



Middlesex County Food Organization & Outreach Distribution Services

Partnering to End Hunger

Food Assistance Directory

COVID-19 Information Updated – 1/25 10:00 am

Supporting the community food insecurity needs since 1994
More information on MCFOODS visit our [website](#)

Home Deliveries

While pantries do not typically offer delivery of food items, some pantries can register clients for home delivery. Please call your local food pantry for more information.

Carteret

Carteret Calvary Baptist Church – Reflection of God the Way Ministry

Contact: Diahann Thomas-Spencer
Telephone: 732-541-9169 (Office) or 732-912-6007 (Help Line)
Address: 38 McKinley Avenue
Carteret, NJ 07008
Hours of Operation: Last Saturday of the month
11:00 a.m. – 1:00 p.m.

Community outreach program providing emergency food to the people of Carteret.

St. Joseph's Parish, St. Vincent DePaul Food Pantry

Contact: Barbara McHale
Telephone: 732-541-8946
Address: 55 High Street
Carteret, NJ 07008
Hours of Operation: Every 3rd Saturday
8:30 a.m. – 10:30 a.m.

Nonperishable, fresh and frozen food items are available to Carteret residents in need. Proof of residency is required.

Cranbury

First Presbyterian Church of Cranbury - Skeet's Pantry

Contact: Church Office – Carol Kientz
Telephone: 609-426-0690
Address: 22 South Main Street
Cranbury, NJ 08512
Website: www.cranburypres.org

Hours of Operation: Every 3rd Friday
8:00 a.m. – 10:00 a.m. (Doors open between 7:30 & 8:00 a.m.)

Nonperishable food items and some perishable items are available to any county resident in need.

Dunellen

Beginning World Changers

Contact: Frank Cunningham
Telephone: 908-463-8005
Address: 329 Prospect Avenue
Dunellen, NJ 08812
Hours of Operation: Saturday (twice a month)
9:00 a.m. – 1:00 p.m.

Food, clothing, hot meals provided to those in need. Services limited to those 18 years and older, once a month per family.

Living Hope Outreach Center

Contact: Pastor Roy Carryl
Telephone: 732-424-7363
Address: 201 Whittier Avenue
Dunellen, NJ 08812
Hours of Operation: Tuesday (twice a month)
10:00 a.m.

Food and necessities available to residents twice a month.

East Brunswick

Aldersgate Outreach Community Center

Contact: Diane Hutchins
Telephone: 732-254-7361 Option 2 (Message Center)
Address: 562 Ryders Lane
East Brunswick, NJ 08816
Hours of Operation: Sunday, Tuesday & Friday
1:00 p.m. – 3:00 p.m.

Food pantry and thrift shop. Must be a resident of Middlesex County for food assistance. Government-issued photo ID (passport, driver's permit or license, city or state non-driver ID must be presented. Referral through church or social service organization is recommended.

St. Mary & St. Stephen Coptic Church

Contact: Nermeen Gobran, Fr. Stefanos Habib
Telephone: 917-436-8603, 732-857-0188
Address: 12 Gates Aveue
East Brunswick, NJ 08816
Hours of Operation: Saturday 6:00 p.m. – 7:00 p.m.

Food assistance is available to those in need twice a month. Home delivery available, Wednesdays only. Clothing and financial assistance are also available on a limited basis.

Edison

Community Presbyterian Church

Contact: Church Secretary
Telephone: 732-287-1666
Address: 75 Glenville Road
Edison, NJ 08817
Hours of Operation: Tuesday & Thursday
9:00 a.m. – 11:00 a.m. drive through pick-up, *must* call ahead for appt.

A three-day supply of food is available once a month for Edison Township residents. Proof of residence is required (driver's license, utility bill, etc.).

Edison Housing Authority

Contact: Raquel Landero
Telephone: 908-561-2525
Address: 14 Reverend Samuel Carpenter Blvd
Edison, NJ 08820
Hours of Operation: Every third Thursday
9:30am (seniors only); 11:00 am – 1:00 pm.

Food pantry available to Edison residents 18 years or older. Must show proof of residency & proof of low to moderate income. Bring your own bags. Face masks required. Temperature check taken upon arrival.

Guardian Angels Church, Society of St. Vincent De Paul

Contact: Food Pantry
Telephone: 732-572-0977
Address: 37 Market Street
Edison, NJ 08817
Hours of Operation: Every other Wednesday (calendar available)
9:30 a.m. – 11:30 a.m.

Food Pantry services are available during the designated hours.

Hands of Hope at St. James Episcopal Church

Contact: Jackie Goedesky
Telephone: 732-236-3330
Address: 2136 Woodbridge Avenue, PO Box 1057
Edison, NJ 08818
Website: <http://handsofhopenj.net>
Hours of Operation: 1st & 3rd Saturday of the month
11:00 a.m. – 1:30 p.m.

Soup Kitchen and food pantry available to any Middlesex County resident in need. An intake application must be completed and proof of residency is required.

New Beginnings Church of the Nazarene

Contact: Joan Naraine
Telephone: 732-985-7097
Address: 80 Jefferson Blvd.
Edison, NJ 08817
Hours of Operation: 4th Saturday of each month
1:00 p.m. – 3:00 p.m.

Nonperishable food available for any Middlesex County resident in need over 18 years old. ID is required.

St. Paul's Evangelical Lutheran Church

Contact: Church Office - Kathy
Telephone: 732-287-0888
Address: 445 Old Post Road
Edison, NJ 08817
Hours of Operation: Every Wednesday 10 a.m. - 12 noon
Every Thursday 10 a.m. - 12 noon

Produce and non-perishable items are available to those in need. Nonperishable canned foods are available on an emergency basis.

Helmetta

New Life Food Pantry

Contact: Kristen Tabert
Telephone: 732-521-0169
Address: St. George Church
56 Main Street
Helmetta, NJ 08828
Website: www.NewLifeFoodPantry.org
Hours of Operation: Tuesdays 10 AM - 12 PM - by appointment only
Thursdays 12 PM - 2 PM - by appointment only

You must call to reserve your pick-up time. 10 reserved spots per hour. Client-choice model food pantry. 1 person is allowed inside at a time following a COVID screening.

Highland Park

Highland Park Community Food Pantry

Contact: Nicole Huff or Janice Ballou
Telephone: 732-819-0052 (Nicole) or 908-410-7618 (Janice)
Address: Highland Park Community Center
220 South 6th Avenue
Highland Park, NJ 08904
Hours of Operation: 2nd & 4th Thursdays of the month
9:00 a.m. – 10:45 a.m. (or later if distribution takes longer)
6:00 p.m. – 7:00 p.m. (or later if distribution takes longer)
Saturdays following 2nd & 4th Thursdays of the month
9:30 a.m. - 10:30 a.m.

