

2016 Resource Directory For Aging & Disabled Services



*Remaining independent
and living with dignity
are important issues.*

*Some solutions may
be simple, others
quite complex...*

***Where do you go for answers?
When you need help making
decisions, call us.....***

Main Line: 732-745-3295

ADRC Toll Free: 1-877-222-3737

www.co.middlesex.nj.us

**COUNTY OF MIDDLESEX
OFFICE OF AGING AND DISABLED SERVICES
75 BAYARD STREET, FIFTH FLOOR
NEW BRUNSWICK, NJ 08901**



Aging & Disability Resource Connection

Your Doorway to Information & Assistance

The Aging & Disability Resource Connection, or ADRC, serves as your doorway to programs and services for senior citizens and adults with physical disabilities.

Made possible by federal grants, the ADRC was established to provide “one-door” access to services that will help people age in place. The ADRC provides limited direct access to resources and services and provides information about and/or answers to a wide range of questions and concerns.

The ADRC is designed to foster the independence and dignity of individuals at least sixty years of age or individuals living with physical disability, regardless of financial status by providing the assistance they need to access a broad array of programs which will help prolong self-sufficiency.

You can call one phone number within the county for information about programs and services for your particular needs and circumstances. These services include: information, referral and assistance, benefits screening for program eligibility and care management.

ADRC trained staff will provide assistance that promotes wellness, independence, dignity and personal choice.

www.adrcnj.com

1-877-222-3737

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ADULT DAY CARE

2nd Home Adult Medical Day Care

420 Fayette Street
Perth Amboy, NJ 08861
732-826-8012
www.2ndhome.org
Bilingual Staff

Always at Home

8a Jocama Blvd
Old Bridge, NJ 08857
732-591-9155

Buckingham Place Adult Day Center & Home Health Care

700 Woods Lane
Monmouth Junction, NJ 08852
732-329-8954 ext. 1
www.buckinghamplace.net

Circle of Life Adult Day Centers

3000 Hadley Road
South Plainfield, NJ 07080
732-839-3333

Edison Adult Medical Day Care Center

1655-150 Oak Tree Road
Edison, NJ 08820
732-494-1001

Elderday JFS of Middlesex County

201 South 3rd Avenue
Highland Park, NJ 08904
732-777-1940
www.jfsmiddlesex.org

Golden Era Medical Adult Day Care

36 Meridian Road
Edison, NJ 08820
732-549-2273

Golden Path Adult Medical Day Care, Inc.

50-52 Charles Street
New Brunswick, NJ 08901
732-640-1122

Graceland Adult Medical Day Care

316 Madison Avenue
Perth Amboy, NJ 08861
732-826-0680

Harmony Adult Medical Day Care Center

220 Centennial Avenue
Piscataway, NJ 08854
732-667-5527

Iselin Adult Day Care Center

477 Lincoln Highway
Iselin, NJ 08830
732-283-1373

JFK Adult Medical Day Program

3 Progress Street - Suite 103
Edison, NJ 08820
908-912-1910
www.jfkhartwyck.org

Just Home Medical Adult Day Care Center

7 Edgeboro Road
East Brunswick, NJ 08816
732-432-9990
www.jhcare.org

Just Like Home
426 Raritan Street
Raritan Center
Sayreville, NJ 08872
732-721-9200

Nirvana Adult Day Care
2050 Oak Tree Road
Edison, NJ 08820
848-200-7343

Parker at the Pavilion Adult Day Health Services Center, Inc.
443 River Road
Highland Park, NJ 08904
732-565-2440
www.franciseparker.com

Saint Peters Adult Day Center
200 Overlook Drive
Pondview Plaza
Monroe Township, NJ 08831
609-655-6853
www.saintpetershcs.com

Second Inning Adult Day Care Center
1501 Livingston Avenue
North Brunswick, NJ 08902
732-626-5544

South Amboy Adult Day Health Care Center
540 Bordentown Avenue
South Amboy, NJ 08879
732-553-1600
www.southamboyadhcc.com

