Aging & Disabled Resource Connection Directory

LAILA CAUNE
Director

OFFICE OF AGING & DISABLED SERVICES
75 Bayard Street, 5th Floor, New Brunswick, NJ 08901

Tel: 732-745-3295
Toll Free: 1-877-222-3737

MIDDLESEX
COUNTY • NJ

www.middlesexcountynj.gov

MIDDLESEX COUNTY • NJ

Need a little help?

Find the resources you need quickly and easily

Find Programs

Connect to Services

Apply for Benefits

View Hours and Locations

FOOD

CARE

HOUSING

EMERGENCY

TRANSPORTATION

EDUCATION

HEALTH

WORK

MONEY

www.middlesexcountynj.gov

Because everyone needs a little help sometimes.

MIDDLESEX COUNTY • NJ

¿Necesita un poco de ayuda?

Encuentra y conéctate con los recursos que necesitas de manera rápida y sencilla

Búsqueda de Programas

Conectarse con Servicios

Aplicación para Beneficios

Ver Horas de Servicio y Ubicaciones

COMIDA

CUIDADO

VIVIENDA

EMERGENCIA

TRANSPORTE

EDUCACIÓN

SALUD

TRABAJO

BENEFICIO

www.middlesexcountynj.gov

Porque a veces todos necesitamos un poco de ayuda!

The Aging & Disability Resource Connection, or ADRC, serves as your doorway to programs and services for senior citizens and adults with physical disabilities.

Made possible by federal grants, the ADRC was established to provide "one-door" access to services that will help people age in place. The ADRC provides limited direct access to resources and services and provides information about and/or answers to a wide range of questions and concerns.

The ADRC is designed to foster the independence and dignity of individuals at least sixty years of age or individuals living with physical disability, regardless of financial status by providing the assistance they need to access a broad array of programs which will help prolong self-sufficiency.

You can call one phone number within the county for information about programs and services for your particular needs and circumstances. These services include: information, referral and assistance, benefits screening for program eligibility and care management.

ADRC trained staff will provide assistance that promotes wellness, independence, dignity and personal choice.

www.adrcnj.com

1-877-222-3737

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ADULT DAY CARE

2nd Home Adult Medical Day Care
420 Fayette Street
Perth Amboy, NJ 08861
732-826-8012
www.2ndhome.org

Bilingual Staff

Always at Home
8A Jocama Boulevard
Old Bridge, NJ 08857
732-591-9155

Buckingham Place Adult Day Center & Home Health Care
700 Wood Lane
Monmouth Junction, NJ 08852
732-329-8954 ext. 1
www.buckinghamplace.net

Circle of Life Adult Day Centers
3000 Hadley Road
South Plainfield, NJ 07080
732-839-3333

Edison Adult Medical Day Care Center
1655-150 Oak Tree Road
Edison, NJ 08820
732-494-1001

Elderday JFS of Middlesex County
32 Ford Avenue, 2nd Floor
Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.org

Golden Era Medical Adult Day Care
36 Meridian Road
Edison, NJ 08820
732-549-2273

Golden Path Adult Medical Day Care, Inc.
50-52 Charles Street
New Brunswick, NJ 08901
732-640-1122

Graceland Adult Medical Day Care
316 Madison Avenue
Perth Amboy, NJ 08861
732-791-4888

Grace Senior Care
217-225 Durham Avenue
Perth Amboy, NJ 08861
732-826-0680

Harmony Adult Medical Day Care Center
220 Centennial Avenue
Piscataway, NJ 08854
732-667-5527

Iselin Adult Day Care Center
477 Lincoln Highway
Iselin, NJ 08830
732-283-1373

JFK Adult Medical Day Program
3 Progress Street - Suite 103
Edison, NJ 08820
908-912-1910
www.jfkhartwyck.org

Just Home Medical Adult Day Care Center
7 Edgeboro Road
East Brunswick, NJ 08816
732-432-9990
www.jhcare.org

Just Like Home
426 Raritan Street
Raritan Center
Sayreville, NJ 08872
732-721-9200

Nirvana Adult Day Care
2050 Oak Tree Road
Edison, NJ 08820
848-200-7343

Parker at Monroe Adult Day Center
200 Overlook Drive
Pondview Plaza
Monroe Township, NJ 08831
609-655-6853
www.parkerlife.org

Parker at the Pavilliaon Adult Day Center
443 River Road
Piscataway, NJ 08854
732-565-2400
www.parkerlife.org

Princeton Adult Day Care
2245 Rt. 130 S, Suite 106
Dayton, NJ 08810
732-783-7997
www.princetonsadultdaycare.com

Second Inning Adult Day Care Center
1501 Livingston Avenue
North Brunswick, NJ 08902
732-626-5544

Sewa Adult Day Care
1020 Rt. 18 N, Suite M
East Brunswick, NJ 08816
732-210-2727

South Amboy Adult Day Health Care Center
540 Bordentown Avenue
South Amboy, NJ 08879
732-389-6448
www.southamboyadhcc.com

Sterling Adult Day Services
120 North Center Drive
North Brunswick, NJ 08902
732-951-2020

Sunny Days Adult Day Care Center
1 Ethel Road, Suite 106 C
Edison, NJ 08817
732-791-4888
www.sunnydaysadultdaycare.com

Vatsalya Adult Day Care
1412 Stelton Road, Unit 6-10
Piscataway, NJ 08854
732-331-8966

Vcare Adult Center
121 Ethel Road West
Piscataway, NJ 08854

ALCOHOL PROGRAMS & COUNSELING

Alcoholics Anonymous (A.A.)
800-245-1377
www.aa.org

ALA-CALL/Substance Abuse
NJ State Hotline 800-322-5525
www.snj.com/ala-call

An information and referral hotline for NJ residents with alcohol and drug problems. A trained volunteer will provide information about meeting times and location for self-help groups. Information is available concerning counseling, hospitalization and treatment facilities which cover the entire State of NJ. Also service for non-English speakers.

Crisis Hotline - Raritan Bay
732-442-3794
www.rbmc.org/behavioral-health
Raritan Bay Medical Center
530 New Brunswick Avenue
Perth Amboy, NJ 08861

Provides assistance with crisis for mental health and substance abuse.

Carrier Foundation
252 County Road
Belle Mead, NJ 08502
800-933-3579 (24 hrs/7 days)
www.carrierclinic.org

Private, nonprofit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Outpatient centers are located in South Plainfield, Freehold, Paramus, Belle Mead, Hamilton and Toms River. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

Daytop NJ at Crawford House (Women)
362 Sunset Road
Skillman, NJ 08558
908-874-5153
www.daytopnj.org/crawford/

Halfway house for female residents of New Jersey for alcoholism treatment and other drug dependencies.

Middlesex County Office of Human Services Division of Addictions & Mental Health Planning
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-4091
www.middlesexcountynj.gov
Coordinates alcohol and drug programs throughout Middlesex County.

Intoxicated Driver Resource Center
P.O. Box 30
New Brunswick, NJ 08903
732-745-4500
732-745-4464, Billingual Spanish

New Hope Foundation
80 Conover Road
Marlboro, NJ
732-946-3030 or
800-705-HOPE (4673)
www.newhopeibhc.org

Intensive outpatient and inpatient rehab. for alcoholism, substance abuse, and compulsive gambling.

Open Door New Hope Foundation
2-4 New and Kirkpatrick Street
New Brunswick, NJ 08901
732-246-4800

Provides outpatient counseling, group therapy, education, and evaluation. AA & NA meetings.

Wellspring Center for Prevention
620 Cranbury Road, Suite 105
East Brunswick, NJ 08816
732-254-3344 HelpLine
www.wellspringprevention.org

Provides prevention, education, information and referral services.

ALZHEIMER'S PROGRAMS

"A Day Away" Jewish Family Services of Middlesex County

52 Concordia Shopping Center
Monroe Township, NJ 08831
609-395-7979

Social activities and monthly support group for those with Alzheimer's and other memory problems.

Alzheimer's New Jersey

425 Eagle Rock Avenue, Suite 203
Roseland, NJ 07068
973-568-4300 or 1-800-280-6055
Helpline 888-280-6055
www.alznj.org

- Information and Referral
- Family caregiver support groups
- Safe Return program
- Respite information

Alzheimer's Association

225 North Michigan Avenue, Fl. 17
Chicago, IL 60601
800-272-3900
www.alz.org

Provides educational information and links families to local programs.

Alzheimer's Foundation of America

National Toll Free Helpline
866-232-8484
www.alzfdn.org

Care 2 Caregivers COPSA

151 Centennial Avenue
Piscataway, NJ 08854
800-424-2494
www.care2caregivers.com

Counselors assist dementia caregivers by providing supportive counseling and information on the broad ranges of services that can help caregivers.

Elderday

JFS of Middlesex County
Highland Park Conservative Temple
201 South 3rd Avenue
Highland Park, NJ 08904
732-777-1940
www.jfsmiddlesex.org

A specialty program for those with memory loss. Caregivers group available. Tues. – Fri., 9am - 2pm

Buckingham Place Adult Day Center & Home Health Care

700 Woods Lane
Monmouth Junction, NJ 08852
732-329-8954 ext. 1
www.buckinghamplace.net

COPSA Alzheimer's Resource Center RUBHC

100 Metroplex Drive
Suite 200
Edison, NJ 08817
800-424-2494
www.ubhc.rutgers.edu

ASSISTED LIVING RESIDENCES

EAST BRUNSWICK

The Chelsea at East Brunswick
606 Cranbury Road
East Brunswick, NJ 08816
732-475-0502
www.chelseaseniorliving.com

Sunrise of East Brunswick
190 Summerhill Road
East Brunswick, NJ 08816
732-613-1355
www.sunriseseniorliving.com

EDISON

Brighton Gardens of Edison
1801 Oak Tree Road
Edison, NJ 08820
732-767-1031
www.sunriseseniorliving.com

Heritage at Clara Barton
1015 Amboy Avenue
Edison, NJ 08837
732-225-5990
www.genesishcc.com

Whispering Knoll
62 James Street
Edison, NJ 08820
732-744-5541
www.whisperingknoll.org

HIGHLAND PARK

Parker at Stonegate
443 River Road
Highland Park, NJ 08904
732-565-2500
www.parkerlife.org

MONROE TOWNSHIP

Brookdale Monroe
380 Forsgate Drive
Monroe Township, NJ 08831
609-409-7525
www.brookdale.com

Monroe Village Assisted Living
One David Brainerd Drive
Monroe Township, NJ 08831
732-521-6400
www.monroevillageonline.org

The Chelsea at Forsgate
319 Forsgate Drive
Monroe Township, NJ 08831
732-656-1000
www.chelseaseniorliving.com

OLD BRIDGE

The Reformed Church Home
1990 Rt. 18 North
Old Bridge, NJ 08857
732-607-9230
www.reformedchurchhome.com

PLAINSBORO

Atrium Senior Living of Princeton
1000 Windrow Drive
Princeton, NJ 08540
609-514-9111

SOUTH BRUNSWICK

Brandywine Living at Princeton
155 Raymond Road
Princeton, NJ 08540
732-733-4239
www.brandycare.com

WOODBRIDGE

St. Joseph's Assisted Living
1 -3 St. Joseph's Terrace
Woodbridge, NJ 07095
732-634-0004
www.stjosephseniorhome.org

CAREGIVING RESOURCES

AARP Family Caregiving
www.aarp.org/caregiving/basics

Caregiving information & resources for family caregivers.

Care 2 Caregivers
151 Centennial Avenue
Piscataway, NJ 08854
800-424-2494
www.care2caregivers.com
Counselors assist dementia caregivers by providing supportive counseling and information on the broad ranges of services that can help caregivers.

Caregiver Action Network
Caregiver Help Desk
1-855-CARE-640
www.caregiveraction.org

The Family Resource Network
1 AAA Drive, Suite 203
Trenton, NJ 08691
800-376-2345 or 609-392-4900
www.familyresourcenetwork.org

Family Support Center of NJ
35 Beaverson Boulevard, Bldg. 11
Brick, NJ 08723
800-372-6510
www.fscnj.org

National Caregivers Library
www.caregivers library.org

One of the largest sources of tools for caregivers.

