



**Middlesex County  
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**Office of Human Services**  
**Melyssa Lewis**, Director

The Office of Human Services  
75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)



**July 2018**



Office of Human Services

Division of Addictions  
& Mental Health Planning

## **Mental Health Services Directory**

**Call: 732-745-4186**

Office Hours: 8:30am-4:15pm

**Center for Psychiatric Rehabilitation**

Boston University

- 1-617-353-3549
- [www.bu.edu/sarpsychwww.cpr.bu.edu](http://www.bu.edu/sarpsychwww.cpr.bu.edu)

**Mental Health America**

- 1-800-969-NMHA(6642)
- 1-800-433-5959
- 1-703-684-7722
- [www.nmha.orgmentalhealthamerica.net](http://www.nmha.orgmentalhealthamerica.net)

**National Mental Health Consumers’ Self Help Clearinghouse**

- 1-800-553-4539 / 267-507-3810
- 1-312-642-0049
- [www.mhselfhelp.org](http://www.mhselfhelp.org)

**National Alliance for the Mentally Ill (NAMI)**

- 1-800-950-NAMI (6264) / 1-703-524-7600
- [www.nami.org](http://www.nami.org)

**National Depressive/Manic Depressive Association Depression and Bipolar Support Alliance**

- 1-800-826-3632
- [www.dbsalliance.org](http://www.dbsalliance.org)

**National Empowerment Center**

- 1-800-769-3728 / 978-685-1494
- [www.power2u.org](http://www.power2u.org)

**National Institute of Mental Health**

- 1-866-615-6464 FREE (tollfree) / 1-301-443-8431 (TTY)/1-866-415-8051 FREE (TTY toll-free)
- [www.nimh.nih.gov](http://www.nimh.nih.gov)

**Substance Abuse and Mental Health Services Administration (SAMHSA) - Behavioral Health Treatment Services Locator**

[www.findtreatment.samhsa.gov/](http://www.findtreatment.samhsa.gov/)

**U.S. Psychiatric Rehabilitation Association (formerly IASPRS)**

- 703-442-2078
- [www.uspra.orgpsychrehabassociation.org](http://www.uspra.orgpsychrehabassociation.org)

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## DISASTER MENTAL HEALTH RESOURCES

### Division of Mental Health & Addiction Services - Disaster and Terrorism Branch

- 877-294-4357  
[www.nj.gov/humanservices/dmhas/home/disaster/](http://www.nj.gov/humanservices/dmhas/home/disaster/)

### Mental Health Association in NJ

Disaster Response Crisis Counselor (DRCC)  
Certification & Training

- 973-571-4100  
[www.njdisasterresponsecrisiscounselor.org](http://www.njdisasterresponsecrisiscounselor.org)

### Middlesex County Office of Human Services, Division of Addictions and Mental Health Planning

- 732-745-4186  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

### NJ Hope & Healing

- 877-294-4356 (HELP)

### NJ Mental Health Cares Disaster Mental Health Helpline

- 877-294-4356 (HELP)  
[www.mhanj.org/nj-disaster-mental-health-helpline/](http://www.mhanj.org/nj-disaster-mental-health-helpline/)

## NATIONAL MENTAL HEALTH RESOURCES

### American Psychiatric Association

- 1-888-357-7924  
[www.psychiatry.org](http://www.psychiatry.org)

### American Psychological Association

- 1-800-374-2721 / 202-336-5500  
TDD/TTY: 202-336-6123  
[www.apahelpcenter.org/helpcenter](http://www.apahelpcenter.org/helpcenter)

### Brain & Behavior Research Foundation (Formerly NARSAD)

- 1-800-829-8289 / 646-681-4888  
[www.bbrfoundation.org/](http://www.bbrfoundation.org/)

### Center for Mental Health Services (CMHS)

- 1-240-276-1310  
[www.mentalhealth.samhsa.gov/cmhs/www.samhsa.gov/about-us/who-we-are/pfco-centers/cmhs](http://www.mentalhealth.samhsa.gov/cmhs/www.samhsa.gov/about-us/who-we-are/pfco-centers/cmhs)

**CAMHOP-NJ (Chinese American Mental Health Outreach Program in New Jersey)**

New Brunswick  
• 732-640-0801  
[www.naminj.org/](http://www.naminj.org/)

**Clinica Latina – A Program of Rutgers UBHC**

New Brunswick  
• 1-888-342-9832 / 1-800-969-5300  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**Cultural Competance Training Center  
Family Connections**

• 973-675-3817  
[www.familyconnectionsny.org](http://www.familyconnectionsny.org)