Sterling Adult Day Services
225 North Center Drive
North Brunswick, NJ 08902
732-951-2020

Sunny Days Adult Day Care Center
217-225 Durham Avenue
South Plainfield, NJ 07080
732-791-4888
www.sunnydaysadultdaycare.com

Vcare Adult Center
121 Ethel Road West
Piscataway, NJ 08854
732-640-0455



ALCOHOL PROGRAMS **COUNSELING**

Alcoholics Anonymous (A.A.)
800-245-1377
www.aa.org

Ala-Call/Substance Abuse
NJ State Hotline 800-322-5525
www.snj.com/ala-call

An information and referral hotline for NJ residents with alcohol and drug problems. A trained volunteer will provide information about meeting times and location for self-help groups. Information is available concerning counseling, hospitalization and treatment facilities which cover the entire State of NJ.

Crisis Hotline**732-442-3794**

www.rbmc.org/behavioral-health
 Raritan Bay Medical Center
 530 New Brunswick Avenue
 Perth Amboy, NJ 08861

Provides assistance with crisis for mental health and substance abuse

Carrier Foundation

P.O. Box 147
 Route 601
 Belle Mead, NJ 08502
800-933-3579 (24 hrs/7 days)
 www.carrierclinic.org

Private, nonprofit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Outpatient centers are located in South Plainfield, Freehold, Paramus, Belle Mead, Hamilton and Toms River. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

Daytop NJ at Crawford House (Women)

P.O. Box 255
 Skillman, NJ 08558
908-874-5153
 www.daytopnj.org/crawford/

Halfway house for female residents of New Jersey for alcoholism treatment and other drug dependencies.

Middlesex County Division of Addictions and Mental Health Planning

Office of Human Services
 75 Bayard Street - 5th Floor
 New Brunswick, NJ 08901
732-745-4091
 www.co.middlesex.nj.us

Coordinates alcohol and drug programs throughout Middlesex County.

Intoxicated Driver Resource Center

P.O. Box 30
 New Brunswick, NJ 08903
732-745-4500

National Council on Alcoholism and Drug Dependence of Middlesex County, Inc. (NCADD)

Well Spring Center for Prevention
 152 Tices Lane
 East Brunswick, NJ 08816
732-254-3344 HelpLine
 www.ncadd-middlesex.org

- Information & Assistance
- Prevention Resource Center
- Education and Training
- Community organization
- Consultation services
- Advocacy

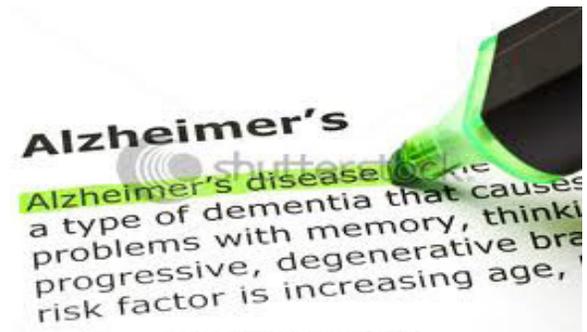
New Hope Foundation

51 Throckmorton Street
 Freehold, NJ 07728
732-946-3030 or 800-705-4767
 www.newhopefoundation.org

Intensive outpatient and inpatient rehab. for alcoholism, substance abuse, and compulsive gambling.

Open Door New Hope Foundation
2-4 New and Kirkpatrick Street
New Brunswick, NJ 08901
732-246-4800

Provides outpatient counseling, group therapy, education, and evaluation. AA & NA meetings.



ALZHEIMER'S PROGRAMS

“A Day Away” Jewish Family Services of Middlesex County

1600 Perrineville Road, Suite 52
Monroe Township, NJ 08831
609-395-7979

Social activities and monthly support group for those with Alzheimer's and other memory problems.

