Middlesex County Board of Chosen Freeholders

Ronald G. Rios, Freeholder Director
Charles E. Tomaro, Deputy Director
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Kenneth Armwood
Charles Kenny
Leslie Koppel
Shanti Narra

Middlesex County Dept. of Community Services
Gerry Mackenzie, Department Head

Office of Human Services
Melyssa Lewis, Director

The Office of Human Services
75 Bayard Street, 5th Floor
New Brunswick, NJ 08901

www.middlesexcountynj.gov

Call: 732-745-4186
Office Hours: 8:30am-4:15pm

July 2018
Center for Psychiatric Rehabilitation
Boston University
• 1-617-353-3549
   www.bu.edu/sarpsychwww.cpr.bu.edu

Mental Health America
• 1-800-969-NMHA(6642)
  1-800-433-5959
  1-703-684-7722
   www.nmha.org/mentalhealthamerica.net

National Mental Health Consumers’ Self Help Clearinghouse
• 1-800-553-4539 / 267-507-3810
  1-312-642-0049
   www.mhselfhelp.org

National Alliance for the Mentally Ill (NAMI)
• 1-800-950-NAMI (6264) / 1-703-524-7600
   www.nami.org

National Depressive/Manic Depressive Association
Depression and Bipolar Support Alliance
• 1-800-826-3632
   www.dbsalliance.org

National Empowerment Center
• 1-800-769-3728 / 978-685-1494
   www.power2u.org

National Institute of Mental Health
• 1-866-615-6464 FREE (tollfree) / 1-301-443-8431 (TTY)/1-866-415-8051 FREE (TTY toll-free)
   www.nimh.nih.gov

Substance Abuse and Mental Health Services Administration (SAMHSA) - Behavioral Health Treatment Services Locator
   www.findtreatment.samhsa.gov/

U.S. Psychiatric Rehabilitation Association (formerly IASPRS)
• 703-442-2078
   www.uspra.org/psychrehabassociation.org

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DISASTER MENTAL HEALTH RESOURCES

Division of Mental Health & Addiction Services - Disaster and Terrorism Branch
- 877-294-4357
  www.nj.gov/humanservices/dmhas/home/disaster/

Mental Health Association in NJ
Disaster Response Crisis Counselor (DRCC) Certification & Training
- 973-571-4100
  www.njdisasterresponsecrisiscounselor.org

Middlesex County Office of Human Services, Division of Addictions and Mental Health Planning
- 732-745-4186
  www.middlesexcountynj.gov

NJ Hope & Healing
- 877-294-4356 (HELP)

NJ Mental Health Cares Disaster Mental Health Helpline
- 877-294-4356 (HELP)
  www.mhanj.org/nj-disaster-mental-health-helpline/

NATIONAL MENTAL HEALTH RESOURCES

American Psychiatric Association
- 1-888-357-7924
  www.psychiatry.org

American Psychological Association
- 1-800-374-2721 / 202-336-5500
  TDD/TTY: 202-336-6123
  www.apahelpcenter.org/helpcenter

Brain & Behavior Research Foundation
(Formerly NARSAD)
- 1-800-829-8289 / 646-681-4888
  www.bbrfoundation.org/

Center for Mental Health Services (CMHS)
- 1-240-276-1310
EMERGENCY SERVICES

Rutgers UBHC - Acute Psychiatric Services (APS)

- Designated Screening Center - Acute Psychiatric Services (APS) - 24/7 Crisis Hotline
  1-855-515-5700
- Early Intervention Support Services (EISS)
  732-235-4422 or 1-800-969-5300
- NJ Hopeline - Suicide Prevention Hotline
  1-855-654-6735
- Access Center
  1-800-969-5300
- Children’s Mobile Response & Stabilization
  1-877-652-7624

Raritan Bay Medical Center
(Part of Meridian Health)

- Crisis hotline 24 Hours a Day
  732-442-3794
- Emergency Room
  732-324-5095
- Crisis Stabilization
  732-324-5289

CRISIS/ HOSPITAL DIVERSION SERVICES

Rutgers University Behavioral Health Care

- Early Intervention Support Services (EISS)
  732-235-4422 or 1-800-969-5300
- NJ Hopeline - Suicide Prevention Hotline
  1-855-654-6735
- CSI NJ Wellness Respite Services
  New Brunswick
  732-354-4403