**George J. Otlowski, Sr. Center for Mental Health Care**

Perth Amboy  
• 732-442-1666  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Manavi – A program for South Asian women who have suffered abuse**

New Brunswick  
• 732-435-1414  
[www.manavi.org](http://www.manavi.org)

**Multicultural Family Institute**

Highland Park  
• 732-565-9010  
[www.multiculturalfamily.org](http://www.multiculturalfamily.org)

**National Alliance for the Mentally Ill (NAMI NJ)**

- Family to Family
- A ACT-NOW! - African Americans
- Camhop - Asian Americans
- Samhaj - South Asian Americans  
732-940-0991
- NAMI Espanol  
888-803-3413  
[www.naminj.org](http://www.naminj.org)

**PRAB**

New Brunswick  
• 732-828-4510  
[www.prab.org](http://www.prab.org)

**Puerto Rican Association for Human Development**

Perth Amboy  
• 732-442-1081  
[www.prahd.org](http://www.prahd.org)

**EMERGENCY SERVICES**

**Rutgers UBHC - Acute Psychiatric Services (APS)**

Piscataway

- Designated Screening Center - Acute Psychiatric Services (APS) - 24/7 Crisis Hotline  
1-855-515-5700
- Early Intervention Support Services (EISS)  
732-235-4422 or 1-800-969-5300
- NJ Hopeline - Suicide Prevention Hotline  
1-855-654-6735
- Access Center  
1-800-969-5300
- Children's Mobile Response & Stabilization  
1-877-652-7624  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**Raritan Bay Medical Center**

(Part of Meridian Health)

- Crisis hotline 24 Hours a Day  
732-442-3794
- Emergency Room  
732-324-5095
- Crisis Stabilization  
732-324-5289  
[www.rbmc.org/behavioral-health/](http://www.rbmc.org/behavioral-health/)

**CRISIS/ HOSPITAL DIVERSION SERVICES**

**Rutgers University Behavioral Health Care**

Piscataway

- Early Intervention Support Services (EISS)  
732-235-4422 or 1-800-969-5300
- NJ Hopeline - Suicide Prevention Hotline  
1-855-654-6735  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)
- **CSP NJ Wellness Respite Services**  
New Brunswick  
732-354-4403  
[www.csprnj.org](http://www.csprnj.org)

**Carrier Clinic**

- Belle Mead
- 1-800-933-3579
- [www.carrierclinic.org](http://www.carrierclinic.org)

**East Mountain Hospital**

- Belle Mead
- 1-800-379-1949
- [www.eastmountainhospital.com](http://www.eastmountainhospital.com)

**Princeton House Behavioral Health**

- Princeton
- 1-800-242-2550 (Admissions)
- 1-609-497-3500
- 1-888-437-1610 (Outpatient)
- [www.princetonhouse.org](http://www.princetonhouse.org)

**Raritan Bay Medical Center-The Center for Living**

- Perth Amboy
- Crisis hotline 24 Hours a Day
- 732-442-3794
- 732-324-5119
- 732-324-5138
- [www.rbmc.org](http://www.rbmc.org)

**Summit Oaks Hospital**

- Summit
- 1-800-753-5223
- [www.summitoakshospital.com](http://www.summitoakshospital.com)

**Rutgers University Behavioral Health Care**

- Piscataway
- Adult Inpatient Unit
- CCIS Children's Inpatient Unit
- 1-800-969-5300
- [www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

## INPATIENT SHORT TERM CARE FACILITY (STCF)

(May only be accessed through Designated Screening Center)

- Princeton House Behavioral Health
- Raritan Bay Medical Center
- Trinitas Hospital
- Monmouth Medical Center
- 1-855-515-5700 (for general information)

**Division of Vocational Rehabilitation Services (DVRS)**

- New Brunswick
- 732-937-6300
- [www.state.nj.us/labor/dvrs/humanservices/cbvr/services/vocation](http://www.state.nj.us/labor/dvrs/humanservices/cbvr/services/vocation)

**Jewish Family & Vocational Services**

- Milltown
- 732-777-1940
- [www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)

**Learn of Central NJ - (A supported education program of Bridgeway Services)**

- 908-687-9666
- [www.bridgewayrehab.org](http://www.bridgewayrehab.org)

**Mental Health Association in NJ**

- 973-571-4100 / 800-367-8850 (toll-free)
- [www.mhanj.org](http://www.mhanj.org)

**Middlesex County One-Stop Career Centers**

- New Brunswick
- 732-937-6200
- Perth Amboy
- 732-826-3200
- [www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Middlesex County Workforce Development**

