

About Us

The National Council on Alcoholism and Drug Dependence (NCADD) of Middlesex County, Inc. is a private, non-profit, community-based health organization serving Middlesex County. We have been providing prevention, education, information and referral services to county residents, businesses, schools, faith-based organizations, municipal alliances, and social service agencies since 1980.

Our Mission

The mission of NCADD of Middlesex County, Inc. is to promote the health and well-being of individuals and communities in Middlesex County through the reduction and elimination of alcohol, tobacco and other drug use problems.

This resource directory was compiled and developed by



152 Tices Lane, East Brunswick, NJ 08816
732-254-3344
(Fax) 732-254-4224
www.ncadd-middlesex.org

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11/2014

2015 ALCOHOL, TOBACCO & OTHER DRUGS RESOURCE DIRECTORY FOR MIDDLESEX COUNTY



PROVIDING SUBSTANCE ABUSE PREVENTION, EDUCATION AND SUPPORT
FOR PERSONAL RECOVERY

152 Tices Lane, East Brunswick, NJ 08816
732-254-3344
www.ncadd-middlesex.org

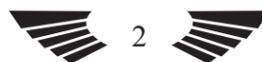


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- Resources in Middlesex County are continually updated. For the latest information please call 732-254-3344 or check out www.ncadd-middlesex.org.
- If you are seeking referral information and have access to the Internet, check out www.helptool.com.
- This directory does not evaluate the resources listed. Provision of information about a resource does not constitute endorsement, nor does omission of a resource signify disapproval.
- This list may not be all-inclusive.
- Please advise us of any changes.

Thank you.



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LEVELS OF CARE

12-Step Programs (Community-based and free)

- Includes programs such as Alcoholics Anonymous, Narcotics Anonymous, Al-Anon, or Ala-Teen
- Typically very useful for patients trying to achieve recovery, and for family members affected by substance abuse
- Allows opportunity for contact with individuals with many years of recovery
- Offers support and strategies for a successful recovery

Outpatient Care

- Includes individual counseling with a therapist who has training/experience with substance abuse
- May also include a Psychiatrist or Addictionologist to determine if medication would be helpful to achieve and maintain sobriety
- Does not include the medical treatment of complicated withdrawal symptoms

Intensive Outpatient Program (IOP)

- Structured treatment that teaches about the concepts of addiction and recovery
- Usually encourages participation with 12-step programs
- Typically consists of 3-5 days per week and an average of 3-4 hours of treatment per day for a set number of sessions or period of time
- Many programs are structured so individuals may continue to live and work in their community

Substance Abuse Partial Hospitalization

- Structured treatment sometimes recommended for those who have been unsuccessful in maintaining sobriety despite active treatment at a lower level of care
- Typically consists of 5-7 days per week for 6-8 hours each day
- May offer an arrangement for sober housing while attending the program

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OTHER SERVICES CONTINUED

NJ Lawyers Assistance Program

One Constitution Square
New Brunswick, NJ 08901
1-800-24-NJLAP
www.njlap.org

NJ Council on Compulsive Gambling

3635 Quakerbridge Road / Suite 7
Hamilton, NJ 08619
1-800-GAMBLER
www.800gambler.org

Veterans Affairs Outpatient Clinic

14 Willis Way
Piscataway, NJ 08854
908-647-0180 ext. 4969

- Handicap Accessible
- IDRC Approved Program
- Behavioral Health Care Services

*Women Aware, Inc.

250 Livingston Avenue
New Brunswick, NJ 08901
732-249-4900
Hotline: 732-249-4504
<http://womenaware.net>

- Domestic violence program
- Emergency Shelter
- Community Support Groups (English & Spanish)
- Community Education & Training
- Counseling and supportive services to families and individuals



Overview of Continuum of Care

“Continuum of care” refers to a treatment system in which clients enter treatment at a level appropriate to their needs and then step up to more intense treatment or down to less intense treatment as needed. An effective continuum of care features successful transfer of the client between levels of care, similar treatment philosophy across levels of care, and efficient transfer of client records. The American Society of Addiction Medicine (ASAM) has established five main levels in a continuum of care for substance abuse treatment:

- Level 0.5: Early intervention services
- Level I: Outpatient services
- Level II: Intensive outpatient/Partial hospitalization services (Level II is subdivided into levels II.1 and II.5)
- Level III: Residential/Inpatient services (Level III is subdivided into levels III.1, III.3, III.5, and III.7)
- Level IV: Medically managed intensive inpatient services

CAGE TEST

The CAGE test can identify alcohol problems over the lifetime. **Two positive** responses are considered a positive test and indicate further assessment is warranted.

This test can only be scored correctly if you answer each one of the questions.

Instructions: Keep in mind, the questions refer to your feelings and behaviors over your entire lifetime.

1. Have you ever felt you should cut down on your drinking?
2. Have people annoyed you by criticizing your drinking?
3. Have you ever felt bad or guilty about your drinking?
4. Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (eye-opener)?



SUPPORT & INFORMATION SERVICES

2-1-1 Addictions Hotline of NJ (24 Hours)
www.nj211.org

ALA-CALL/ NJ Substance Abuse Hotline
Interpreters for all languages
800-322-5525
www.snj.com/ala-call

Al-Anon/Alateen (Family Groups)
973-744-8686/ Spanish - 973-268-1260
www.nj-al-anon.org

Alcoholics Anonymous (AA)
908-687-8566 or 800-245-1377

Cocaine Anonymous - NJ
732-930-1128
www.nj-ca.org/

Families Anonymous
732-864-0548

Gam-Anon
718-352-1671
www.gam-anon.org

Marijuana Anonymous
800-766-6779
www.marijuana-anonymous.org

Nar-Anon
800-477-6291
nar-anon.org/Nar-Anon/New_Jersey.html

Narcotics Anonymous (NA)
732-933-0462
www.nanj.org

NCADD of Middlesex County, Inc.
732-254-3344

New Jersey Council on Compulsive Gambling
800-GAMBLER (800-426-2537)