Anyone in need of food is welcome. Located outside the Borough Community Center. Face masks required. There is no written registration process at this time. **If you have a true food emergency, call 732-819-0052 ext. 3115, and leave a message including your phone number.**

Highland Park Gives a Hoot

Contact: Monica Jackson / Michael Buchman
Telephone: 732-819-3786 Monica / 732-245-9433 Michael
Address: Teen Center
600 Benner Street
Highland Park, NJ 08904
Hours of Operation: Tuesdays 10:00 am – 10:30 pm

Nonperishable groceries provided to teens and walk-ins through the Teen Center.

Jamesburg

Calvary Chapel Crossfields

Contact: Fran Napoli
Telephone: 732-521-0382 (Office) or 609-664-2973 (Fran)
Address: 15 Half Acre Rd.
Jamesburg, NJ 08831
Website: <https://cccrossfields.org>
Hours of Operation: Friday 6:00 p.m. – 8:00 p.m.

Provides food and clothing. Requires client intake form requesting name, address, and financial situation.

Presbyterian Church of Jamesburg – Deacon's Food Cupboard

Contact: Church Office
Telephone: 732-521-1711
Address: 175 Gatzmer Avenue
Jamesburg, NJ 08831
Hours of Operation: 3rd Saturday of the month by appointment only
As long as supplies are available, they will be open every Saturday for a drive thru beginning at 9 am for anyone

Please call the church office for specific information. However, proof of residency in Jamesburg, Helmetta, or Monroe is required, and an application must be completed. Paperwork waived at this time.

Metuchen

First Presbyterian Church of Metuchen

We will be open Wednesday and Thursday this week from 9am - 11am for DRIVE UP FOOD PANTRY. No need for an appointment. Just drive up and we will provide them with two prepacked bags per family delivered out to their cars. No signing in. We will allow them to come once a week going forward until this is all over.

Contact: Sarah Teti, Food Pantry Coordinator
Telephone: 732-491-2300 (Office) or 732-491-2325 (Food Pantry)
Address: 270 Woodbridge Avenue
Metuchen, NJ 08840
Hours of Operation: Wednesday & Thursday
9:15 a.m. - 12:00 p.m.

Emergency food distribution is available to residents of Edison and Metuchen; proof of residency must be provided. All requests must come in by phone by 3PM on Tuesday so that clients can make an appointment to “shop” Wednesday or Thursday OR volunteers can package the food for pick up on Thursday. Emergency requests are also arranged. Limited to once a month.

Suggested donations include: Parmalat milk, peanut butter and jelly, maple syrup and pancake mix (mix with water), dry cereal, canned meats, juices, and vegetables, soups, spaghetti sauce and pasta. We do not accept perishable items.

St. Francis Cathedral Social Concerns

Telephone: 732-548-0100 ext. 225 for Social Concerns
Address: 45 Library Place
Metuchen, NJ 08840
Hours of Operation: Monday - Thursday
9:30 a.m. - 11:30 a.m.

Emergency food distribution is available.

Middlesex

First Bilingual SDA Church Food Pantry

Contact: Stacy Barnes
Telephone: 732-629-8065
Address: 111 Howard Ave
Middlesex, NJ 08846
Website: <https://www.firstbilingual.org/serve/food-pantry>
Hours of Operation: Thursdays
12:00 p.m. - 2:00 p.m. by appointment only
Emergency requests by appointment only

Food assistance is available based on availability. Open to Middlesex County residents and those in need by appointment—for curbside pickup. Submit requests online or by phone or text, 732-629-8065.

La ayuda de alimentos está disponible, dependiendo de las reservas, para los residentes del Condado de Middlesex y personas necesitadas únicamente con cita y para recoger. Peticiones también pueden ser enviadas via mensaje de texto a 732-629-8065.

Milltown

Jewish Family Services of Middlesex County, Milltown

Contact: Intake Worker
Telephone: 732-777-1940
Website: www.jfsmiddlesex.org
Address: 32 Ford Avenue, 2nd Floor
Milltown, NJ 08850 (United Way Bldg., street parking)
Hours of Operation: By appointment

Services available: family, couple, and individual counseling; senior adult services; vocational & career services; emergency food (non-perishable); Kosher Meals on Wheels delivery; referrals for essential needs; immigration services and citizenship classes; and the Women’s Center for Displaced Homemakers. To get food, you must be a Middlesex County resident, 18 yrs old or over. All residents in need are served regardless of ethnicity, religion, gender, etc. Must show proof of name, address and income. Requests are

limited to once a month or as needed for emergency circumstances. Nonperishable kosher food is provided to those in need. Monetary donations and kosher non-perishable food donations are accepted.

Monroe

Jewish Family Services of Middlesex County, Monroe

Contact:
Telephone: 609-395-7979
Address: 1600 Perrineville Road, Suite 52 (Concordia Shopping Center)
Monroe Twp., NJ 08831
Website: www.jfsmiddlesex.org
Hours of Operation: By appointment

Services available: family, couple, and individual counseling; senior adult services; vocational & career services; emergency food (non-perishable); Kosher Meals on Wheels delivery; referrals for essential needs; and the Women's Center for Displaced Homemakers. To get food, must be a Middlesex County resident, 18 or older, must show proof of name, address, and income. Requests are limited to twice a month or for emergency circumstances. Monetary donations and kosher non-perishable food donations are accepted.

Monroe Township Office of Senior Services

Contact: Karen Theer or Claire Kelly
Telephone: 609-448-7140
Address: 12 Halsey Reed Road
Monroe Twp., NJ 08831
Hours of Operation: 1st Wednesday of the month
8:30 a.m. - 11:30 a.m. by appointment only

Nonperishable food distribution is available. Emergency calls are taken Monday – Friday from 8:30 a.m. to 4:30 p.m. Proven financial eligibility and proof of residency in Monroe Township is required.

New Brunswick

Abundant Life Family Worship Church

Contact: Lisa Griffis
Telephone: 732-937-6795
Address: 259 George Street
New Brunswick, NJ 08901
Hours of Operation: One food distribution event per month
June 27th at 12 noon

Community food distribution events available for Middlesex County residents in need.

Bayard Street Presbyterian Church

Contact: Pastor Joseph Bodnar
Telephone: 732-247-0384 or 732-672-3793
Address: 107 Bayard Street
PO Box 1207
New Brunswick, NJ 08903
Hours of Operation: Last Saturday of the month

12:00 p.m. - 2:00 p.m.

