



Middlesex County Office of Parks and Recreation *Visitors Guide*



Middlesex County Contact Information

www.co.middlesex.nj.us

Group Reservation, Permits
732-745-3900

Plays-in-the-Park, Stephen J. Capestro Theater
1 Pine Drive, Edison, NJ 08837 • 732-548-2884

Roosevelt Park Family Ice/Roller Rink
151 Parsonage Road, Edison, NJ 08837 • 732-494-2980

Raritan Landing Golf Course
732-885-9600

The Meadows at Middlesex
609-799-4000

Tamarack Golf Course
732-821-8881

Park Rangers, Emergencies
732-745-3800

Office of Parks and Recreation Administration Building

1030 River Road, Piscataway, NJ 08854
732-745-3900 • Fax: 732-745-7351

Mailing Address
PO Box 661, New Brunswick, NJ 08903

Office Hours
Monday - Friday 8:30 a.m. to 4 p.m.



Middlesex County Board of Chosen Freeholders

Ronald G. Rios, *Director*
Carol Barrett Bellante, *Deputy Director*
Kenneth Armwood
Charles Kenny
H. James Polos
Charles E. Tomaro
Blanquita B. Valenti
John A. Pulomena, *County Administrator*



Plays-in-the-Park at the Stephen J. Capestro Theater

Since opening in 1963, Middlesex County's Plays-in-the-Park has been providing affordable theatrical productions at Roosevelt Park in Edison. It is more economical to enjoy an evening out in the park watching a show than at the local cineplex because of the support of the Middlesex County Freeholders and their love of the arts.

Each summer, the outdoor amphitheater is home to three full-scale, Broadway-style musicals complete with a live orchestra and state-of-the-art lighting, special effects, and sound equipment. The rolling hill on which theater-goers can unfold their lawn chairs provides the audience with perfect evening views of a spectacular show – both on stage and the glorious starry sky above.

The fun doesn't end when the autumn leaves appear, it just moves inside. Each October, the backstage area is transformed into an intimate, 150-seat performance space where a Children's Musical is performed on weekends.

December brings the traditional Winter Show at the State Theatre in New Brunswick. These productions give the staff and designers an opportunity to work hand-in-hand with union crews at a professional venue. The County's holiday tradition is the annual winter production of "Joseph and the Amazing Technicolor Dreamcoat." Each year the production is just a bit different, a bit better, and overwhelmingly successful.

For more information on current theatrical productions, admission policies, as well as a photographic history, please visit www.playsinthepark.com

Welcome to your Middlesex County Parks!

The Middlesex County Office of Parks and Recreation offers many recreational and cultural activities for you to enjoy throughout the year. The park system consists of 18 active parks and recreation facilities encompassing 2,915 acres. Extensive facilities for outdoor summer concerts, picnics, and both summer & winter sports offer a wide range of opportunities for enjoyment. The park system also has over 7,600 acres of conservation areas and preserves where you can enjoy passive recreation such as hiking, photography and nature study.



Stay Active. Stay Fit. Have Fun.

Gather with your friends and family and make the most of your time together in your favorite Middlesex County Park. There are activities within each park that can be enjoyed in every season. Play ball, hike, bike, sled, use fitness stations or go cross-country skiing. Take advantage of the many activities that combine both fun and fitness.



Take a Hike

Middlesex County maintains a significant network of walking and hiking trails. Visitors can choose from paved pathways around the lake in Roosevelt Park, the rocky trail along Farrington Lake, or the sandy pine barrens trails in John A. Phillips Park and Preserve. Visitors will find hiking locations suitable for families with small children, for novice hikers, and for more experienced trekkers who are looking for nearby day-hikes.

Hiking is an inexpensive and easy way to stay healthy. According to the American Hiking Society, low-intensity hiking can promote weight loss, reduce risk from heart disease, diabetes and hypertension and can improve mental health.

To search for hiking trails and to print copies of trail maps please visit our website and click the link for 'Take a Hike.'