- New Brunswick
- 732-745-3970
- [www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Rutgers School of Health Related Professionals – Department of Psychiatric Rehabilitation**

- 1-908-889-2400
- [www.shrp.rutgers.edu/dept/psyr](http://www.shrp.rutgers.edu/dept/psyr)

**Rutgers UBHC Supported Employment Program**

- 732-235-6927
- [www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

## MULTICULTURAL RESOURCES

**Catholic Charities**

- East Brunswick, Perth Amboy, New Brunswick
- Outpatient Counseling Services (Spanish)
- 1-800-655-9491 / 732-826-9160
- 732-646-4255 (Spanish speaking clients)
- [www.ccdom.org](http://www.ccdom.org)

**Panic Relief, Inc.**  
Monmouth Junction  
• 732-940-9658

**Peer to Peer Warmline (Mental Health Association in NJ)**  
• 877-292-5588  
[www.mhanj.org](http://www.mhanj.org)

**Pharmaceutical Assistance to the Aged & Disabled (PAAD)**  
• 1-800-792-9745  
[www.state.nj.us/humanservices/doas/home/paaddetail.html](http://www.state.nj.us/humanservices/doas/home/paaddetail.html)

**Post Partum Depression Helpline**  
• 1-800-328-3838  
[www.state.nj.us/health/fhs/postpartumdepression/](http://www.state.nj.us/health/fhs/postpartumdepression/)

**Recovery, Inc. - Support for Anxiety & Depression**  
• 1-201-612-8153  
[www.recovery-inc.org](http://www.recovery-inc.org)

**Social Security**  
New Brunswick  
• 1-800-772-1213 / 877-803-6313  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

**Vet 2 Vet**  
24/7 peer-run veteran's helpline  
• 866-838-7654 (866-VETS-NJ4)  
[www.ubhc.rutgers.edu/vet2vet/program.htm](http://www.ubhc.rutgers.edu/vet2vet/program.htm)

**Wellspring Center for Prevention (formerly NCADD of Middlesex County, Inc.)**  
• 732-254-3344  
[www.wellspringprevention.org](http://www.wellspringprevention.org)

**Young Adult Social Club (NAMI Middlesex)**  
• 732-841-8763

## EMPLOYMENT, VOCATIONAL & TRAINING SERVICES

**Consumer Connections**  
Mental Health Association of NJ providing peer provider training  
• 1-973-571-4100 / 908-810-1001 ext. 316  
[www.mhanj.org/consumer-connections.org](http://www.mhanj.org/consumer-connections.org)

**Cornerstone Specialized Hospital (Runnells Center for Rehabilitation and Healthcare)**  
Berkeley Heights  
• 908-771-5875  
[www.runnellscenter.com/](http://www.runnellscenter.com/)

**Essex County Hospital**  
Cedar Grove  
• 973-571-2800  
[www.essex-countynj.org](http://www.essex-countynj.org)

## PARTIAL CARE / HOSPITALIZATION PROGRAMS

**Catholic Charities**  
Youth Partial Care Program (Child/Adolescent)  
• 1-800-655-9491  
[www.ccdom.org](http://www.ccdom.org)

**Community Care Behavioral Health**  
Piscataway  
• 732-572-4666  
[www.communitycare.us](http://www.communitycare.us)

**George J. Otlowski, Sr. Center for Mental Health Care Adult Partial Care**  
Perth Amboy  
• 732-442-1666  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Princeton House Behavioral Health**  
(Child, Adolescent, Young Adult, Older Adult, Womens' and Mens' Programs)  
North Brunswick  
• 888-437-1610  
[www.princetonhouse.org](http://www.princetonhouse.org)

**Rutgers University Behavioral Health Care: Partial Hospital Program**  
Piscataway  
• 1-800-969-5300  
• 732-235-6900  
Monmouth Junction  
• 1-800-969-5300  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**St. Peter's University Hospital Family Health Center Children's Acute Partial Hospitalization (For Keeps; ages 5 to 17)**  
New Brunswick  
• 732-565-5494  
[www.saintpetersuh.com](http://www.saintpetersuh.com)

**Stress Care of New Jersey  
Matawan & Manalapan**

- 732-679-4500  
[www.stresscareclinic.com](http://www.stresscareclinic.com)

**CASE MANAGEMENT SERVICES**

**Catholic Charities PACT - (Programs of Assertive  
Community Treatment)**

Edison/New Brunswick

- 732-447-2400

Perth Amboy

- 732-324-8200

[www.ccdom.org](http://www.ccdom.org)

**PATH Services for the Homeless**

- 732-738-1323  
[www.ccdom.org](http://www.ccdom.org)