Middlesex County Board of Social Services
181 How Lane
Piscataway, NJ 08901
732-745-3500 or Toll Free at 1-800-SOCIAL2
http://middlesexcwa.newark.rutgers.edu

- Bilingual (Spanish) professional on staff

Middlesex County Center for Empowerment: Sexual Violence Counseling, Advocacy, & Prevention Education
29 Oakwood Avenue
Edison, NJ 08837
732-321-1189

- 24-hour hotline at 1-877-665-7273

Middlesex County Office of Aging and Disabled Services
75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-3295
http://co.middlesex.nj.us/aging

Middlesex County Office of Human Services, Division of Addictions and Mental Health Planning
75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-4186 - Main number
732-745-4042 - Planner
732-745-4065 – Alliance Coordinator
732-745-4500 - Intoxicated Driver Resource Center
http://co.middlesex.nj.us/humanservices

- Addiction services monitoring and resource allocation
- Administration of scholarships for addiction treatment services
- Alliance to Prevent Substance Abuse administration & development
- Bilingual (Spanish) professional on staff

NAMI New Jersey
1562 Route 130
North Brunswick, NJ 08902
732-940-0991
www.naminj.org

- Dedicated to improving the lives of individuals and families who are affected by mental illness
- Provides education, support and systems advocacy to empower families and persons with mental illness
- Bilingual (Spanish) professional on staff

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OTHER SERVICES CONTINUED

Intoxicated Driver Resource Center (IDRC), Middlesex County Office of Human Services

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-4500 -

<http://co.middlesex.nj.us/humanservices>

- Providing two-day educational/screening program for persons convicted of various statutes pertaining to operating under the influence, refusal of the breathalyzer, underage drinking, drunk boating and fatal emergent accident.
- Each person in the program is responsible for paying the program fee of a \$230.

Middlesex County Office of Human Services, Division of Children Services

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-246-4186

<http://co.middlesex.nj.us/humanservices>

- Assisting in identifying the behavioral health care needs for children up to age 21
- Providing information and referral to consumers and families regarding the continuum of care for children with special emotional and behavioral issues
- FireWatch Hotline 732-745-4049
- Bilingual (Spanish) professional on staff

Middlesex County Office of Human Services Veteran Services Coordinator

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-4051

<http://co.middlesex.nj.us/humanservices>

Middlesex County Area Transit (MCAT)

711 Jersey Avenue
New Brunswick, NJ 08901
Reservations: 800-221-3520
Office: 732-745-7456

- Initial request must come through a social worker or case worker
- Mon.- Fri., 8 am - 3:30 pm
- Limited service 3:30 pm – 8 pm



Nicotine Anonymous

877-879-6422
www.nicotine-anonymous.org

Parents Anonymous

800-843-5437
www.pa-of-nj.org/

Self Help Clearinghouse

800-367-6274
www.njgroups.org

SMART Recovery

<http://www.smartrecovery.org>

FAMILY SUPPORT & EDUCATION

Catholic Charities Neighborhood Center

500 Dobranski Drive
Perth Amboy, NJ 08861
732-826-0788

- Perth Amboy residents
- Family-based community programs
- Self-sufficiency programs
- Mon.- Fri. 9am - 8pm
- No fee
- Bilingual (Spanish) professional on staff

Coordinated Family Care (CFC)

30 Silver Line Drive, Suite 1
North Brunswick, NJ 08902
(732) 572-3663

Perform Care: 877-652-7624

- CFC is a private non-profit Care Management Organization that provides guidance, options, and assistance to Middlesex County families that care for youth who present with very high levels of behavioral and/or emotional needs.

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FAMILY SUPPORT & EDUCATION CONTINUED

Elijah’s Promise

First Step Addiction Program
18 Nielson Street
New Brunswick, NJ 08901
732-545-9002 ext. 119

www.elijahspromise.org

- Intake & referral to detox substance abuse programs
- Case management
- Referrals from probation & parole are welcome
- Weekly support group; 12 Step meetings
- Bilingual - Spanish & English

Jewish Renaissance Family Success Center

242 Madison Avenue
Perth Amboy, NJ 08861
732-638-5063

www.jrfnj.org/what-we-do/youth-family-services/family-success-center/

- Bilingual (Spanish) professional on staff

Middlesex County Office of Health Services, Health Education and Coalition Programs

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-8860

www.co.middlesex.nj.us/publichealth

- Substance abuse prevention and awareness (elementary school to adult)
- Bilingual (Spanish) professional on staff

National Council on Alcoholism and Drug Dependence (NCADD) of Middlesex County, Inc.

152 Tices Lane
East Brunswick, NJ 08816
732-254-3344

www.ncadd-middlesex.org
www.helptool.com

- Mon. - Fri. 9 am – 5 pm
- Confidential Helpline
- Prevention Resource Center
- Education



Central Jersey Legal Services

317 George Street
New Brunswick, NJ 08901
732-249-7600

www.lsnj.org/cjls

- Free legal help in civil (non-criminal) cases for low-income residents of Middlesex County
- Housing Problems
- Family Matters
- Consumer Problems
- Public Benefits and Employment
- Health & Education
- Senior Citizens
- Bilingual (Spanish) professional on staff

Family Support Organization of Middlesex

1 Ethel Road, Building 108
Edison, NJ 08817

732-287-8701

www.fsomiddlesexcounty.net

- Provide support to families of children with behavioral or emotional challenges
- Monday – Friday, 9 am - 4:30 pm
- Bilingual (Spanish) professional on staff