Statewide Respite Care Program
Middlesex County Office of Aging and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.state.nj.us

A program designed to provide assistance by giving unpaid caregivers a break from their daily responsibility of caring for an elderly or disabled friend or relative. This allows the caregiver to attend to their personal matters, medical appointment, shopping, or vacations. Applicants must meet eligibility guidelines.

FOOD PANTRIES & COMMUNITY SERVICES

These organizations provide food and/or outreach services free of charge to persons with limited resources in need of emergency assistance in their respective communities.

Middlesex County Food Organization and Outreach Distribution Services

(M.C.F.O.O.D.S.)
c/o MC Improvement Authority
101 Interchange Plaza
Cranbury, NJ 08512
732-729-0880
www.mciauth.com/mcfoods.htm

Provides referrals to food pantries and soup kitchens throughout the County that offer assistance to Middlesex County Residents.

Fish Inc.

456 New Market Road
Piscataway, NJ 08854
732-968-5957
www.fishhospitality.org

Emergency food, clothing, furniture, blankets, special needs for the elderly.

Jewish Family Services of Middlesex County

32 Ford Avenue
Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.org

Food distribution.

American Red Cross of Central New Jersey

707 Alexander Road, Suite 101
Princeton, NJ 08540
609-951-8550
www.redcross.org

Food Vouchers available to those affected by disasters.

Elijah's Promise

18 Neilson Street
New Brunswick, NJ 08901
732-545-9002
www.elijahspromise.org

Lunch: Mon-Fri 11am-12:15pm
Dinner: Mon-Fri 6pm-7pm
Dinner: Sat/Sun 3:30pm-4:30pm

Prepared meals, health services, educational services, counseling and general assistance.

The Salvation Army

287 Handy Street
P.O. Box 5724
New Brunswick, NJ 08901
732-545-1477
www.newjersey.salvationarmy.org

Food Pantry, Appointment Required.

The Salvation Army

433 State Street
Perth Amboy, NJ 08861
732-826-7040
www.newjersey.salvationarmy.org

Food pantry, lunch program, and emergency winter shelter. Lunch is available Monday -Friday, the last 10 days of every month.

Consumer Information

Better Business Bureau of Central Jersey
1262 Whitehorse-Hamilton Square Road – Suite 202
Hamilton Twp., NJ 08690
609-588-0808
www.bbb.org

Middlesex County Department of Public Safety & Health Division of Consumer Affairs and Weights & Measures
77 Apple Orchard Lane
North Brunswick, NJ 08902
732-398-2302
www.middlesexcountynj.gov

Federal Trade Commission Consumer Response Center
877-FTC-HELP (382-4357)
www.ftc.gov

To report fraud and to obtain information about avoiding consumer scams.

National Consumers League
www.Fraud.org

NJ Division of Consumer Affairs
124 Halsey Street
Newark, NJ 07102
800-242-5846 / 973-504-6200
www.njconsumeraffairs.gov

NJ Board of Public Utilities Division of Customer Relations
800-624-0241
www.bpu.state.nj.us

Complaints concerning utilities.

NJ Department of Treasury Division of Taxation
www.state.nj.us/treasury/taxation

NJ - Office of Insurance Fraud Prosecutor
877-55 Fraud (553-7283)
www.nj.gov/oag/insurancefraud/

Counseling & Mental Health

Carrier Foundation
252 County Road 601
Belle Mead, NJ 08502
800-933-3579 24-hours / 7 days
www.carrierclinic.org

Private, non-profit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

Catholic Charities Family Service Center
288 Rues Lane
East Brunswick, NJ 08816
732-257-6100
www.ccdom.org

26 Safran Avenue
Edison, NJ 08837
732-738-1323

319 Maple Street
Perth Amboy, NJ 08861
732-324-8200

Provides counseling, psychiatric and psychological services.

COPSA - University Behavioral Healthcare

100 Metroplex Drive
Edison, NJ 08817
1-800-969-5300 (for appointments)
732-235-8400 (information)
www.ubhc.rutgers.edu/

Provides counseling services for adults. Psychiatric & medication evaluation, support groups, case management, and home visits.

George J. Otlowski, Sr. Center for Mental Health Care

570 Lee Avenue
Perth Amboy, NJ 08861
732-442-1666
www.middlesexcountynj.gov

Offers treatment for a wide range of emotional disorders, including anxiety, depression, marital, family and other problems of daily living.

The center serves Middlesex County residents of all ages.

Jewish Family Services of Middlesex County

32 Ford Avenue, 2nd Floor
Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.org

52 Concordia Shopping Center
Monroe Township, NJ 08831
609-395-7979

Provides a range of counseling, support groups and multi-services for seniors.

Middlesex County Office of Human Services Division of Addictions and Mental Health Planning

75 Bayard Street
New Brunswick, NJ 08901
732-745-3280
www.middlesexcountynj.gov

Provides information and referral services for behavioral health, mental health and addictions programs.

Princeton House Behavioral Health Services

Senior Link Program
1460 Livingston Avenue
Building 100
North Brunswick, NJ 08902
732-729-3600 or 3636/
1-888-437-1610
www.princetonhcs.org

Outpatient center that provides intensive, structured mental health care to seniors 65 and older with a variety of psychiatric disorders.

Dental Programs

Senior Dental Program NJ Dental Association

1 Dental Plaza
North Brunswick, NJ 08902
732-821-9400
www.njda.org

A service for seniors to receive a 15% reduction from participating dentists. Eligibility is based on PAAD guidelines & is for those who do not have Medicaid or dental insurance.

Dental Home Services, LLC
1-800-842-4663
www.dentalhomeservices.com

For patients who have trouble receiving dental care due to health and/or mobility issues. Private insurance is accepted but not Medicaid. House call fee of $85.

Donated Dental Services
Dental Lifeline Network
PO Box 2117
Edison, NJ 08818-2117
732-821-3056
www.dentallifeline.org

If you have a permanent disability, are over 65 years old, or are medically compromised, and don't have enough money to pay for dental care, you may qualify for free treatment through the DDS program.

Middlesex County College
Dental Hygiene Clinic
L'Hommedieu Hall - Room 164
2600 Woodbridge Avenue
Edison, NJ 08818
732-906-2536
www.middlesexcc.edu

A student clinic that offers seniors a complete dental exam including cleaning and oral cancer screening for a $5 fee. Please allow sufficient time for the completion of treatment. By appointment only.

Eric B. Chandler Health Center
Dental Department
277 George Street
New Brunswick, NJ 08901
732-235-6700
www.rwjms.rutgers.edu

Fee based on a sliding scales; accepts Medicaid and private insurance.

JFK Medical Center Dental Clinic
65 James Street
Edison, NJ 08820
732-321-7608
www.jfkmc.org

By appointment only, fees are on a sliding scale.

The Relaxing Smile - Mobile Dentistry
505 Stillwells Corner Road
Suite C2
Freehold, NJ 07728
732-915-2740
www.therelaxingsmile.com

For patients that are homebound, handicapped, or unable to get to the office.

New Jersey Dental Association
Homebound Program
800-831-NJDA (6532)
www.njda.org

Patients or caregivers in need of a dental visit to their home should call to be connected with dentists who make house calls.

Disability Services

Alliance Center for Independence
629 Amboy Avenue
Edison, NJ 08837
732-738-4388
732-738-9644 TTY
www.adacil.org

Resource center, information and referral, advocacy, training, group peer sharing, and case management.

Arc of New Jersey
985 Livingston Avenue
North Brunswick, NJ 08902
732-246-2525
www.arcnj.org

Arc of Middlesex County
219 Black Horse Lane
North Brunswick, NJ 08902
732-821-1199
www.arc-middlesex.org

Enhance the quality of life and advocate for people with disabilities in New Jersey.

Disability Rights NJ
210 South Broad Street, 3rd Floor
Trenton, NJ 08608
609-292-9742/800-922-7233
TTY: 609-633-7106
www.drnj.org

Disability Services & Advocacy LLC
P.O. Box 395
South River, NJ 08882
732-238-6133
www.dsausa.net

Easter Seal Society of NJ
25 Kennedy Blvd. – Suite 600
East Brunswick, NJ 08816
732-257-6662
www.easterseals.com/nj/

Everas Community Services, Inc.
24K Worlds Fair Drive
Somerset, NJ 08873
732-805-1912 (V/TTY)
www.everas.org

Provides information and referral for people with disabilities. Coordinates vocational workshops and training centers.

Middlesex County Office of Aging and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.middlesexcountynj.gov

NJ Commission for the Blind and Visually Impaired
153 Halsey Street, 6th Floor
P.O. Box 47017
Newark, NJ 07101-47017
973-648-3333 or 877-685-8878
www.state.nj.us/humanservices/

Vocational Rehab Program
973-648-7504

Vocational Rehab Services are designed to assist persons who are blind, visually impaired, or deaf-blind, to develop/update skills that will enable them to secure employment.

NJ Division of Deaf and Hard of Hearing
P.O. Box 074
Trenton, NJ 08625-0074
609-588-2648
www.nj.gov/humanservices/ddd

NJ Division of Developmental Disabilities
222 South Warren Street
Trenton, NJ 08608
800-832-9173
www.nj.gov/humanservices/dds

NJ Division of Disability Services
11A Quaker Bridge Plaza
Mercerville, NJ 08619
888-285-3036 / 609-292-7800
609-262-1210 (TDD)
www.nj.gov/humanservices/dds

PASP Personal Assistance Service Program

Middlesex County Office of Aging and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.middlesexcountynj.gov

PASP provides routine, non-medical assistance to adults with disabilities who are employed, attending school or involved in community volunteer work.

Domestic Violence

Statewide Domestic Violence

Information Hotline
1-800-572-SAFE (7233)
www.nj.gov/dcf

Information on people's rights, access to emergency care, shelter, and personal counseling.

Women Aware Inc.

250 Livingston Avenue
New Brunswick, NJ 08901
732-249-4900
732-249-0600 (TTY)
24 Hour Hotline-732-249-4504
www.womenaware.net/

Offers free confidential services to abused women and their families. Services include shelter, counseling, information, referral and advocacy.

The Legal Services of NJ Domestic Violence Representation Project

(DVRP) 732-572-9100
888-576-5529

Provides direct representation, referral, and advice to low-income women, including those victimized by family members and caregivers

Office of Victim/Witness Advocacy Middlesex County Prosecutor's Office

25 Kirkpatrick Street, 3rd Floor
New Brunswick, NJ 08901
732-745-3394
www.middlesexcountynj.gov

Victim support includes an escort, a companion in court, transportation, counseling on the legal process, and help in filing for the Victim's Compensation Fund.

The Legal Services of NJ Domestic Violence Representation Project (DVRP)

732-572-9100
www.lsnjlaw.org

Provides direct representation, referral, and advice to low-income women, including those victimized by domestic violence.

Education

Higher Education Student Assistance Authority
800-792-8670 or 609-584-4480
www.hesaa.org

Information on financial aid, grants and loans for education.

Middlesex County College
2600 Woodbridge Avenue
Edison, NJ 08818
732-548-6000

Middlesex County residents who are 65 years or older, may take courses on a space-available basis and have the tuition waived.

NJ Virtual University
www.njvu.org

Middlesex County Vocational & Technical High Schools
www.mcvts.net

East Brunswick Vocational High School
112 Rues Lane
East Brunswick, NJ 08816
732-254-8700

Edison Academy
100 Technology Dr.
Edison, NJ 08837
732-452-2600

New Brunswick Vocational High School
256 Easton Avenue
New Brunswick, NJ 08901
732-247-3832

Perth Amboy Vocational High School
618 New Brunswick Avenue
Perth Amboy, NJ 08861
732-442-9595

Piscataway Vocational High School
21 Suttons Lane
Piscataway, NJ 08854
732-985-0717

Woodbridge Academy
1 Convery Blvd.
Woodbridge, NJ 07095
732-634-5858

Adult education programs available.