Nonperishable food toiletries, clothing, household items, and paper goods are available to those in need.

Central Jersey Diaper Bank/Anshe Emeth Community Development Corporation

Contact: Diaper Hotline
Telephone: 732-296-9922

The AECDC-Central Jersey Diaper Bank has established a “new normal”.

- Referred Clients: Any referrals will be contacted within 2 business days. Supplies delivered directly to their home. Home deliveries made once per month.
- Open Distributions: For those unable to access our services through the referral system, there is an open distribution at the end of the month. Call the Diaper Hotline 732-296-9922 for date & time.

Christ Church New Brunswick Food Pantry

Contact: Church Office
Telephone: 732-545-6262 or 732-543-3065
Address: 5 Paterson Street
New Brunswick, NJ 08901
Hours of Operation: 2nd & 3rd Wednesdays of the month: 6:00 p.m. – 7:30 p.m.
Last 2 Fridays of the month: 9:00 a.m. – 10:30 a.m.
Last 2 Saturdays of the month: 10:30 a.m. – 12:00 p.m.

Emergency food distribution is subject to items available.

Ebenezer Baptist Church, Feed My Sheep Ministry, Soup Kitchen and Pantry

Contact: Victor Hoagland or Louie Rolon
Telephone: 732-247-2459
Fax: 732-247-7357
Address: 126 Lee Avenue
New Brunswick, NJ 08901
Hours of Operation: Tuesday 11:00 a.m. – 1:00 p.m. (Soup Kitchen)

Hot meals are provided to all those in need. **Thursday and Friday 11:00 – 2:00 pm home deliveries** also offered. Other donated food items are also distributed as received.

Elijah's Promise

To-go meals only

Promise Clinic is suspended until further notice. Social Services will not be taking new clients at this time.

Contact: Curtis McNair
Telephone: 732-545-9002 ext. 117
Address: 18 Neilson Street
New Brunswick, NJ 08901
Website: <http://www.elijahspromise.org>
Hours of Operation: Monday – Friday: 11:00 a.m. - 7:00 p.m. (donations accepted 11 a.m. – 1 p.m.)
Saturday – Sunday: 12:00 p.m. - 1:30 p.m.

Prepared meals, health services, educational services, information and referral services are available. Prepared “Meals to Go” program is available for people who are working and unable to attend regular meal

times. "Fresh is Best" program offers perishable and non-perishable food for The Ryan White Program by appointment only. Suggested donations include food and paper supplies.

Five Loaves Food Pantry Store at Second Reformed Church of New Brunswick

Limited staff: M-T 10-1 Wed-Friday by appointment only and no entry into the building

Contact: Catherine Verduci
Telephone: 732-545-1019
Address: 100 College Avenue
New Brunswick, NJ 08901

Hours of Operation: Regular Hours (Sept. – April)
Monday – Friday
10:00 a.m. – 2:00 p.m.
Monday & Wednesday
5:00 p.m. – 8:00 p.m.

Summer Hours (May – Aug)
Monday, Tuesday & Wednesday
10:00 a.m. – 2:00 p.m.
Wednesday
5:00 p.m. – 8:00 p.m.

*Closed the 3rd Wednesday of the month

Please call 732-545-1019 before coming at any time, since our staff is totally volunteer and sometimes unavailable to keep the hours established. Basic emergency food is available to people and families in economic hardship. Proof of name, current address, proof of any dependents and valid photo ID. Food is distributed by client choice, not prepackaged bags. Staff speaks English and Spanish.

Greater Worship Kingdom Church (in Partnership with St. Stephen Mar Thoma Church of East Brunswick)

Contact: Bishop Otis Blount
Phone: 868-262-6989
Address: 178 Jones Ave
New Brunswick NJ 08901
Hours of Operation: Sunday 12:30 p.m. – 2:30 p.m. while supplies last

Emergency food available to Middlesex County residents in need.

New Brunswick Seventh Day Adventist Church

Contact: Oneka Edwards
Telephone: 732-745-4858 or for emergencies (732) 474-8801
Address: 339 Livingston Avenue
New Brunswick, NJ 08901
Website: www.NBSDAC.com
Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Emergency food is available to New Brunswick residents and those within the church community every Wednesday. Food, prayer, counseling, and clothing are available. Advanced appointment recommended for services other than food. Valid photo ID and proof of address are required.

PRAB – Early Childhood Centers

Contact: Family Workers
Telephone: 18 Drift Street 732-828-4709
Mario Gonzalez Child Dev Center 732-828-4572
Downtown 732-545-0426
Raritan Gardens 732-247-5640
Address: PO Box 240
New Brunswick, NJ 08901
Hours of Operation: Monday - Friday
7:30 a.m. - 5:30 p.m.

Emergency food assistance is available to any Puerto Rican Action Board Preschool Family. Suggested donations include rice, beans, tomato sauce and spaghetti.

PRAB, Inc. – Multi-Service Center

Contact: Carmelo Cintrón
Telephone: 732-828-4510 ext.136
Address: 90 Jersey Ave, PO Box 240
New Brunswick, NJ 08901
Hours of Operation: By appointment on Thursdays

Pantry is only available on Thursdays to a limited number of families by appointment only. Cases are determined on individual need – please call for an appointment.

Salvation Army Family & Community Emergency Center

Photo ID is required. Clients must sign in and provide a phone number.

Contact: Yadira Zavaleta
Telephone: 732-545-1477 ext. 112
Address: 287 Handy Street P.O. Box 5724
New Brunswick, NJ 08901

Hours of Operation: Appointment required. Call ahead.

Services include food pantry. Home Delivery available to seniors & families with illness due to COVID-19. Photo ID, birth certificate for all household members, and proof of address—lease/rental letter + 1 bill—are required. Clients are eligible for assistance once every month (excluding holiday assistance). Must be a resident of New Brunswick, East Brunswick, North Brunswick, Highland Park or Milltown.

Sharon Baptist Church

Contact: Edmund DeVeaux
Telephone: 201-478-9446 (Cell) or 732-846-0669 (Church)
Website: www.sharonbaptistnj.com
Address: 25 Howard Street
New Brunswick, NJ 08901
Hours of Operation: Every Wednesday of the month
12:00 p.m. - 2:00 p.m.

Sharon Baptist Church will serve those in need on a 'first come, first serve' basis. We will serve until either supplies or time expires.

