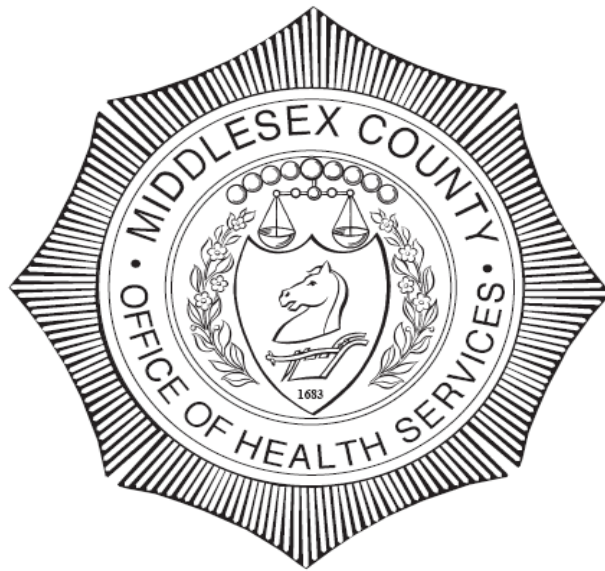


Middlesex County Office of Health Services



2016 - 2018 Health Resource Guide

**Freeholder Shanti Narra
Chairperson
Public Safety and Health**

**Lester Jones
Director – Health Officer**

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Community Oriented Programs

CARRI Program

732-235-6033

Support services through bilingual counseling, parent education, parenting and youth groups, literacy programs and linkage to community resources.

Division of Vocational Rehabilitation

506 Jersey Avenue

New Brunswick, NJ 08901

732-937-6300

Middlesex Project Lifesaver Program

732-745-3295

Tracking system wanderers (5 years +). Participants wear a bracelet equipped with a transmitter.

Nurse-Family Partnership

32 Ford Avenue

Milltown, NJ 08850

732-247-3727 ext 36

First pregnancy support & home visitation program for low-income families, from pregnancy through 2 years of life.

Puerto Rican Action Board (PRAB)

90 Jersey Avenue

New Brunswick, NJ 08903

732-828-4510

Variety of social services, education, job counseling and legal assistance to individuals and families, energy assistance

Samaritan Homeless Interim Program

87 East High Street

Somerville, NJ 08876

908-393-9545

Community/Private Health Centers

May require income verification

JFK Family Practice Medicine Residency

65 James Street

Edison, NJ 08819

Main #: 732-321-7493

St. John Health Center- Catholic Charities

23 Abeel Street

New Brunswick, NJ 08901

732-745-9800

SPUH Family Health Center

123 How Lane

New Brunswick, NJ 08901

Children: 732-745-8519

Adults: 732-745-6642

Main #: 732-745-8600

Trinity Family Service Center- Catholic Charities

271 Smith Street

Perth Amboy, NJ 08861

732-826-9160

Crisis Intervention Hotlines

NJ 2-1-1 or 877-652-1148

Alcohol-24 hour hotline

Raritan Bay Medical Center

Perth Amboy

732-442-1666

732-442-3700

Department of Children & Families Middlesex and Union County

Main #: 800-531-1261

To report a case of suspected abuse call:

877-NJ ABUSE or 877-652-2873

Domestic Violence Hotline

800-572-7233

St. Peters Ped. Call Center

123 How Lane

New Brunswick, NJ 08901

732-448-1000

After Hours: (888)491-3841

Pediatric Sexual Assault

(12 and under by appointment)

Middlesex County Center for Empowerment

877-665-7273

NJ Poison Information & Education Systems

(Poison Center)

800-222-1222

Safe Haven Infant Protection Hotline

877-839-2339 or 609-292-0422

For distressed parents

*who wish to give up their baby anonymously
with no fear of arrest or prosecution.*

Women Aware

96 Patterson Street

New Brunswick, NJ 08901

Main #: 732-249-4900

24 Hour Hotline: 732-249-4504

Assists abused women with children.