Elder Abuse

Adult Protective Services Middlesex County
732-745-3635
www.fcsmonmouth.org

Mailing Address:
Family and Childrens Services
191 Bath Avenue
Long Branch, NJ 07740

Evaluates referrals of abuse, neglect, and exploitation of vulnerable adults who reside in a community setting.

NJ Department of Health Facilities, Evaluation and Licensing
Complaint Hotline
1-800-792-9770
www.state.nj.us/health/healthfacilities

For complaints or to report an incident concerning: nursing homes, assisted living, residential health care facilities, personal care home, medical day care, hospitals, hospice agencies, home health agencies, dialysis centers.

Office of the Ombudsman for the Institutionalized Elderly

24-Hour Hotline
1-877-582-6995
www.state.nj.us/ooie/

Receives and investigates complaints of suspected abuse or exploitation of elderly people in institutions.

Emergency Assistance

American Red Cross of Central New Jersey

707 Alexander Road, Suite 101
Princeton, NJ 08540
609-951-8550
www.redcross.org

Services residents of Middlesex, Hunterdon, Mercer, and Somerset Counties.

Middlesex County Office of Emergency Management & Preparedness

Emergency Services Center
1001 Fire Academy Drive
Sayreville, NJ 08872
732-316-7100
www.middlesexcountynj.gov

Employment/Vocational Rehabilitation/Volunteer

Middlesex County Workforce Development

550 Jersey Avenue
New Brunswick, NJ 08901
732-745-3970

161 New Brunswick Avenue
Perth Amboy, NJ 08861
732-826-3200
www.middlesexcountynj.gov

Program offers schooling and training.

NJ State Department of Labor Division of Vocational Rehabilitation Service

Middlesex Office
550 Jersey Avenue
New Brunswick, NJ 08901
732-937-6206
www.careerconnections.nj.gov

The Division of Vocational Rehabilitation Services is responsible for training and placement of persons of employable age with disabilities.

NJ WINS (NJ Work Incentive Network Support)

866-946-7465
www.njwins.org

NJ WINS provides NJ residents who receive SSDI, SSI, or Medicaid with cost-free informational and technical assistance to make choices about accepting employment or increasing work hours.

NJ Workability
1-888-285-3036
www.state.nj.us

The workability program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay small premium and receive full NJ Medicaid coverage. To be eligible one must meet certain eligibility/ income criteria.

Raritan Valley Easter Seals
25 Kennedy Blvd., Suite 600
East Brunswick, NJ 08816
732-257-6662
www.easterseals.com

Offers vocational rehabilitation to the handicapped through evaluation, training and provision of competitive employment.

JFK Johnson Rehabilitation Institute
65 James Street
Edison, NJ 08818-3059
732-321-7069
www.jfkmc.org

Professional Office Skill Training (POS) is a 26-week course available to handicapped persons who meet eligibility guidelines.

RSVP 55+ Volunteer Program JFS of Middlesex County
32 Ford Avenue, 2nd Floor
Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.org/rsvp-volunteers

Senior Community Service Employment Program Title V – Workforce 55+
550 Jersey Avenue
New Brunswick, NJ 08901
732-937-6206
www.careerconnections.nj.gov

Assists individuals 55 years of age or over with their employment and training needs. Individuals must meet income eligibility requirements.

Middlesex County One Stop Career Center
550 Jersey Avenue
New Brunswick, NJ 08901
732-937-6206
www.middlesexcountynj.gov

161 New Brunswick Avenue
Perth Amboy, NJ 08861
732-826-3200

Provides free job training, including workshops for resume writing. Interviewing techniques, etc. Career counselors are available to assist in job searching. Computers with internet access are available, as well as printers, fax machines and copy machines.

Displaced Homemaker Center Jewish Family Services of Middlesex County
32 Ford Avenue, 2nd Floor
Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.org

Provides job counseling, training and placement, and financial management services.

Energy Assistance

Low Income Home Energy Assistance Program (LIHEAP)

PRAB/LIHEAP
90 Jersey Avenue
New Brunswick, NJ 08903-0240
732-828-4510
www.energyassistance.nj.gov

This program assists eligible low-income individuals with a benefit towards heating and cooling costs. Must meet eligibility guidelines.

Lifeline Program
P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745
www.state.nj.us

Lifeline is a utility assistance program that offers $225 annual benefit in the form of credit on utility bill for eligible beneficiaries.

Call for eligibility.

New Jersey Citizen Action Oil Group
1-800-464-8465
www.njcaoilgroup.com

A project of NJ Citizen Action which provides consumers with an alternate to the high cost of home heating fuel by using group purchasing power to negotiate discount prices with heating oil suppliers for their members.

New Jersey Comfort Partners
888-773-8326
www.njcleanenergy.com

A program to assist eligible low income families save energy and money by making their homes more energy efficient.

(NJ SHARES)
Statewide Heating Assistance and Referral for Energy Services
1901 North Olden Avenue
Extension, Suite 1A
Ewing, NJ 08618
866-657-4273
www.njshares.org

Assists income eligibility households in NJ to pay energy, telephone, and water bills.

For information and eligibility guidelines, visit the website at call.

Applications are accepted through these agencies:

Puerto Rican Action Board
732-828-4510

Puerto Rican Association for Human Development
732-442-1081

Catholic Charities
732-826-6278

Payment Assistance for Gas and Electric (PAGE)

Puerto Rican Action Board
PAGE Program
90 Jersey Avenue
New Brunswick, NJ 08901
732-828-4510
www.njpoweron.org

This program is designed to help households who are experiencing economic hardship and stuggling to pay their electric and natural gas bills. For eligibility requirements call or visit the website.

Jewish Renaissance Foundation

149 Kearny Avenue
Perth Amboy, NJ 08861
732-324-2114

Universal Service Fund (USF) Puerto Rican Action Board

90 Jersey Avenue
New Brunswick, NJ 08901
1-800-510-3102
www.energyassistance.nj.gov

USF helps make energy bills more affordable for low income customers. If you are eligible, USF can lower the amount you have to pay for natural gas and electricity.

Weatherization Assistance Program (WAP)

Puerto Rican Action Board
90 Jersey Avenue
New Brunswick, NJ 08903
732-828-4672
www.energyassistance.nj.gov

Provides energy conservation measures for eligible low income homeowners by increasing energy efficiency in their homes.

Financial Assistance

Middlesex County Board of Social Services

181 How Lane
New Brunswick, NJ 08903
732-745-3500
www.middlesexsocialservices.com

Administers Federal and State public assistance programs, including: Medicaid, SNAP, Child Support & Paternity Programs, TANF, General Assistance, Emergency Assistance, Board and Care Services, Refugee Resettlement Program, Investigative Department.

United States Department of Agriculture USDA – Rural Development

8000 Midlantic Drive, Suite 505
Mount Laurel, NJ 08054
856-787-7700
www.rd.usda.gov/nj

Provides loans in rural areas to assist income eligible homeowners in obtaining decent, safe, and sanitary housing. The loans may be used for construction, repair, or purchase of housing in rural areas.

Verizon Communications

Lifeline Service
888-337-3339

This program offers discounted local telephone service for qualified low-income residents and seniors 150% or below Federal Poverty Level.

Geriatric Assessment

COPSA Institute for Alzheimer's Disease and Related Disorders RUBHC
100 Metroplex Drive - Suite 200
Edison, NJ 08817
732-235-8400
www.ubhc.rutgers.edu

Comprehensive program for evaluation, treatment, and diagnosis of disorders. Medication & behavior management, and clinical drug trials.

George J. Otlowski, Sr. Center for Mental Health Care
570 Lee Street
Perth Amboy, NJ 08861
732-442-1666
www.middlesexcountynj.gov

Provides evaluation, diagnosis, treatments and support for the many types of behavioral issues experienced in the aging process. Treats the physical and emotional needs of both patients and their loved ones.

Geriatric Evaluation and Management Service (GEMS)
Division of Geriatrics
Saint Peter's University Hospital
Cares Building - 4th Floor
254 Easton Avenue
New Brunswick, NJ 08901
732-745-6655
www.saintpetershcs.com/services/geriatric-medicine

Comprehensive program to treat the physical and psychological needs of persons 60 and over.

Health Foundations & Associations

American Cancer Society
2600 U.S. Hwy. #1
North Brunswick, NJ 08902
800-227-2345 / 732-297-8000
www.cancer.org

Information, peer support programs, local transportation to treatment, guidance, counseling, equipment loans, and patient supplies.

National Cancer Institute
Cancer Information Service
800-422-6237
www.cancer.gov

American Diabetes Association
New Jersey - Bridgewater
575 Route 28, Bldg. 2, #2107
1160 Rt. 22E - Suite 103
Raritan, NJ 08869
732-469-7979
www.diabetes.org

Provides pamphlets, educational programs, newsletters, referrals, and support groups.

American Heart Association
1 Union Street - Suite 301
Robbinsville, NJ 08691
800-242-8721 / 609-208-0020
www.heart.org

Information and referral services, CPR training, patient education programs, nutrition courses, professional education programs, and cardiac support groups.

American Lung Association of New Jersey
P.O. Box 10188, #37214
Newark, NJ 07101
800-LUNG-USA / 908-685-8040
www.lung.org

Information and referral services, professional services to consumer and health care providers relating to asthma, tuberculosis, respiratory disease, and environmental health. Low-cost smoking cessation clinics.

American Parkinson Disease Association
P.O. Box 910
New Brunswick, NJ 08903
732-745-7520 / 800-223-2732

Provides information and resources, education programs, newsletters, support groups and speakers.

Arthritis Foundation
555 Route 1 South - Suite 220
Iselin, NJ 08830
1-844-571- HELP (4357)
732-283-4300
www.arthritis.org/new-jersey

Provides information and referrals, support groups, self-help courses, water exercise and fitness programs, and speakers for community groups.

Deborah Hospital Foundation
212 Trenton Road
Browns Mills, NJ 08015
609-893-0100
www.deborahfoundation.org

Correction of operable heart defects and treatment of all lung disease without any restriction of race, religion or ability to pay.

Epilepsy Foundation National Information Center
1 AAA Drive #203
Trenton, NJ 08691-181
800-336-5843
www.epilepsy.com

Muscular Dystrophy Association
25 E. Spring Valley Avenue #210
Maywood, NJ 07607
201-843-4452
www.mda.org

Registered clients can obtain free diagnosis and follow-up care at the JFK Medical Center in Edison, College Hospital and United Hospital in Newark and at Monmouth Medical. DA clinics provide initial diagnosis and comprehensive services inclusive of orthopedic aids, flu inoculation, and recreational outings.

National Osteoporosis Foundation
703-647-3000
800-231-4222
www.nof.org

Hearing

Clear Captions
1-866-868-8695
www.clearcaptions.com

Clear Captions offers telephones with real-time captioning for someone with hearing loss at no cost.

Hearing Aid Assistance to the Aged and Disabled (HAAAD)
NJ Department of Human Services, Division of Aging Services
P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745
www.state.nj.us

Provides a $100 reimbursement to eligible persons who purchase a hearing aid. Must be enrolled in PAAD or Lifeline program. Call or visit website for eligibility criteria.

Hearing Aid Dispenser Examiners Committee

P.O. Box 45038
Newark, NJ 07101
973-504-6331
www.njconsumeraffairs.gov

Regulates the practice of hearing aid dispensers in the state of New Jersey.

Hearing Aid Helpline

800-521-5247

Provides a free kit of consumer information.

Hear NOW

800-328-8602

Assists people who are deaf or hard of hearing and who have no resources to acquire hearing aids. Hear Now also collects hearing aids for recycling purposes.

NJ Division of Deaf and Hard of Hearing

P.O. Box 074
Trenton, NJ 08625-0074
800-792-8339
609-984-7281 (TTY)
www.state.nj.us humanservices/ddhh/

Provides interpreter referral service, information and referral hotline, telephone equipment. Also provides advocacy, employment/vocational opportunities, and assists with social, legal, medical, educational & recreational issues.