St. Alban's Church Food Pantry

Contact: Enid Atkins
Telephone: 732-247-0808
Address: 148 Lee Avenue
New Brunswick, NJ 08901
Hours of Operation: Wednesday 7:00 p.m. – 8:30 p.m.

Emergency food is available for those in need.

St. Vincent De Paul Food Pantry, New Brunswick

Contact: Walter Mulyk
Telephone: 732-309-2142
Address: 29 Abeel Street
New Brunswick
Hours of Operation: Wednesday & Saturday
10:00 a.m. - 1:00 p.m.

Emergency food distribution is provided. Need must be established under TEFAP guidelines. Food may be picked up weekly. To register as a client, individuals must provide evidence of New Brunswick residency.

Suydam Street Reformed Church

Contact: Virginia Previte
Telephone: 732-249-6803
Address: 74 Drift Street
New Brunswick, NJ 08901
Hours of Operation: Saturday 9:00 a.m. – 10:30 a.m.
Sunday 7:30 a.m. – 8:30 a.m.
Monday 9:00 a.m. – 10:00 a.m.

Canned and packaged goods are available through the pantry and bread and pastries are distributed on Sundays. Clients must sign a form and present a proper ID, adults only. Services are limited to once a month. Donations accepted include canned and packaged goods.

Tabernacle Baptist Church CLOSED INDEFINITELY

Contact: Lottie Harrison
Phone: 732-545-6617
Address: 239 George Street
New Brunswick, NJ 08901
Hours of Operation: 4th Thursday
10:00 a.m. – 12:00 noon

Emergency food is provided to the hungry and homeless.

Unity Square Community Center

Contact: Jennifer Hinton
Telephone: 732-545-0329
Address: 81 Remsen Avenue
New Brunswick, NJ 08901
Hours of Operation: Tuesday
12:30 – 2:30 p.m.

Foods and necessities are distributed to those in need.

Vanessa's Pantry at Emanuel Lutheran Church

Contact: Vanessa Dunzik
Telephone: 732-545-2673
Address: 2 Kirkpatrick Street
New Brunswick, NJ 08901
Website: www.emanuelnb.org
Hours of Operation: Thursday 2:00 p.m. – 4:00 p.m.

Emergency food distribution is available. Services may be used once every month and are limited by availability of food. Nonperishable foods and baby supplies may be donated.

North Brunswick

New Destiny Family Worship Center

Contact: Julienne Whitten
Telephone: 732-246-8850
Address: 1330 Livingston Avenue
North Brunswick, NJ 08902
Hours of Operation: Every Wednesday 10:00 a.m. – 11:00 a.m. (Summer hours through Labor Day)
Closed every 5th Wednesday & holidays

Perishable and non-perishable food is provided to those in need during hours of operation. Please do not call on Wednesdays, just show up. We are a very busy pantry and cannot return calls. Our mission statement: Neighbors Helping Neighbors - No one goes to bed hungry in our county.

North Brunswick Food Bank

Contact: Kathleen Aruta
Telephone: 732-247-0922 ext. 293
Address: 710 Hermann Road
North Brunswick, NJ 08902
Hours of Operation: Tuesday 10:00 a.m. – 12:00 p.m.
Thursday 6:00 p.m. – 8:00 p.m.

Food is available for North Brunswick residents who are in need of assistance. Driver's license, picture ID with address, or County ID with recent official mailing address showing are necessary for verification of residency.

Old Bridge

Calvary Chapel Old Bridge - Broken Loaves Food & Raiment Ministry

Contact: James Shevchenko
Telephone: 732-679-4837
139 White Oak Lane
Old Bridge, NJ 08857
Hours of Operation: Friday 10:30 a.m. – 1:00 p.m. & 6:30 p.m. – 8:30 p.m.

Services offered include food, clothing, counseling, and prayer. An appointment must be made by calling in advance – office hours are Tuesday, Wednesday & Thursday from 10:30 a.m. – 2:30 p.m. Walk-ins are not accepted and services are limited to once a month.

Old Bridge Township Food Bank

Contact: Anahita Feltz
Telephone: 732-721-5600 ext. 2022
Address: One Old Bridge Plaza
Old Bridge, NJ 08857
Hours of Operation: Tuesday, Wednesday & Thursday
10:00 a.m. – 12:00 p.m. (By appointment only)

For Old Bridge Residents Only. **To become a permanent client**, initial contact should be made with Middlesex County Board of Social Services (SNAP) program. Clients will be required to provide proof of SNAP benefits or denial letter prior to applying in Old Bridge. For an intake appointment call 732-721-5600 ext. 6625. Required Information: 2 proofs of residency, proof of income, SSI/SSD award letter, SNAP award/denial letter. **Emergency assistance is available to non-clients during the COVID-19 Pandemic. Please call 732-721-5600, ext. 2022 for assistance**

St. Lawrence Church Food Pantry

Contact: Joan Langan
Telephone: 732-583-9361
Address: 109 Laurence Parkway
Laurence Harbor, NJ 08879
Hours of Operation: Saturday
8:30 a.m. – 10:00 a.m.

Approximately 1 week of emergency food items are available to anyone in need. Holiday baskets are also prepared for Christmas, Easter and Thanksgiving.

Perth Amboy

Cathedral CDC Social Services – Mercy House Food Pantry

Contact: Damaris Ramirez or Juana Kearney
Telephone: 732-826-0447
Fax: 732-826-1238
Website: www.thecathedral.org
Address: 282 McClellan Street
Perth Amboy, NJ 08861
Hours of Operation: Monday 9:30 a.m. – 1:00 p.m.
Tuesday – Friday
9:30 a.m. – 3:00 p.m.

Food pantry is available to Middlesex county residents in need twice a month. Clients must register every six months. Clothing is also available.

Iglesia Ciudad de Refugio

Contact: Rev. Eduardo Almonte
Telephone: 732-826-0058
Address: 436 Market Street
Perth Amboy, NJ 08861
Hours of Operation: Tuesdays 7:30 p.m.– 8:30 p.m.
Thursday 7:30 p.m. – 8:30 p.m.

Emergency food is provided to those in need in the church community.

Jewish Renaissance Foundation (JRF) – Silver Linings “My Choice Store”

Contact: Lisette Vargas-Guzman or Merelin Moreno-Maier
Telephone: 732-324-2114 ext. 132 or 133

***During the COVID19 pandemic please call 732-896-0585 or 732-630-7488**

Email: SilverLinings@jrfnj.org
Website: www.jrfnj.org
Address: 149 Kearny Avenue
Perth Amboy, NJ 08861

Hours of Operation: Every other Thursday and Friday by appointment only. Please call to make an appointment.