*(Support groups, counseling, safe housing,
Education and information on legal rights)*

Dental**Eric B. Chandler Health Center**

277 George Street

New Brunswick, NJ 08901

Full Service-for registered patients

Appointment only 732-235-6700

JFK Medical Center Dental Clinic

65 James Street

Edison, NJ 08817

732-321-7608

Middlesex County College Dental Hygiene Clinic

L'Hommedieu Hall-Room 164

2600 Woodbridge Avenue

Edison, NJ 08818

732-906-2536

RWJUH Dental Service

1 Robert Wood Johnson Place

New Brunswick, NJ 08901

732-937-8653

Disability Services**Alliance Center for Independence**

629 Amboy Avenue

Edison, NJ 08837

Voicemail only 732-709-1023

ARC of Middlesex County

219 Black Horse Lane Suite 1

North Brunswick, NJ 08902

732-247-8155 or 732-821-1199

Education**Adult Learning Center**

268 Baldwin Street

New Brunswick, NJ 08901

732-846-2968

*NJ Youth Corps of Middlesex County, CED
preparation, Work First NJ, Family Literacy
programs*

Literacy Programs of New Jersey

732-906-5456

100 Menlo Park Drive - Suite 314

Edison, NJ 08837

Sliding scale fee

YES Program (Youth Enrichment Services)

Sacred Heart School
115 Commercial Avenue & Suydam Street
New Brunswick, NJ 08901
732-249-3881

Sponsored by Catholic Charities. Has pre-school and after school programs, sliding scale fee

Energy Assistance Programs**LIHEAP (Low Income Home Energy Assistance Program)**

800-510-3102 Winter only
Helps low income households pay their heating bills, even if their heat is included in the rent

NJ SHARES

New Jersey Statewide Heating Assistance & Referral for Energy Services
866-657-4273

A statewide energy assistance fund offering financial help to families and individuals who have a temporary crisis and need help paying their energy bill.

USF (Universal Service Fund)

866-240-1347
Helps residential customers maintain electric service by offering eligible customers a monthly bill credit. Income verified.

Federally Qualified Health Centers

Requires an application

Eric B. Chandler Health Center

227 George Street
New Brunswick, NJ 08901
Main #: 732-235-6700

Jewish Renaissance Medical Center

272 A Hobart Street
Perth Amboy, NJ 08861
Main #: 732-376-9333

Neighborhood Health Services Corporation

1700-58 Myrtle Avenue
Plainfield, NJ 07063
Main #: 908-753-6401

Zarepath Health Center

595 Weston Canal Road
Somerset, NJ 08873
732-537-0737

Food Pantries

May need a letter of introduction

Cathedral CDC Social Services- Mercy House Food Pantry

732-826-0447
282 McClellan Street
Perth Amboy, NJ 08861
Food pantry available to in-County residents twice a month, client must register every 6 months. Clothing is also available.

Cavalry Chapel Broken Loaves

139 White Oak Lane
Old Bridge, NJ
732-679-4837
Provides food, clothing and infant clothing

Christ Church

5 Paterson Street
New Brunswick, NJ 08901
732-545-6262
Last Wednesday of the month 6-7 pm
Last 2 Fridays 9-10 am

Emmanuel Lutheran Church

1-3 Kirkpatrick Street
732-545-2673
Wednesdays and Thursdays 9 am – 12 noon
Once a month per family

Fish Inc

456 New Market Road
Piscataway, NJ 07054
732-356-0081 Call for an appointment

Grace Church of North Brunswick

1915 Old Georges Road
 North Brunswick, NJ 08901
 732-297-9559

Monday – Friday 9 am – 5 pm

Sunday 10:30 am – 1 pm

Receive a large amount of food at low cost. Can pay with food stamps, money orders or cash

Highland Park Food Pantry

220 South 6th Avenue
 Highland Park, NJ 08904
 732-819-0052 or 732-491-6013

Call for pickup time and information.

James O'Brian Food Pantry

6 Ethel Road
 Piscataway, NJ 07054

(Corner of Ethel & Justice Streets) Services Piscataway and surrounding area)

732-287-5184

Every 3rd and 4th Saturday 9 am – 11:30 am

Middlesex County Food Organization & Outreach Distributors (M.C.F.O.O.D.S)

101 Interchange Plaza
 Cranbury, NJ 08512
 732-729-0880

Provides referrals to food pantries and soup kitchens to Middlesex County residents.

Old Bridge Food Bank

1 Old Bridge Plaza
 732-721-5600 ext 2022

Services Old Bridge & Parlin Area

Monday, Tuesday, Thursday and Friday
 10:00 am – 12 p.m.

Salvation Army

287 Handy Street
 PO Box 69
 New Brunswick, NJ 08901
 732-545-1477

Salvation Army

433 State Street
 Perth Amboy, NJ 08861
 732-826-7040

For Perth Amboy, Sayreville and Woodbridge Township residents only

Food Pantry: Monday, Wednesday, Thursday and Friday

Lunch served from 10-12:30 pm last ten days of the month

St. Vincent De Paul Social Services

286 Smith Street
 Perth Amboy, NJ 08861
 732-826-0004

Requires a letter of introduction

Food Programs**A Better World Café**

19 South 2nd Avenue
 Highland Park, NJ 08904
 732-510-1572

Community café which offers seasonal, local and organic foods. Open for the public. Come make a plate that fits your budget, volunteer in exchange for your meal or enjoy a complimentary dish.