Homecare Services

Princeton Home Care (PHCS)

88 Princeton-Hightstown Road
Suite 202
Princeton Junction, NJ 08550
609-497-4900
www.princetonhcs.org

Services include skilled nursing, physical, occupational, speech and home infusion therapy, medical social service, and home health aides.

Middlesex County Office of Aging and Disabled Services

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-3295 or 1-877-222-3737
www.middlesexcountynj.gov

Through various County and State programs, in-home support services are available for those who qualify through the following programs: JACC, MCMAP, MLTSS, The Statewide Respite Program and PASP.

The following services may be obtained through these programs:

- Home Health Aide Services
- Social/Medical Adult Day Care
- Chore Services
- Medical Transportation
- Medical Equipment & Supplies
- Personal Emergency Response System

Environmental Modification/ Barrier Free

In Patient Medical

All programs have specific financial criteria and special requirements to be meet in order to qualify. Call for a screening to determine eligibility.

Robert Wood Johnson Visiting Nurse
VNA of Central Jersey
972 Shoppes Boulevard
North Brunswick, NJ 08902
800-400-0981
www.vnahg.org/robert-wood-johnson-visiting-nurses

Provides skilled nurses, physical and occupational therapists, speech therapists, medical social workers and home health aides.

Home Improvement

Middlesex County Safe Housing Program

Residential Maintenance Services are provided to seniors, age 60 and over, whom are homeowners residing in the following towns in Middlesex County.

The emphasis of this program is to provide a healthy, safe and secure home to older individuals who can no longer perform the tasks necessary to insure these conditions.

The Residential Maintenance programs provide minor repairs and improvements to the homeowners.

There is no fee for this service but applicants are given the opportunity to voluntarily contribute to the cost of the service.

For further information, contact one of the following agencies:

Perth Amboy Senior Center
732-826-1690

Sayreville Senior Center
732-390-7058

South River
732-257-2340

Spotswood Office on Aging
732-251-3432

Middlesex County Division of Housing, Community Development and Social Services
75 Bayard Street, 2nd Floor
New Brunswick, NJ 08901
732-745-3025

USDA Rural Development
8000 Midlantic Drive, Suite 505
Mount Laurel, NJ 08054
856-787-7700
www.rd.usda.gov

Loan/grant funds are available to help very low-income homeowners of modest single family homes in rural areas repair their homes. For homeowners 62 and over who cannot repay a loan, grant funds are available to remove health or safety hazards, or remodel dwellings to make them accessible to those with disabilities.

Homelessness

211-NJ Homeless Hotline
www.nj211.org

If you are homeless or at risk of becoming homeless the homeless hotline should be used 24/7 for assistance in locating shelter or relief from extreme weather conditions.

Coming Home
732-296-7975
www.cominghomemiddlesex.org
Case management services for persons experiencing, or at risk of homelessness. Limited funding available for emergency, temporary, and permanent housing.

MUST ENTER THE SYSTEM BY CALLING: 211 HOMELESS HOTLINE

Catholic Charities
Edison Family Service Center
26 Safran Avenue
Edison, NJ 08837
732-738-1323
www.ccdom.org

Homeless Prevention: Homeless Prevetion and Rapid Re-Housing Programs are short term assistance programs for individuals and famiies who are having difficulty maintaining their current utility bill, rental housing and have a court ordered eviction notice or have lost housing and are currently homeless.

PATH Services: Assists mentally ill individuals who are homeless.

Middlesex County Board of Social Services
181 How Lane
New Brunswick, NJ 08901
www.middlesexsocialservices.com

Emergency Assistance for individuals on SSI and TANF only.

Homeless Shelters

211-NJ Homeless Hotline
Individuals in need of shelter, must call 2-1-1- to register for placement.

Fish Hospitality Program
456 New Market Road
Piscataway, NJ 08854
732-968-5957
www.fishhospitality.org

Provides homeless women and families with shelter and meals.

Ozanam Family Shelter Catholic Charities
89 Truman Drive
Edison, NJ 08817
732-985-0327 or 732-247-3270

For single women and families with children.

Ozanam Inn Men's Shelter Catholic Charities
20-22 Abeel Street
New Brunswick, NJ 08901
732-729-0850

For homeless men.

Hospice Programs

Hospice care provides physical and emotional care for the terminally ill and their families.

Caring Hospice Services of Central Jersey
1090 King Georges Post Road
Suite 703
Edison, NJ 08837
732-661-9373 or 1-866-661-9373
www.caringhospice.com

Grace Healthcare Services
105 Fieldcrest Ave, Suite 402
Edison, NJ 08837
732-225-4100
www.gracehcs.com

Haven Hospice Program
JFK Medical Center
65 James Street
Edison, NJ 08818
732-321-7769
www.havenhospicenj.org

Stein Hospice of NJ
49 Veronica Avenue - Suite 206
Somerset, NJ 08873
732-227-1212
www.wilfcampus.org/hospice/

Princeton Homecare Hospice Program
88 Princeton-Hightstown Road
Princeton Junction, NJ 08550
609-497-4900
www.princetonhcs.org

Kindred Hospice
242 Old New Brunswick Road
Suite 140
Piscataway, NJ 08854
732-562-8800
www.kindredhealthcare.com

VNA Health Group
972 Shoppes Boulevard
North Brunswick, NJ 08902
1-800-400-0981
732-224-6991
TTY: 800-852-7899
www.vnahg.org

Health Centers/ Hospitals

Eric B. Chandler Health Center
Rutgers-RWJ Medical School
277 George Street
New Brunswick, NJ 08901
732-235-6700
www.rwjms.rutgers.edu

JFK Medical Center
Hackensack Meridian Health
65 James Street
Edison, NJ 08818
732-321-7000
www.jfkmc.org

Princeton Medical Center
Penn Medician Princeton Health
1 Plainsboro Road
Plainsboro, NJ 08536
609-853-7000
www.princetonhcs.org

Robert Wood Johnson University Hospital Rahway
RWJ Barnabas Health
865 Stone Street
Rahway, NJ 07065
732-381-4200
www.rwjbh.org

Raritan Bay Medical Center
Hackensack Meridian Health
1 Hospital Plaza
Old Bridge, NJ 08857
732-360-1000
www.rbmc.org

Raritan Bay Medical Center
Hackensack Meridian Health
530 New Brunswick Avenue
Perth Amboy, NJ 08861
732-442-3700
www.rbmc.org

Robert Wood Johnson University Hospital
RWJ Barnabas Health
1 Robert Wood Johnson Place
New Brunswick, NJ 08901
732-828-3000
www.rwjbh.edu

Rutgers Cancer Institute of New Jersey
195 Little Albany Street
New Brunswick, NJ 08901
732-235-2465
www.cinj.org

Saint Peter's University Hospital
254 Easton Avenue
New Brunswick, NJ 08901
732-745-8600
www.saintpetershcs.com

RWJ University Hospital Somerset
RWJ Barnabas Health
110 Rehill Avenue
Somerville, NJ 08876
908-685-2200
www.rwjbh.org

Veterans Administration
NJ Health Care System
385 Tremont Avenue
East Orange, NJ 07018
973-676-1000

151 Knollcroft Road
Lyons, NJ 07939
908-647-0180
www.newjersey.va.gov

Housing Information

Central Jersey Housing Resource Center
600 First Avenue - Suite 3
Raritan, NJ 08869
908-704-8901
www.cjhrc.gov

Provides housing counseling, information and referral services to meet the needs of low to moderate income people seeking information.

Middlesex County
Office of Human Services
Division of Housing, Community Development & Social Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3025
www.middlesexcountynj.gov

Administers federal funding under multiple programs from the US Department of Housing & Urban Development (HUD) that addresses the needs of low and moderate income individuals and families. This includes a Housing Choice Voucher (Section 8) rental assistance program, the American Dream Down payment Assistance Program for 1st time homebuyers, and a Housing Rehabilitation loan program.

There is also funding allocated to municipalities to address local low and moderate income needs and funding for housing developers to

create affordable housing.

New Jersey Department of Community Affairs Division of Housing & Community Resources

101 South Broad Street
P.O. Box 800
Trenton, NJ 08625-0800
609-633-6286
www.nj.gov

Programs include: Homelessness Prevention, Energy Assistance Programs, Neighborhood Programs, Section 8 Housing Choice Voucher, Lead-Safe Home Remediation Pilot Program, Supportive Housing Connection (SHC).

NJ Housing Resource Center

877-428-8844 - Toll Free
www.NJHRC.gov

Free searchable interactive online housing registry of available units and properties in New Jersey, for user both seeking and listing various types of housing, including: rental, for-sale, affordable, and market-rate.

Foreclosure Mediation Assistance Program and First-Time Homebuyer Down Payment Assistance Program also available. For further details, call: **1-800-NJ-HOUSE**

PRAB Housing Coalition

Puerto Rican Action Board
90 Jersey Avenue
New Brunswick, NJ 08903
732-249-9700
www.prab.org

Provides housing services to ensure maintenance of safe, affordable residences including: Homebuyer Education & Counseling, Fair Housing Counseling, Mortgage Assistance & counseling, Foreclosure Mediation, and Homelessness Prevention. This is a HUD certified housing counseling program.

PRAHD Housing Program

Puerto Rican Association for Human Development
100 First Street
Perth Amboy, NJ 08861
7732-442-1081
www.prahd.org

Addresses unmet housing needs for low to moderate income individuals residing in Middlesex County, including: resolving/preventing mortgage default, first time home buyers counseling & education, non-delinquent/post purchase, American Dream down payment program.

US Dept. of Housing & Urban Development (HUD)

1 Newark Center - 13th Floor
1085 Raymond Boulevard
Newark, NJ 07102
973-622-7900
800-669-9777- Housing Discrimination Hotline
www.hud.gov

HUD provides information on housing, fairness, rental assistance, sustainability, and research.

Housing Options

CONTINUING CARE RETIREMENT COMMUNITIES (CCRC)

A CCRC, sometimes called a life care community, is a retirement community where a continuum of aging care, from independent living, assited living and skilled nursing care can all be met in one community.

Monroe Village
1 David Brainerd Drive
Monroe Township, NJ 08831
732-521-6400
www.monroevillageonline.org

DEMENTIA CARE HOMES

Dementia Care Homes are licensed facilities that provide 24 hour skilled nursing care to individuals with Alzheimer's Disease or related disorders.

Fox Trail Memory Care Living South River
69 Burton Avenue
South River, NJ 08882
732-390-4663
www.foxtrailseniorliving.com

Goldenview Living
1313 Aaron Road
North Brunswick, NJ 08902
732-820-9700
www.goldenviewliving.com

Millenium Memory Care at Monroe
310 Buckelew Avenue
Monroe Township, NJ 08831
www.milleniummemorycare.com

Specializes in very challenging behavioral cases of individuals with dementia.

HOMESHARING & SHARED LIVING RESIDENCES

Community House at St. Thomas
Catholic Charities
124 Bentley Road
Old Bridge, NJ 08857
732-251-0022
www.communityhouse saintthomas.org

For physically disabled individuals.

HOMESHARING INC.
People Care Center
120 Finderne Avenue
Bridgewater, NJ 08807
908-526-4663
www.homesharing.org

Assist home "providers" who have a separate bedroomn for rent, with finding a home "seeker" who is looking for somewhere to live.

RETIREMENT COMMUNITIES

Designed for active, independent older people age 55 years or older. Social and recreational activities and limited services such as transportation are usually provided. Units are usually for sale, but some may be rented. There is usually a monthly fee.