Hyacinth AIDS Foundation

78 New Street, 2nd Floor
New Brunswick, NJ 08901

732-246-0204

www.hyacinth.org

- Intoxicated Driver Resource Center at the Middlesex County Office of Human Services, Division of Addictions and Mental Health Planning
- 75 Bayard Street, 5th Floor
- New Brunswick, NJ 08901
- 732-745-4500 -
- <http://co.middlesex.nj.us/humanservices>
- providing two-day educational/screening program for persons convicted of various statutes pertaining to operating under the influence, refusal of the breathalyzer, underage drinking, drunk boating and fatal emergent accident.
- Each person in the program is responsible for paying the program fee of a \$230.
- Bilingual (Spanish) professional on staff

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NICOTINE SERVICES CONTINUED

Middlesex County Office of Health Services, Health Education and Coalition Programs

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-8860

www.co.middlesex.nj.us/publichealth

- Tobacco prevention and awareness (elementary school to adult)

New Jersey Quitnet

866-NJSTOPS

www.nj.quitnet.com

- Dedicated to providing comprehensive resources and support for people trying to give up smoking.
- Bilingual (Spanish) professional on staff

Tobacco Dependence Program

Rutgers the State University

125 Paterson Street, Suite 2300
New Brunswick, NJ 08903
732-235-8222

www.tobaccoprogram.org

- stopsmoking@rutgers.edu
- Treatment for individuals who want to quit smoking or using tobacco
- Individual and group treatment
- Nicotine replacement therapy
- Other pharmacological aids (e.g. Zyban)
- Bilingual (Spanish) professional on staff

OTHER SERVICES

Addiction Professionals Certification Board of New Jersey (APCBNJ)

1200 Tices Lane, Suite 206
East Brunswick, NJ 08816

Contact: information@certbd.com

www.certbd.com

- Initial and re-certification for CPS, CCS, CMS, APS, CJC, CDA, CPAS, ADS, CHS, CMHA
- Job listings
- Course providers



- Community organization
- Advocacy
- Strengthening Families program
- Coalition for Healthy Communities
- Bilingual (Spanish) professional on staff

New Brunswick Family Success Center at the Puerto Rican Action Board

90 Jersey Avenue
New Brunswick, NJ 08903
732-828-2135

www.prab.org/programs-services/family-success-center/

- Bilingual (Spanish) professional on staff

New Jersey Lawyers Assistance Program

1 Constitution Square
New Brunswick, NJ 08901-1500
800-24-NJLAP (800-246-5527) or 732-937-7549

www.njlap.org

- Free, confidential service for attorneys, law students, & judges only

Statewide Parent Advocacy Network (SPAN)

800-654-7726

<http://www.spanadvocacy.org>

- The Statewide Parent Advocacy Network (SPAN) is an independent non-profit organization committed to empowering families as advocates and partners in improving education and health outcomes for infants, toddlers, children and youth

Parents Anonymous of New Jersey, Inc.

127 Route 206 . Suite 10. Hamilton, NJ 08610 or
42 Chestnut Street . East Orange, NJ 07017
609-585-7666

panjinfo@paofnj.org

www.pa-of-nj.org/

Parent-To-Parent

1010 B Tuckerton Rd.
Marlton, NJ 08053
856-983-3328

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FAMILY SUPPORT & EDUCATION CONTINUED

p2p@raproom.org
Atlantic/Cape May County: Tonia Ahern
tahern1128@aol.com
609 374-2526
Or: Laurie Mitchell
lmitchell1838@comcast.net
609 780- 3129

Parents In Connection for Kids (PICK)

pickawareness@yahoo.com
<http://pickawareness.com/>

UMDNJ-University Behavioral HealthCare COPSA Community Outreach - Middlesex County EARS for caregivers

100 Metroplex Drive, Suite 200
Edison, NJ 08817
732-235-8400 / Fax 732-235-8395
<http://ubhc.umdnj.edu>

- Assessment & referral
- No fee psychoeducation and referral for caregivers of older adults

DETOXIFICATION

Bergen Regional Medical Center

230 East Ridgewood Avenue
Paramus, NJ 07652
201-967-4194
1-800-730-BRMC
www.bergenregional.com/srvBehavioral.html

- Inpatient Medical Detoxification
- Intensive Outpatient
- Chemical Dependency Assessment Addiction Counselor
- Indigent clients accepted statewide

Carrier Clinic

252 County Road 601
Belle Mead, NJ 08502
800-933-3579



PREGNANCY AND ADDICTION

Center for Great Expectations

123 How Lane
New Brunswick, NJ 08901
732-993-6403

www.thecenterforgreatexpectations.org

- Substance abuse treatment, intensive case management, counseling (individual, group, and family)
- Drug-free outpatient & co-occurring/MICA
- Intensive Outpatient Treatment Program for pregnant and post-partum women
- IDRC Approved Program
- Adolescents from 13 to 18 and women 18 and older
- Services provided at no charge
- Monday - Friday 8 am – 6 pm
- Bilingual (Spanish) professional on staff

NICOTINE RESOURCES

American Lung Association of New Jersey

1600 Route 22 East
Union, NJ 07083
908-687-9340

Helpline: 1-800-LUNGUSA

www.lungusa.org/newjersey

- Freedom from Smoking Clinic (min. 10 participants at workplace locations arranged)
- Business Packet only—no individual services
- Bilingual - English & Spanish

CHOICES

317 George Street, Suite 105
New Brunswick, NJ 08901
732-235-8232

www.njchoices.org

- Consumer-driven program for smokers with mental illness in New Jersey
- Bilingual (Spanish) professional on staff

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Co-Occurring Services Continued

- Psychoeducation
- Transportation available
- Pre-vocational services
- *UMDNJ-University Behavioral HealthCare
- 4326 Route 1 North
- Monmouth Junction, NJ 08852
- Program information: 732-235-5910
- Access Center: 800-969-5300
- ubhc.umdj.edu
- Individual therapy
- Drug/alcohol counseling
- Medication management
- Health & wellness
- Psychoeducation
- Pre-vocational services
- Transportation provided
- Bilingual (Spanish) professional on staff

