Roosevelt Park Family Ice Skating Rink Lesson Application

LESSONS BEGIN ON DEC. 2,2015!

No Lessons on the following dates:
12/24, 12/25, 12/30, 12/31, & 1/1/2016

SATURDAYS & SUNDAYS

09:30- 10:00 am	**Pre-Alpha**	**Tots**	**Beta**	**Adult 1**	**Alpha A**
10:00- 10:30 am	**Pre-Alpha**	**Tots**	**Beta**	**Adult 2**	**Alpha A**
10:30- 11:00 am	**Alpha A**	**Pre-Alpha**	**Alpha B**	**Adult 1**	**Beta**

WEDNESDAY & FRIDAYS

4:30- 5:00 pm	**Pre-Alpha**
5:00- 5:30 pm	**Alpha A**

FREE PRACTICE TIMES FOR SKATING SCHOOL

STUDENTS WILL GET AN IDENTIFICATION CARD THAT INCLUDES (9) FREE PUBLIC SESSIONS. WITH SKATE RENTAL.

Helmets are required when taking lessons!

THURSDAYS

4:30- 5:00 pm	**Pre-Alpha**
5:30- 6:00 pm	**Alpha A**
7:30- 8:00 pm	**Adult 2**
8:00- 8:30 pm	**Adult 1**

PRICE $144.00 FOR NINE (9) WEEKS
(ONE DAY PER WEEK)
GROUP LESSONS ARE 1/2 HOUR LONG
SKATE RENTAL IS INCLUDED!
PLEASE MAKE CHECKS OR MONEY ORDERS PAYABLE TO: M.C.I.A
QUESTIONS? CALL 732-494-2980

IN PERSON REGISTRATION WITH PAYMENT IS ON:
FRIDAY, NOV.13 from 5-8 PM
SATURDAY, NOV. 14 from 5-8 PM
SUNDAY, NOV. 15 from 5-7 PM

NAME_____
ADDRESS_____
CITY_____STATE_____ZIP_____
HOME PHONE_____
CELL PHONE_____
WORK PHONE_____
DATE OF BIRTH_____AGE_____

PLEASE CIRCLE SKATING LEVEL DESIRED

TOTS
PRE-ALPHA BETA
ALPHA A B GAMMA
DELTA ADULT 1 2 3

DAY DESIRED_____
2nd CHOICE DAY DESIRED_____

NAME OF CLASS_____

PARENT PRINT NAME_____

PARENT EMAIL ADDRESS_____

Applications will ONLY be accepted on our registration dates OR after the dates listed.

ICE SKATING LEVELS

TOTS AGES 5-6

NEVER SKATED BEFORE OR HAS MINIMUM EXPERIENCE
CAN MARCH ACROSS ICE AND GET UP
TWO FOOT GLIDE AND FORWARD SWIZZLE
CAN SKATE ACROSS ICE.
SWIZZLES, GLIDING, SNOW PLOW STOP.

BEGINNER- DELTA AGES 7-14

PRE-ALPHA:	CANNOT SKATE OR NEVER SKATED BEFORE ONE AND TWO FOOT GLIDES. FORWARD SWIZZLE AND BACKWARD WIGGLE.
ALPHA (A):	FORWARD CROSSOVERS (BOTH DIRECTIONS) AND ONE FOOT SNOW PLOW STOP
ALPHA (B):	FOR STUDENTS WHO HAVE TAKEN ALPHA (A) & NEED ADDITIONAL INSTRUCTION
BETA:	BACKWARD CROSSOVERS (BOTH DIRECTIONS), BACKWARD STROKING,SPIRALS AND T-STOPS
GAMMA:	FORWARD OUTSIDE 3-TURNS, FORWARD INSIDE MOHAWK, AND HOCKEY STOP.
DELTA:	FORWARD INSIDE 3-TURNS, FORWARD OUTSIDE & INSIDE EDGES, BUNNY HOP AND SHOOT THE DUCK.

ADULTS

ADULT 1:	NEVER SKATED BEFORE
ADULT 2:	MOVING TWO FOOT TURNS, CROSSOVERS, FORWARD EDGE ROLLS, BACKWARD 1 FOOT GLIDE
ADULT 3:	FORWARD & BACKWARD CROSSOVERS (BOTH DIRECTIONS) AND ONE FOOT SNOW PLOW STOP

If you have any questions, please call Tracie Reed, Supervisor of Rink Operations at 732-494-2980

The Roosevelt Park Family Ice Skating Rink is part of the Middlesex County Parks & Recreation System.

The rink is located at
151 Parsonage Rd.(Roosevelt Park) Edison, NJ 08837. We are right by the Menlo Park Mall.