Alzheimer's Association Greater New Jersey Chapter

3 Eves Drive – Suite 310
Marlton, NJ 08053
973-866-8143
1-800-272-3900 24/7 Helpline
www.alz.org/nj/

- Information and Referral
- Family caregiver support groups
- Safe Return program
- Respite information

Alzheimer's Association
225 North Michigan Avenue, Fl. 17
Chicago, IL 60611
800-272-3900
www.alz.org

Provides educational information and links families to local programs.

Care 2 Caregivers COPSA

151 Centennial Avenue
Piscataway, NJ 08854
800-424-2494
www.care2caregivers.com

Counselors assist dementia caregivers by providing supportive counseling and information on the broad ranges of services that can help caregivers.

Elderday

JFS of Middlesex County
201 South 3rd Avenue
Highland Park, NJ 08904
732-777-1940
www.jfsmiddlesex.org

A specialty program for those with memory loss. Caregivers group available. Tues. – Fri., 9am - 2pm

Buckingham Place Adult Day Center & Home Health Care

700 Woods Lane
Monmouth Junction, NJ 08852
732-329-8954 ext.1
www.buckinghamplace.net

COPSA Institute For Alzheimer's Disease and Related Disorders- RUBHC

100 Metroplex Drive
Suite 200
Edison, NJ 08817
732-235-8400
www.ubhc.rutgers.edu

JFK Adult Medical Day Program
3 Progress Stret
Edison, NJ 08820
732-912-1910 Adult Day Care

Millenium Memory Care
310 Buckelew Avenue
Monroe Township, NJ 08831
609-521-8855
www.milleniummemorycare.com

A specialized memory care home with 16 private bedrooms, providing a small and personalized community environment for residents with Alzheimer's Disease, dementia and other types of memory issues.

Saint Peter's Adult Day Center
200 Overlook Drive
Cranbury, NJ 08512
609-655-6853



ASSISTED LIVING **RESIDENCES**

EAST BRUNSWICK
The Chelsea at East Brunswick
606 Cranbury Road
East Brunswick, NJ 08816
732-651-6100
www.chelseaseniorliving.com

Sunrise of East Brunswick
190 Summerhill Road
East Brunswick, NJ 08816
732-613-1355
www.sunriseseniorliving.com

EDISON
Sunrise Brighton Gardens
1801 Oak Tree Road
Edison, NJ 08820
732-767-1031
www.sunriseseniorliving.com

Heritage at Clara Barton
1015 Amboy Avenue
Edison, NJ 08837
732-225-5990
www.geneshicc.com

Whispering Knoll
62 James Street
Edison, NJ 08820
732-744-5541
www.whisperingknoll.org

ENGLISHTOWN
Liberty Manor Assisted Living
49 LaSatta Avenue
Englishtown, NJ 07726
732-786-1000

HIGHLAND PARK
Parker at Stonegate
443 River Road
Highland Park, NJ 08904
732-565-2500
www.franciseparker.com

MONROE TOWNSHIP

Brookdale Monroe

380 Forsgate Drive
Monroe Township, NJ 08831
609-409-7525
www.brookdale.com

The Chelsea at Forsgate

319 Forsgate Drive
Monroe Township, NJ 08831
732-656-1000
www.chelseaseniorliving.com

OLD BRIDGE

The Reformed Church Home

1990 Rt. 18 North
Old Bridge, NJ 08857
732-607-9230
www.reformedchurchhome.com

PLAINSBORO

Pavilions at Forrestal

1000 Windrow Drive
Princeton, NJ 08540
609-514-9111

SOMERSET

Spring Hills at Somerset

473 Demott Lane
Somerset, NJ 08873
732-873-4800
www.spring-hills.com

Stein Assisted Living at the Wilf Campus for Senior Living

350 DeMott Lane
Somerset, NJ 08873
732-568-1155
www.wilfcampus.org

SOUTH BRUNSWICK

Brandywine Assisted Living

155 Raymond Road
Princeton, NJ 08540
732-329-8888
www.brandycare.com

WOODBRIIDGE

St. Joseph's Assisted Living

1 St. Joseph's Terrace
Woodbridge, NJ 07095
732-634-0004
www.stjosephseniorhome.com



CAREGIVING RESOURCES

Care 2 Caregivers

151 Centennial Avenue
Piscataway, NJ 08854
800-424-2494
www.care2caregivers.com

Counselors assist dementia caregivers by providing supportive counseling and information on the broad ranges of services that can help caregivers.