**UMDNJ-University Behavioral HealthCare
Acute Adult Partial Hospitalization Program**

671 Hoes Lane, 2nd floor
Piscataway, NJ 08855-1392
Program information: 732-235-4242
Access Center: 800-969-5300

- Partial hospitalization services for adults age 18 and over with a primary diagnosis of a serious and persistent mental illness
- Individual therapy available
- MICA treatment
- Evidence based best practice modalities
- Lunch provided
- Group treatment philosophy with multidisciplinary treatment team
- Transportation available
- Bilingual (Spanish) professional on staff



www.carrierclinic.org

- Hospital Inpatient
- Residential short-term treatment (30 days or less)
- Self payment, Private health insurance
- Sliding fee scale based on income and other factors

Center for Network Therapy

333 Cedar Avenue, Bldg. B Suite 3
Middlesex, NJ 08846
Tel: 732-560-1080
Fax: 732-560-1081
www.recoverycnt.com

- Hours: Monday - Saturday: 7:30 AM – 9.30PM
- Intensive Outpatient Program (IOP)
- Outpatient Therapy (OP)
- Partial Hospitalization (PHP)
- Medication Management - addiction (Suboxone/ Subutex) + psychotropic
- Addiction / Substance Abuse
- Co-occurring Behavioral Health Issues
- Adults and adolescents

New Brunswick Counseling Center

320 Suydam Street
New Brunswick, NJ 08901
732-246-4025

- Limited admission of indigent clients
- Sliding scale fee
- Medicaid accepted
- IDRC approved program
- Bilingual (Spanish) professional on staff

New Hope Foundation, Inc.

80 Conover Road
Marlboro, NJ 07746
732-946-3030 (24 hours)

- www.newhopefoundation.org
- Sub-acute detoxification (3-5 days)
- DUI initiative funded
- Sliding scale fee; Indigent clients accepted statewide
- Bilingual (Spanish) professional on staff

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DETOXIFICATION CONTINUED

Princeton House Behavioral Health

905 Herrontown Road
Princeton, NJ 08540
609-497-3355
800-242-2550

www.princetonhouse.org

- Board Certified Psychiatrists
- Accredited by the Joint Commission
- Most major insurances
- Medicare & Medicaid accepted

Serenity at Summit

1000 Galloping Hill Road
Union, NJ 07083
855-855-9199

www.summithelps.com

- Residential detox treatment

METHADONE SERVICES

Habit Opco

1 Main Street
South Amboy NJ 08879
732-727-2555

- Adults 18+ only
- Methadone/Suboxone Maintenance
- Must have been addicted to or dependent upon opiates for a minimum of one year prior to seeking treatment.
- Private Insurance Accepted
- Private Pay

New Brunswick Counseling Center

320 Suydam Street
New Brunswick, NJ 08901
732-246-4025

- Medicaid accepted
- Sliding scale fee
- Provides opioid/narcotic replacement therapy utilizing Methadone & Suboxone (buphormorphine)
- Women’s services
- Bilingual (Spanish) professional on staff



Princeton House Behavioral Health

1460 Livingston Avenue
North Brunswick, NJ 08902
732-729-3600

www.princetonhouse.org

- Day hours
- Adult & adolescent partial hospital
- Adolescent & adult IOP, family program
- Transportation, lunch provided
- Accredited by the Joint Commission
- Board Certified Psychiatrists
- Most major insurance
- Medicaid & Medicare accepted
- Medication monitoring available

Princeton House Behavioral Health

905 Herrontown Road
Princeton, NJ 08540
609-497-3355

www.princetonhcs.org

- Inpatient Dual Diagnosis Program (Primary Psychiatric Diagnoses)
- Inpatient Adult Addiction Recovery Program (Primary Substance Abuse Diagnoses)
- Inpatient Adolescent Substance Abuse Treatment Program (Primary Substance Abuse Diagnoses with some Co-occurring Disorders)
- Accredited by the Joint Commission
- Board Certified Psychiatrists
- Most major insurance
- Medicaid & Medicare accepted

UMDNJ- University Behavioral HealthCare

New Brunswick Partial Hospital Program

303 George Street,
New Brunswick, NJ 08901
Program information: 732-235-6900

Access Center: 800-969-5300

ubhc.umdj.edu

- Individual therapy and group treatment
- Drug/alcohol counseling
- Medication management
- Health and wellness

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Co-Occurring Services Continued

- Intensive Outpatient (IOP)
- Partial Care Program
- Young Adult Program (ages 18-26)
- After School Program for adolescents
- Family Counseling
- Anger Management
- Co-occurring services
- IDRC Approved
- Accept NJ Family Care Medicaid, SAI, Drug Court, Private Insurance and sliding scale
- Bilingual (Spanish) professional on staff

Early Intervention Support Services at UBHC North

667 Hoes Lane West
Piscataway, NJ 08854
732-235-4422

- Monday - Friday 8 am – 5 pm
- Saturday - Sunday 8 am – 3 pm
- After hours, weekends and holidays call 732-710-5720
- Providing short-term, intensive treatment as an alternative for those at risk for screening, emergency, or inpatient services
- Multidisciplinary assessment
- Individualized treatment plan
- Medication evaluation, education, and monitoring
- Case management

First Step Counseling

15 Calvin Place
Metuchen, NJ 08840
732-549-0401

- Family-Marital counseling
- Mental & health services available
- Individual, group counseling
- Adult, adolescent and children accepted
- Sliding scale fee; Insurance accepted
- Monday-Thursday 9 am – 8 pm, by appointment
- Friday & Saturday by appointment
- IDRC-approved program



OUTPATIENT SERVICES

(Includes Intensive Outpatient and Partial Hospitalization)