Family Ice Skating and Roller Skating Rink

Year-round skating opportunities await park visitors at the rink, located in scenic Roosevelt Park, overlooking the lake. During the winter, thousands of people swarm to the rink to experience outdoor ice skating right in their own backyard. The surface of the rink undergoes a transformation in spring each year from its professionally manicured ice surface to a smooth and resilient roller skating surface. In the spring and fall, children take roller skating lessons and children and adults alike boogie down during open skate on warm spring nights.



This beautiful facility has a lot to offer year-round, including open skating, birthday parties, rink rentals and skating lessons. If you have any questions, please contact the rink at 732-494-2980 or during business hours 732-745-4484.



Softball Leagues

The Office of Parks and Recreation offers adult slow-pitch softball leagues in both the spring and the fall seasons. Games for our Men's, Women's and Co-Ed leagues are held at both Thomas Edison Park in Edison Township and William Warren Park in Woodbridge Township.

For more information on these leagues, please contact our office at 732-745-4222. Hope to see you on the field!



Golf Anyone?

The Middlesex County Improvement Authority maintains and manages three beautiful golf courses located in Middlesex County. Tamarack Golf Course, located in East Brunswick, features 36 holes and was ranked the best Golf Course in Central NJ by Home News Tribune readers. The Meadows at Middlesex Golf Course, located in Plainsboro, is a beautiful 18-hole, par 70 championship course. Raritan Landing Golf Course, located in Piscataway, is a family-style golf course featuring a pond and two creeks.

For information, directions and fees, please visit the Middlesex County Improvement Authority website at www.mciauth.com.

Need to Know More?

Middlesex County Parks are open 365 days per year, from sunrise to sunset. For a complete list of park rules visit: www.co.middlesex.nj.us.

Sign up for *Parks Scenes*, an informative bi-annual newsletter that spotlights upcoming events and activities in the Parks System. You can sign up online at www.playsinthepark.com for an electronic copy or call 732-745-3936.



Park Facilities

1. Donaldson Park
2. Edison Park
3. Fords Park
4. Johnson Park
5. Joseph Medwick Memorial Park
6. Merrill Park
7. Raritan Bay Waterfront Park
8. Roosevelt Park
9. Spring Lake Park
10. Thompson Park
11. Warren Park
12. Old Bridge Waterfront Park
13. Alvin P. Williams Memorial Park
14. Davidson's Mill Pond Park
15. John A. Phillips Park
16. New Brunswick Landing
17. David B. Crabiel Park
18. Middlesex Greenway

Conservation Areas and Preserves

19. Ambrose & Doty's Brook Park
20. Heathcote Meadows Preserve
21. Ireland Brook Conservation Area
22. Jamesburg Park Conservation Area
23. John A. Phillips Open Space Preserve
24. Tamarack Hollow Preserve
25. Thompson Park Conservation Area
26. Scotts Corner Conservation Area
27. Plainsboro Preserve
28. Pin Oak Forest
29. Deep Run Preserve
30. Matchaponix Forest
31. Van Dyke Farm