EARS for Caregivers

(Educate-Advocate-Reduce Stress for Caregivers)

**University Behavioral Healthcare
COPSA Geriatric Services**
100 Metroplex Drive
Edison, NJ 08817
1-866-300-EARS/ 866-300-3277
www.ubhc.rutgers.edu

A program designed to assist unpaid caregivers with emotional support and guidance. Professional staff with an understanding of the stresses of caregiving are available to assist in matters of decision making, accessing services, listening and offering support and understanding to those in need.

Family Resource Network

1 AAA Drive, Suite 203
Trenton, NJ 08691
800-376-2345 or 609-392-4900
www.familyresourcenetwork.org

Family Support Center of NJ

35 Beaverson Boulevard, Bldg. 11
Brick, NJ 08723
800-372-6510
www.fscnj.org

Statewide Respite Care Program

Middlesex County Office of Aging
and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.state.nj.us

A program designed to provide assistance by giving unpaid caregivers a break from their daily responsibility of caring for an elderly or disabled friend or relative. This allows the caregiver to attend to their personal matters, medical appointment, shopping, or vacations. Applicants must meet eligibility guidelines.



FOOD PANTRIES/ COMMUNITY SERVICES

These organizations provide food and/or outreach services free of charge to persons with limited resources in need of emergency assistance in their respective communities.

Middlesex County Food Organization and Outreach Distribution Services (M.C.F.O.O.D.S.)

c/o MC Improvement Authority
101 Interchange Plaza
Cranbury, NJ 08512
732-729-0880
www.mciauth.com/mcfoods.htm

Provides referrals to food pantries and soup kitchens throughout the County that offer assistance to Middlesex County Residents.

Fish Inc.

456 New Market Road
Piscataway, NJ 08854
732-968-7925
www.fishhospitality.org

Emergency food, clothing, furniture, blankets, special needs for the elderly.

**Jewish Family Services
of Middlesex County**

32 Ford Avenue
Milltown, NJ 08850
732-777-1940

www.jfsmiddlesex.org

Food Distribution

**American Red Cross
of Central New Jersey**

707 Alexander Road
Princeton, NJ 08540
609-951-8550

www.redcross.org

Food Vouchers available to those affected by disasters.

Elijah's Promise

18 Neilson Street
New Brunswick, NJ 08901
732-545-9002 Ext. 118

www.elijahspromise.org

Lunch: Mon-Fri 11am-12:15pm
Dinner: Mon-Fri 6pm-7pm
Dinner: Sat/Sun 3:30pm-4:30pm

Prepared meals, health services, educational services, counseling and general assistance.

The Salvation Army

287 Handy Street
P.O. Box 69
New Brunswick, NJ 08901
732-545-1477

www.newjersey.salvationarmy.org

Food Pantry, Appointment Required

The Salvation Army

433 State Street
Perth Amboy, NJ 08861
732-826-7040

www.newjersey.salvationarmy.org

Food pantry, lunch program, and emergency winter shelter. Lunch is available Monday -Friday, the last 10 days of every month.



**CONSUMER
INFORMATION**

The following agencies handle complaints arising from the purchase of products or services. Some agencies also provide background information on the reputation of business firms, and conduct consumer education.