**Rutgers University Behavioral Health Care**

- Intensive Case Management Services (ICMS)
- Specialized Case Management Services (SCMOS)
- PATH - Homeless Case Management Program  
Piscataway
- 732-235-6184 / 1-800-969-5300  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**OUTPATIENT SERVICES**

**Catholic Charities - Mental Health Center  
(Adults, Family & Children)**

- Access 732-257-6100
- 732-646-4255 (Spanish speaking clients)  
[www.ccdom.org](http://www.ccdom.org)

**Carrier Clinic  
Belle Mead**

- 1-800-933-3579  
[www.carrierclinic.org](http://www.carrierclinic.org)

**George J. Otlowski, Sr. Center for  
Mental Health Care Outpatient**

Perth Amboy

- 732-442-1666  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Jewish Family & Vocational Service**

Milltown

- 732-777-1940

**National Association of Social Workers –  
New Jersey Chapter**

- 1-800-932-0004 / 732-296-8070  
[www.naswnj.org](http://www.naswnj.org)

**NJ Addiction Services Helpline**

24/7 assistance and referral to drug or alcohol  
treatment

- 844-276-2777  
[www.nj.gov/humanservices/dmhas/  
resources/addiction/](http://www.nj.gov/humanservices/dmhas/resources/addiction/)

**NJ Association of Mental Health  
and Addiction Agencies (NJAMHAA)**

- 609-838-5488  
[www.njamha.org](http://www.njamha.org)

**NJ Department of Community Affairs -  
Division of Housing & Community Resources**  
(Administers Section 8 program)

- 609-633-6286  
[www.njamhaa.org](http://www.njamhaa.org)

**NJ Division of Mental Health Addiction &  
Services (DMHAS)**

Trenton

- 1-800-382-6717  
[www.state.nj.us/humanservicesdmhas/](http://www.state.nj.us/humanservicesdmhas/)

**NJ Hopeline - Suicide Prevention Hotline**

- 1-855-654-6735  
[www.njhopeline.com/](http://www.njhopeline.com/)

**NJ Mental Health Cares**

24/7 Mental Health Information & Referral

- 1-866-202-HELP (4357)  
[www.njmentalhealthcares.org](http://www.njmentalhealthcares.org)

**NJ Psychiatric Association**

- 908-588-3540  
[www.psychnj.org](http://www.psychnj.org)

**NJ Psychological Association**

- 1-800-281-6572 / 973-243-9800  
[www.psychologynj.org](http://www.psychologynj.org)

**New Jersey Self-Help Clearinghouse**

- 1-800-367-6274  
[www.njgroups.org](http://www.njgroups.org)

**New Jersey Veteran's Helpline (NJ Vet to Vet)**

- 866-838-7654

CONTINUED ON NEXT PAGE



**Middlesex County Area Transit Services (MCAT)**

- 1-800-221-3520 (RESERVATIONS)
  - 732-745-7456 (Office)
- [www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Middlesex County Board of Social Services**

(transportation, entitlements, housing)

New Brunswick

- 732-745-3500

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Middlesex County Division of Addictions & Mental Health Planning**

New Brunswick

- 732-745-4186

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Middlesex County Veteran Services Office**

New Brunswick

- 732-745-4051

[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Middlesex Medical Assistance - Middlesex County Board of Social Services**

- 732-745-3500 or Toll Free at 1-800-SOCIAL2

**Mom2Mom**

24/7 Helpline for mothers of children with special needs

- 1-877-914-6662

[www.mom2mom.us.com/](http://www.mom2mom.us.com/)

**Moving Forward Community Wellness Center**

- 732-317-2920

[www.movingforwardshc.org](http://www.movingforwardshc.org)

**NJ 211 Partnership**

- 211

[www.nj211.org/partners](http://www.nj211.org/partners)

**National Alliance for the Mentally Ill- Middlesex (NAMI: Middlesex)**

New Brunswick

- 732-745-0709

**National Alliance for the Mentally Ill – New Jersey (NAMI NJ)**

North Brunswick

- 732-940-0991

[www.naminj.org](http://www.naminj.org)

Monroe Township

- 609-395-7979

[www.jfsmiddlesex.org](http://www.jfsmiddlesex.org)

**JFK Center for Behavioral Health**

Edison

- 732-321-7189

[www.jfkmc.org/clinical-services/behavioral-health](http://www.jfkmc.org/clinical-services/behavioral-health)

**Princeton House Behavioral Health**

North Brunswick

- 888-437-1610

[www.princetonhouse.org](http://www.princetonhouse.org)