Elijah's Promise – "Soup Kitchen"

18 Neilson Street
 New Brunswick, NJ 08901
 732-545-9002

Lunch: Mon-Fri 11 am-12:15 pm

Dinner: Mon-Fri 6-7 pm

Dinner: Sat/Sun 3:30-4:30 pm

Faith Fellowship Ministries, World Outreach Center

2707 Main Street
 Sayreville, NJ 08872
 732-727-9500 ext 1300 *Emergency clothing, food and shelter referrals are available to those*

in need. ID required. Weekday appointments only.

In Greater New Brunswick Meals on Wheels

211 Livingston Avenue
New Brunswick, NJ 08901
732-249-3488

Serves residents of Highland Park & New Brunswick 7:30 a.m. – 1:30 pm. only 60 years and older.

Living Water Family Outreach

104 Union Street
Carteret, NJ 07008
732-541-5683 or 732-216-6593
Clients must be 18 or older and provide proof of income and address. Emergency food and clothing provided. Call for more information.

NJ SNAP (Formerly Food Stamps) NJ's Supplemental Nutrition Assistance Program

181 How Lane
New Brunswick, NJ 08901 or
11 Olive Street
Perth Amboy, NJ 08861
Toll free #: 800-687-9512
Middlesex County #: 732-745-3500. 8:30 a.m. – 4:30 p.m.

WIC Program

Sites in New Brunswick, Franklin Twp and Piscataway
732-376-1188
Supplemental nutrition program for pregnant or breast feeding women and children up to 5 years old. Income eligibility required.

Head Start Programs

Acelero Learning Center

229 Cedar Street
South Amboy, NJ 08870
732-316-8409
2nd location
33 Terminal Road

Carteret, NJ
732-969-2626
3rd location
578 Livingston Avenue
North Brunswick, NJ 08902
732-247-4438

Piscataway Center

@ Job Corps
500 Plainfield Avenue
Edison, NJ 08817
732-985-4800

South Brunswick Center

Greenbrook School
23 Roberts Street
Kendall Park, NJ 08824
732-397-2480 ext 2520

Health Foundations & Associations

Alzheimer's Association-Greater NJ Chapter

400 Morris Avenue-Suite 251
Denville, NJ 07834
Main #: 973-586-4300
Caregiver Hotline: 800-883-1180
Hotline is open 24/7

American Cancer Society

2600 U.S. Hwy #1
North Brunswick, NJ 08902
800-ACS-2345
732-297-8000
Information, peer support, transportation to treatment, counseling, etc.

American Diabetes Association

Center Point II
1160 Route 22E-Suite 103
Bridgewater, NJ 08807
800-342-2383
Provides pamphlets, referrals, support groups and newsletters.

American Heart Association

1 Union Street-Suite 301
Robbinsville, NJ 08691
800-242-8721
609-208-0020

American Lung Association of NJ

29 Emmons Drive, Bldg A-20
Princeton, NJ 08540
800-LUNG-USA
609-452-2112

Arthritis Foundation

555 Route 1 South. Suite 320
Iselin, NJ 08830
Monday – Friday 8:30 a.m – 5:00 p.m.
732-283-4300
888-467-3112

Epilepsy Foundation National Information Center

4351 Garden City Drive
Landover, Maryland 20785
800-332-1000

Middlesex County Association of the Blind, Inc.

PO Box 424
New Brunswick, NJ 08903
732-390-1212

National Cancer Institute Cancer Information Service

800-422-6237

National Osteoporosis Foundation

1232 22nd Street NW
Washington, DC 20037
202-223-2226
800-223-9994

Everest Community Service

24K Worlds Fair Drive
Somerset, NJ 08873
732-805-1912
TTY: 732-805-0235

NJ/American Parkinson Disease Association

Robert Wood Johnson University Hospital
1 Robert Wood Johnson Place
New Brunswick, NJ 08901
800-223-2732
Information & Referral Center