Fresh fruits and vegetables are available to low income seniors age 55+ in eastern portion of Middlesex County. Provides a comfortable and dignified shopping experience to encourage healthy food choices.

***During the COVID pandemic we will be delivering food to registered seniors.**

Jewish Renaissance Foundation (JRF) – Bayside Family Success Center (FSC)

Contact: Vanessa Cepin or Rosanna Nunez
Email: BaysideFSC@jrfnj.org
Telephone: 732-638-5063
Website: www.jrfnj.org or search for Bayside Family Success Center on Facebook
Address: 500 Dobranski Drive
Perth Amboy, NJ 08861

Hours of Operation: Monday & Wednesday 10:00 am to 5:00 pm
Tuesday & Thursday 12:00 pm to 8:00 pm
Friday 10:00 am to 3:00 pm

FSC are community-based, family-centered gathering places where any resident of Middlesex County can go for support, information, and services—with parent leadership at its center. Our purpose is to enrich the lives of children and adults by making families and neighborhoods stronger. We incorporate programming around healthy eating and make an effort to help our families make healthy choices. Activity calendar published monthly—during COVID-19 all programs are virtual. Services are free and confidential.

Our Lady of Fatima Bread of Life Food Pantry

Contact: Reverend Gilles Njobam CMF / Carmen Inoa, Food Pantry Administrator
Telephone: 732-442-6634
Address: 380 Smith Street
Perth Amboy, NJ 08861
Hours of Operation: Every 3rd Wednesday of the month
2:30 p.m. – 6:30 p.m.
The Saturday that follows
1:00 p.m. – 4:00 p.m.

Emergency food is available to any Middlesex County resident in need.

Salvation Army

Contact: Jhoanny Duran, Capt. Alex Rodriguez
Telephone: 732-826-7040
Address: 433 State Street
Perth Amboy, NJ 08861
Hours of Operation: Monday – Friday, **EXCEPT** Tuesday
9:00 a.m. – 12:00 p.m. (By appointment)

Food pantry is available twice a month. Clients must register with We Care every six months. Must show proof of need and show ID with proof of address. A soup kitchen and emergency winter shelter for men and transitional housing for veterans is also provided. Call for additional information and appointment.

St. Peter's Episcopal Church, Peter's Pantry

Contact: Maureen Erickson
Telephone: 732-742-3205
Address: 183 Rector Street
Perth Amboy, NJ 08861
Hours of Operation: Monday 5:00 p.m. – 7:00 p.m. – **CANCELLED**
Thursday 10:00 a.m. – 12:00 p.m. – STILL SERVING

Emergency food is available to Perth Amboy residents. Must provide proof of residence; picture ID, proof of all income (tax return, child support / alimony info, WIC affiliation etc.)

St. Vincent DePaul Food Pantry, Perth Amboy

Contact: Jerry Yaros or Joe Serrao
Telephone: 732-548-4317 or 732-254-4153
Address: 230 New Brunswick Avenue
Perth Amboy, NJ 08861
Hours of Operation: Saturday 9:45 a.m. – 12:45 p.m.

Emergency food available for those in need.

Piscataway

FISH, Inc. Dunellen Area

Contact: Hotline
Telephone: 732-356-0081
Address: 456 New Mark-et Road
Piscataway, NJ 08854
Hours of Operation: Monday, Wednesday & Friday
9:00 a.m. – 12:00 p.m. (call for appointment)
All schedules are subject to change due to Covid-19 conditions.

Clothing Room: All visitors & volunteers must wear a face mask, no exceptions. New clients must call for an appointment 732-356-0081. Walk-ins cannot be accommodated. Until further notice, we are not able to accept clothing donations. Any clothing donations left on our porch will be disposed of.

Food Room: Open Mondays, Wednesdays, and Fridays, 9 a.m.-12 noon and the third Saturday of each month, 9 a.m.-11 a.m. Masks required. Only one client served at a time with a 5 minute limit inside to pick specialty items.

Fishes & Loaves Cafe I: Free, home-cooked dinners to-go to anyone in need the third Friday of each month. Pick-up from 5 p.m. to 6:30 p.m. at the former school cafeteria at Our Lady of Fatima RC Church, New Market Road, Piscataway. Just walk-in—masks required.

Clients are limited to once a month service and must show proof of residency in Piscataway, Middlesex, Dunellen, Highland Park, Edison, or South Plainfield. Clients must provide proof of need (eg. TANF, SSI, WIC, Food Stamps, Medicaid or Welfare) or show proof of household income not in excess of guidelines. Nonperishable foods are accepted as donations.

James O. Bryant Food Pantry

1st, 3rd and 4th Saturday in April between 9:00 and 11:30. Clients will be asked to stay in their cars and line up on Justice Street [which is the side street by Ethel Road]. Signatures and proof of identification have been waived during the COVID-19 outbreak period.

Contact: Wilhelmina A. Bryant
Telephone: 732-630-0836
Address: 6 Ethel Road
Piscataway, NJ 08854
Hours of Operation: 3rd & 4th Saturday of the month
9:00 a.m. – 11:30 a.m.

We distribute food and limited personal items to clients. Food Pantry Clients can come once a month. Participation in the food pantry is based on any of the following: Income qualifications [established by the state and federal guidelines], TANF [Temporary Assistance to Needy Families], SSI [Supplemental Security Income], WIC [Women, Infants and Children], FPS [known as food stamps], Medicaid or have had a Disaster. All applicants must provide proof of identity and residency.

Muslim Center of Middlesex County – Open Door Food Pantry

Contact: Muhammad Asif Barlas
Telephone: 732-890-5042
Address: 1000 Hoes Lane
Piscataway, NJ 08854
Hours of Operation: Every Wednesday
3:00 p.m. – 5:00 p.m.

Nonperishable food and supplies are available to anyone in need.

Zion Hill Baptist Church – Faith's Kitchen

Contact: Bettie Davis
Telephone: 732-463-7776
Address: 450 Highland Avenue
Piscataway, NJ 08854
Hours of Operation: Thursday 11:30 a.m. – 2:00 p.m.

Faith's (Soup) Kitchen provides and serves a nutritious lunch every Thursday (excluding holidays) to those in need. Other donated food items are also distributed as received.

Zion Hill Baptist Church Food Pantry

Contact: Roy Brinson
Telephone: 229-415-9729
Address: 450 Highland Avenue
Piscataway, NJ 08854
Hours of Operation: 3rd Tuesday 4:00 p.m. – 6:30 p.m.
Every Thursday 10:00 a.m. – 1:00 p.m.