**Rutgers University Graduate School of Applied Psychology and Professional Psychology Psychological Services Clinic**

Piscataway

- 848-445-6111

[www.gsappweb.rutgers.edu/clinic/index.php](http://www.gsappweb.rutgers.edu/clinic/index.php)

**Stress Care of New Jersey**

Matawan & Manalapan

- 732-679-4500

[www.stresscareclinic.com](http://www.stresscareclinic.com)

**Summit Oaks Hospital Intensive Outpatient**

Summit

- 1-800-753-5223 or 908-522-7071

[www.summitoakshospital.com](http://www.summitoakshospital.com)

**Rutgers University Behavioral Health Care**

Edison, Monmouth Junction, New Brunswick

- 1-800-969-5300

[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

- Coordinated Specialty Care (CSC) – First Episode Psychosis Program

732-235-2868

[coordinatedspecialtycare@ubhc.rutgers.edu](mailto:coordinatedspecialtycare@ubhc.rutgers.edu)

**VA NJ Health Care System**

Piscataway

This service is for veterans only and may require a referral from the primary care doctor

- 732-981-8193

[www.newjersey.va.gov/locations/Piscataway.asp](http://www.newjersey.va.gov/locations/Piscataway.asp)

**Omni Health Services**

Highland Park

- 732-227-0070



## RESIDENTIAL/HOUSING SERVICES

### **Bridgeway RIST Program**

- 732-771-2300  
[www.bridgewayrehab.com](http://www.bridgewayrehab.com)

### **Catholic Charities - PATH Services for the Homeless**

- 732-738-1323  
[www.ccdom.org](http://www.ccdom.org)

### **Easterseals New Jersey**

- 732-257-6662  
[www.eastersealsnj.org](http://www.eastersealsnj.org)

### **NJ 211 Partnership/Homeless Hotline**

- 211  
[www.nj211.org](http://www.nj211.org)

### **Rutgers UBHC - Homeless Case Management (PATH)**

Housing Assistance Program

- 732-235-6184

Supportive Housing Program

- 732-235-5000  
[www.ubhc.rutgers.edu/services/adult/case\\_management.html](http://www.ubhc.rutgers.edu/services/adult/case_management.html)

### **SERV Centers of New Jersey**

- 1-800-987-7378 or 732-968-7111  
[www.servbhs.org](http://www.servbhs.org)

### **Supportive Housing Association of NJ**

- 908-932-1131  
[www.shanj.org/index.htm](http://www.shanj.org/index.htm)

### **Triple C Housing, Inc.**

Monmouth Junction

- 732-297-5840  
[www.triplechousing.org](http://www.triplechousing.org)

### **Volunteers of America - Project Promise**

- 732-827-2453  
[www.voa-gny.org](http://www.voa-gny.org)

### **Central Jersey Legal Services, Inc. Middlesex Division**

Mental Health Advocacy Unit

New Brunswick

- 732-249-7600

Perth Amboy

- 732-324-1613

[www.lsnj.org/cjls](http://www.lsnj.org/cjls)

### **CHOICES (Consumers Helping Others Improve their Condition by Ending Smoking)**

RWJ Division of Addiction Psychiatry

New Brunswick

- 732-235-8232

[www.njchoices.org](http://www.njchoices.org)

### **Coalition for Mental Health Consumer Organizations (COMHCO)**

- 1-973-778-8810

### **Collaborative Support Programs of NJ (CSPNJ)**

- 732-780-1175

[www.cspnj.org](http://www.cspnj.org)

### **Coming Home of Middlesex County**

- 732-296-7954

[www.cominghomemiddlesex.org](http://www.cominghomemiddlesex.org)

### **Cop2Cop**

24/7 helpline for NJ law enforcement officers and their families

- 866-COP-2COP

[www.ubhc.rutgers.edu/cop2cop/services.htm](http://www.ubhc.rutgers.edu/cop2cop/services.htm)

### **Depression Bipolar Support Alliance NJ**

- 732-910-7856 or 732-447-4623

[www.dbsanewjersey.org](http://www.dbsanewjersey.org)

### **Disability Rights NJ**

- 1-800-922-7233 / 609-292-9742 / 609-633-7106

[www.drnj.org](http://www.drnj.org)

### **Intensive Family Support Services (IFSS)**

Piscataway

- 732-235-6184

[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

### **Mental Health Association of NJ**

Advocacy, Training & Referral

- 1-800-367-8850 / 1-973-571-4100

[www.mhanj.org](http://www.mhanj.org)

**Jewish Family & Vocational Service of Southern Middlesex County**  
Monroe Township  
• 1-609-395-7979  
[www.jfvs.org](http://www.jfvs.org)