CAMHOP-NJ (Chinese American Mental Health Outreach Program in New Jersey)
New Brunswick
  732-640-0801
  www.naminj.org/

Clinica Latina – A Program of Rutgers UBHC
New Brunswick
  1-888-342-9832 / 1-800-969-5300
  www.ubhc.rutgers.edu

Cultural Competence Training Center
Family Connections
  973-675-3817
  www.familyconnections.org

George J. Otlowski, Sr. Center for Mental Health Care
Perth Amboy
  732-442-1666
  www.middlesexcountynj.gov

Manavi – A program for South Asian women who have suffered abuse
New Brunswick
  732-435-1414
  www.manavi.org

Multicultural Family Institute
Highland Park
  732-565-9010
  www.multiculturalfamily.org

National Alliance for the Mentally Ill (NAMI NJ)
  Family to Family
  A ACT-NOW! - African Americans
  Camhop - Asian Americans
  Samhaj - South Asian Americans
  732-940-0991
  NAMI Espanol
  888-803-3413
  www.naminj.org

PRAB
New Brunswick
  732-828-4510
  www.prab.org

Puerto Rican Association for Human Development
Perth Amboy
  732-442-1081
  www.prahd.org
Carrier Clinic  
Belle Mead  
• 1-800-933-3579  
www.carrierclinic.org

East Mountain Hospital  
Belle Mead  
• 1-800-379-1949  
www.eastmountainhospital.com

Princeton House Behavioral Health  
Princeton  
• 1-800-242-2550 (Admissions)  
• 1-609-497-3500  
• 1-888-437-1610 (Outpatient)  
www.princetonhouse.org

Raritan Bay Medical Center-The Center for Living  
Perth Amboy  
• Crisis hotline 24 Hours a Day  
• 732-442-3794  
• 732-324-5119  
• 732-324-5138  
www.rbmc.org

Summit Oaks Hospital  
Summit  
• 1-800-753-5223  
www.summitoakshospital.com

Rutgers University Behavioral Health Care  
Piscataway  
• Adult Inpatient Unit  
• CCIS Children’s Inpatient Unit  
• 1-800-969-5300  
www.ubhc.rutgers.edu

Division of Vocational Rehabilitation Services (DVRS)  
New Brunswick  
• 732-937-6300  
www.state.nj.us/labor/dvrs/humanservices/cbvr/services/vocation

Jewish Family & Vocational Services  
Milltown  
• 732-777-1940  
www.jfsmiddlesex.org

Learn of Central NJ - (A supported education program of Bridgeway Services)  
• 908-687-9666  
www.bridgewayrehab.org

Mental Health Association in NJ  
• 973-571-4100 / 800-367-8850 (toll-free)  
www.mhanj.org

Middlesex County One-Stop Career Centers  
New Brunswick  
• 732-937-6200  
Perth Amboy  
• 732-826-3200  
www.middlesexcountynj.gov

Middlesex County Workforce Development  
New Brunswick  
• 732-745-3970  
www.middlesexcountynj.gov

Rutgers School of Health Related Professionals – Department of Psychiatric Rehabilitation  
• 1-908-889-2400  
www.shrp.rutgers.edu/dept/psyr

Rutgers UBHC Supported Employment Program  
• 732-235-6927  
www.ubhc.rutgers.edu

INPATIENT SHORT TERM CARE FACILITY (STCF)  
(May only be accessed through Designated Screening Center)  
• Princeton House Behavioral Health  
• Raritan Bay Medical Center  
• Trinitas Hospital  
• Monmouth Medical Center  
1-855-515-5700 (for general information)

MULTICULTURAL RESOURCES

Catholic Charities  
East Brunswick, Perth Amboy, New Brunswick  
Outpatient Counseling Services (Spanish)  
• 1-800-655-9491 / 732-826-9160  
• 732-646-4255 (Spanish speaking clients)  
www.ccdom.org
Cornerstone Specialized Hospital (Runnells Center for Rehabilitation and Healthcare)
Berkeley Heights
• 908-771-5875
www.runnellsscncenter.com/

Essex County Hospital
Cedar Grove
• 973-571-2800
www.essex-countynj.org

PARTIAL CARE / HOSPITALIZATION PROGRAMS

Catholic Charities
Youth Partial Care Program (Child/Adolescent)
• 1-800-655-9491
www.ccdom.org