Nonperishable commodities are distributed to those in need twice a month.

Plainsboro

Plainsboro Township Food Pantry

Contact: Erum Ladak
Telephone: 609-799-0909 ext. 1711
Address: 641 Plainsboro Road
Plainsboro, NJ 08536
Hours of Operation: Tuesday, Wednesday and Friday 9:00 – 12:00 noon, Thursday 11:30- 3:00
Distribution Days: Every 2nd and 4th Thursday

12:30 p.m. – 2:30 p.m. & 5:30 p.m. – 7:00 p.m.

Distribution of nonperishable food items and occasionally perishables and personal care items to residents of Plainsboro Township. Proof of residency and income eligibility is required.

The Pantry

Contact: Toni Campbell
Telephone: 609-799-9000 x11
Address: Princeton c Church
20 Schalks Crossing Road
Plainsboro, NJ 08536
Hours of Operation: Wednesday
4:00 p.m. – 6:00 p.m.

Serving residents of Plainsboro, S. Brunswick, Kendall Park, Monmouth Jct., Kingston, Cranbury, Dayton, Jamesburg and Monroe. There is an application requirement and clients are required to call ahead and place their order which will be packed to your specification and loaded into your vehicle during drive through pick up hours. Nonperishable along with eggs and fresh produce during the growing season from local farms are available.

Sayreville

Epic Church, World Outreach Center

Contact: Rachel Cedeno
Telephone: 732-727-9500 ext. 1405
Address: 2707 Main Street
Sayreville, NJ 08872
Hours of Operation: 3rd Thursday 10:00 a.m. – 7:00 p.m.

Emergency food, clothing and shelter referrals are available to anyone in need. Identification for each recipient is required. Special arrangements can also be made for emergencies. The Church is also open for prayer and counseling, please call for an appointment.

Sayreville Care & Share Food Bank

Contact: Sue Paul
Telephone: 732-721-8053
Address: Senior Center
423 Main Street
Sayreville, NJ 08872
Hours of Operation: Certain Tuesdays (Call for specific dates)
10:00 a.m. – 11:00 a.m.

Somerset

ICNA Relief

If your last name starts with:

A-G: 1st Tuesday 4-6

H-Q: 2nd Tuesday 4-6

R-Z: 3rd Tuesday 4-6

Contact: Amaney Kazlak

Telephone: 732-509-9143
Address: 1320 Hamilton Street
Somerset, NJ 08873
Hours of Operation: 4th Tuesday 4:00 p.m. – 6:00 p.m.
Last Saturday of the month 10:00 a.m. – 12:00 p.m.

South Amboy

First Presbyterian Church of South Amboy

Contact: Church Office
Telephone: 732-721-4516
Address: 150 North Broadway PO Box 787
South Amboy, NJ 08879
Hours of Operation: 3rd Saturday 9:30 a.m. – 11:30 a.m.
Emergencies by appointment

Food distribution is available once a month. Must show identification and proof of residency, be over the age of 18 and complete paperwork. Our pantry is available to residents in our local area; South Amboy, Parlin, Sayreville and Laurence Harbor.

South Brunswick

Abundant Life Christian Center, Living Waters

Contact: Rhondi Sabo
Telephone: 732-355-0225 Church
Address: 2245 Route 130, Suite 101
Dayton, NJ 08810
Website: www.njlifechurch.com
Hours of Operation: Saturday 8:00 a.m. – 11:00 a.m.
Call for an appointment

Services provided include food and prayer. Clients may obtain services every other week and must show proof of ID. Nonperishable foods and toiletries are accepted as donations.

Islamic Society of Central Jersey Food Pantry

Contact: Shireif Battat
Telephone: 732-329-9665
Address: 4145 Us Highway 1
Monmouth Junction, NJ 08852
Website: <https://iscj.org/about-iscj/services/food-pantry/>
Hours of Operation: Saturday 12:00 p.m. – 2:00 p.m.

Drive through food distribution available for anyone in need weekly.

South Brunswick Township Food Pantry

Update on services

Mayor Carley to Expand Food Distribution Efforts:

On Monday, Mayor Carley released information on an expanded food distribution program. “I believe our Social Services and Senior Center staff are doing a tremendous job meeting the needs of our residents in these difficult times. As this emergency looks to carry on for some time I have asked the Food Pantry staff to expand the food distribution plan.

Effective Tuesday, April 21st, residents will be able to preregister and pick up food twice a week at the Municipal Building. Here are the new procedures I hope will allow more people in need to access the South Brunswick Food Pantry":

- Food Pantry Drive Thru Days - Tuesdays & Thursdays 10am to 12pm.
- Register to receive food by emailing jwert@sbtnj.net by 1pm the day prior to pickup.
- After you register you will receive a confirmation number which you will show on the day of your pickup.
- On your pickup day you will pull around to the rear of the building and pull up to the drive thru. Upon arriving you will show one of the employees the confirmation number from your phone or you can write it on a piece of paper and hold it up to the window.
- An employee will place the boxes in your trunk after verifying your confirmation number. Food will not be distributed without a confirmation number.
- **Please remain in your vehicle and keep your windows rolled up at all times.**
- This program is for South Brunswick residents only.

This new procedure will allow us to provide assistance while maintaining social distancing.

If you have any questions, contact Jeanne Wert at (732) 329-4000 Ext. 7674.

Contact: Jeanne Wert
Telephone: 732-329-4000 ext. 7674
Address: South Brunswick Municipal Building
540 Ridge Road, Social Services Office
Monmouth Junction, NJ 08852
Hours of Operation: Monday – Friday 8:30 a.m. - 4:30 p.m. (By appointment only)

Food box and, if available, food certificates. Cases are determined on individual need for South Brunswick residents only. An application is required. Information must be updated every visit. Food is available as emergency aid only. Donations accepted include cereal, Parmalat, peanut butter, jelly, pasta, sauces, tuna fish, snack foods, beverages, macaroni & cheese, canned meats.

South Plainfield

Sacred Heart Church Social Concerns

Contact: S. Neil Towey
Telephone: 908-756-0633 ext. 112
Fax: 908-757-5655
Email: socialconcerns@churchofthesacredheart.net
Address: 200 Randolph Avenue
South Plainfield, NJ 07080
Hours of Operation: Monday, Wednesday and Friday
9:00 a.m. – 11:00 a.m.

Food is available for South Plainfield residents who are in need of assistance. Driver's license or picture ID with address is necessary for verification of residency.