Health Departments**Edison Township Health Department**

732-248-7273

Franklin Township Health Department

908-203-6029

Somerset County Health Department

908-203-6029

South Brunswick Health Department

732-329-4000

Woodbridge Department of Health & Human Services

732-855-0600

Health Insurance**Centers for Medicare & Medicaid Services**

7500 Security Blvd.
Baltimore, MD 21244
800-MEDICARE or 800-633-4227

Medicaid District Office

1-810-654-5505

Middlesex County Board of Social Services

181 How Lane
New Brunswick, NJ 08901
732-745-3500
Fax: 732-745-6706

Hospitals

JFK Medical Center

65 James Street
Edison, NJ 08817
Main #: 732-321-7000

Raritan Bay Medical Center

Old Bridge Division
Ferry Road & Route 18
Old Bridge, NJ 08859
Main #: 732-360-1000

Princeton Hospital at Plainsboro

1 Plainsboro Rd
Plainsboro Township
609- 853-6500

Raritan Bay Medical Center

Perth Amboy Division
530 New Brunswick Avenue
Perth Amboy, NJ 08861
Main #: 732-442-3700

Robert Wood Johnson University Hospital

1 Robert Wood Johnson Place
New Brunswick, NJ 08901
Main #: 732-828-3000

RWJUH at Rahway

865 Stone Street
Rahway, NJ 07065
Main #: 732-381-4200

Saint Peters University Hospital

254 Easton Avenue
New Brunswick, NJ 08901
Main #: 732-745-8600

Housing

Housing Coalition of Central Jersey

732-249-9700
Provides a listing of low income housing and provides advice for 1st time buyers.

NJ Department of Community Affairs: Division of Housing

732-777-6990
Must have received summons of eviction. Offers only temporary assistance. Must be able to maintain their bills.

Section 8 Housing

Middlesex County 732-777-6999

Middlesex County Public Housing Agency Community Development and Social Services

1 JFK Square, 2nd Floor
New Brunswick, NJ 08901
732-745-3025

Puerto Rican Action Board

90 Jersey Avenue
New Brunswick, NJ 08901
732-828-4510

Legal Services

Anshe Emeth Community Development Corp.

222 Livingston Avenue
New Brunswick, NJ 08901
732-296-9922

Central Jersey Legal Services

317 George Street, Suite 201
New Brunswick, NJ 08901
732-249-7600

Global Immigration Services

438 State Street
Perth Amboy, NJ 08861
732-324-2895

Medical Equipment

VNA of Central Jersey Health Watch

732-219-7444

Offers a waterproof transmitter on the wrist or as a pendant. Two way voice contact to help, 24/7.

Installation fee, plus monthly charges apply.

Medications/Prescriptions

Middlesex Rx

GS POPS

800-633-0037

Or call Middlesex County Office of Aging & Disabled Services 732-745-3295

Provides prescription medication at a discounted rate

Middlesex County Health Services Department

35 Kennedy Boulevard
East Brunswick, NJ 08861
732-745-3100

CEED Program

(Early Detection & Cancer Education)
732-745-3127

Center for Empowerment

(Sexual Violence Counseling, Advocacy & Prevention Education)
Hotline: 877-665-7273
Main #: 732-321-1189

Children's Immunization Program

By appointment only
596 Jersey Avenue
New Brunswick, NJ 08901
732-745-3100

Childhood Lead Poisoning Prevention Program

732-565-3788 ext. 301

Reportable & Communicable Diseases

732-745- 3106

Special Child Health Services

732-745-3187

STD Clinic

596 Jersey Avenue Suite B
New Brunswick, NJ 08901
732-565-3788

Tuberculosis Clinic

29 Oakwood Avenue
Edison, NJ 08837
732-321-5297

Well Baby Clinic

By appointment only- Regional Clinics
732-745-3125

Physical Exam Information

Doctors Medi Center

Plaza 12, Suite 4A
835 Roosevelt Avenue
Carteret, NJ 07008
732-969-2240
*Carteret students \$15 per exam/working papers.
\$18 per exam/Athletic physicals
All other towns \$30 per exam*

Perth Amboy Public Schools Health Center

P.S. Students only
21st Century School
318 Stockton Street
Perth Amboy, NJ 08861
732-376-6012

Piscataway Health Med

Suite 202
1080 Stelton Road
Piscataway, NJ 08854
732-985-2552
\$65 school physicals

Shelters

Amandla Crossing Making it Possible to End Homelessness

60 Clif Prescod Lane
Edison, NJ 08817
732-729-7770

Bates House (Men Only- Transitional)

33 Remsen Avenue
New Brunswick, NJ 08901
732-846-7220

Fish Hospitality

456 New Market Road
Piscataway, NJ
732-968-5957

Imani Park; Making it Possible to End Homelessness (Transitional Housing for HIV + Men and Women)

