnson Place
New Brunswick, NJ 08901
800-223-2732
Information & Referral Center

Health Departments

Edison Township Health Department
732-248-7273

Franklin Township Health Department
908-203-6029

Somerset County Health Department
908-203-6029

South Brunswick Health Department
732-329-4000

Woodbridge Department of Health & Human Services
732-855-0600

Health Insurance

Centers for Medicare & Medicaid Services
7500 Security Blvd.
Baltimore, MD 21244
800-MEDICARE or 800-633-4227

Medicaid District Office
1-810-654-5505

Middlesex County Board of Social Services
181 How Lane
New Brunswick, NJ 08901
732-745-3500
Fax: 732-745-6706
Hospitals

JFK Medical Center
65 James Street
Edison, NJ 08817
Main #: 732-321-7000

Raritan Bay Medical Center
Old Bridge Division
Ferry Road & Route 18
Old Bridge, NJ 08859
Main #: 732-360-1000

Princeton Hospital at Plainsboro
1 Plainsboro Rd
Plainsboro Township
609- 853-6500

Raritan Bay Medical Center
Perth Amboy Division
530 New Brunswick Avenue
Perth Amboy, NJ 08861
Main #: 732-442-3700

Robert Wood Johnson University Hospital
1 Robert Wood Johnson Place
New Brunswick, NJ 08901
Main #: 732-828-3000

RWJUH at Rahway
865 Stone Street
Rahway, NJ 07065
Main #: 732-381-4200

Saint Peters University Hospital
254 Easton Avenue
New Brunswick, NJ 08901
Main #: 732-745-8600

NJ Department of Community Affairs:
Division of Housing
732-777-6990
Must have received summons of eviction. Offers only temporary assistance. Must be able to maintain their bills.

Section 8 Housing
Middlesex County 732-777-6999

Middlesex County Public Housing Agency
Community Development and Social Services
1 JFK Square, 2nd Floor
New Brunswick, NJ 08901
732-745-3025

Puerto Rican Action Board
90 Jersey Avenue
New Brunswick, NJ 08901
732-828-4510

Legal Services

Anshe Emeth Community Development Corp.
222 Livingston Avenue
New Brunswick, NJ 08901
732-296-9922

Central Jersey Legal Services
317 George Street, Suite 201
New Brunswick, NJ 08901
732-249-7600

Global Immigration Services
438 State Street
Perth Amboy, NJ 08861
732-324-2895

Medical Equipment

VNA of Central Jersey Health Watch
732-219-7444
Offers a waterproof transmitter on the wrist or as a pendant. Two way voice contact to help, 24/7. Installation fee, plus monthly charges apply.

Medications/Prescriptions

Middlesex Rx
GS POPS
800-633-0037
Or call Middlesex County Office of Aging & Disabled Services 732-745-3295
Provides prescription medication at a discounted rate

Middlesex County Health Services Department

35 Kennedy Boulevard
East Brunswick, NJ 08861
732-745-3100

CEED Program
(Early Detection & Cancer Education)
732-745-3127

Center for Empowerment
(Sexual Violence Counseling, Advocacy & Prevention Education)
Hotline: 877-665-7273
Main #: 732-321-1199

Children’s Immunization Program
By appointment only
596 Jersey Avenue
New Brunswick, NJ 08901
732-745-3100

Childhood Lead Poisoning Prevention Program
732-565-3788 ext. 301

Reportable & Communicable Diseases
732-745-3106

Special Child Health Services
732-745-3187

STD Clinic
596 Jersey Avenue Suite B
New Brunswick, NJ 08901
732-565-3788

Tuberculosis Clinic
29 Oakwood Avenue
Edison, NJ 08837
732-321-5297

Well Baby Clinic
By appointment only- Regional Clinics
732-745-3125

Physical Exam Information

Doctors Medi Center
Plaza 12, Suite 4A
835 Roosevelt Avenue
Carteret, NJ 07008
732-969-2240
Carteret students $15 per exam/working papers.
$18 per exam/Athletic physicals
All other towns $30 per exam

Perth Amboy Public Schools Health Center
P.S. Students only
21st Century School
318 Stockton Street
Perth Amboy, NJ 08861
732-376-6012

Piscataway Health Med
Suite 202
1080 Stelton Road
Piscataway, NJ 08854
732-985-2552
$65 school physicals
**Shelters**

**Amandla Crossing Making it Possible to End Homelessness**  
60 Clif Prescod Lane  
Edison, NJ 08817  
732-729-7770

**Bates House (Men Only - Transitional)**  
33 Remsen Avenue  
New Brunswick, NJ 08901  
732-846-7220

**Fish Hospitality**  
456 New Market Road  
Piscataway, NJ  
732-968-5957

**Imani Park; Making it Possible to End Homelessness (Transitional Housing for HIV + Men and Women)**  
60 Kilmer Road- RD #2  
Edison, NJ 08817  
732-729-7770