**Community Care Behavioral Health**  
Older Adults Partial Care/Day Program  
• 732-572-4666  
[www.communitycare.us](http://www.communitycare.us)

**Princeton House Behavioral Health - Senior Link Program**  
North Brunswick and Princeton  
• Inpatient Admissions 800-242-2550  
• Outpatient Admissions 888-437-1610  
[www.princetonhcs.org/phcs-home/what-we-do/princeton-house-behavioral-health.aspx](http://www.princetonhcs.org/phcs-home/what-we-do/princeton-house-behavioral-health.aspx)

**Raritan Bay Mental Health Center (Part of Meridian Health)**  
• Crisis hotline 24 Hours a Day  
732-442-3794  
• Emergency Room  
732-324-5095  
• Crisis Stabilization  
732-324-5289  
[www.rbmc.org/behavioral-health](http://www.rbmc.org/behavioral-health)

**Statewide Clinical Outreach Program for the Elderly (S-COPE)**  
Cranford  
• 855-718-2699  
[www.scopenj.org/](http://www.scopenj.org/)

**Visiting Nurse Association of Central Jersey**  
• 1-800-862-3330  
[www.vnahg.org/visiting-nurse-association-of-centraljersey.aspx](http://www.vnahg.org/visiting-nurse-association-of-centraljersey.aspx)

## ADVOCACY, SELF-HELP, SUPPORT & REFERRAL

**Arc of NJ - Criminal Justice Advocacy**  
Provides alternatives to incarceration on behalf of individuals with intellectual/developmental disorders  
• 732-246-2525 / 732-828-0988  
[www.arcnj.org](http://www.arcnj.org)

**Casual Outing Club of NAMI Middlesex**  
• 732-745-0709

## CO-OCCURRING DISORDERS (Mental Health & Addiction)

**Bergen Regional Medical Center**  
• 1-800-730-2762  
[www.bergenregional.com](http://www.bergenregional.com)

**Carrier Clinic Belle Mead**  
• 1-800-933-3579  
[www.carrierclinic.org](http://www.carrierclinic.org)

**Catholic Charities**  
Co-Occurring Outpatient/Adolescents/Adults  
• Access # 1-800-655-9491  
• 732-257-6100  
• 732-646-4255 (Spanish speaking clients)  
[www.ccdom.org](http://www.ccdom.org)

**Center for Change and Recovery Middlesex**  
• 732-667-5567  
[www.thecenterforchangeandrecovery.com](http://www.thecenterforchangeandrecovery.com)

**Center for Network Therapy Middlesex**  
• 732-560-1080  
[www.recoverycnt.com](http://www.recoverycnt.com)

**Clarity Treatment Services**  
• 732-442-3535

**The Passion Care Center**  
• 732-410-7102

**Community Care Behavioral Health**  
Partial Care Program w/ Co-Occurring Track  
Piscataway  
• 732-572-4666  
[www.communitycare.us](http://www.communitycare.us)

**Diamond Counseling Center**  
Co-Occurring Out Patient  
Edison  
• 732-248-1805  
[www.diamondcounselingcenter.net/](http://www.diamondcounselingcenter.net/)

**East Mountain Hospital**  
Co-Occurring Inpatient  
Belle Mead  
• 1-800-379-1949

**First Step Counseling**  
Metuchen  
• 732-549-0401  
[www.firststepmetuchen.com/](http://www.firststepmetuchen.com/)

**George J. Otlowski, Sr. Center for Mental Health Care Adult Partial Care**

Perth Amboy

- 732-442-1666  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Princeton House Behavioral Health**

North Brunswick (partial hospital, intensive outpatient, evening Adult Addiction Recovery, and afterschool adolescent programs)

- 1-888-437-1610 / 732-729-3600 / 732-729-3636  
[www.princetonhcs.org](http://www.princetonhcs.org)

**Rutgers Center of Alcohol Studies - Women's Treatment Project**

Piscataway

- 732-445-0900  
[www.womenandalcohol.rutgers.edu](http://www.womenandalcohol.rutgers.edu)

**Rutgers University Behavioral Health Care Piscataway & Monmouth Junction - Partial Hospital Program**

- Access Center: 800-969-5300  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**Specialized Addiction Treatment Services**

New Brunswick

- 1-800-969-5300 - Access Center or
- 732-235-3440  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**Summit Oaks Hospital**

Inpatient & Intensive

- 1-800-753-5223  
[www.summitoakshospital.com](http://www.summitoakshospital.com)

**Volunteers of America**

Myrtle House

- 732-321-0093  
[www.voa-gny.org](http://www.voa-gny.org)