Community Care Behavioral Health
Piscataway
• 732-572-4666
www.communitycare.us

George J. Otlowski, Sr. Center for Mental Health Care Adult Partial Care
Perth Amboy
• 732-442-1666
www.middlesexcountynj.gov

Princeton House Behavioral Health
(Child, Adolescent, Young Adult, Older Adult, Womens’ and Mens’ Programs)
North Brunswick
• 888-437-1610
www.princetonhouse.org

Rutgers University Behavioral Health Care: Partial Hospital Program
Piscataway
• 1-800-969-5300
• 732-235-6900
Monmouth Junction
• 1-800-969-5300
www.ubhc.rutgers.edu

St. Peter’s University Hospital Family Health Center Children’s Acute Partial Hospitalization (For Keeps; ages 5 to 17)
New Brunswick
• 732-565-5494
www.saintpetersuh.com

EMPLOYMENT, VOCATIONAL & TRAINING SERVICES

Consumer Connections
Mental Health Association of NJ providing peer provider training
• 1-973-571-4100 / 908-810-1001 ext. 316
www.mhanj.org/consumer-connections.org

Cornerstone Specialized Hospital (Runnells Center for Rehabilitation and Healthcare)
Berkeley Heights
• 908-771-5875
www.runnellsscncenter.com/

Essex County Hospital
Cedar Grove
• 973-571-2800
www.essex-countynj.org

PARTIAL CARE / HOSPITALIZATION PROGRAMS

Catholic Charities
Youth Partial Care Program (Child/Adolescent)
• 1-800-655-9491
www.ccdom.org

Community Care Behavioral Health
Piscataway
• 732-572-4666
www.communitycare.us

George J. Otlowski, Sr. Center for Mental Health Care Adult Partial Care
Perth Amboy
• 732-442-1666
www.middlesexcountynj.gov

Princeton House Behavioral Health
(Child, Adolescent, Young Adult, Older Adult, Womens’ and Mens’ Programs)
North Brunswick
• 888-437-1610
www.princetonhouse.org

Rutgers University Behavioral Health Care: Partial Hospital Program
Piscataway
• 1-800-969-5300
• 732-235-6900
Monmouth Junction
• 1-800-969-5300
www.ubhc.rutgers.edu

St. Peter’s University Hospital Family Health Center Children’s Acute Partial Hospitalization (For Keeps; ages 5 to 17)
New Brunswick
• 732-565-5494
www.saintpetersuh.com

EMPLOYMENT, VOCATIONAL & TRAINING SERVICES

Consumer Connections
Mental Health Association of NJ providing peer provider training
• 1-973-571-4100 / 908-810-1001 ext. 316
www.mhanj.org/consumer-connections.org
CASE MANAGEMENT SERVICES

Catholic Charities PACT - (Programs of Assertive Community Treatment)
Edison/New Brunswick
• 732-447-2400
Perth Amboy
• 732-324-8200
www.ccdom.org

PATH Services for the Homeless
• 732-738-1323
www.ccdom.org

Rutgers University Behavioral Health Care
• Intensive Case Management Services (ICMS)
• Specialized Case Management Services (SCMOS)
• PATH - Homeless Case Management Program
  Piscataway
• 732-235-6184 / 1-800-969-5300
www.ubhc.rutgers.edu

OUTPATIENT SERVICES

Catholic Charities - Mental Health Center
(Adults, Family & Children)
• Access 732-257-6100
• 732-646-4255 (Spanish speaking clients)
  www.ccdom.org

Carrier Clinic
Belle Mead
• 1-800-933-3579
  www.carrierclinic.org

George J. Otlowski, Sr. Center for Mental Health Care Outpatient
Perth Amboy
• 732-442-1666
  www.middlesexcountynj.gov

Jewish Family & Vocational Service
Milltown
• 732-777-1940

National Association of Social Workers – New Jersey Chapter
• 1-800-932-0004 / 732-296-8070
  www.naswnj.org

NJ Addiction Services Helpline
24/7 assistance and referral to drug or alcohol treatment
• 844-276-2777
  www.nj.gov/humanservices/dmhas/resources/addiction/

