



Office of Parks and Recreation



Visitors Guide

Middlesex County Contact Information

Group Reservation, Permits
732-745-3900

Plays-in-the-Park, Stephen J. Capestro Theater
1 Pine Drive, Edison, NJ 08837 • 732-548-2884

Roosevelt Park Family Ice/Roller Rink
151 Parsonage Road, Edison, NJ 08837 • 732-494-2980

Raritan Landing Golf Course
732-885-9600

The Meadows at Middlesex
609-799-4000

Tamarack Golf Course
732-821-8881

Park Rangers, Emergencies
732-745-3800

Office of Parks and Recreation
Administration Building

1030 River Road, Piscataway, NJ 08854
732-745-3900 • Fax: 732-745-8209

Mailing Address
PO Box 661, New Brunswick, NJ 08903

Office Hours
Monday - Friday 8:30 a.m. to 4 p.m.

Middlesex County Board of Chosen Freeholders

Ronald G. Rios, Freeholder Director
Charles E. Tomaro, Deputy Director
Charles Kenny, Chair
Infrastructure Management Committee

Kenneth Armwood
Leslie Koppel
Shanti Narra
Blanquita B. Valenti



www.middlesexcountynj.gov

Follow Us:



Plays-in-the-Park
at the Stephen J. Capestro Theater

Since our opening night in the summer of 1963, Middlesex County's Plays-in-the-Park has been providing top-notch, affordable theatrical productions in Roosevelt Park in Edison. With ongoing support from the Middlesex County Board of Chosen Freeholders and their love for the arts, Plays-in-the-Park is an economical way to enjoy a Broadway caliber musical under the stars.

Every summer, the Stephen J. Capestro Theater offers three full-scale, Broadway-style musicals complete with a live orchestra and state-of-the-art lighting, special effects, and sound equipment. Theater-goers relax on the rolling hill with lawn chairs and blankets and are treated with perfect evening views of a spectacular show. The fun doesn't end when the autumn leaves appear, it just moves inside. Every October, the backstage area is transformed into an intimate, 150-seat performance space where a Children's Musical is performed on weekends.

December brings the traditional Winter Show at the State Theatre in New Brunswick. This production gives the staff, designers and performers an opportunity to work hand-in-hand with union crews at a professional venue. The County's holiday tradition is the production of "Joseph and the Amazing Technicolor Dreamcoat." Each year the production is just a bit different, a bit better, and overwhelmingly successful.

For more information on current theatrical productions and admission policies, please visit middlesexcountynj.gov and search Plays-in-the-Park.

Welcome to your Middlesex County Parks!

The Middlesex County Office of Parks and Recreation offers many recreational and cultural activities for you to enjoy throughout the year. The park system consists of 18 active parks and recreation facilities encompassing over 3,000 acres. Extensive facilities for outdoor summer concerts, picnics, and both summer & winter sports offer a wide range of opportunities for enjoyment. The park system also has over 8,000 acres of conservation areas and preserves where you can enjoy passive recreation such as hiking, photography and nature study.



Stay Active. Stay Fit. Have Fun.

Gather with your friends and family and make the most of your time together in your favorite Middlesex County Park. There are activities within each park that can be enjoyed in every season. Play ball, hike, bike, sled, use fitness stations or go cross-country skiing. Take advantage of the many activities that combine both fun and fitness.



Take a Hike

Middlesex County maintains a significant network of walking and hiking trails. Visitors can choose from paved pathways around the lake in Roosevelt Park, the rocky trail along Farrington Lake, or the sandy pine barrens trails in John A. Phillips Park and Preserve. Visitors will find hiking locations suitable for families with small children, for novice hikers, and for more experienced trekkers who are looking for nearby day-hikes.

Hiking is an inexpensive and easy way to stay healthy. According to the American Hiking Society, low-intensity hiking can promote weight loss, reduce risk from heart disease, diabetes and hypertension and can improve mental health.

To search for hiking trails and to print copies of trail maps please visit our website and click the link for 'Take a Hike.'

