Roosevelt Park Family Ice Skating Rink Lesson Application

LESSONS BEGIN ON Thurs., DEC. 1,2016!

No Lessons on the following dates:
12/24/2016 THUR 1/1/2017- WINTER BREAK

SATURDAYS & SUNDAYS

10:00- 10:30 am	Pre-Alpha	Tots	Beta	Adult 1	Alpha A	
10:30- 11:00 am	Pre-Alpha	Tots	Beta	Adult 2	Alpha A	
11:00- 11:30 am	Alpha A	Pre-Alpha	Alpha B	Adult 1	Beta	Power

WEDNESDAY, THURSDAYS & FRIDAYS

4:30- 5:00 pm	Pre-Alpha	Beta
5:00- 5:30 pm	Alpha A/B	Power

THURSDAYS

7:30- 8:00 pm	Adult 2
8:00- 8:30 pm	Adult 1

******NEW *****POWER SKATING & STROKING CLASS- OPEN TO ALL AGES**

****(MUST KNOW- FORWARD AND BACKWARD CROSSOVERS TO PARTICIPATE)*

FREE PRACTICE TIMES FOR SKATING SCHOOL

STUDENTS WILL GET AN IDENTIFICATION CARD THAT INCLUDES (9) FREE PUBLIC SESSIONS. WITH SKATE RENTAL.

Helmets are required when taking lessons!

PRICE $144.00 FOR NINE (9) WEEKS
(ONE DAY PER WEEK)
GROUP LESSONS ARE 1/2 HOUR LONG
SKATE RENTAL IS INCLUDED!

PLEASE MAKE CHECKS OR MONEY ORDERS PAYABLE TO: M.C.I.A

QUESTIONS? CALL 732-494-2980

NAME_____

ADDRESS_____

CITY_____STATE_____ZIP_____

HOME PHONE_____

CELL PHONE_____

WORK PHONE_____

DATE OF BIRTH_____AGE_____

PLEASE CIRCLE SKATING LEVEL DESIRED

TOTS POWER
PRE-ALPHA BETA
ALPHA A B GAMMA
DELTA ADULT 1 2 3

DAY DESIRED_____

2nd CHOICE DAY DESIRED_____

NAME OF CLASS_____

PARENT PRINT NAME_____

PARENT EMAIL ADDRESS_____

ICE SKATING LEVELS

TOTS AGES 5-6

NEVER SKATED BEFORE OR HAS MINIMUM EXPERIENCE
CAN MARCH ACROSS ICE AND GET UP
TWO FOOT GLIDE AND FORWARD SWIZZLE
CAN SKATE ACROSS ICE.
SWIZZLES, GLIDING, SNOW PLOW STOP.

BEGINNER- DELTA AGES 7-14

IN PERSON REGISTRATION WITH PAYMENT IS ON:
FRIDAY, NOV.11 from 5-8 PM
SATURDAY, NOV. 12 from 7-9 PM
SUNDAY, NOV. 13 from 5-7 PM

PRE-ALPHA:	CANNOT SKATE OR NEVER SKATED BEFORE ONE AND TWO FOOT GLIDES. FORWARD SWIZZLE AND BACKWARD WIGGLE.
ALPHA (A):	FORWARD CROSSOVERS (BOTH DIRECTIONS) AND ONE FOOT SNOW PLOW STOP
ALPHA (B):	FOR STUDENTS WHO HAVE TAKEN ALPHA (A) & NEED ADDITIONAL INSTRUCTION
BETA:	BACKWARD CROSSOVERS (BOTH DIRECTIONS), BACKWARD STROKING,SPIRALS AND T-STOPS
GAMMA:	FORWARD OUTSIDE 3-TURNS, FORWARD INSIDE MOHAWK, AND HOCKEY STOP.
DELTA:	FORWARD INSIDE 3-TURNS, FORWARD OUTSIDE & INSIDE EDGES, BUNNY HOP AND SHOOT THE DUCK.

Applications will ONLY be accepted on our registration dates OR after the dates listed.

ADULTS

ADULT 1:	NEVER SKATED BEFORE
ADULT 2:	MOVING TWO FOOT TURNS, CROSSOVERS, FORWARD EDGE ROLLS, BACKWARD 1 FOOT GLIDE
ADULT 3:	FORWARD & BACKWARD CROSSOVERS (BOTH DIRECTIONS) AND ONE FOOT SNOW PLOW STOP

If you have any questions, please call Tracie Reed, Supervisor of Rink Operations at 732-494-2980

The Roosevelt Park Family Ice Skating Rink is part of the Middlesex County Parks & Recreation System.

The rink is located at
151 Parsonage Rd.(Roosevelt Park) Edison, NJ 08837. We are right by the Menlo Park Mall.