Middlesex County Office of Parks and Recreation

Park Facilities



PARK AND LOCATION		Acreage	Animal Haven	Baseball*	Basketball*	Biking	Boat Dock	Boat Launch*	Bocci	Canoe/Kayak Launch	Comfort Stations	Cricket*	Disc Golf Course	Dog Park	Fitness Stations	Fishing	Football*	Gazebo	Handball	Hiking Trails - Natural Surface	Lacrosse	Memorials	Model Airplane Field	Self-Guided Interpretive Trail	NJ Audubon Nature Center	Outdoor Summer Concerts	Picnic Groves*	Playgrounds	Pond/Lake/Bay	Progressive Playground	Roller Hockey	Sledding	Soccer	Softball	Tennis*	Volleyball	Walking/Running Paths - Paved			
1	Donaldson Park - South Second Ave, Highland Park	80		■	■	■		■		■	■		■	■	■											■	■	■			■	■	■	■	■	■	■			
2	Thomas Edison Park - Mill Rd, Edison	171		■	■	■				■	■			■	■	■							■										■	■	■	■	■	■		
3	Fords Park - King George's Post Rd, Woodbridge	29		■	■	■				■	■				■	■						■					■	■	■						■	■	■	■		
4	Johnson Park - River Rd, Piscataway	450	■	■	■	■				■	■	■			■	■											■	■	■						■	■	■	■	■	
5	Joseph Medwick Memorial Park - Post Blvd, Carteret	88		■	■	■				■	■				■	■											■	■	■						■	■	■	■	■	
6	Merrill Park - Middlesex Turnpike, Woodbridge	184	■	■	■	■				■	■				■	■	■	■									■	■	■	■					■	■	■	■	■	
7	Raritan Bay Waterfront Park - O'Leary Blvd, South Amboy	114		■	■	■			■	■	■				■	■	■	■				■				■	■	■	■					■	■	■	■	■	■	
8	Roosevelt Park - Route 1 South, Edison	210		■	■	■				■	■				■	■	■	■				■				■	■	■	■					■	■	■	■	■	■	
9	Spring Lake Park - Plainfield Ave, South Plainfield	122		■	■	■				■	■				■	■	■	■								■	■	■	■					■	■	■	■	■	■	
10	Thompson Park - Forsgate Dr, Monroe/Jamesburg	615	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
11	William Warren Park - Florida Grove Rd, Woodbridge	126		■	■	■			■	■	■				■	■	■	■								■	■	■	■					■	■	■	■	■	■	
12	Old Bridge Waterfront Park - Bayview Ave, Old Bridge	67			■	■				■	■				■	■	■	■									■	■	■						■	■	■	■	■	
13	Alvin P. Williams Memorial Park - Cliff Rd, Woodbridge	36			■	■				■	■				■	■	■	■					■			■	■	■	■						■	■	■	■	■	
14	Davidson's Mill Pond Park - Riva Ave, South Brunswick	414			■	■	■	■	■	■	■				■	■	■	■				■					■	■	■						■	■	■	■	■	
15	John A. Phillips Park - Maple St, Old Bridge	113		■	■	■				■	■	■			■	■	■	■				■			■	■	■	■						■	■	■	■	■	■	
16	New Brunswick Landing - Boyd Park, Route 18 N, New Brunswick	-					■			■	■																											■	■	
17	David Crabiel Memorial Park - Milltown Rd/Elkins Ln, North Brunswick	49		■	■	■				■	■										■	■					■	■	■						■	■	■	■	■	■
18	Middlesex Greenway - Metuchen, Edison & Woodbridge	47				■				■	■																												■	■
Total Park Acreage		2915																																						
CONSERVATION AREAS & PRESERVES																																								
19	Ambrose & Doty's Brooks Park - South Randolphville Rd, Piscataway	139	N A T U R A L A R E A																																					
20	Heathcote Meadows Preserve - Monroe Ct, South Brunswick	89																																						
21	Ireland Brook Conservation Area - Riva Ave, East Brunswick	357														■																								
22	Jamesburg Park Conservation Area - Helmetta Blvd, East Brunswick	1415														■																								
23	John A. Phillips Preserve - Pleasant Valley Rd, Old Bridge	1626																						■																
24	Tamarack Hollow Preserve - Hillcrest Ave, East Brunswick	229																																						
25	Thompson Park Conservation Area - Prospect Plains Rd, Monroe	927																																						
26	Scotts Corner Conservation Area - Rowland Rd, South Brunswick	161																																						
27	Plainsboro Preserve - Scotts Corner Rd, Plainsboro	417																																						
28	Pin Oak Forest - Omar Ave, Woodbridge	97																																						
29	Deep Run Preserve - Sandfield Rd & Kearny Ave, Old Bridge	918	N A T U R A L A R E A																																					
30	Matchaponix Forest - North State Home Rd, Monroe	99	N A T U R A L A R E A																																					
31	Van Dyke Farm - Davidsons Mill Rd, South Brunswick	196	N A T U R A L A R E A																																					
All Other Open Space		959	N A T U R A L A R E A																																					

Total Conservation Area Acreage 7629

Total Office of Parks and Recreation Parkland Acreage 10544

*Permits or Passes may be necessary for some of these areas
Please contact the reservation desk for more information. (732) 745-3900