South Plainfield Social Services Department

Contact: Heather L. Barry, LSW
Telephone: 908-226-7628
Address: 90 Maple Avenue
South Plainfield, NJ 07080
Hours of Operation: Tuesday & Thursday
8:30 a.m. - 12:00 p.m.

Emergency nonperishable food distribution is available for South Plainfield residents in need. Proof of residency is required.

St. Stephen Lutheran Church Food Pantry

Contact: Pastor Chris Halverson, Judy Ziccardi, Sharon Gianceschi
Telephone: 908-757-4474
Address: 3145 Park Avenue
South Plainfield, NJ 07080
Hours of Operation: Third Wednesday of the Month
6:00 p.m. - 8:00 p.m.

Emergency nonperishable food distribution is available for anyone residents in need.

South River

South River Food Bank

Contact: Debra A. Jones
Telephone: 732-257-1999 ext. 118
Address: 98 Jackson Street
South River, NJ 08882
Mailing Address: c/o South River Board of Health
48 Washington Street
South River, NJ 08882
Hours of Operation: Wednesday 10:00 a.m. – 12:00 p.m.
1st & 2nd Saturday 10:00 a.m. – 12:00 p.m.

Current clients are notified by phone when extra distributions for perishable food is available.

Nonperishable food is provided to South River residents who are in need of assistance. A valid ID and current proof of South River residence are required at each visit. Services are limited to one visit per month per household.

The Heart of South River at Tabernacle Baptist Church

Contact: Pastor Jimmy
Telephone: 732-254-5601
Address: 130 Main Street
South River, NJ 08882
Hours of Operation: 1st Saturday of the month 10:00 a.m. – 12:00 p.m.

Nonperishable foods and hygiene items are available to residents in need. Proof of name and address are required.

Union Baptist Church, Joshua Center Food Bank

Contact: Joann Jackson, Director
Telephone: 732-690-3673
Address: 76 Washington Street
South River, NJ 08882
Hours of Operation: 1st & 3rd Thursday 9:30 a.m. – 11:30 a.m.
1st & 3rd Saturday 9:30 a.m. – 11:30 a.m.

A food pantry provides services to any Middlesex County resident in need. Community based outreach services are also available to help individuals in need find appropriate resources.

When Action Meets Compassion, Lives are Changed

Contact: Tina Pozza, Director
Telephone: 732-520-9988
Email: wamclrc@gmail.com
Address: 199 Whitehead Avenue
South River, NJ 08882

Hours of Operation: Every Tuesday by appointment
Home delivery is available

Food pantry is open to anyone in need. A photo ID is required, and a basic registration form must be completed every 6 months.

Spotswood

Churches United For People

Contact: Jen Alexander
Telephone: 732-307-7939
Address: 455 Main Street
Spotswood, NJ 08884
Website: <http://www.cohmspotswoodnj.com>
Hours of Operation: Tuesday – Thursday
9:30 a.m. – 11:30 a.m. & 1:30 p.m. - 3:30 p.m.
Tuesday 5:00 – 7:00 p.m.

Emergency food is provided to those in need one time per month. Must be a resident of Middlesex County and provide proof of residence (i.e.: driver's license, photo ID, utility bill)

St. Peter's Episcopal Church

Contact: Christine Sickels
Telephone: 732-251-2449
Address: 505 Main Street
Spotswood, NJ 08884
Website: <http://www.cohmspotswoodnj.com>
Hours of Operation: Wednesday 6:00 p.m. - 7:00 p.m.

Free supper to anyone needing a meal and/or fellowship.

Woodbridge

Evangel Church of Woodbridge

Contact: Pastor Leslie Samuel or Alvin David
Telephone: 732-283-3440 or 732-710-3663
Address: 48 Berkley Street
Iselin, NJ 08820
Hours of Operation: Last Thursday of the month (November & December 3rd Thursday of the month)
7:00 p.m. – 8:30 p.m.

Emergency food is available to anyone in need.

Fellowship Bible Church

Contact: Louis Devizia
Telephone: 732-636-7727
Address: 121 East Prospect Avenue
Woodbridge, NJ 07095
Website: <http://www.yourfamilychurch.com>
Hours of Operation: Sunday 12:00 p.m. – 2:00 p.m.

Nonperishable food is available to residents of Woodbridge, Perth Amboy, and Carteret

First Congregational Church of Woodbridge

Contact: Church Office
Telephone: 732-634-0582
Address: 539 Barron Avenue
Woodbridge, NJ 07095
Hours of Operation: Must call for an appointment (Sunday pick up)

Call in advance for information and to set up and an appointment. Emergency food is available by appointment only and proof of need is required.

First Presbyterian Church of Avenel

Contact: Carolyn and Jake Stockl
Telephone: 732-634-1631
Address: 621 East Woodbridge Ave
Avenel, NJ 07001
Website: <http://avenelpresbyterianchurch.org/>
Hours of Operation: Last Tuesday of the month
10:00 a.m. - 11:30 a.m.

Emergency food distribution is available. If it is an emergency you may call the church office for immediate assistance. Food donations and toiletries are accepted.

First Presbyterian Church of Iselin

Contact: Marion Feliks or Margarita Estrada
Telephone: 732-283-1188
Address: 1295 Oaktree Road
Iselin, NJ 08830
Hours of Operation: Call for appointment
1st Wednesday 10:00 a.m. - 1:00 p.m.

Food is distributed once a month (1st Wednesday). You must call by Friday before to be eligible to receive food. Identification and recommendation are usually required.

First Presbyterian Church of Woodbridge

Contact: Church Office
Telephone: 732-634-1024
Address: 600 Rahway Avenue
Woodbridge, NJ 07095
Hours of Operation: First two Mondays of each month
9:00 a.m. - 11:00 a.m. (emergencies upon notification)

Emergency groceries SFPP and T.E.F.A.P. commodities are provided to all residents in need. To receive T.E.F.A.P. food, proof of residency, address, social services information and ID card are required. Proper

notification is also required. Food is given to registered adults only. Families are welcome, but food is only distributed to adults.

Heaven's Helpers

Contact: Dolores Androvich or Kathy Hoffman
Telephone: 732-501-7972 (Dolores) or 732-742-8942 (Kathy)
Address: 393 Pearl Street – VFW Post 4410
Woodbridge, NJ 07095
Hours of Operation: 1st Thursday of the month (emergencies by appointment)
12:30 p.m. – 3:00 p.m.
Contactless Drive thru, please have trunk empty for food to be placed in

Foods and paper goods are available upon request. Recipients are limited to once a month and must complete a registration form with proper identification. All recipients must provide a photo ID with their current address listed on it. Donations of all foods are accepted. Frozen foods, fresh fruit & vegetables, dairy goods and meats can be accepted with a few hours' notice. We have freezers, and storage facilities available. The entrance to the pantry is through the red metal door off James Street side of the building.