Alcohol & Other Drug Assistance Program for Students-ADAPS

17 Senior Street
New Brunswick, NJ 08901
848-932-7884

rhscaps.rutgers.edu/services/alcohol-and-other-drug-assistance-program-adap

- For Rutgers students only; No fee
- Evening hours by appointment
- IDRC Approved

Breath of Life

24 North Third Avenue, Suite 203F
Highland Park, NJ 08904
732-690-4616

www.breathoflifecounseling.com

- Alcohol & Drug Abuse Assessment
- Services for adolescents
- Individual, family and group counseling
- Anger management treatment (group counseling)
- IDRC-approved program
- Sliding scale fee
- Private pay only
- Bilingual (Spanish) professional on staff

Catholic Charities

288 Rues Lane
East Brunswick, NJ 08816
800-655-9491 or 732-257-6100

www.ccdom.org

- Medicaid accepted/Third party insurance
- Sliding scale fee
- American Sign Language
- IDRC-approved program
- Teen Support Program
- Bilingual (Spanish) professional on staff

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OUTPATIENT SERVICES CONTINUED

Center for Great Expectations

123 How Lane
New Brunswick, NJ 08901
732-993-6403

www.thecenterforgreatexpectations.org

- Substance abuse treatment, intensive case management, counseling (individual, group, and family)
- Drug-free outpatient & co-occurring/MICA
- Intensive Outpatient Treatment Program for pregnant and post-partum women
- Adolescents from 13 to 18 and women 18 and older
- Services provided at no charge
- Monday - Friday 8 am – 6 pm

Center for Network Therapy

333 Cedar Avenue, Bldg. B Suite 3
Middlesex, NJ 08846

Tel: 732-560-1080

Fax: 732-560-1081

www.recoverycnt.com

Hours: Monday - Saturday: 7:30 am – 9.30 pm

- Intensive Outpatient Program (IOP)
- Outpatient Therapy (OP)
- Partial Hospitalization (PHP)
- Medication Management - addiction (Suboxone/ Subutex) + psychotropic
- Addiction / Substance Abuse
- Co-occurring Behavioral Health Issues
- Adults and adolescents

Center (The) for Change and Recovery

1255 Bound Brook Road
Middlesex, New Jersey 08846

732-667-5567

- Substance Abuse & Mental Health Evaluations
- Individual, family, couple counseling and group therapy
- Co-Occurring Treatment



- Private insurance, Medicaid, sliding scale fees
- Mondays, Wednesday, Thursday 9:30 am - 8:00 pm
- Tuesdays & Fridays by appointment
- Saturdays 9 am - 1 pm

Center for Network Therapy

333 Cedar Avenue, Bldg. B Suite 3
Middlesex, NJ 08846

Tel: 732-560-1080

Fax: 732-560-1081

www.recoverycnt.com

- Hours: Monday - Saturday: 7:30 am – 9.30 pm
- Intensive Outpatient Program (IOP)
- Outpatient Therapy (OP)
- Partial Hospitalization (PHP)
- Medication Management - addiction (Suboxone/ Subutex) + psychotropic
- Addiction / Substance Abuse
- Co-occurring Behavioral Health Issues
- Adults and adolescents

Community Care Behavioral Health

131 Ethel Road West, Suite 2
Piscataway, NJ 08854

732-572-4666

www.communitycare.us

- Young Adult Co-occurring Track ages 18-24
- Adult Co-occurring Track age 25 and older
- Partial Care Day Program M – F 9:30 am – 3:40 pm
- Special Needs Track for DDD/MI
- Transportation and lunch provided
- Psychiatrist & Medication Monitoring available
- Illness Management & Recovery Groups
- Case Management Services
- Community Services referrals & linkages
- Medicaid only accepted
- *Diamond Counseling Center
- 1 Ethel Road, Suite 101B
- Edison, NJ 08817
- 732-248-1805
- Fax: 732-248-1809
- Monday - Friday 8:30 am - 8:00 pm
- Individual Counseling

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RESIDENTIAL SERVICES CONTINUED

- Long and short term drug treatment to both female and male adults
- Group setting outpatient program
- Affordable and Supportive housing

CO-OCCURRING SERVICES

(Integrated treatment addressing mental and substance use conditions at the same time)

Carrier Clinic

252 County Road 601
Belle Mead, NJ 08502
800-933-3579

www.carrierclinic.org

- Hospital Inpatient
- Residential short-term treatment (30 days or less)
- Self payment, Private health insurance
- Sliding fee scale based on income and other factors

Catholic Charities

288 Rues Lane
East Brunswick, NJ 08816
800-655-9491 or 732-257-6100

www.ccdom.org

- Weekly outpatient MICA group
- Individual counseling
- Medicaid accepted/Third party insurance
- Sliding scale fee
- IDRC Approved
- Medication monitoring available
- Bilingual (Spanish) professional on staff

Center (The) for Change and Recovery

1255 Bound Brook Road
Middlesex, New Jersey 08846
732-667-5567

- Substance Abuse & Mental Health Evaluations
- Individual, family, couple counseling and group therapy
- Co-Occurring Treatment
- Drug Screening



- Drug Screening
- Private insurance, Medicaid, sliding scale fees
- Mondays, Wednesday, Thursday 9:30 am - 8:00 pm
- Tuesdays & Fridays by appointment
- Saturdays 9 am - 1 pm

+*CURA, Inc.