**Better Business Bureau
of Central Jersey**

1700 Whitehorse-Hamilton
Square Road – Suite D5
Trenton, NJ 08690
609-588-0808

www.bbb.org

**Middlesex County Division of
Community Affairs**

711 Jersey Avenue
New Brunswick, NJ 08901
732-745-3875

www.co.middlesex.nj.us

Complaints must be sent in writing

**Federal Trade Commission
Consumer Response Center
877-FTC-HELP (382-4357)
www.ftc.gov**

To report fraud and to obtain information about avoiding consumer scams.

**National Consumers League
www.Fraud.org**

**NJ Division of Consumer Affairs
124 Halsey Street
Newark, NJ 07102
800-242-5846 / 973-504-6200
www.njconsumeraffairs.gov**

**NJ Board of Public Utilities
Division of Customer Relations
800-624-0241
www.bpu.state.nj.us**

Complaints concerning utilities.

**NJ Department of Treasury
Division of Taxation
Property Tax Relief Programs
800-882-6597
www.state.nj.us/treasury/taxation**

**NJ - Office of Insurance
Fraud Prosecutor
877-55 Fraud (553-7283)
www.nj.gov/oag/insurancefraud/**



COUNSELING / MENTAL HEALTH

Carrier Foundation

P.O. Box 147
Route 601
Belle Mead, NJ 08502
800-933-3579 24-hours / 7 days
www.carrierclinic.org

Private, non-profit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

Catholic Charities Family Service Center

288 Rues Lane
East Brunswick, NJ 08816
732-257-6100
www.ccdom.org

26 Safran Avenue
Edison, NJ 08837
732-738-1323

319 Maple Street
Perth Amboy, NJ 08861
732-324-8200

- Family, marital, individual, and group counseling, psychiatric and psychological services.

- Outreach program for people with physical disabilities and/or chronic illness and their families. This program provides counseling and case management in the home of a person who is physically unable to get to a mental health center.

The Chelsea at East Brunswick

606 Cranbury Road
 East Brunswick, NJ 08816
732-651-6100
www.chelseaseniorliving.com

For residents with mental health or behavioral issues, the Crossings program offers a secure setting in assisted living with the specialized care of a skilled behavioral health clinical team.

COPSA - University Behavioral Healthcare

100 Metroplex Drive
 Edison, NJ 08817
1-800-969-5300
 (for appointments)
732-235-8400
 (general information)
www.ubhc.rutgers.edu/

Provides counseling services for adults. Psychiatric & medication evaluation, support groups, case management, and home visits.

George J. Otlowski, Sr. Center for Mental Health Care

570 Lee Street
 Perth Amboy, NJ 08861
732-442-1666
www.co.middlesex.nj.us

Offers treatment for a wide range of emotional disorders, including anxiety, depression, marital, family and other problems of daily living. The center serves Middlesex County residents of all ages.

Jewish Family Services of Middlesex County

32 Ford Avenue
 Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.org

52 Concordia Shopping Center
 Monroe Township, NJ 08831
609-395-7979

Provides a range of counseling, support groups and multi-services for seniors.

**MIDDLESEX COUNTY OFFICE OF HUMAN SERVICES
 Division of Addictions and Mental Health Planning**

75 Bayard Street
 New Brunswick, NJ 08901
732-745-3280
www.co.middlesex.nj.us

Provides information and referral services for behavioral health, mental health and addictions programs.

**Princeton House Behavioral Health Services
 Senior Link Program**

1460 Livingston Avenue
 North Brunswick, NJ 08902
732-435-0202/1-888-437-1610
www.princetonhcs.org

Outpatient center that provides intensive, structured mental health care to seniors 65 and older with a variety of psychiatric disorders.



DENTAL PROGRAMS

Senior Dental Program NJ Dental Association

1 Dental Plaza
North Brunswick, NJ 08902
732-821-9400
www.njda.org

A service for seniors to receive a 15% reduction from participating dentists. Eligibility is based on PAAD guidelines & is for those who do not have Medicaid or dental insurance

Dental Home Service

730 Prospect Street
Maplewood, NJ 07040
1-800-842-4663
www.dentalthomeservices.com

For patients who have trouble receiving dental care due to health and/or mobility issues. Private insurance is accepted but not Medicaid. House call fee of \$85.