60 Kilmer Road- RD #2
Edison, NJ 08817
732-729-7770

Ozanam Family Shelter

89 Truman Drive
Edison, NJ 08817
732-985-0327

Ozanam Inn

20-22 Abeel Street
New Brunswick, NJ 08901
732-565-7974
Men's Shelter

Red Cross

707 Alexander Road Suite 101
Princeton, NJ 08540
Monday – Friday 8:30 a.m. – 4:30 p.m.
609-951-8550

Rescue Mission in Trenton

98 Carroll Street
Trenton, NJ 08609
609-695-1436

Provides shelter, child care, schooling and employment (women and children)

Salvation Army

433 State Street
Perth Amboy, NJ
732-826-7040

Mens shelter from November- April

Services for the Blind/Deaf

Hear NOW

800-648-4327

Helps people who are deaf or hard of hearing find hearing aids. Collects hearing aids and recycles them.

NJ Commission for the Blind & Visually Impaired

153 Halsey St. 6th Floor
P.O. Box 47017
Newark, NJ 07101-47017
973-648-3333 / Toll Free: 877-685-8878

NJ Division of Deaf and Hard of Hearing

PO Box 074
Trenton, NJ 08625*0074
800-792-8339 toll free in New Jersey

Social Services

Board of Social Services

181 How Lane
New Brunswick, NJ 08901
Main #: 732-745-3500
Information 732-745-6632
Housing, Welfare, Food Stamps, Health Insurance
732-745-3663
NJ Kidcare – State 800-701-0710

Board of Social Services Assessment Center

1 Olive Street
Perth Amboy, NJ 08861

Main #: 732-324-5500
General Assistance 732-562-2302

Specialty Clinics

Planned Parenthood of Central NJ

10B Industrial Drive
New Brunswick, NJ 08901
732-246-2411

Planned Parenthood

215 Market Street
Perth Amboy, NJ 08861
732-442-4499
2nd location

Planned Parenthood

12 Snowhill Street
Spotswood, NJ 08884
732-723-9192

Robert Wood Johnson HIV Testing

732-235-7114
Call for appointment

Substance Abuse Counseling & Treatment Services

Alcoholics Anonymous

800-245-1377

New Brunswick Counseling

320 Suydam Street
New Brunswick, NJ 08901
732-246-4025

Open Door

2-4 Kirkpatrick Street & New Street
New Brunswick, NJ 08901
732-246-4800

Supplies, Clothing, Furniture & Other Items

FISH (Clothing & Food Only)

456 New Market Road
Dunellen, NJ 08812
732-356-0081

Salvation Army

288 Handy Street
New Brunswick, NJ 08901
732-545-1477

Transportation

Dial a Ride

732-745-5161
Must be a New Brunswick or Highland Park resident. For all senior citizens, Medicaid or low income recipients. Handicapped accessible. 2 business days' notice required.

Hub City Local (Trolley Car) County

732-745-5050 or 732-249-1100
Free public transportation for the City of New Brunswick. Connects downtown New Brunswick to social services, hospitals, etc. This service is handicapped accessible

Middlesex County Area Transit

800-221-3520
For Middlesex County residents who are senior citizens or disabled. Schedule at least 3 days in advance. Handicapped accessible.

Travel Vaccines

Airport Medical Offices @ EWR

360 Avenue P
Newark, NJ 07115
973-643-8383

Saint Peters University Hospital

CARES Building
254 Easton Avenue
New Brunswick, NJ 08901
732-565-5452

UMDNJ

Robert Wood Johnson Travel Clinic
Monday – Friday 8:30 a.m. – 4:30 p.m.
1 Robert Wood Johnson Place
New Brunswick, NJ 08901
732-235-7060 or 732-235-7067

Middlesex County Board of Chosen Freeholders

2016 BOARD OF CHOSEN FREEHOLDERS

Ronald G. Rios, Freeholder Director

Carol Bellante, Deputy Director

Kenneth Armwood, Freeholder

Charles Kenny, Freeholder

H. James Polos, Freeholder

Charles E. Tomaro, Freeholder

Blanquita B. Valenti, Freeholder



DEPARTMENT OF PUBLIC SAFETY AND HEALTH

OFFICE OF HEALTH SERVICES

35 Kennedy Boulevard

East Brunswick, N. J. 08816

732-745-3100

TTY: 732-745-8994

<http://www.co.middlesex.nj.us>