35 Lincoln Park
P.O. Box 180
Newark, NJ 07101-0180
973-622-3570

www.curainc.org

- Outpatient programs
- Serves Spanish-speaking clients

Damon House Outpatient

175 Market Street - Room 200
Paterson, NJ 07505
973-279-5563

- Sliding scale fee
- Indigent clients accepted statewide
- OP and IOP programs
- Individual & group counseling
- IDRC Approved Program/DUI-initiative funded

Diamond Counseling Center

1 Ethel Road, Suite 101B
Edison, NJ 08817
732-248-1805

Monday - Friday 8:30 am - 8:00 pm

- Individual Counseling
- Intensive Outpatient (IOP)
- Partial Care Program
- Young Adult Program (ages 18-26)
- After School Program for adolescents
- Family Counseling
- Anger Management
- Co-occurring services
- IDRC-approved program/DUI Initiative Funded
- Accept NJ Family Care Medicaid, SAI, Drug Court, Private Insurance and sliding scale
- Provide DUI-I treatment funding for financially indigent

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OUTPATIENT SERVICES CONTINUED

• Bilingual (Spanish) professional on staff
Discovery Institute for Addictive Disorders, Inc.
80 Conover Road, P.O. Box 177
Marlboro, NJ 07746
732-946-9444
Fax: 732-946-0758

- Intensive Outpatient and Traditional Outpatient
- DUI initiative funded
- Sliding scale fee
- Indigent funding available
- County funding and Drug Court funding available
- Admissions accepted until 5 pm

Extracare Health Services

141 Route 34
Old Bridge, NJ 07747
908-472-5122
All other clients & questions call 732-721-3825
www.extracarehealth.com

- Personalized/individualized substance abuse counseling
- Adolescent Intensive Outpatient
- Adolescent and Family Co-dependency Groups
- 12 Step Orientation
- Addiction Counseling
- Anger management
- Urine testing
- Most insurance accepted
- Sliding scale
- First Step Counseling
- 15 Calvin Place
- Metuchen, NJ 08840
- 732-549-0401
- Handicapped Accessible
- Family-Marital counseling
- Mental & health services available
- Individual, group counseling
- Adult, adolescent and children accepted
- Sliding scale fee; Insurance accepted
- Monday-Thursday 9 am – 8 pm, by appointment
- Friday & Saturday by appointment
- IDRC-approved program



The Rescue Mission of Trenton - Outpatient Clinic (Vince's Place)

72 Ewing Street
Trenton, NJ 08609
609-815-2062
www.rmtrenton.org

- Long term (180-day) residential addiction treatment
- Services to homeless, indigent clients and those with specific legal issues
- Drug Court Initiative
- Group and individual counseling
- Medical supervision, educational and vocational assistance
- Bilingual (Spanish) professional on staff

Turning Point

Barnert Medical Arts Complex
680 Broadway, Suite 104
Paterson, NJ 07514
973-239-9400
www.turningpointnj.org
Hours: Weekdays, 8:00 AM to 4:30 PM

- Detoxification
- Residential short term Treatment
- Outpatient and Intensive Outpatient Treatment
- Drug Court Treatment
- Any Insurance is accepted (Noninsurance patients also accepted)
- Preference to those who cannot afford to pay for private treatment.
- Sliding fee scale (based on income and other factors), also accept managed care
- Bilingual (Spanish) professional on staff

Volunteers of America of Delaware Valley

235 White Horse Pike
Collingswood, NJ 08107
856-854-4660
www.voadv.org/addictiontreatmentprogram.cfm

- Extended Stay, Residential
- 72 bed residential facility

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RESIDENTIAL TREATMENT CONTINUED

Princeton House Behavioral Health

905 Herrontown Road
Princeton, NJ 08540
609-497-3355

- Short term adult addiction recovery program
- Adolescent substance abuse treatment program
- Accredited by the Joint Commission
- Board Certified Psychiatrists
- Most major insurance
- Medicare, Medicaid accepted

Straight and Narrow

500 Straight St.
Paterson, NJ 07503
Phone: 973-345-6000 ext. 6637
www.straightandnarrowinc.org

- Residential short-term treatment 6-12 months
- Residential treatment to adult males (over age 18), women and adolescent males between the ages of 12 and 18.
- Bilingual (Spanish) professional on staff

Touchstone Hall

35D Piermont Road
Rockleigh, NJ 07647
Admissions Office: 201-784-6490 ext. 3411
Fax: 201-784-6495

- Addiction services for adolescent males (ages 13-17.5)
- Family program ; Parent education therapy
- Medication monitoring
- Individual/group counseling
- Comprehensive psycho-social evaluation
- Students can attend full day school
- HIV/AIDS testing & counseling
- 2- 6 month program
- AA/NA/NI/GA meetings facilitated
- On site child & adolescent psychiatrist
- SIS fee. Approved DUI provider
- Some insurance accepted
- Sliding scale fee schedule
- State funded beds for those who qualify



Innerspace Counseling

2433 County Road 516
Old Bridge, NJ 08857
(732) 332-8270

- Open Monday to Friday
- Accepting private insurance
- Adult Services
- Intensive Outpatient Programs
- Partial Care Programs
- Dialectical Behavior Therapy
- Substance Abuse Treatment
- Outpatient Therapy and Medication Counseling
- Adolescent Services
- Psychiatric assessment and consultation
- Individualized Treatment Planning
- Individual Therapy
- Family Therapy and Parent Support Groups
- Medication Counseling
- Intensive Outpatient and Partial Care Treatment Programs
- Certified teachers to assist a child in staying in step with their education while focusing on their treatment
- Mental Health, Dual Diagnosis, and Substance Abuse Treatment

JFK Medical Center - Center for Behavioral Health

65 James Street
Edison, NJ 08818
732-321-7189

- Outpatient Drug Free and Intensive Outpatient
- IDRC-approved program/ DUI Initiative funded
- Provide DUI-I treatment funding for financially indigent
- Drug Court
- Anger management
- Psychological services available
- Medicare, Medicaid, and some private insurance
- Indigent funding available

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OUTPATIENT SERVICES CONTINUED