Family Ice Skating and Roller Skating Rink

Year-round skating opportunities await park visitors at the rink, located in scenic Roosevelt Park, overlooking the lake. During the winter, thousands of people swarm to the rink to experience outdoor ice skating right in their own backyard. The surface of the rink undergoes a transformation in spring each year from its professionally manicured ice surface to a smooth and resilient roller skating surface. In the spring and fall, children take roller skating lessons and children and adults alike boogie down during open skate on warm spring nights.



This beautiful facility has a lot to offer year-round, including open skating, birthday parties, rink rentals and skating lessons. If you have any questions, please contact the rink at 732-494-3785 or during business hours 732-494-2980.



Softball Leagues

The Office of Parks and Recreation offers adult slow-pitch softball leagues in both the spring and the fall seasons. Games for our Men's, Women's and Co-Ed leagues are held at both Thomas Edison Park in Edison Township and William Warren Park in Woodbridge Township.

For more information on these leagues, please contact our office at 732-745-4222. Hope to see you on the field!



Golf Anyone?

The Middlesex County Improvement Authority maintains and manages three beautiful golf courses located in Middlesex County. Tamarack Golf Course, located in East Brunswick, features 36 holes and was ranked the best Golf Course in Central NJ by Home News Tribune readers. The Meadows at Middlesex Golf Course, located in Plainsboro, is a beautiful 18-hole, par 70 championship course. Raritan Landing Golf Course, located in Piscataway, is a family-style golf course featuring a pond and two creeks.

For information, directions and fees, please visit the Middlesex County Improvement Authority website at www.mciauth.com.

Need to Know More?

Middlesex County Parks are open 365 days per year, from sunrise to sunset. For a complete list of park rules visit:

www.middlesexcountynj.gov
Search Parks and Recreation



Park Facilities

1. Donaldson Park
2. Thomas Edison Park
3. Fords Park
4. Johnson Park
5. Joseph Medwick Memorial Park
6. Merrill Park
7. Raritan Bay Waterfront Park
8. Roosevelt Park
9. Spring Lake Park
10. Thompson Park
11. William Warren Park
12. Old Bridge Waterfront Park
13. Alvin P. Williams Memorial Park
14. Davidson's Mill Pond Park
15. John A. Phillips Park
16. New Brunswick Landing
17. David B. Crabel Park
18. Middlesex Greenway

Conservation Areas and Preserves

19. Ambrose & Doty's Brooks Park
20. Heathcote Meadows Preserve
21. Ireland Brook Conservation Area
22. Jamesburg Park Conservation Area
23. John A. Phillips Preserve
24. Tamarack Hollow Preserve
25. Thompson Park Conservation Area
26. Scotts Corner Conservation Area
27. Plainsboro Preserve
28. Pin Oak Forest
29. Deep Run Preserve
30. Matchaponix Forest
31. Van Dyke Farm
32. Story Farm