NJ Association of Mental Health and Addiction Agencies (NJAMHAA)
• 609-838-5488
  www.njamha.org

NJ Department of Community Affairs - Division of Housing & Community Resources
(Administers Section 8 program)
• 609-633-6286
  www.njamhaa.org

NJ Division of Mental Health Addiction & Services (DMHAS)
Trenton
• 1-800-382-6717
  www.state.nj.us/humanservicesdmhas/

NJ Hopeline - Suicide Prevention Hotline
• 1-855-654-6735
  www.njhopeline.com/

NJ Mental Health Cares
24/7 Mental Health Information & Referral
• 1-866-202-HELP (4357)
  www.njmentalhealthcares.org

NJ Psychiatric Association
• 908-588-3540
  www.psychnj.org

NJ Psychological Association
• 1-800-281-6572 / 973-243-9800
  www.psychologynj.org

New Jersey Self-Help Clearinghouse
• 1-800-367-6274
  www.njgroups.org

New Jersey Veteran’s Helpline (NJ Vet to Vet)
• 866-838-7654

CONTINUED ON NEXT PAGE
Middlesex County Area Transit Services (MCAT)
- 1-800-221-3520 (RESERVATIONS)
- 732-745-7456 (Office)
  www.middlesexcountynj.gov

Middlesex County Board of Social Services
(transportation, entitlements, housing)
New Brunswick
- 732-745-3500
  www.middlesexcountynj.gov

Middlesex County Division of Addictions &
Mental Health Planning
New Brunswick
- 732-745-4186
  www.middlesexcountynj.gov

Middlesex County Veteran Services Office
New Brunswick
- 732-745-4051
  www.middlesexcountynj.gov

Middlesex Medical Assistance - Middlesex County
Board of Social Services
- 732-745-3500 or Toll Free at 1-800-SOCIAL2

Mom2Mom
24/7 Helpline for mothers of children with special
needs
- 1-877-914-6662
  www.mom2mom.us.com/

Moving Forward Community Wellness Center
- 732-317-2920
  www.movingforwardshc.org

NJ 211 Partnership
- 211
  www.nj211.org/partners

National Alliance for the Mentally Ill –
Middlesex (NAMI: Middlesex)
New Brunswick
- 732-745-0709

National Alliance for the Mentally Ill –
New Jersey (NAMI NJ)
North Brunswick
- 732-940-0991
  www.naminj.org

Monroe Township
- 609-395-7979
  www.jfsmiddlesex.org

JFK Center for Behavioral Health
Edison
- 732-321-7189
  www.jfkmc.org/clinical-services/behavioral-health

Princeton House Behavioral Health
North Brunswick
- 888-437-1610
  www.princetonhouse.org

Rutgers University Graduate School of Applied
Psychology and Professional Psychology
Psychological Services Clinic
Piscataway
- 848-445-6111
  www.gsappweb.rutgers.edu/clinic/index.php

Stress Care of New Jersey
Matawan & Manalapan
- 732-679-4500
  www.stresscareclinic.com

Summit Oaks Hospital Intensive Outpatient
Summit
- 1-800-753-5223 or 908-522-7071
  www.summitoakshospital.com

Rutgers University Behavioral Health Care
Edison, Monmouth Junction, New Brunswick
- 1-800-969-5300
  www.ubhc.rutgers.edu

  - Coordinated Specialty Care (CSC) –
    First Episode Psychosis Program
    732-235-2868
    coordinatedspecialtycare@ubhc.rutgers.edu

VA NJ Health Care System
Piscataway
This service is for veterans only and may require
a referral from the primary care doctor
- 732-981-8193
  www.newjersey.va.gov/locations/Piscataway.asp

Omni Health Services
Highland Park
- 732-227-0070
RESIDENTIAL/HOUSING SERVICES

Bridgeway RIST Program
• 732-771-2300
  www.bridgewayrehab.com

Catholic Charities - PATH Services for the Homeless
• 732-738-1323
  www.ccdom.org

Easterseals New Jersey
• 732-257-6662
  www.eastersealsnj.org

NJ 211 Partnership/Homeless Hotline
• 211
  www.nj211.org

Rutgers UBHC - Homeless Case Management (PATH)
Housing Assistance Program
• 732-235-6184
Supportive Housing Program
• 732-235-5000
  www.ubhc.rutgers.edu/services/adult/case_management.html