**MI/DD SERVICES MENTAL ILLNESS/ DEVELOPMENTAL DISABILITIES**

**Community Care Behavioral Health**

MI/DD Partial Care Program  
Piscataway

- 732-572-4666  
[www.communitycare.us](http://www.communitycare.us)

**Rutgers UBHC**

- Intensive Family Support Service (IFSS)  
732-235-6184
- Coordinated Specialty Care – First Episode Psychosis Program  
732-235-2868
- FASI (Family Access to Support & Information)  
732-235-6184
- Outpatient: 800-969-5300  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**Stress Care of New Jersey**

Matawan & Manalapan

- 732-679-4500  
[www.stresscareclinic.com](http://www.stresscareclinic.com)

**Young Adult Social Club**

- 732-841-8763

**GERIATRIC/OLDER ADULT SERVICES**

**Carrier Clinic**

Dementia Track - Active Adult Track  
Belle Mead

- 1-800-933-3579  
[www.carrierclinic.org](http://www.carrierclinic.org)

**Rutgers University Behavioral Health Care: Comprehensive Services on Aging (COPSA) Community Outreach Program**

- 732-235-6184  
Memory Disorder Clinic  
Edison

- 800-424-2494  
[www.ubhc.rutgers.edu/services/geriatric/](http://www.ubhc.rutgers.edu/services/geriatric/)

**E.A.R.S for Caregivers**

- 1-866-300-3277 or 732-235-8452  
[www.ubhc.rutgers.edu/services/geriatric/EARS.html](http://www.ubhc.rutgers.edu/services/geriatric/EARS.html)

**The COPSA Alzheimer's Resource Center Clinics/Day Program & Clinical Drug Trials Care2Caregivers**

- 1-800-424-2494  
[www.ubhc.rutgers.edu/services/geriatric/alzheimers\\_resource\\_center.html](http://www.ubhc.rutgers.edu/services/geriatric/alzheimers_resource_center.html)

**Jewish Family & Vocational Services**

- Elder Day Care Program for the Frail & Elderly
- Alzheimer
- Day Care Center for the Elderly
- Case Management
- Meals on Wheels

Woodbridge/Edison

- 732-777-1940  
[www.jfsmiddlesex.orgvs.org](http://www.jfsmiddlesex.orgvs.org)

### **Support Program of Teens (SPOT)**

Edison

- 732-777-1940  
[www.njmentalhealthcares.communityos.org/zf/profile/service/id/276361](http://www.njmentalhealthcares.communityos.org/zf/profile/service/id/276361)

## **AGING OUT/YOUNG ADULT SERVICES**

### **Catholic Charities**

East Brunswick

- 732-257-6100
- 732-646-4255 (Spanish speaking clients)  
[www.ccdom.org](http://www.ccdom.org)

### **Community Care Behavioral Health**

Young Adult Track (18-25)

- 732-572-4666  
[www.communitycare.us](http://www.communitycare.us)

### **Jewish Family and Vocational Services**

Milltown

- 732-777-1940  
[www.jfvs.org](http://www.jfvs.org)

### **JFK Center for Behavioral Health**

Edison

- 732-321-7189  
[www.jfkmc.org](http://www.jfkmc.org)

### **Multicultural Services (MCS)**

(DCP&P referrals only)

Edison

- 732-650-0330  
[www.innovativeeducationalservices.org](http://www.innovativeeducationalservices.org)

### **Princeton House Behavioral Health**

Young Adult Program

North Brunswick

- 888-437-1610  
[www.princetonhouse.org](http://www.princetonhouse.org)

### **Raritan Bay Medical Center (Part of Meridian Health)**

- Crisis hotline 24 Hours a Day  
732-442-3794
- Emergency Room  
732-324-5095
- Crisis Stabilization  
732-324-5289  
[www.rbmc.org/behavioral-health/](http://www.rbmc.org/behavioral-health/)

### **Crisis Assessment Response and Enhanced Services (CARES) at Trinitas Regional Medical Center**

Cranford

- 1-888-393-3007

### **Trinitas Hospital Mental Illness & Developmental Disabilities Services**

- 1-908-497-0922 (for general information on MI/DD services)
- Or 1-888-393-3007 (for emergencies only)  
[www.trinitashospital.org](http://www.trinitashospital.org)

### **New Jersey Department of Human Services Division of Developmental Disabilities**

(Accessed through Perform Care)

Trenton

- 1-877-652-7624 / 800-832-9173  
[www.nj.gov/humanservices/dd/home](http://www.nj.gov/humanservices/dd/home)