Donated Dental Services Dental Lifeline Network

PO Box 2117
Edison, NJ 08818-2117
732-821-3056
www.dentallifeline.org

Dentists provide volunteer services for comprehensive treatment to eligible patients. Emergency services are **not** available. Applicants may be placed on a wait list. Applicants must lack adequate income to pay for dental care and have a permanent disability, or are 65 or older, or qualify as medically fragile.

Middlesex County College Dental Hygiene Clinic

L'Hommedieu Hall - Room 164
2600 Woodbridge Avenue
Edison, NJ 08818
732-906-2536
www.middlesexcc.edu

A student clinic that offers seniors a complete dental exam including cleaning and oral cancer screening for a \$5 fee. Please allow sufficient time for the completion of treatment. By appointment only.

Eric B. Chandler Health Center Dental Department

277 George Street
New Brunswick, NJ 08901
732-235-6700
www.rwjms.rutgers.edu

Fee based on a sliding scale; accepts Medicaid and private insurance.

JFK Medical Center Dental Clinic

65 James Street
Edison, NJ 08817
732-321-7608
www.jfkmc.org

By appointment only, fees are on a sliding scale.

Mobile Dentistry

505 Stillwells Corner Road
Suite C2
Freehold, NJ 07728
732-915-2740

For patients that are homebound, handicapped, or unable to get to the office. Private insurance is accepted but not Medicaid. House call fee of \$175.

New Jersey Dental Association Homebound Program

800-831-NJDA
www.njda.org

Patients or caregivers in need of a dental visit to their home should call to be connected with dentists who make house calls.



DISABILITY SERVICES

Alliance Center for Independence

629 Amboy Avenue
Edison, NJ 08837
732-738-4388
732-738-9644 TTY
www.adacil.org

Resource center, information and referral, advocacy, training, group peer sharing, and case management.

Arc of New Jersey

985 Livingston Avenue
North Brunswick, NJ 08902
732-246-2525
www.arcnj.org

Arc of Middlesex County

219 Black Horse Lane - Suite 1
North Brunswick, NJ 08902
732-821-1199
www.arc-middlesex.org

Enhance the quality of life and advocate for people with disabilities in New Jersey.

Diose of Metuchen

Office of Persons with Disabilities

The St. John Neumann
Pastoral Center
P.O. Box 191
Metuchen, NJ 08640
732-565-6432

Disability Rights NJ

210 South Broad Street, 3rd Floor
Trenton, NJ 08608
609-292-9742/800-922-7233
TTY: 609-633-7106
www.drnj.org

Disability Services & Advocacy LLC

P.O. Box 395
South River, NJ 08882
732-238-6133
www.dsausa.net

Easter Seal Society of NJ

25 Kennedy Blvd. – Suite 600
East Brunswick, NJ 08816
732-257-6662
www.easterseals.com/nj/

Provides information and referral for people with disabilities. Coordinates vocational workshops and training centers.

Middlesex County Office of Aging and Disabled Services

75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-4013
www.co.middlesex.nj.us

NJ Association of the Deaf/Blind Inc.

Everas Community Services
24K Worlds Fair Drive
Somerset, NJ 08873
732-805-1912 (V/TTY)
www.everas.org

NJ Commission for the Blind & Visually Impaired

150 Halsey Street, 6th Floor
Newark, NJ 07101-47017
973-648-3333
www.state.nj.us/humanservices/

Vocational Rehab Program
973-648-7504

Vocational Rehab Services are designed to assist persons who are blind, visually impaired, or deaf-blind, to develop/update skills that will enable them to secure employment.