SERV Centers of New Jersey
• 1-800-987-7378 or 732-968-7111
  www.servbhs.org

Supportive Housing Association of NJ
• 908-932-1131
  www.shanj.org/index.htm

Triple C Housing, Inc.
Monmouth Junction
• 732-297-5840
  www.triplechousing.org

Volunteers of America - Project Promise
• 732-827-2453
  www.voa-gny.org

Central Jersey Legal Services, Inc.
Middlesex Division
Mental Health Advocacy Unit
New Brunswick
• 732-249-7600
Perth Amboy
• 732-324-1613
  www.lsnj.org/cjls

CHOICES (Consumers Helping Others Improve their Condition by Ending Smoking)
RWJ Division of Addiction Psychiatry
New Brunswick
• 732-235-8232
  www.njchoices.org

Coalition for Mental Health Consumer Organizations (COMHCO)
• 1-973-778-8810

Collaborative Support Programs of NJ (CSPNJ)
• 732-780-1175
  www.cspnj.org

Coming Home of Middlesex County
• 732-296-7954
  www.cominghomemiddlesex.org

Cop2Cop
24/7 helpline for NJ law enforcement officers and their families
• 866-COP-2COP
  www.ubhc.rutgers.edu/cop2cop/services.htm

Depression Bipolar Support Alliance NJ
• 732-910-7856 or 732-447-4623
  www.dbsanewjersey.org

Disability Rights NJ
• 1-800-922-7233 / 609-292-9742 / 609-633-7106
  www.drnj.org

Intensive Family Support Services (IFSS)
Piscataway
• 732-235-6184
  www.ubhc.rutgers.edu

Mental Health Association of NJ
Advocacy, Training & Referral
• 1-800-367-8850 / 1-973-571-4100
  www.mhanj.org
Jewish Family & Vocational Service of Southern Middlesex County
Monroe Township
- 1-609-395-7979
  www.jfvs.org

Community Care Behavioral Health
Older Adults Partial Care/Day Program
- 732-572-4666
  www.communitycare.us

Princeton House Behavioral Health - Senior Link Program
North Brunswick and Princeton
- Inpatient Admissions 800-242-2550
- Outpatient Admissions 888-437-1610

Raritan Bay Mental Health Center
(Part of Meridian Health)
- Crisis hotline 24 Hours a Day 732-442-3794
- Emergency Room 732-324-5095
- Crisis Stabilization 732-324-5289
  www.rbmc.org/behavioral-health

Statewide Clinical Outreach Program for the Elderly (S-COPE)
Cranford
- 855-718-2699
  www.scopenj.org/

Visiting Nurse Association of Central Jersey
- 1-800-862-3330

CO-OCCURRING DISORDERS
(Mental Health & Addiction)

Bergen Regional Medical Center
- 1-800-730-2762
  www.bergenregional.com

Carrier Clinic
Belle Mead
- 1-800-933-3579
  www.carrierclinic.org

Catholic Charities
Co-Occurring Outpatient/Adolescents/Adults
- Access # 1-800-655-9491
- 732-257-6100
- 732-646-4255 (Spanish speaking clients)
  www.ccdom.org

Center for Change and Recovery
Middlesex
- 732-667-5567
  www.thecenterforchangeandrecovery.com

Center for Network Therapy
Middlesex
- 732-560-1080
  www.recoverycnt.com

Clarity Treatment Services
- 732-442-3535

The Passion Care Center
- 732-410-7102

Community Care Behavioral Health
Partial Care Program w/ Co-Occurring Track
Piscataway
- 732-572-4666
  www.communitycare.us

Diamond Counseling Center
Co-Occurring Out Patient
Edison
- 732-248-1805
  www.diamondcounselingcenter.net/

East Mountain Hospital
Co-Occurring Inpatient
Belle Mead
- 1-800-379-1949

First Step Counseling
Metuchen
- 732-549-0401
  www.firststepmetuchen.com/

ADVOCACY, SELF-HELP,
SUPPORT & REFERRAL

Arc of NJ - Criminal Justice Advocacy
Provides alternatives to incarceration on behalf of individuals with intellectual/developmental disorders
- 732-246-2525 / 732-828-0988
  www.arcnj.org