JFK Medical Center - STEPS Recovery Center

Park Avenue and Randolph Road
Plainfield, NJ 07061
908-668-2095

- Indigent funding available
- Intensive Outpatient
- IDRC-approved program
- Drug Court
- DUI initiative funded

Journey to Wellness

220 Market Street
Perth Amboy, NJ 08861
732-709-7440

- Hours: Mon - Fri 9 am – 9 pm & 9 am-1 pm Saturday
- Early intervention/outpatient
- Intensive Outpatient
- Co-occurring/partial care
- IOP groups and OP groups
- MAP & Drug Court approved
- IDRC-approved program
- DUI initiative funded
- Provide DUI-I treatment funding for financially indigent
- Accepting private insurance & private pay
- Bilingual (Spanish) professional on staff

Laszlo Center 4 Hope & Healing

367 Old Bridge Turnpike
East Brunswick, NJ 08816
732-794-3629

- Early Intervention
- Outpatient services
- Co-Occurring services
- Wednesday: 7:00 pm-8:00 pm
- Saturday: 10:30 am
- Individual sessions available by appt. Mon-Sat/Day or Evening
- Third Party Insurance



- Therapeutic Community; Smoke-free
- Psychological evaluation & counseling
- Mental health assessments and treatment
- Vocational counseling
- Family therapy; Individual & group counseling
- Basic adult education
- Smoking cessation & nicotine replacement therapy program
- Bilingual (Spanish) professional on staff

Discovery Institute for Addictive Disorders, Inc.

80 Conner Road, P.O. Box 577
Marlboro, NJ 07746
732-946-9444
Fax: 732-946-0758

- Therapeutic Community
- Indigent clients accepted
- Sliding scale fee
- Short term & Long term 1 - 6 months
- Comprehensive mental health assessment
- Vocational & educational training
- Family therapy and education
- IDRC funding available
- DUI initiative funding
- County funding and drug court funding available

New Hope Foundation, Inc.

P.O. Box 66, Route 520
Marlboro, NJ 07746
732-946-3030 (24 hours)
also at 595 County Ave., Secaucus
201-866-0888

- www.newhopefoundation.org
- Compulsive gambling treatment
- Sub-acute detoxification (3-5 days)
- Residential adult up to 28 days
- Residential adolescent, 14 days to 8 months
- Adolescent male, Marlboro, NJ
- Adolescent male or female, Secaucus, NJ
- Sliding scale fee; Indigent clients accepted
- Bilingual (Spanish) professional on staff

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HALFWAY HOUSES CONTINUED

The Rescue Mission of Trenton - Outpatient Clinic

72 Ewing Street
Trenton, NJ 08609
609-815-2062
www.rmtrenton.org

- For individuals who need time to transition into treatment or out of treatment with focus on obtaining life skills and employment
- Bilingual (Spanish) professional on staff

RESIDENTIAL TREATMENT

Carrier Clinic

252 County Road 601
Belle Mead, NJ 08502
800-933-3579
www.carrierclinic.org

- Hospital Inpatient
- Residential short-term treatment (30 days or less)
- Self payment, Private health insurance
- Sliding fee scale based on income and other factors

CURA, Inc.

35 Lincoln Park
P.O. Box 180
Newark, NJ 07101-0180
973-622-3570

- www.curainc.org
- Serves Spanish-speaking clients
- Long-term 9-12 months; short-term 1-3 months
- Services for Spanish-speaking mother with child

Damon House, Inc.

105 Joyce Kilmer Avenue
New Brunswick, NJ 08901
732-828-3988

- Sliding scale fee; Indigent clients accepted
- Variable length of stay



New Brunswick Counseling Center

320 Suydam Street
New Brunswick, NJ 08901
732-246-4025

www.newbrunswickcounselingcenter.org/

- Medicaid accepted; Sliding scale fee
- Limited services for indigent clients
- Outpatient Drug Free Counseling Program
- Free HIV Education and Testing
- Support Groups for Patients Enrolled in our Program
- Intensive Outpatient Treatment for Men, Women & their Children
- Specialized Women’s Services
- Anger Management Group
- Anxiety Management Group
- Depression Group
- Relapse Prevention Group
- Juvenile Group
- Treatment for Co-Occurring Psychiatric Disorders
- Psychological evaluations
- Family Education
- IDRC-approved program
- Agency provide DUI-I treatment funding for financially indigent
- Methadone (see Methadone section)
- Bilingual (Spanish) professional on staff

New Hope Foundation, Inc.

2-A2 Monmouth Avenue
Freehold, NJ 07728
732-308-0113

www.newhopefoundation.org

- Comprehensive services for adults, adolescents & their families
- IDRC-approved program/DUI- initiative funded
- Most insurance accepted; Medicaid accepted
- Reduced fee upon application
- Bilingual (Spanish) professional on staff

New Hope Foundation’s Open Door

2-4 New & Kirkpatrick Streets
New Brunswick, NJ 08901
732-246-4800

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OUTPATIENT SERVICES CONTINUED

www.newhopefoundation.org

- Comprehensive services for adults, adolescents and their families
- IDRC-Approved Program/DUI - Initiative funded
- Provide DUI-I treatment funding for financially indigent
- Sliding scale fee
- Indigent clients accepted, county and statewide
- Bilingual (Spanish) professional on staff

Princeton House Behavioral Health

1460 Livingston Avenue
North Brunswick, NJ 08902
732-729-3600

www.princetonhouse.org

- Day & evening hours
- Adult & adolescent partial hospital, IOP, family program
- Transportation, lunch provided
- Board Certified Psychiatrists
- Accredited by the Join Commission
- Most major insurance
- Medicaid & Medicare accepted

Rutgers Alcohol/Drug Assistance Program for Students (ADAPS)

17 Senior Street
New Brunswick, NJ 08901
848-932-7884

- Services for enrolled Rutgers students only
- IDRC-Approved Program

Program for Addiction & Treatment C/O GSAPP Psychological Clinic (Rutgers)