NJ Division of Deaf and Hard of Hearing

P.O. Box 074
Trenton, NJ 08625-0074
888-792-8339
609-588-2648
www.state.nj.us/humanservices/

NJ Division of Developmental Disabilities

195 Gateway Center
5 Commerce Way, Suite 100
Hamilton, NJ 08691
800-832-9173
www.state.nj.us/humanservices/
ddd/

NJ Division of Disability Services

11A Quaker Bridge Plaza
Mercerville, NJ 08619
888-285-3036 / 609-292-7800
609-631-4366 (TDD)
www.state.nj.us/humanservices/
dds/

**PASP Personal Assistance
Service Program**

Middlesex County Office of
Aging and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.co.middlesex.nj.us

PASP provides routine, non-medical assistance to adults with disabilities who are employed, attending school or involved in community volunteer work.



DOMESTIC VIOLENCE

**Statewide Domestic Violence
Information Hotline**

1-800-572-SAFE
www.state.nj.us/dcf

Information on people's rights, access to emergency care, shelter, and personal counseling.

Women Aware Inc.

250 Livingston Avenue
New Brunswick, NJ 08901
732-249-4900
732-249-0600 (TTY)
24 Hour Hotline-732-249-4504
www.womenaware.net/

Offers free confidential services to abused women and their families. Services include shelter, counseling, information, referral and advocacy.

Women Helping Women

224 Main Street
Metuchen, NJ 08840
732-549-6000

Counseling center specializing in issues related to domestic violence.

**Office of Victim/Witness
Advocacy Middlesex County
Prosecutor's Office**

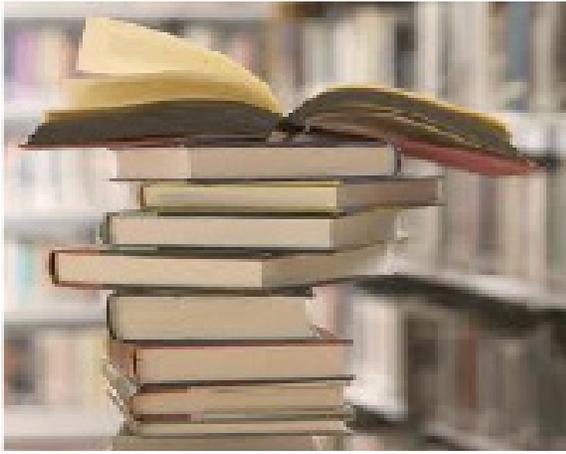
100 Bayard Street, 4th Floor
New Brunswick, NJ 08901
732-745-3394
www.middlesex.nj.us

Victim support includes an escort, a companion in court, transportation, counseling on the legal process, and help in filing for the Victim's Compensation Fund.

**The Legal Services of NJ
Domestic Violence
Representation Project (DVRP)**

732-572-9100
www.lsnjlaw.org

Provides direct representation, referral, and advice to low-income women, including those victimized by domestic violence.



EDUCATION

Higher Education Student Assistance Authority

800-792-8670

www.hesaa.org

Information on financial aid, grants and loans for education.

New Jersey Virtual University **www.njvu.org**

Provides a user-friendly, on-line index of over 1,000 distance learning courses and programs in advanced education and lifelong learning from over 42 NJ colleges & universities.

VOCATIONAL & TECHNICAL HIGH SCHOOLS

East Brunswick Vocational HS

112 Rues Lane
East Brunswick, NJ 08816
732-254-8700

New Brunswick Vocational HS

256 Easton Avenue
New Brunswick, NJ 08901
732-247-3832

Perth Amboy Vocational HS

618 New Brunswick Avenue
Perth Amboy, NJ 08861
732-442-9595

Piscataway Vocational HS

21 Suttons Lane
Piscataway, NJ 08854
732-985-0717

Woodbridge Vocational HS

1 Convery Boulevard
Woodbridge, NJ 07095
732-634-5858



ELDER ABUSE

Adult Protective Services Middlesex County

732-745-3635
www.fcsmonmouth.org

Mailing Address:

Family and Childrens Services
191 Bath Avenue
Long Branch, NJ 07740

Evaluates referrals of abuse, neglect, and exploitation of vulnerable adults who reside in a community setting.