EAST BRUNSWICK

Cedar Village at East Brunswick
5000 Cedar Village Boulevard
East Brunswick, NJ 08816
732-236-7831
www.cedar-village.com

Waterford at East Brunswick
540 Cranbury Road
East Brunswick, NJ 08816
732-238-1367

HELMETTA

Regency Walk
13 Appleby Drive
Helmetta, NJ 08828
732-521-0398

MONROE TOWNSHIP

Clearbrook Community Association
1 Clearbrook Drive
Monroe Township, NJ 08831
609-655-2706

Concordia
1 Clubhouse Drive
Monroe Township, NJ 08831
609-655-0382
www.concordia-community.com

Encore Monroe
1 Brookside Drive
Monroe Township, NJ 08831
609-409-7454
www.encoremonroe.com

Greenbriar at Whittingham
100 Whittingham Drive
Monroe Township, NJ 08831
609-655-5656
www.gwmonroe.com

The Ponds
100 Waterside Boulevard
Monroe Township, NJ 08831
609-655-0821
www.thepondsnj.net

Regency at Monroe
530 Buckelew Avenue
Monroe Township, NJ 08831
732-605-1717
www.regencyatmonroe.com

Renaissance at Cranbury Crossing
48 Vineyard Court
Monroe Township, NJ 08831
609-395-7114

Renaissance at Monroe
101 Medici Road
Monroe Township, NJ 08831
609-443-5446

Rossmoor Community
128 Sussex Way
Monroe Township, NJ 08831
609-655-1000
www.rcainj.com

Waterside Villas
1 Overlook Drive
Monroe Township, NJ 08831
609-409-0018
www.watersidevillasnj.com

WOODBRIDGE

Woodbridge Hills
400 Hampton Lane
Iselin, NJ 08830
732-636-5190

ROOMING & BOARDING HOMES

For a comprehensive list of Rooming & Boarding Homes contact:

NJ Dept. of Community Affaires Bureau of Rooming & Boarding House Standards
609-633-6251
www.state.nj.us

SUBSIDIZED & AFFORDABLE APARTMENTS

Apartment style housing designed for seniors and/or the disabled. There are income guidelines for eligibility. Age restrictions apply.

CARTERET

Carteret Housing Authority
96 Roosevelt Avenue
Carteret, NJ07008
732-541-6800
TDD/TTY: 800-545-1833 ext. 845
www.ci.carteret.nj.us

Jeanette Smith Village
A1 Edwin Street
Carteret, NJ 07008
732-541-6800

Joseph Hermann Gardens
Union Street
Carteret, NJ 07008
732-541-6800

Victoria Copeland Senior Home
Union Street
Carteret, NJ 07008
732-541-6800

CRANBURY

Cranbury Housing Associates, Inc.
216 Rockingham Row
Princeton, NJ 08540
609-786-1102
www.cranburyhousing.org

EAST BRUNSWICK

Halls Corner
551 Cranbury Road
East Brunswick, NJ 08816
732-257-1906
www.eastbrunswick.org
62 and older only

Oak Creek Village
401 New Brunswick Avenue
East Brunswick, NJ 08816
732-254-4488
www.eastbrunswick.org

EDISON

Edison Housing Authority
Willard Dunham Drive
Edison, NJ 08837
732-549-3301
www.edisonha.org

Inman Grove Senior Housing
1061 Inman Avenue
Edison, NJ 08820
908-561-2203

Julius Engel Gardens
Willard Dunham Drive
Edison, NJ 08837
732-572-4420

Residence at Roosevelt
1 Roosevelt Drive
Edison, NJ 08837
732-844-8491
www.pennrose.com/apartments/new-jersey/residence-at-roosevelt-park

Robert E. Holmes Gardens
14 Rev. Samuel Carpenter Blvd.
Edison, NJ 08820
908-561-2525
www.edisonha.org

Village Court Seniors
32 North Reading Road
Edison, NJ 08817
732-744-1464

HIGHLAND PARK

AHEPA - Highland Apartments
239 South 6th Avenue
Highland Park, NJ 08904
732-572-0700

Samuel J. Kronman Complex
242 South 6th Avenue
Highland Park, NJ 08904
732-572-4420

JAMESBURG

Barclay Village
20 Lake Street
Jamesburg, NJ 08831
732-521-5003

METUCHEN

Metuchen Senior Citizens Housing
35 Lincoln Avenue
Metuchen, NJ 08840
732-494-6700

MIDDLESEX

Watchung Terrace
100 Watchung Terrace
Middlesex, NJ 08846
732-356-0681

NEW BRUNSWICK

New Brunswick Housing Authority
7 Van Dyke Avenue
New Brunswick, NJ 08901
732-745-5157
www.newbrunswickhousing.org

55 Harvey at Providence Square
55 Harvey Street
New Brunswick, NJ 08901
732-387-6548
TDD: 800-545-1833 ext. 648

John P. Fricano Towers
90 Neilson Street
New Brunswick, NJ 08901
732-246-7681

Livingston Manor
116 Livingston Avenue
New Brunswick, NJ 08901
732-387-6528

Lord Stirling Senior Apts.
40 Hassart Street
New Brunswick, NJ 08901
732-214-9381

Providence Square
217 Somerset Street
New Brunswick, NJ 08901
732-828-4083

St. Mary's Apartments
260 Remsen Avenue
New Brunswick, NJ 08901
732-247-8470

NORTH BRUNSWICK

No. Brunswick Housing Authority
710 Hermann Road
North Brunswick, NJ 08902
732-549-3301

Martin Gerber Apts.
550 Remsen Avenue
North Brunswick, NJ 08902
732-246-7788

North Brunswick Senior Housing
740 Hermann Road
North Brunswick, NJ 08902
732-296-7122

OLD BRIDGE

Old Bridge Housing Authority
2000 Route 18 North
Suite 100
Old Bridge, NJ 08857
732-607-6383
www.oldbridgehousing.com

Birchwood at Old Bridge
100 Mimi Road
Old Bridge, NJ 08857
732-416-1400

Chuck Costello Complex
1998 Rt. 18 North
Old Bridge, NJ 08857
732-679-0534
For individuals with special needs.

Maher Manor
2000 Rt. 18 North
Old Bridge, NJ 08857
732-679-1763

Rotary Senior Housing
100 Ticetown Road
Old Bridge, NJ 08857
732-679-9070

PERTH AMBOY

Perth Amboy Housing Authority
881 Amboy Avenue
Perth Amboy, NJ 08861
732-826-3110
www.perthamboyha.org

High Street Apartments
315 High Street
Perth Amboy, NJ 08861
732-826-4222

The Parkview
618 New Brunswick Avenue
Perth Amboy, NJ 08861
732-324-1600

Richard F. Stack Apartments
333 Rector Street
Perth Amboy, NJ 08861
732-826-3110

Wesley T. Hansen Apartments
415 Fayette Street
Perth Amboy, NJ 08861
732-826-3110

PISCATAWAY

Piscataway Affordable Housing
505 Sidney Road
Piscataway, NJ 08854
732-562-6570

Sterling Village
1 Sterling Village Drive
Piscataway, NJ 08854
732-699-0033

SAYREVILLE

Sayreville Housing Authority
Gillette Manor
650 Washington Road
Sayreville, NJ 08872
732-316-0177
www.sayrevilleha.org

Lakeview at Sayreville
1 Kulas Lane
Parlin, NJ 08859
201-592-9020

SOUTH AMBOY

South Amboy Housing Authority
250 South Broadway
South Amboy, NJ 08879
732-721-1831
www.southamboyhousing.com

Hillcrest Manor at South Amboy, LLC
2097 Route 35
South Amboy, NJ 08879
732-721-5300

Robert Noble Manor
241 Gordon Street
South Amboy, NJ 08879
732-721-7500

Dohaney Homes Affordable Housing
250 South Broadway
South Amboy, NJ 08879
732-721-1831

Woodrow McCarthy Towers
250 South Broadway
South Amboy, NJ 08879
732-721-1831

SOUTH BRUNSWICK

Citizens for Independent Living
100 Woods Lane
Monmouth Junction, NJ 08852
732-355-0620
www.southbrunswickcil.com

Charleston Place
3424 Route 27
Kendall Park, NJ 08824
732-297-7966

Oak Woods Senior Residence
700 Woods Lane
Monmouth Junction, NJ 08852
732-355-9009

Woodhaven at South Brunswick
1401 Jones Drive
Princeton, NJ 08540
732-329-6807
www.emess.com

SOUTH PLAINFIELD

South Plainfield Senior Residence
151 Morris Avenue
South Plainfield, NJ 07080
908-755-6600

SOUTH RIVER

South River Landing
20 Wojie Way
South River, NJ 08882
732-238-3838

Willett Manor
340 Whitehead Avenue
South River, NJ 08882
732-257-8221

SPOTSWOOD

Crescent Park
1 Arlington Avenue
Spotswood, NJ 08884
732-723-0008

Woodmere Senior Housing
250 Crescent Avenue
Spotswood, NJ 08884
732-251-3242

WOODBRIDGE

Woodbridge Housing Authority
10 Bunns Lane
Woodbridge, NJ 07095
732-634-2750
woodbridgehousingauthority.org

Adams Towers
555 Rahway Avenue
Woodbridge, NJ 07095
732-634-2750

Cooper Towers
1422 Oak Tree Road
Iselin, NJ 08830
732-634-2750

Finn Towers
19 Martin Terrace
Woodbridge, NJ 07095
732-634-2750

Greiner Towers
460 Inman Avenue
Colonia, NJ 07067
732-634-2750

Maple Tree Manor
1255 Rahway Avenue
Avenel, NJ 07001
732-636-1313

Olsen Towers
555 New Brunswick Avenue
Fords, NJ 08863
732-634-2750

Stern Towers
55 Brook Street
Woodbridge, NJ 07095
732-634-2750

Immigration & Naturalization

U.S. Department of Homeland Security Citizenship & Immigration Services (USCIS)
970 Broad Street
Newark, NJ 07102
www.uscis.org

USCIS National Customer Service Center
800-375-5283
TTY 800-767-1833

The following agencies provide assistance in citizenship services:

Catholic Charities
319 Maple Street
Perth Amboy, NJ 08861
732-324-8200

Jewish Family Services of Middlesex County
32 Ford Avenue
Milltown, NJ 08850
732-777-1940

Income Tax Preparation

Free state and federal income tax assistance is available:

AARP
Tax Aide - Site locator
1-888-227-7669
www.aarp.org

A nationwide tax counseling and tax return preparation service for the low-to-moderate income senior. Home visits are available to the homebound and the handicapped.

Internal Revenue Service Volunteer Income Tax Assistance VITA Site Locator
1-800-906-9887
www.irs.treasury.gov

The Internal Revenue Service provides free assistance in the preparation of tax returns. Call the above number for a site near you.

Legal Services

Middlesex County Bar Association Lawyer Referral Service

87 Bayard Street
New Brunswick, NJ 08901
Mcba.community.lawyer

A public service to help find a qualified lawyer who has experience with your particular legal issues. Reduce fee program is available for those who do not qualify for free legal assistance from Middlesex County Legal Services corp.

Middlesex County Legal Services Corporation

317 George Street - Suite 201
New Brunswick, NJ 08901
732-249-7600

313 State Street - Suite 308
Perth Amboy, NJ 08861
732-324-1613
www.lsnj.org/cjls/

Provides free legal services in civil matters to eligible individuals unable to retain a private attorney. Legal assistance and representation are provided in housing problems, public benefits, health, education family matters, employment, and social security.

For senior citizens, POA, wills, guardianship, nursing home and other healthcare issues.

Middlesex County Surrogate Office

75 Bayard Street - 1st Floor
New Brunswick, NJ 08901
732-745-3055
www.middlesexcountynj.gov

Provide information and services pertaining to wills (probate), trusts, adoptions, and guardianship.

Satellite offices located throughout Middlesex County. Call for Details.

Office of the Public Guardian and Elder Rights

P.O. Box 812
Trenton, NJ 08625-0812
609-588-6500
www.state.nj.us/humanservices

OPG acts as a surrogate decision maker for residents 60 and over who have been deemed incapacitated by the Superior Court of NJ.