Graduate School of Applied & Professional Psychology
152 Frelinghusen Road
Piscataway, NJ 08854
848-445-6111

www.psychologicalservices.rutgers.edu

- Individualized therapy; Family and couples therapy
- Sliding scale fee
- SMART Group (non-12-step support group)



Mattie House (of the New Hope Foundation)

86 Conover Road
Marlboro, NJ 07746
732-817-0616

www.newhopefoundation.org

- Adult males 18 years and older
- Minimum stay 90 days, maximum is one year
- 20 beds
- In-house group counseling, individual counseling and self-help
- Required to seek full time employment within 10 days of admission
- Resident is responsible for financial obligation of \$130 per week
- All commercial insurance accepted (IDRC funding available)
- Clients may pay on a sliding fee scale
- Outpatient services (level 1 and intensive outpatient)

Philip House (of the New Hope Foundation)

190 Chelsea Ave
Long Branch, NJ 07740
732-870-8500

www.newhopefoundation.org

- Adult males 18 years and older
- Minimum stay 90 days, maximum is one year
- 20 beds
- In-house group counseling, individual counseling and self-help
- Required to seek full time employment within 10 days of admission
- Resident is responsible for financial obligation of \$130 per week
- All commercial insurance accepted (IDRC funding available)
- Clients may pay on a sliding fee scale
- Outpatient services (level 1 and intensive outpatient)

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HALFWAY HOUSES

Crawford House

P.O. Box 255
Skillman, NJ J 08558
908-874-5153

www.crawfordhouse.org

- Women age 18 & over; Average stay 6 months
- Indigent and homeless clients
- Must be New Jersey resident
- Bilingual (Spanish) professional on staff

Dudley House

930 Putnam Street
Plainfield, NJ 07060
908-755-0646

Men age 18-65; Average stay 8 months

- Indigent clients accepted; Sliding scale fee
- Referrals made from addiction treatment agencies
- Serves Middlesex and Union counties only
- Bilingual (Spanish) professional on staff

Epiphany House (of the New Hope Foundation)

1110 Grand Avenue
Asbury Park, NJ 07712
732-775-0720

www.newhopefoundation.org

- Chemically dependent women with children (Homeless or at risk of homelessness)
- 3 to 8 month stay
- Addiction treatment and relapse environment
- Early intervention services for children
- Individual, Group, and Family Counseling
- Parenting Instruction
- Life Skills and Basic Education
- Health Assessment and Promotion
- Case Management
- On-Site Computer Instruction
- Referral to Community Resources
- Legal Assistance
- Bilingual (Spanish) professional on staff



- IDRC Approved

Rutgers Women's Treatment Project

607 Allison Road
Piscataway, NJ 08854-8001
732-445-0900

<http://womenandalcohol.rutgers.edu/>

- Only for women with alcohol issues
- Must 18 years or older
- Confidential outpatient assessment
- Treatment of alcohol problems based on research-proven techniques
- Therapists specializing in treatment alcohol problems
- Two pre-treatment evaluation sessions
- 12 weekly individual or small group therapy (all women) sessions
- Payment for participation in the research aspects of the program
- 3 research follow-up contacts after treatment is over

Simeon Academy

1460 Livingston Avenue, Building 400, Room 209
North Brunswick, NJ 08901
973-493-1740

- Early Intervention/Outpatient
- IDRC-Approved Program

The Center for Therapy & Counseling Services

629 Amboy Avenue, Suite 206
Edison, NJ 08837
732-254-0600

Also at

15 W Prospect Street, Suite 2
East Brunswick, NJ 08816
<http://www.centerfortherapy.net/>

- Individual therapy
- Couple & family therapy
- Group Therapy
- Educational workshops
- Day, Evening, & Weekend Appointments
- Bilingual (Spanish) professional on staff

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OUTPATIENT SERVICES CONTINUED

The Counseling Center

4345 US 9 North
Freehold, NJ 07728
732-431-5300
www.thecounselingcenter.com

- Individualized treatment
- Day & evening programs
- Drug screenings
- Group counseling
- Adolescent program
- Family interventions

The Passion Care Center

187 Fayette Street
Perth Amboy, NJ 08861
732-410-7102
www.thepassioncarecenter.com

- Early intervention
- Outpatient and intensive outpatient program
- Partial care or daily program
- Case management and referrals
- Individual and group therapy
- Client centered and family therapy
- CBT | REBT | Psychotherapy
- Motivational interviewing and Motivational enhancement therapy
- IDRC-approved program

The Rescue Mission of Trenton - Outpatient Clinic

- 72 Ewing Street
- Trenton, NJ 08609
- 609-815-2062
- www.rmtrenton.org
- Standard outpatient substance abuse treatment
- Services to men and women
- Sliding scale fees
- Bilingual (Spanish) professional on staff



Trautz Associates

123 Route 34 North
Old Bridge, NJ 08857
609-851-4368

Also

- 650 Rahway Avenue
Woodbridge, NJ 07095
- Early Interventions
- Mental health and substance abuse services
- DUI/DWI offenders
- IDRC-approved program
- Self payment only
- Bilingual (Spanish) professional on staff

**UMDNJ-University Behavioral HealthCare
Specialized Addiction Treatment Services**

303 George Street
New Brunswick, NJ 08901
732-235-3440/ Fax - 732-235-5635
Access Center – 800-969-5300

<http://ubhc.umdnj.edu>

- Services for the developmentally disabled & physically disabled
- Comprehensive outpatient services
- Special services for women, HIV and adolescents; IOP for adolescents & adults; co-occurring disorder treatment
- Individual, group & family therapy
- Criminal Justice & DYFS referrals
- Medicare, Medicaid accepted
- Indigent clients accepted
- Self pay accepted
- Bilingual (Spanish) professional on staff