### **Rutgers UBHC-SATS (Specialized Addiction Treatment Services)**

New Brunswick

- 732-235-3440
- 800-969-5300  
[www.ubhc.rutgers.edu/services/adult/specialized\\_addiction.html](http://www.ubhc.rutgers.edu/services/adult/specialized_addiction.html)

## **FAMILY, CHILDREN AND ADOLESCENT SERVICES**

### **Catholic Charities**

- Access Center: 1-800-655-9491, 732-257-6100
- 732-646-4255 (Spanish speaking clients)
- Youth Partial Care Program 732-738-1323  
[www.ccdom.org](http://www.ccdom.org)

### **Coordinated Family Care**

(Middlesex Care Management Organization)

- To access services, must call Perform Care:  
1-877-652-7624  
[www.coordinatedfamilycare.org](http://www.coordinatedfamilycare.org)

### **Family Crisis Intervention Unit (FCIU)**

To access services, must call Perform Care:

- 1-877-652-7624

### **Family and Children's Services of Central NJ**

New Brunswick and Monroe Township

- 732-545-0366
- 1-609-443-0575  
[www.facsnj.org](http://www.facsnj.org)

**Family Support Center of New Jersey**

(Epilepsy Foundation of New Jersey)

- 1-800-336-5843  
[www.fsc.nj.org](http://www.fsc.nj.org)

**Family Support Organization of Middlesex County**

Edison

- 732-287-8701  
[www.fso.middlesexcounty.net](http://www.fso.middlesexcounty.net)

**Fire Watch - A juvenile fire-setting prevention, education and early intervention program**

- 732-745-4049

**George J. Otowski, Sr. Center for Mental Health Care - Outpatient**

Perth Amboy

- 732-442-1666  
[www.middlesexcountynj.gov](http://www.middlesexcountynj.gov)

**Jewish Family & Vocational Services**

Milltown

- 732-777-1940

Monroe

- 609-395-7979  
[www.jfvs.org](http://www.jfvs.org)

**JFK Center for Behavioral Health**

- 732-321-7189  
[www.jfkmc.org](http://www.jfkmc.org)

**Multicultural Family Institute**

Highland Park

- 732-565-9010  
[www.multiculturalfamily.org](http://www.multiculturalfamily.org)

**National Alliance for the Mentally Ill (NAMI NJ)**

- 732-940-0991  
[www.naminj.org](http://www.naminj.org)

**NAMI Middlesex County**

- 732-745-0709

**NJ Child Advocate's Helpline**

- 1-877-543-7864  
[www.childadvocate.nj.org](http://www.childadvocate.nj.org)

**NJ Division of Child Protection & Permanency (DCP&P)**

- 1-877-652-7624
- 732-980-9312 (Western Middlesex)
- 732-376-4700 (Coastal Middlesex)
- 732-287-1840 (Central Middlesex)  
[www.nj.gov/dcf/about/divisions/dcpp](http://www.nj.gov/dcf/about/divisions/dcpp)

**Perform Care – Contracted Systems**

Administrator (CSA)

- 1-877-652-7624  
[www.performcarenj.org/](http://www.performcarenj.org/)

**Princeton House Behavioral Health**

North Brunswick

- 888-437-1610 (Outpatient-children & adolescents)

Princeton

- 800-242-2550 (Inpatient)  
[www.princetonhouse.org](http://www.princetonhouse.org)

**Raritan Bay Medical Center (Part of Meridian Health)**

- Crisis hotline 24 Hours a Day  
732-442-3794
- Emergency Room  
732-324-5095
- Crisis Stabilization  
732-324-5289  
[www.rbmc.org/behavioral-health](http://www.rbmc.org/behavioral-health)

**Rutgers Graduate School of Psychology**

Psychological Services Clinic

Piscataway

- 848-445-6111  
[www.gsappweb.rutgers.edu/clinic/](http://www.gsappweb.rutgers.edu/clinic/)

**Rutgers UBHC**

- Coordinated Specialty Care (CSC) – First Episode Psychosis Program
- 732-235-2868
- FASI (Family Access to Support & Information) Outpatient
- 800-969-5300  
[www.ubhc.rutgers.edu](http://www.ubhc.rutgers.edu)

**St. Peter's University Hospital – For Keeps Family Health Center**

Pediatric Psychiatric Services

- 732-565-5494  
[www.saintpetersuh.com](http://www.saintpetersuh.com)

**Stress Care of NJ**

Matawan & Manalapan

- 732-679-4500  
[www.stresscareclinic.com](http://www.stresscareclinic.com)

**Summit Oaks Hospital**

Summit

- 1-800-753-5223  
[www.summitoakshospital.com](http://www.summitoakshospital.com)