Casual Outing Club of NAMI Middlesex
- 732-745-0709
George J. Otlowski, Sr. Center for Mental Health Care
Adult Partial Care
Perth Amboy
• 732-442-1666
  www.middlesexcountynj.gov

Princeton House Behavioral Health
North Brunswick (partial hospital, intensive outpatient, evening Adult Addiction Recovery, and afterschool adolescent programs)
• 1-888-437-1610 / 732-729-3600 / 732-729-3636
  www.princetonhcs.org

Rutgers Center of Alcohol Studies - Women's Treatment Project
Piscataway
• 732-445-0900
  www.womenandalcohol.rutgers.edu

Rutgers University Behavioral Health Care
Piscataway & Monmouth Junction - Partial Hospital Program
• Access Center: 800-969-5300
  www.ubhc.rutgers.edu

Specialized Addiction Treatment Services
New Brunswick
• 1-800-969-5300 - Access Center or
  • 732-235-3440
  www.ubhc.rutgers.edu

Summit Oaks Hospital
Inpatient & Intensive
• 1-800-753-5223
  www.summitoakshospital.com

Volunteers of America
Myrtle House
• 732-321-0093
  www.voa-gny.org

Rutgers UBHC
• Intensive Family Support Service (IFSS)
  732-235-6184
• Coordinated Specialty Care – First Episode Psychosis Program
  732-235-2868
• FASI (Family Access to Support & Information)
  732-235-6184
• Outpatient: 800-969-5300
  www.ubhc.rutgers.edu

Stress Care of New Jersey
Matawan & Manalapan
• 732-679-4500
  www.stresscareclinic.com

Young Adult Social Club
• 732-841-8763

**GERIATRIC/OLDER ADULT SERVICES**

Carrier Clinic
Dementia Track - Active Adult Track
Belle Mead
• 1-800-933-3579
  www.carrierclinic.org

Rutgers University Behavioral Health Care:
Comprehensive Services on Aging (COPSA) Community Outreach Program
• 732-235-6184
Memory Disorder Clinic
Edison
• 800-424-2494
  www.ubhc.rutgers.edu/services/geriatric/

E.A.R.S for Caregivers
• 1-866-300-3277 or 732-235-8452
  www.ubhc.rutgers.edu/services/geriatric/EARS.html

The COPSA Alzheimer’s Resource Center
Clinics/Day Program & Clinical Drug Trials
Care2Caregivers
• 1-800-424-2494
  www.ubhc.rutgers.edu/services/geriatric/alzheimers_resource_center.html

Jewish Family & Vocational Services
• Elder Day Care Program for the Frail & Elderly
• Alzheimer
• Day Care Center for the Elderly
• Case Management
• Meals on Wheels
Woodbridge/Edison
• 732-777-1940
  www.jfsmiddlesex.org

**MI/DD SERVICES MENTAL ILLNESS/DEVELOPMENTAL DISABILITIES**

Community Care Behavioral Health
MI/DD Partial Care Program
Piscataway
• 732-572-4666
  www.communitycare.us
Support Program of Teens (SPOT)
Edison
• 732-777-1940
  www.njmentalhealthcares.communityos.org/zt/profile/service/id/276361

AGING OUT/YOUNG ADULT SERVICES

Catholic Charities
East Brunswick
• 732-257-6100
• 732-646-4255 (Spanish speaking clients)
  www.ccdom.org

Community Care Behavioral Health
Young Adult Track (18-25)
• 732-572-4666
  www.communitycare.us

Jewish Family and Vocational Services
Milltown
• 732-777-1940
  www.jfvs.org

JFK Center for Behavioral Health
Edison
• 732-321-7189
  www.jfkmc.org

Multicultural Services (MCS)
(DCP&P referrals only)
Edison
• 732-650-0330
  www.innovativeeducationservices.org

Princeton House Behavioral Health
Young Adult Program
North Brunswick
• 888-437-1610
  www.princetonhouse.org

Raritan Bay Medical Center
(Part of Meridian Health)
• Crisis hotline 24 Hours a Day
  732-442-3794
• Emergency Room
  732-324-5095
• Crisis Stabilization
  732-324-5289
  www.rbmc.org/behavioral-health/