H.O.P. Center

Contact: Reinaldo Ortiz
Telephone: 848-203-0821
Address: 1284 St. Georges Ave. 2nd floor
Avenel, NJ 07001
Hours of Operation: 1st and 3rd Wednesday of the month
5:30 p.m. - 7:00 p.m.

Distribution of non-perishable food, clothing, parenting workshops, support groups for PPD, and music classes. Personal identification required.

St. Anthony of Padua Food Pantry

Contact: Parish Office
Telephone: 732-634-1403
Address: 436 Port Reading Avenue
Port Reading, NJ 07064
Hours of Operation: 3rd Wednesday 10:00 a.m. – 12:00 p.m.
(Emergencies please call)

A registration form must be filled out. You will be required to show ID and a proof of income (driver license, social security card, pay stub). Non-perishable food is available for Port Reading and Sewaren residents.

St. Cecelia's Food Pantry

Contact: Maria Campos
Telephone: 732-283-0150
Address: St. Cecelia's Parish Center
45 Wilus Way
Iselin, NJ 08830
Hours of Operation: Tuesday 10:00 a.m. – 1:00 p.m. (By appointment only)

Emergency food is available. A registration form must be completed and you will be required to show some ID (driver license, social security card, utility bill, pay stub or letter from SSI). Food is available once a month.

St. James Emergency Food Pantry

Contact: Peggy Foley
Telephone: 732-636-4310 or 732-636-6343
Address: 174 Grove St.
Woodbridge, NJ 07095
Hours of Operation: Tuesday, Wednesday & Thursday
9:00 a.m. – 11:00 a.m.
Thursday 7:00 p.m. – 8:30 p.m.

Emergency food is provided once a month. Must show proof of residence in Woodbridge Township and proof of income. Food and monetary donations accepted.

Trinity Episcopal Church Food Pantry

Contact: Carroll Thomas
Telephone: 732-634-7422 ext. 5
Monday or Tuesday 9:00 a.m. – 1:00 p.m. ONLY
Address: Trinity Church
650 Rahway Avenue at Trinity Lane
Woodbridge, NJ 07095
Website: www.trinitywoodbridge.org
Hours of Operation: Thursday (Red Building) 10:00 a.m. – 11:00 a.m.
1st Saturday 10:30 a.m. – 11:30 a.m. (diapers offered)

A three-day supply of emergency food is provided on a once a month basis. Please call on above days, speaking clearly, so that food packages may be prepared ahead for Thursday pick up.

Trinity Episcopal Church Soup Kitchen - OPEN FOR TAKE OUT ONLY

Contact: Carroll Thomas
Telephone: 732-634-7422 ext. 5
Address: Trinity Church
650 Rahway Avenue at Trinity Lane
Woodbridge, NJ 07095
Website: www.trinitywoodbridge.org
Hours of Operation: Friday 11:00 a.m. – 1:00 p.m.

A substantial hot lunch is provided to anyone who shows up - no questions asked.

Middlesex County Office of Aging and Disabled Services Senior Meal Program

Anyone 60 and over is welcome at the following sites:

- Site 1: Thomas J. Deverin Community Center
100 Cooke Avenue
Carteret, NJ 07008
732-541-6221
Hours 8:30 a.m. – 2:30 p.m.
- Site 2: Alexander J. Jankowski Community Center
1 Olive Street
Perth Amboy, NJ 08861
732-442-0930
Hours 8:30 a.m. – 2:30 p.m.
- Site 3: Sayreville Senior Center
423 Main Street
Sayreville, NJ 08872
732-254-4299
Hours 8:30 a.m. – 2:30 p.m.
- Site 4: Edison Senior Center
2963 Woodbridge Ave.
Edison, NJ 08817
732-452-0377
Hours 8:30 a.m. – 2:30 p.m.
- Site 5: Piscataway Senior Center
700 Buena Vista Boulevard
Piscataway, NJ 08854
732-743-9844
Hours 8:30 a.m. – 2:30 p.m.
- Site 6: South Brunswick Senior Center
540 Ridge Road
Monmouth Junction, NJ 08852
732-329-6171
Hours 8:30 a.m. – 2:30 p.m.
- Site 7: Old Bridge Senior Center
1 Old Bridge Plaza
Old Bridge, NJ 08857
732-607-1582
Hours 8:30 a.m. – 2:30 p.m.
- Site 8: South Plainfield Senior Center
90 Maple Ave.
South Plainfield, NJ 07080
(908) 753-1040
Hours 8:30 a.m. – 2:30 p.m.

Middlesex County Office of Aging and Disabled Services Senior Meal Program
732-745-2062

Round-trip transportation is available to all sites.

Home-delivered meals are available for the mobility-impaired. Suggested Meal Donation:

Congregate: \$2.25; Home Delivered: \$2.75

To obtain general information on resources available for seniors and the disabled in Middlesex County, contact the Office of Aging and Disabled at 732-745-3295 and request a Resource Directory be mailed to your home. The directory includes comprehensive lists of various agencies in Middlesex County, there is a multitude of information ranging from housing options, adult day care facilities, support groups and counseling agencies, as well as many other social service, state, and federal organizations.

The Middlesex County Area Transit (MCAT) program provides transportation for senior citizens (60 years and older) and persons with disabilities to enable them to maintain the necessities of life. Transportation is provided within Middlesex County and up to 5 miles outside the County. All transportation is curb-to-curb and individuals must register with MCAT in order to request a ride. To register for MCAT contact 732-745-7456.

MCFOODS Membership & Information

If you would like additional information about the MCFOODS program or if your organization is interested in becoming a part of the MCFOODS network, please contact the Director to obtain an application packet detailing membership requirements.

Jennifer Apostol
MCFOODS Director
28 Kennedy Boulevard
Suite 850
East Brunswick, NJ 08816

Phone: 732-745-5548

Email: Jennifer.Apostol@co.middlesex.nj.us

Website www.middlesexcounty.gov

Middlesex County Board of Chosen Freeholders

Ronald G. Rios, Freeholder Director

Kenneth Armwood, Deputy Director

Charles E. Tomaro, Charles Kenny, Leslie Koppel, Shanti Narra, Clary Azcona-Barber



www.middlesexcountynj.gov