Inheritance Tax Office - NJ

50 Barrack Street
P.O. Box 249
Trenton, NJ 08695
609-292-5033
www.state.nj.us/treasury

The Legal Services of NJ

PO Box 1357
Edison, NJ 08818
732-572-9100
Hotline: 1-888-576-5529
www.lsnj.org

An independent non-profit organization that coordinates a statewide legal assistance service.

Free legal help is provided to low income individuals in civil matters.

Medical Equipment & Assistive Devices

Advancing Opportunities
1005 Whitehead Road Extension
Suite 1
Ewing, NJ 08638
609-882-4182
www.assistivetechnologycenter.org

Disability Rights NJ
The Assistive Technology Advocacy Center (ATAC)
210 South Broad Street - 3rd Floor
Trenton, NJ 08608
609-292-9742

ATAC provides assistance to persons with disabilities to obtain assistance technology devices and/or services.

Goodwill Home Medical Equipment
300 Benigno Blvd.
Bellmawr, NJ 08031
609-812-2210
www.goodwillhomemedical.org

Gently used home medical equipment and unopened medical supplies at affordable prices.

Middlesex County Office of Aging & Disabled Services
75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-3295

Medical equipment & supplies may be available through various home care programs, if qualified. Call for screening.

Medicaid

Medicaid District Office
100 Daniels Way
1st Floor
Freehold, NJ 07728
732-863-4400

Provides information about Medicaid benefits and provides listings of Medicaid Providers.

Middlesex County Board of Social Services
181 How Lane
New Brunswick, NJ 08901
732-745-3500
www.middlesexsocialservices.com

Applications for all medicaid programs are available through the Board of Social Services. All programs have income and asset guidelines.

Medicaid Fraud and Abuse Hotline
888-9-FRAUD 5
888-937-2835 or 888-692-2140

NJ Medicaid Hotline
1-800-356-1561

Medicare

Centers for Medicare and Medicaid Services
7500 Security Boulevard
Baltimore, MD 21244

1-800-MEDICARE
1-800-633-4227
www.medicare.gov

For general inquiries or questions about eligibility, coverage, and claims, call the number above or visit www.medicare.gov or www.mymedicare.gov

Livanta, LLC.
1-866-815-5440 or 1-877-588-1123
www.livanta.com

Livanta is contracted by the federal government to ensure that Medicare beneficiaries receive quality medical care. Call to appeal discharges from a hospital, nursing home, rehab facility, hospice or home health agency or to file an appeal if Medicare services are ending. If you have quality of care concerns, call to file a complaint.

Medicare Fraud and Abuse Hotline
1-800-447-8477
TTY 1-800-377-4950

Medicare Rights Center
1-800-333-4114
www.medicarerights.org

Helps people with Medicare understand their rights and benefits, navigate the Medicare system and secure quality care.

Medicare Interactive
www.medicareinteractive.org

A free tool provided by the Medicare Rights Center, that features Medicare information written in user-friendly language.

Senior Medicare Patrol of NJ JFVS
32 Ford Avenue - 2nd Floor
Milltown, NJ 08850
732-777-1940
1-877-767-4359
www.jfsmiddlesex.org

Educates Medicare and Medicaid beneficiaries about preventing, detecting and reporting fraud.

State Health Insurance Assistance Program - SHIP
Jewish Family Services
32 Ford Avenue
Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.gov

Counselors provide free help to Medicare beneficiaries who have problems with or questions about Medicare, health insurance, Part D and or dealing with claims.

Specified Low Income Medicare Beneficiary (SLMB)
1-800-792-9745
www.state.nj.us/humanservices/doas

If eligible, SLMB offers assistance with paying the Medicare Part B monthly premium. Call to determine eligibility and for application.

NJ Dept of Banking and Insurance Division of Enforcement and Consumer Protection

P.O. Box 329
Trenton, NJ 08625-0325
800-446-7467
www.state.nj.us/dobi

To make complaints about the business practices of insurance companies.

Nursing & Rehabilitation Centers

Alameda Center for Rehab & Healthcare

303 Elm Street
Perth Amboy, NJ 08861
732-442-9540
www.alamedacenter.com

Amboy Care Center

1 Lindberg Avenue
Perth Amboy, NJ 08861
732-826-0500
www.amboynursingcenter.com

Aristacare at Cedar Oaks

1311 Durham Avenue
South Plainfield, NJ 07080
732-287-9555
www.aristacare.com

Atrium of Matawan

38 Freneau Avenue
Matawan, NJ 07747
732-765-5600
www.atriumhealthusa.com

Atrium Post Acute Care of Princeton

5000 Windrow Drive
Princeton, NJ 08540
609-987-1221
www.atriumhsl.com

Brighton Gardens of Edison

1801 Oaktree Road
Edison, NJ 08820
732-767-1031
www.sunriseseniorliving.com

Care One at East Brunswick

599 Cranbury Road
East Brunswick, NJ 08816
732-967-0100
www.care-one.com

Care One at the Highlands

1350 Inman Avenue
Edison, NJ 08820
908-754-7100
www.care-one.com

Cranbury Center

292 Applegarth Road
Monroe Township, NJ 08831
609-860-2500
www.genesishcc.com/cranbury

Elms of Cranbury

61 Maplewood Avenue
Cranbury, NJ 08512
609-395-0641
www.elmsofcranbury.com

Franklin Care Center

3371 Route 27
Franklin Park, NJ 08823
732-821-8000

Gardens at Monroe
189 Applegarth Road
Monroe Township, NJ 08831
609-448-7036
www.thegardensatmonroe.com

JFK Hartwyck at Oak Tree
2048 Oak Tree Road
Edison, NJ 08820
732-906-2100
www.jfkhartwyck.org

JFK Hartwyck at Edison Estates
10 Brunswick Avenue
Edison, NJ 08817
732-985-1500
www.jfkhartwyck.org

Madison Center Genesis Eldercare
625 Route 34
Matawan, NJ 07747
732-566-6400
www.genesishcc.com/MadisonNJ

Merwick Care & Rehab Center
100 Plainsboro Rd.
Plainsboro, NJ 08536
609-759-6000
www.windsorhealthcare.org

Parker at Landing Lane
503 Easton Avenue
New Brunswick, NJ 08901
732-545-3110
www.parkerlife.org

Parker at Somerset
15 Dellwood Lane
Somerset, NJ 08873
732-545-4200
www.parkerlife.org

Parker at Monroe
395 School House Road
Monroe Township, NJ 08831
732-992-5200
www.parkerlife.org

Parker at River Road
1421 River Road
Piscataway, NJ 08854
732-545-8330
www.parkerlife.org

New Jersey Fireman's Home
565 Lathrop Avenue
Boonton, NJ 07005
973-334-0024
www.njfh.org

New Jersey Veterans Memorial Home
132 Evergreen Road
Edison, NJ 08818-3013
732-452-4100
www.nj.gov

Park Place Center
2 Deer Park Drive
Monmouth Junction, NJ 08852
732-274-1122
www.genesishcc/ParkPlace

Power Back Rehabilitation
10 Sterling Drive
Piscataway, NJ 08854
732-917-2900
www.powerbackrehabilitation.com

Preferred Care at Old Bridge
6989 Rt. 18 South
Old Bridge, NJ 08857
732-360-2277
www.preferredcareatoldbridge.com

Regency Jewish Heritage
380 Demott Lane
Somerset, NJ 08873
732-873-2000
www.regencyheritagenursing.com

Reformed Church Home
1990 Rt. 18 North
Old Bridge, NJ 08857
732-607-9230
www.reformedchurchhome.com

Roosevelt Care Center
118 Parsonage Road
Edison, NJ 08837
732-321-6800
www.rooseveltcarecenter.com

Roosevelt Care Center at Old Bridge
1133 Marlboro Road
Old Bridge, NJ 08857
732-360-9830
www.rooseveltcarecenter.com

Rose Mountain Care Center
27 U.S. Highway 1
New Brunswick, NJ 08901
732-828-2400
www.rosemountaincarecenter.com

St. Joseph's Senior Home Nursing Center
1-3 St. Joseph's Terrace
Woodbridge, NJ 07095
732-750-0077 or 732-634-0004
www.stjosephseniorhome.com

Summer Hill Nursing Home
111 Route 516
Old Bridge, NJ 08857
732-254-8200
www.shnhnj.com

Venetian Care and Rehabilitation Center
275 John T. O'Leary Boulevard
South Amboy, NJ 08879
732-721-8200
http://windsorhealthcare.org/venetian

Village Point
3 David Brainerd Drive
Monroe Township, NJ 08831
732-521-6400
www.monroevillageonline.org

Willow Creek Rehabilitation and Care Center
1165 Easton Avenue
Somerset, NJ 08873
732-246-4100
www.genesishcc.com
willocreekNJ

NJ Department of Health
800-792-9770
www.state.nj.us/health/healthfacilities
Regulates a wide range of health care settings for quality of care to ensure compliance with regulations, survey facilities, investigate complaints and penalize facilities for non-compliance.

Office of the Long Term Care Ombudsman
877-582-6995 24-Hour Hotline
www.state.nj.us/ooie

Mailing Address:
P.O. Box 852
Trenton, NJ 08625-0852

Advocates for residents by investigating allegations of abuse, neglect, exploitation, crime and seroius bodily injury of individuals 60 and over living in a long term care facility.

Nutrition Programs

NJ SNAP (formerly Food Stamps) NJ's Supplemental Nutrition Assistance Program

1-800-687-9512 Toll Free
732-745-3500 Middlesex County
www.middlesexsocialservices.com

Nutrition assistance program to help low-income individuals and families buy the groceries needed to eat healthy. Seniors and people living with disabilities and/or living on low or fixed income may be eligible. To pre-screen or apply on-line, go to www.NJHelps.org.

Meals on Wheels Program

Delivers meals to the homebound, elderly, ill, handicapped or blind that are unable to prepare meals. Some special diets are available. Call for additional information.

Greater New Brunswick Meals on Wheels

211 Livingston Avenue
New Brunswick, NJ 08901
732-249-3488
www.mowgnb.org

Serves residents of Highland Park and New Brunswick.

Kosher Meals on Wheels Jewish Family Services of Middlesex County

52 Concordia Shopping Center
Monroe Township, NJ 08831
732-777-1940
www.jfsmiddlesex.org

Serves residents of East Brunswick, Monroe, and Old Bridge.

32 Ford Avenue
Milltown, NJ 08850
732-777-1940

Serves Avenel, Carteret, Colonia, Edison, Fords, Keasby, Highland Park, Metuchen, Parlin, Perth Amboy, Port Reading, and Woodbridge.

Meals on Wheels Metuchen, Edison, and Woodbridge

2 George Frederick Plaza
Woodbridge, NJ 07095
732-634-4141

Middlesex County Senior Meal Program

75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-2062
www.middlesexcountynj.gov

Offers nutritious, hot, mid-day meals in a social atmosphere. Includes transportation, nutrition counseling, and recreation, to those 60 years of age or older. Suggested donations are $2.25 for on-site meals and $2.75 for home delivered meals. For information on congregate and home delivered meals, contact the following nutrition sites:

SENIOR MEAL SITES

Carteret
Thomas J. Deverin Community Center
100 Cooke Avenue
Carteret, NJ 07008
732-541-6221

Edison
Edison Senior Center
2963 Woodbridge Avenue
Edison, NJ 08817
732-452-0377

Old Bridge
Old Bridge Senior Center
George J. Bush Center for Human Services
1 Old Bridge Plaza
Old Bridge, NJ 08857

Perth Amboy
Alexander F. Jankowski Community Center
1 Olive Street
Perth Amboy, NJ 08861
732-442-0930

Piscataway
Piscataway Senior Center
700 Buena Vista Avenue
Piscataway, NJ 08854
732-743-9844

Sayreville
Sayreville Senior Center
423 Main Street
Sayreville, NJ 08872
732-254-4299

South Brunswick
South Brunswick Senior Center
540 Ridge Road
Monmouth Junction, NJ 08852
732-329-6171

South Plainfield
South Plainfield Senior Center
90 Maple Avenue
South Plainfield, NJ 07080
908-753-1040

Kosher Congregate Dining
Jewish Family Services of Middlesex County Highland Park Conservative Temple
201 South - 3rd Avenue
Highland Park, NJ 08905
732-777-1940
www.jfsmiddlesex.org

Prescriptions

Pharmaceutical Assistance to the Aged And Disabled (PAAD), Lifeline and Special Benefits
NJ Department of Human Services
P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745 / 609-588-7049
609-588-7030 TTY
www.njpaad.gov

PAAD is a state-funded program to help NJ residents, who are at least 65 years of age, or 18 years of age or older and disabled, to pay for prescriptions. If eligible, there is a $5 fee for generic drugs and $7 fee for brand name drugs. Applicants must meet financial eligibility guidelines.