**Ozanam Family Shelter**  
89 Truman Drive  
Edison, NJ 08817  
732-985-0327

**Ozanam Inn**  
20-22 Abeel Street  
New Brunswick, NJ 08901  
732-565-7974  
*Men's Shelter*

**Red Cross**  
707 Alexander Road Suite 101  
Princeton, NJ 08540  
Monday – Friday 8:30 a.m. – 4:30 p.m.  
609-951-8550

**Rescue Mission in Trenton**  
98 Carroll Street  
Trenton, NJ 08609  
609-695-1436

*Provides shelter, child care, schooling and employment (women and children)*

**Salvation Army**  
433 State Street  
Perth Amboy, NJ  
732-826-7040  
*Mens shelter from November - April*

**Services for the Blind/Deaf**

**Hear NOW**  
800-648-4327  
*Helps people who are deaf or hard of hearing find hearing aids. Collects hearing aids and recycles them.*

**NJ Commission for the Blind & Visually Impaired**  
153 Halsey St. 6th Floor  
P.O. Box 47017  
Newark, NJ 07101-47017  
973-648-3333 / Toll Free: 877-685-8878

**NJ Division of Deaf and Hard of Hearing**  
PO Box 074  
Trenton, NJ 08625*0074  
800-792-8339 toll free in New Jersey

**Social Services**

**Board of Social Services**  
181 How Lane  
New Brunswick, NJ 08901  
Main #: 732-745-3500  
Information 732-745-6632  
Housing, Welfare, Food Stamps, Health Insurance  
732-745-3663  
NJ Kidcare – State 800-701-0710

**Board of Social Services Assessment Center**  
1 Olive Street  
Perth Amboy, NJ 08861
Main #: 732-324-5500
General Assistance: 732-562-2302

**Specialty Clinics**

**Planned Parenthood of Central NJ**
10B Industrial Drive
New Brunswick, NJ 08901
732-246-2411

**Planned Parenthood**
215 Market Street
Perth Amboy, NJ 08861
732-442-4499
2nd location

**Planned Parenthood**
12 Snowhill Street
Spotswood, NJ 08884
732-723-9192

**Robert Wood Johnson HIV Testing**
732-235-7114
*Call for appointment*

**Supplies, Clothing, Furniture & Other Items**

**FISH (Clothing & Food Only)**
456 New Market Road
Dunellen, NJ 08812
732-356-0081

**Salvation Army**
288 Handy Street
New Brunswick, NJ 08901
732-545-1477

**Transportation**

**Dial a Ride**
732-745-5161
*Must be a New Brunswick or Highland Park resident. For all senior citizens, Medicaid or low income recipients. Handicapped accessible. 2 business days’ notice required.*

**Hub City Local (Trolley Car) County**
732-745-5050 or 732-249-1100
*Free public transportation for the City of New Brunswick. Connects downtown New Brunswick to social services, hospitals, etc. This service is handicapped accessible*

**Middlesex County Area Transit**
800-221-3520
*For Middlesex County residents who are senior citizens or disabled. Schedule at least 3 days in advance. Handicapped accessible.*

**Travel Vaccines**

**Airport Medical Offices @ EWR**
360 Avenue P
Newark, NJ 07115
973-643-8383

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Robert Wood Johnson HIV Testing
732-235-7114
*Call for appointment*

**Substance Abuse Counseling & Treatment Services**

**Alcoholics Anonymous**
800-245-1377

**New Brunswick Counseling**
320 Suydam Street
New Brunswick, NJ 08901
732-246-4025

**Open Door**
2-4 Kirkpatrick Street & New Street
New Brunswick, NJ 08901
732-246-4800
Saint Peters University Hospital
CARES Building
254 Easton Avenue
New Brunswick, NJ 08901
732-565-5452

UMDNJ
Robert Wood Johnson Travel Clinic
Monday – Friday 8:30 a.m. – 4:30 p.m.
1 Robert Wood Johnson Place
New Brunswick, NJ 08901
732-235-7060 or 732-235-7067
Middlesex County
Board of Chosen Freeholders

2016 BOARD OF CHOSEN FREEHOLDERS

Ronald G. Rios, Freeholder Director

Carol Bellante, Deputy Director

Kenneth Armwood, Freeholder

Charles Kenny, Freeholder

H. James Polos, Freeholder

Charles E. Tomaro, Freeholder

Blanquita B. Valenti, Freeholder

DEPARTMENT OF PUBLIC SAFETY
AND HEALTH
OFFICE OF HEALTH SERVICES
35 Kennedy Boulevard
East Brunswick, N. J. 08816
732-745-3100
TTY: 732-745-8994
http://www.co.middlesex.nj.us