Crisis Assessment Response and Enhanced Services (CARES) at Trinitas Regional Medical Center
Cranford
• 1-888-393-3007

Trinitas Hospital Mental Illness & Developmental Disabilities Services
• 1-908-497-0922 (for general information on MI/DD services)
• Or 1-888-393-3007 (for emergencies only)
  www.trinitashospital.org

New Jersey Department of Human Services
Division of Developmental Disabilities
(Accessed through Perform Care)
Trenton
• 1-877-652-7624 / 800-832-9173
  www.nj.gov/humanservices/ddd/home

Rutgers UBHC-SATS (Specialized Addiction Treatment Services)
New Brunswick
• 732-235-3440
• 800-969-5300
  www.ubhc.rutgers.edu/services/adult/specialized_addiction.html

FAMILY, CHILDREN AND ADOLESCENT SERVICES

Catholic Charities
East Brunswick
• 732-257-6100
• 732-646-4255 (Spanish speaking clients)
  www.ccdom.org

Coordinated Family Care
(Middlesex Care Management Organization)
• To access services, must call Perform Care:
  1-877-652-7624
  www.coordinatedfamilycare.org

Family Crisis Intervention Unit (FCIU)
To access services, must call Perform Care:
• 1-877-652-7624

Family and Children’s Services of Central NJ
New Brunswick and Monroe Township
• 732-545-0366
• 1-609-443-0575
  www.facsnj.org

Raritan Bay Medical Center
(Part of Meridian Health)
• Crisis hotline 24 Hours a Day
  732-442-3794
• Emergency Room
  732-324-5095
• Crisis Stabilization
  732-324-5289
  www.rbmc.org/behavioral-health/
Family Support Center of New Jersey
Epilepsy Foundation of New Jersey
• 1-800-336-5843
www.fsc.nj.org

Family Support Organization of Middlesex County
Edison
• 732-287-8701
www.fso.middlesexcounty.net

Fire Watch - A juvenile fire-setting prevention, education and early intervention program
• 732-745-4049

George J. Otlowski, Sr. Center for Mental Health Care - Outpatient
Perth Amboy
• 732-442-1666
www.middlesexcountynj.gov

Jewish Family & Vocational Services
Milltown
• 732-777-1940
Monroe
• 609-395-7979
www.jfvs.org

JFK Center for Behavioral Health
• 732-321-7189
www.jfkmc.org

Multicultural Family Institute
Highland Park
• 732-565-9010
www.multiculturalfamily.org

National Alliance for the Mentally Ill (NAMI NJ)
• 732-940-0991
www.naminj.org

NAMI Middlesex County
• 732-745-0709

NJ Child Advocate’s Helpline
• 1-877-543-7864
www.childadvocate.nj.org

NJ Division of Child Protection & Permanency (DCP&P)
• 1-877-652-7624
• 732-287-8701 (Western Middlesex)
• 732-376-4700 (Coastal Middlesex)
• 732-287-1840 (Central Middlesex)
www.nj.gov/dcf/about/divisions/dcpp

Perform Care – Contracted Systems Administrator (CSA)
• 1-877-652-7624
www.performcarenj.org/

Princeton House Behavioral Health
North Brunswick
• 888-437-1610 (Outpatient-children & adolescents)
Princeton
• 800-242-2550 (Inpatient)
www.princetonhouse.org

Raritan Bay Medical Center (Part of Meridian Health)
• Crisis hotline 24 Hours a Day
732-442-3794
• Emergency Room
732-324-5095
• Crisis Stabilization
732-324-5289
www.rbmc.org/behavioral-health

Rutgers Graduate School of Psychology
Psychological Services Clinic
Piscataway
• 848-445-6111
www.gsappweb.rutgers.edu/clinic/

Rutgers UBHC
• Coordinated Specialty Care (CSC) – First Episode Psychosis Program
732-235-2868
• FASI (Family Access to Support & Information)
732-235-6184
Outpatient
800-969-5300
www.ubhc.rutgers.edu

St. Peter’s University Hospital – For Keeps Family Health Center
Pediatric Psychiatric Services
• 732-565-5494
www.saintpetersuh.com

Stress Care of NJ
Matawan & Manalapan
• 732-679-4500
www.stresscareclinic.com

Summit Oaks Hospital
Summit
• 1-800-753-5223
www.summitoakshospital.com