For eligibility guidelines and/ or to apply, visit www. state.nj.us or you can obtain a paper application by calling the MC Office of Aging and Disabled services at 732-745-3295.

Patient Advocate Foundation Co-pay Relief

421 Butler Farm Road
Hampton, Virginia 23666
866-512-3861
www.copays.org

Provides copay assistance to financially and medically qualified individuals.

Senior Gold

NJ Department of Health and Senior Services
P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745
www.njsrgold.gov

A prescription discount program for NJ residents, **who are at least 65 years of age, or 18 years of age or older and disabled,** who do not qualify for the PAAD program. If eligible, the card holder pays a co-payment of $15 plus 50% of the remaining cost for each covered prescription or actual drug cost, whichever is less. Applicants must meet financial eligibility guidelines.

For eligibility guidelines and/ or to apply, visit www. state.nj.us or you can obtain a paper application by calling the MC Office of Aging and Disabled services at 732-745-3295.

Recreation

NJ Division of Environmental Protection Division of Fish & Wildlife (NJDEP)

P.O. Box 402
Trenton, NJ 08625-0400
908-637-4165
www.njfishandwildlife.com

Middlesex County Office of Arts & History

75 Bayard Street, 4th Floor
New Brunswick, NJ 08901
732-745-4489
www.middlesexcountynj.gov

Provides cultural programming, educational workshops, and folklife projects.

Middlesex County Office of Parks & Recreation Division of Recreation & Programming

1030 River Road
Piscataway, NJ 08854
www.middlesexcountynj.gov
732-745-3900

Programs and projects include: Plays-in-the-Park, Kids-in-the-Park, Concerts-in-the-Park, ice & roller skatng rink, special events, picnic grove reservations, organized sports activities, sport field reservations, farm wagon and snow mobile rentals.

NJ Department of Environmental Protection Parks, Forests, and Historic Sites

Division of Parks and Forestry
P.O. Box 404
Trenton, NJ 08625-0404
800-843-6420 / 609-984-0370
www.nj.gov/dep/parksandforests/

Senior citizens pass allows free entry and parking for day use at any forest, park, or historic site administered by the State Park Service.

John E. Toolan Kiddie Keepwell Camp

35 Roosevelt Drive
Edison, NJ 08837
732-548-6542

Summer and winter camp programs including arts & crafts, exercise classes, trips and overnight accommodations are available to seniors of Middlesex County 65 years of age or older.

New Jersey Division of Tourism
609-292-2470
www.visitnj.org

Rental Assistance

NJ Department of Community Affairs
732-777-6999
www.statenj.us/dca

Provides information and assistance with Section 8 rent assistance for Middlesex County residents.

Middlesex County Division of Housing, Community Development and Social Services
75 Bayard Street - 2nd Floor
New Brunswick, NJ 08901
732-745-3025
www.middlesexcountynj.gov

Provides federal funds for housing, rehabilitation and rental assistance to eligible applicants who reside in

Respite

Respite is a service that provides family members and other non-paid caregivers a break from the daily responsibility of caring for an elderly or disabled person.

Interfaith Network of Care, Inc.
62 South Main Street
Milltown, NJ 08850
732-247-1655

Interfaith volunteers are able to provide respite care once a week for up to 5 hours.

Respite Care and Wellness Program Alzheimer's NJ
888-280-6055 or 973-586-4300
www.alznj.org

Offers family caregivers information about available community respite care resources such as home health care, adult day care and residential respite, as well as a one-time financial scholarship to help offset the cost of respite care.

Statewide Respite Care Program Middlesex County Office of Aging and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.middlesexcountynj.gov
This program offers services to the person needs care so that the caregiver has a "break" (respite). Applicant must meet clinical and financial criteria. Call the Middlesex County Office of Aging & Disabled Services for screening.

Senior Adult Daycare/Elderday
"A Day Away" Jewish Family Services of Middlesex County
52 Concordia Shopping Center
Monroe Township, NJ 08831
609-395-7979 or 732-777-1940
www.jfsmiddlesex.org

A Respite Program for Alzheimer's patients and their families.

Senior Centers and Municipal Offices on Aging

Carteret Office on Aging
100 Cooke Avenue
Carteret, NJ07008
732-802-3014
www.ci.carteretnj.us

Cranbury Senior Community Center
23A North Main Street
Cranbury, NJ 08512
609-395-0900 ext. 244
www.cranburytownship.org

Dunellen Senior Center
Columbia Park
200 Orange Street
Dunellen, NJ 08812
732-968-3033

East Brunswick Senior Center Department on Aging
3 Jean Walling Civic Center Dr.
East Brunswick, NJ 08816
732-390-6896
www.eastbrunswick.org

Edison Senior Center
2963 Woodbridge Avenue
Edison, NJ 08817
732-248-7345
www.edisonnj.org

Mailing:
100 Municipal Boulevard
Edison, NJ 08817

Evergreen Senior Center
400 Inman Avenue
Colonia, NJ 07067
732-726-6261
www.twp.woodbridge.nj.us

Five Branches Senior Center
1 Brown Avenue
Iselin, NJ 08830
732-726-6277
www.twp.woodbridge.nj.us

Hickory Senior Center
17 Corielle Street
Fords, NJ 08863
732-726-6288
www.twp.woodbridge.nj.us

Highland Park Senior Recreational Center / Office on Aging
220 South 6th Avenue
Highland Park, NJ 08904
732-819-0052
www.hpboro.com

Jamesburg Senior Citizen Center
139 Stevens Avenue
Jamesburg, NJ 08831
732-521-2920
www.jamesburgborough.org

Metuchen Senior Center
15 Center Street
Metuchen, NJ 08840
732-632-8524
www.metuchennj.org

Middlesex Recreation & Senior Center
1400 Mountain Avenue
Middlesex, NJ 08846
732-356-0414
www.middlesexboro-nj.gov

Mailing:
1200 Mountain Avenue
Middlesex, NJ 08846

Milltown Senior Center/ Office on Aging
60 Violet Terrace
Milltown, NJ 08850
732-296-0681
www.milltownnj.org

Monroe Office of Senior Services Senior Center
12 Halsy Reed Road
Monroe Township, NJ 08831
609-448-7140
www.monroetwp.com

New Brunswick Senior Resource Center
81 Huntington Street
New Brunswick, NJ 08901
732-745-5100

North Brunswick Senior Center
15 Linwood Place
North Brunswick, NJ 08902
732-247-0922 ext. 820
www.northbrunswicknj.gov

Silver Linings at Old Bridge Office on Aging
George J. Bush Center for Human Services
1 Old Bridge Plaza
Old Bridge, NJ 08857
732-721-5600 ext. 6600
www.oldbridge.com

Perth Amboy Alexander F. Jankowski Community Center
1 Olive Street
Perth Amboy, NJ 08861
732-826-1690
www.perthamboynj.org

Piscataway Senior Center Office on Aging
700 Buena Vista Avenue
Piscataway, NJ 08854
732-562-1133
www.piscatawaynj.org

Plainsboro Department of Recreation & Community Services
641 Plainsboro Road
Plainsboro, NJ 08536
609-799-0909 ext. 1705 or 1719
www.plainsboronj.com

Sayreville Office on Aging/ Senior Center
423 Main Street
Sayreville, NJ 08872
732-390-7058
www.sayreville.com

South Amboy Senior Center
108 South Stevens Avenue
South Amboy, NJ 08879
732-525-5960
www.southamboynj.gov

South Brunswick Office on Aging/ Senior Center
540 Ridge Road
Monmouth Junction, NJ 08852
732-329-4000 ext. 7670
or 732-438-0918
www.sbtnj.net

South Plainfield Office on Aging / Senior Center
90 Maple Avenue
South Plainfield, NJ 07080
908-754-1047
www.southplainfieldnj.com

South River Office on Aging / Senior Center
55 Reid Street
South River, NJ 08882
732-257-2340
www.southrivernj.org

Spotswood Office on Aging
1 Arlington Avenue - Suite 401
Spotswood, NJ 08884
732-251-3432
www.spotswoodboro.com

Sycamore Senior Center
290 Old Road
Port Reading, NJ 07064
732-726-7087
www.twp.woodbridge.nj.us

Woodbridge Multi Service Program on Aging
400 Inman Avenue
Colonia, NJ 07067
732-726-6262
www.twp.woodbridge.nj.us

Senior Citizen Organizations

AARP
601 E. Street NW
Washington, DC 20049
800-687-2277
www.aarp.org

State Office - AARP NJ
Forrestal Village
101 Rockingham Row
Princeton, NJ 08540
866-542-8165

Organization for those over 50 (retired or not). Membership includes legislative representation, publication, travel, health insurance programs, pre-retirement counseling, continuing education, and hospitality facilities.

Driver Safety: Available to all drivers 50 years and older to help sharpen your driving skills. Insurance companies offer reduced rates for drivers who successfully complete the program.

Legal Services Network Access to attorneys who practice in over 20 different legal areas from real estate and family law to estate planning assistance.

Tax-Aide Program: Nationwide tax counseling and return preparation for the low-to-moderate income. Home visits are available to the homebound and the handicapped.

For information about these programs: 1-888-AARP-NOW (227-7668)

Senior Corps
Foster Grandparents Program
NJ Commission on National and Community Service
P.O. Box 456
Trenton, NJ 08625
609-633-9627
www.nj.gov

Connects volunteers 55 + with children and young people with exceptional needs. Volunteers mentor, support and help the children.

Wellness Initiative for Senior Education (WISE)
NJ Prevention Network
150 Airport Road, Suite 1400
Lakewood, NJ 08701
732-367-0611
www.njpn.org/initiatives/wise

A prevention program enlisting the aid of older adult volunteers who work toward increasing the awareness of alcohol, tobacco and other drugs as they affect older adults in areas of medication management, stress, nutrition, isolation and loss.

Social Security

Social Security Administration
800-772-1213 or www.ssa.gov

For new or replacement social security cards.

Assists in filing for or receiving social security retirement, survivors, disability, Medicare & supplemental security income.

Free literature describing benefits

Eligibility for social security retirement, survivors, disability, and Medicare benefits is based on insured status attained by covered work. Eligibility for SSI is based on financial need, determined by income and resources. SSI beneficiaries are automatically entitled to Medicaid.

District Office
190 Middlesex Turnpike, 3rd Floor
Iselin, NJ 08830
800-772-1213

Serves residents of Avenel, Carteret, Cliffwood Beach, Colonia, Fords, Hopelawn, Iselin, Lawrence Harbor, Morgan, Parlin, Perth Amboy, Port Reading, Sayreville, Sewaren, South Amboy, and Woodbridge.

District Office
29 Davenport St.
Somerville, NJ 08876
800-772-1213

Serves residents of Dunellen.

Social Service & Support Agencies

Middlesex County Office of Aging and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.middlesexcountynj.gov

Provides information and assistance, referral and advocacy for seniors, persons with disabilities, their caregivers, and the general public needing access to services. Older adults and people with disabilities may be able to obtain in-home support services through various home care programs. Call for a screening to determine eligibility.