**Middlesex County Office of Parks and Recreation
Park Facilities**



PARK AND LOCATION		Acreeage	Animal Haven	Baseball*	Basketball*	Biking	Boat Dock	Boat Launch*	Bocci	Canoe/Kayak Launch	Comfort Stations	Cricket*	Disc Golf Course	Dog Park	Fitness Stations	Fishing	Football*	Gazebo	Handball	Hiking Trails - Natural Surface	Lacrosse*	Memorials	Model Airplane Field*	Self-Guided Interpretive Trail	NJ Audubon Nature Center	Outdoor Summer Concerts	Picnic Groves*	Picnic Shelter*	Playgrounds	Pond/Lake/Bay	Roller Hockey	Sledding	Soccer*	Softball*	Tennis*	Volleyball	Walking/Running Paths - Paved					
1	Donaldson Park - South Second Ave, Highland Park	81		■	■	■		■		■	■			■	■	■		■									■	■	■	■		■	■	■	■		■					
2	Thomas Edison Park - Mill Rd, Edison	180		■		■					■				■								■											■	■	■	■		■			
3	Fords Park - King George's Post Rd, Woodbridge	32		■	■	■					■					■						■						■	■	■					■	■	■	■		■		
4	Johnson Park - River Rd, Piscataway	478	■	■		■					■				■	■		■										■	■	■	■				■	■	■	■		■		
5	Joseph Medwick Memorial Park - Post Blvd, Carteret	86		■		■					■						■											■	■	■					■	■	■	■		■		
6	Merrill Park - Middlesex Turnpike, Woodbridge	182	■	■	■	■					■						■	■										■	■	■					■	■	■	■		■		
7	Raritan Bay Waterfront Park - O'Leary Blvd, South Amboy	114		■	■	■			■		■					■	■	■										■	■	■	■				■	■	■	■		■		
8	Roosevelt Park - Route 1 South, Edison	196			■	■					■				■		■	■										■	■	■					■	■	■	■		■		
9	Spring Lake Park - Plainfield Ave, South Plainfield	127			■	■										■	■	■									■	■	■	■						■	■	■	■		■	
10	Thompson Park - Forsgate Dr, Monroe/Jamesburg	616	■	■	■	■		■	■	■	■		■	■		■	■	■	■	■							■	■	■	■	■				■	■	■	■	■	■	■	
11	William Warren Park - Floridia Grove Rd, Woodbridge	126		■	■	■			■		■						■	■										■	■	■						■	■	■	■		■	
12	Old Bridge Waterfront Park - Bayview Ave, Old Bridge	71				■				■	■						■	■											■	■							■	■	■	■		■
13	Alvin P. Williams Memorial Park - Cliff Rd, Woodbridge	36				■					■							■						■				■	■	■							■	■	■	■		■
14	Davidson's Mill Pond Park - Riva Ave, South Brunswick	499				■		■		■						■	■				■								■	■							■	■	■	■		■
15	John A. Phillips Park - Maple St, Old Bridge	111		■		■					■	■			■						■				■				■	■						■	■	■	■		■	
16	New Brunswick Landing - Boyd Park, Route 18 N, New Brunswick	-					■			■																														■		
17	David Crabiel Memorial Park - Milltown Rd/Elkins Ln, North Brunswick	24		■							■										■	■							■	■										■		
18	Middlesex Greenway - Metuchen, Edison & Woodbridge	42				■																																		■		
Total Park Acreeage		3001																																								
CONSERVATION AREAS & PRESERVES																																										
19	Ambrose & Doty's Brooks Park - South Randolphville Rd, Piscataway	218																																								
			N A T U R A L A R E A																																							
20	Heathcote Meadows Preserve - Monroe Ct, South Brunswick	88																																								
21	Ireland Brook Conservation Area - Riva Ave, East Brunswick	520														■																										
22	Jamesburg Park Conservation Area - Helmetta Blvd, East Brunswick	1436														■																										
23	John A. Phillips Preserve - Pleasant Valley Rd, Old Bridge	1694																							■																	
24	Tamarack Hollow Preserve - Hillcrest Ave, East Brunswick	165																																								
25	Thompson Park Conservation Area - Prospect Plains Rd, Monroe	983																																								
26	Scotts Corner Conservation Area - Rowland Rd, South Brunswick	159																																								
27	Plainsboro Preserve - Scotts Corner Rd, Plainsboro	417																																								
28	Pin Oak Forest - Omar Ave, Woodbridge	97																																								
29	Deep Run Preserve - Sandfield Rd & Kearny Ave, Old Bridge	905																																								
			N A T U R A L A R E A																																							
30	Matchaponix Forest - North State Home Rd, Monroe	99																																								
31	Van Dyke Farm - Davidsons Mill Rd, South Brunswick	196																																								
32	Story Farm - Federal Rd, Monroe	103																																								
			N A T U R A L A R E A																																							
All Other Open Space		953																																								

Total Conservation Area Acreeage 8033
Total Office of Parks and Recreation Parkland Acreeage 11034

*Permits or Passes may be necesary for some of these areas
 Please contact the reservation desk for more information. (732) 745-3900