Catholic Charities Diocese of Metuchen
www.ccdom.org
288 Rues Lane
East Brunswick, NJ 08816

319 Maple Street
Perth Amboy, NJ 08861
732-324-8200

Comprehensive Services on Aging COPSA-UBHC
100 Metroplex Drive
Edison, NJ 08817
800-424-2494 / 732-235-8400
www.uhbc.rutgers.edu

Interfaith Network of Care, Inc.
62 South Main Street
Milltown, NJ 08850
732-247-1655
http://interfaithnetworkofcare.org

A network of volunteers from faith congregations and the community

which provides supportive home care services to the frail, elderly and disabled in the areas of East Brunswick, Helmetta, Edison, Highland Park, Kendall Park, Metuchen, Milltown, New Brunswick, North Brunswick, Old Bridge, Parlin, South River, and Spotswood.

Services include friendly visiting, respite care and telephone reassurance.

Jewish Family Services of Middlesex County
32 Ford Avenue, 2nd Floor
Milltown, NJ 08850
732-777-1940

52 Concordia
Monroe Township, NJ 08831
609-395-7979

Middlesex County Board of Social Services
181 How Lane
New Brunswick, NJ 08901
732-745-3500
www.middlesexsocialservices.com

Perth Amboy Human Services
1 Olive Street
Perth Amboy, NJ 08861
732-826-1690

Puerto Rican Action Board (PRAB)
90 Jersey Avenue
New Brunswick, NJ 08903-0240
732-828-4510
https://prab.org

Puerto Rican Association for Human Development (PRAHD)
100 First Street
Perth Amboy, NJ 08861
732-442-1081
www.prahd.org

Silver Linings Resource Center
Jewish Renaissance Foundation
149 Kearny Avenue
Perth Amboy, NJ 08861
732-324-2114
www.jrfnj.org

Helps connect seniors, 55+, with legal services, transportation, housing, healthy living & life skills. As well as helping them with local fitness options, volunteer opportunities, education and other social activities.

Woodbridge Multi-Service Program on Aging
400 Inman Avenue
Colonia, NJ 07067
732-726-6262
www.twp.woodbridge.nj.us

Support Groups

Cancer Support Community of Central NJ
3 Crossroads Drive
Bedminster, NJ 07921
908-658-5400
www.cancersupportcnj.com

Professionally led programs of support, education and hope.

NJ Self - Help Clearinghouse
673 Morris Avenue, Suite 100
Springfield, NJ 07081
1-800-367-6274(in NJ)
973-571-4100 (outside NJ)
www.njgroups.org

Self-help groups are support groups organized and run by and for people who share a life situation or similar problem. This clearinghouse has a database of contacts for self-help groups throughout New Jersey.

It assists individuals in locating groups and provides information on how to start and develop a new group.

COPSA Rutgers University Behavioral Health Care

732-235-8400
www.ubhc.rutgers.edu

Monthly support groups for spouses and other caregivers to the elderly. Call for information on the time and place of meetings.

Council on Compulsive Gambling of New Jersey, Inc.

3635 Quakerbridge Road, Suite 7
Hamilton, NJ 08619
609-588-5515 or 1-800-GAMBLER
www.800gambler.org

Education, public awareness and outreach.

Kinship Navigator Program The Children's Home Society of NJ

635 South Clinton Avenue
Trenton, NJ 08611
800-396-4518

Information, referral and advocacy services for family caregivers of children.

Jewish Family Services of Middlesex County

52 Concordia Shopping Center
Monroe Township, NJ 08831
609-395-7979
www.jfsmiddlesex.org

Call for more information about support groups that are available. Registration is required.

JFK Medical Center Support Groups

65 James Street
Edison, NJ 08818
732-321-7000
www.jfkmc.org

Call for information about topics and dates and times of meetings.

Parker Caregiver Support Group

443 River Road
Highland Park, NJ 08904
732-565-2400

Robert Wood Johnson University Hospital Community Health Education

1 Robert Wood Johnson Place
New Brunswick, NJ08901
1-888-637-9584
www.rwjuh.edu

The hospital offers various health related support groups. Call for specific information about the types of groups offered, location, dates and times of meetings.

Saint Peter's University Hospital

254 Easton Avenue
New Brunswick, NJ 08901
732-745-8600
www.saintpetershcs.com

The hospital offers a variety of health related, caregiver and bereavement support groups. Call for information about location, dates and times of meetings. Registration is required.

The Cancer Institute of New Jersey

NJ Department of Social Work and Outreach
195 Little Albany Street
New Brunswick, NJ 08901
732-235-6792
www.cinj.org

Transportation

Middlesex County Area Transit (MCAT)

Office Address:
97 Apple Orchard Lane
North Brunswick, NJ 08902
800-221-3520 Reservations
www.middlesexcountynj.gov

Mailing Address:
PO Box 871
North Brunswick, NJ 0803

Demand Response/Reservation:

MCAT provides transportation for $3.00 a trip (one way) fee, to seniors 60+ and disabled residents of Middlesex County. Intermittent transportation is available so that residents may obtain the necessities of life, with priority given to non-emergency medical services. Registration and reservations are required.

Community Shuttle:

MCAT shuttle service is a fixed route service, reservations are not required. Shuttle service runs Monday - Friday and is available to the general public. Call for the Community Shuttle schedule or visit www.middlesexcountynj.gov.

American Cancer Society Road to Recovery

2600 U.S. Hwy. #1
North Brunswick, NJ 08902
800-227-2345 / 732-297-8000
www.cancer.org

A volunteer program providing free rides to and from medical appointments. Rides are not guaranteed, contact your local office for availability.

Amtrak

800-872-7245
www.amtrak.com

Amtrak travelers 62 and over are eligible to receive a 15% discount on the lowest available rail fare on most Amtrak trains. Valid proof of age is required when purchasing your ticket and on board the train.

Interfaith Network of Care

62 South Main Street
Milltown, NJ 08850
732-247-1655

Interfaith volunteers are able to provide transportation to non-emergency medical appointments in the local area.

NJ Transit Access Link - ADA Paratransit

1-800-955-2321
www.njtransit.com

Access Link is for people with disabilities who are unable to use the local fixed route bus. This service is a shared ride, curb to curb service and is available when bus service is available. Access Link may be used for trips of any purpose. Contact Access Link to apply for eligibility.

NJ Transit
Reduced Fare Program

One Penn Plaza East, 5th Floor
Newark, NJ 07105
973-491-7112
www.njtransit.com

Reduced fares, at anytime, are available on NJ Transit buses, trains and light rail, to seniors age 62 and over and people with disabilities. Personal assistants ride for free. Seniors must present a valid ID or NJ Transit Reduced Fare ID card. People with disabilities may show NJ Reduced Fare ID card or Medicare card.

Applications for Reduced Fare ID cards are available online at www.njtransit.com or your local Office of Aging and Disabled Services.

Mini Bus Transportation Service:

This service is free to seniors and disabled persons. Includes local transportation to doctors, hospitals, social service agencies and centers. Some agencies may have restrictions, please inquire when requesting service.

Carteret
732-541-3890

Dunellen
732-968-3033 ext. 4

East Brunswick
732-390-6896

Edison
732-248-7345

Highland Park
732-819-0052

Metuchen
732-632-8525

Middlesex
732-356-0414

Milltown
732-296-0681

Monroe
609-443-0511
New Brunswick Dial-A-Ride
732-745-5161

North Brunswick
732-247-0922 Ext. 820

Old Bridge
732-721-5600 Ext.6600

Perth Amboy
732-826-1690 Ext.4326 or 4307

Sayreville
732-390-7058

So. Brunswick
732-329-4000 Ext.7361

South Plainfield
908-754-1047

South River
732-257-2340

Spotswood
732-251-3432

Woodbridge
732-726-2394

Veteran Services

Brigadier General William C. Doyle Veterans Memorial Cemetery

350 Provinceline Road
Wrightstown, NJ 08562
609-738-2400
www.nj.gov/military/cemetery

It is open to eligible New Jersey veterans; residents who are members of the armed forces or reserve units on active duty at time of death, certain dependents, and certain merchants marines and civilians who have been awarded veteran status.

Hope for Veterans Supportive Services for Veteran Families Program (SSVF)

1-855-483-8466
hopeforveterans.com

Providing case management to assist veterans and their families in securing housing and developing housing stability.

Middlesex County Veteran Services

75 Bayard Street - 2nd Floor
New Brunswick, NJ 08901
732-745-4051
www.middlesexcountynj.gov

Providing Veterans Housing Assistance Program, Rapid re-housing, Homelessness Prevention, and Veterans service cards.

NJ Department of Military and Veteran Affairs

101 Eggert Crossing Road
Lawrence Township, NJ 08648
732-937-6347
www.nj.gov/military

New Jersey Veterans Memorial Home

132 Evergreen Road
P.O. Box 3013
Edison, NJ 08818-3013
732-452-4100
www.nj.gov/military

The soldiers' home is open to veterans who served active duty and to certain family members.

Soldier On

1-866-406-8449
wesoldieron.org

Assists veterans and their families experiencing homelessness or are at risk of becoming homeless. Other services include: peer support, financial support, education and employment services, and transportation assistance.

Veterans Administration New Jersey Health Care System

East Orange Campus
385 Treemont Avenue
East Orange, NJ 07018
973-676-1000

Lyons Campus
151 Knollcroft Road
Lyons, NJ 07939
908-647-0180
www.newjersey.va.gov

Provide in- and out-patient medical, psychiatric, and rehabilitation services. Nursing home care is available for eligible veterans with an honorable discharge. Priority for veterans with a service-connected disability or disease.

VA New Jersey Health Care System Outpatient Clinic
14 Wills Way
Piscataway, NJ 08854
732-981-8193
www.newjersey.va.gov

NJ Vet 2 Vet Helpline
1-866-VETS-NJ4U
(1-866-838-7654)
www.NJvet2vet.com

24hr/7 day week helpline coordinated by Rutgers University Behavioral Healthcare. The helpline features peer counseling, clinical assessments, and assistance to family members.

US Dept of Veterans Affairs
844-698-2311
www.va.gov

Veterans Benefits Hotline
1-888-8NJ-VETS

Vision

Eye Care America
655 Beach Street
P.O. Box 429098
San Francisco, CA 94142-9098
877-887-6327
www.eyecareamerica.org

A public service program for eligible citizens age 65 and older with medical eye problems who do not have eye doctor or have not seen one in the past three years. A volunteer physician's name will be mailed, and an appointment scheduled.

Eye 2 Eye Peer Support Program
Rutgers/UHBC
833-932-3931
uhbc.rutgers.edu

A phone-based program that offers information, support, resources & referrals for individuals with vision impairment and blindness.

New Eyes for the Needy
549 Millburn Avenue
Short Hills, NJ 07078
973-376-4903
www.new-eyes.org

Provides prescription eyeglasses for-low income individuals through a voucher program.

NJ Commission for the Blind and Visually Impaired
153 Halsey Street, 6th Floor
Newark, NJ 07101-47017
973-648-3333 or 877-685-8878
www.state.nj.us/humanservices/cbvi/

Provides education, counseling, rehabilitation, job placements, home instruction, O&M instruction, nursing unit and eye screenings.

NJ State Library for the Blind and Handicapped
2300 Stuvyesant Avenue
P.O. Box 501
Trenton, NJ 08618-0501
800-792-8322 or 609-406-7179
www.njstatelib.org

Books and magazines in special format are available to any resident who is unable to read normal print. Materials are loaned through a postage free mail service.

Seeing Eye, Inc.
P.O. Box 375
Morristown, NJ 07963-0375
973-539-4425
www.seeingeye.org

Trains dogs and instructs blind and visually impaired persons.

Voting

Middlesex County Board of Elections
11 Kennedy Boulevard
East Brunswick, NJ 08816
732-745-3471
www.middlesexcountynj.gov

Voters who are blind, disabled, or unable to read or write, are entitled to receive assistance at the polls.

Out of State Assistance

Benefits Checkup
www.BenefitsCheckUp.org

Quickly find benefit programs that could help you pay for medication, healthcare, food and more.

Eldercare Locator
1-800-677-1116
www.eldercare.gov

A public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

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