NJ Department of Health Facilities, Evaluation and Licensing

Complaint Hotline
1-800-792-9770

www.state.nj.us/health/healthfacilities

For complaints or to report an incident concerning: nursing homes, assisted living, residential health care facilities, personal care home, medical day care, hospitals, hospice agencies, home health agencies, dialysis centers.

**Office of the Ombudsman for
the Institutionalized Elderly**
24-HOUR HOTLINE
1-877-582-6995
www.state.nj.us/ooie/

Receives and investigates complaints of suspected abuse or exploitation of elderly people in institutions.



EMERGENCY ASSISTANCE

American Red Cross of Central New Jersey

707 Alexander Road
Princeton, NJ 08540
609-951-8550
www.redcross.org

Serves families through blood banks, disaster assistance, safety training, food vouchers, transportation and counseling.

Hours: Mon.-Fri. 8:30am - 4:30pm



EMPLOYMENT/ VOCATIONAL REHABILITATION/ VOLUNTEER

Middlesex County Workforce Development

506 Jersey Avenue
New Brunswick, NJ 08901
732-745-4116

275 Hobart Street - 2nd floor
Perth Amboy, NJ 08861
732-826-3200
www.co.middlesex.nj.us

Program offers schooling and training.

NJ State Department of Labor Division of Vocational Rehabilitation Service

Middlesex Office
550 Jersey Avenue
P.O. Box 2672
New Brunswick, NJ 08901
732-937-6300
www.jobs4jersey.com

The Division of Vocational Rehabilitation Services is responsible for training and placement of persons of employable age with disabilities.

NJ WINS (NJ Work Incentive Network Support)
866-946-7465
www.njwins.org

NJ WINS provides NJ residents who receive SSDI, SSI, or Medicaid with cost-free informational and technical assistance to make choices about accepting employment or increasing work hours.

NJ Workability
1-888-285-3036
www.state.nj.us

The workability program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay small premium and receive full NJ Medicaid coverage. To be eligible one must meet certain eligibility/income criteria.

Raritan Valley Easter Seals
25 Kennedy Boulevard
East Brunswick, NJ 08816
732-257-6662
www.easterseals.com

Offers vocational rehabilitation to the handicapped through evaluation, training and provision of competitive employment.

JFK Rehabilitation Institute
JFK Medical Center Vocational Rehabilitation Institute
65 James Street
Edison, NJ 08818-3059
732-321-7069
www.jfkmc.org

Professional Office Skill Training (POS) is a 26-week course available to handicapped persons who meet eligibility guidelines.

RSVP 55+ Volunteer Program
JFS of Middlesex County
32 Fords Avenue, 2nd Floor
Milltown, NJ 08850
732-777-1940
www.jfsmiddlesex.org

Senior Community Service Employment Program
Title V – Workforce 55+
550 Jersey Avenue
New Brunswick, NJ 08901
732-937-5237 / 732-937-5233
www.jobs4jersey.com

Assists individuals 55 years of age or over with their employment and training needs. Individuals must meet income eligibility requirements.

Middlesex County
One Stop Career Center
550 Jersey Avenue
New Brunswick, NJ 08901
732-937-6200
www.co.middlesex.nj.us

Provides free job training, including workshops for resume writing. Interviewing techniques, etc. Career counselors are available to assist in job searching. Computers with internet access are available, as well as printers, fax machines and copy machines.

**Displaced Homemaker
Center Jewish Family Services
of Middlesex County**

32 Ford Avenue
Milltown, NJ 08850

732-777-1940

www.jfsmiddlesex.org

Provides job counseling, training and placement, and financial management services.



ENERGY ASSISTANCE

**Low Income Home Energy
Assistance Program (LIHEAP)**

Puerto Rican Action Board
90 Jersey Avenue
New Brunswick, NJ 08903-0240
732-828-4510

www.energyassistance.nj.gov

This program assists eligible low-income individuals with a benefit towards heating and cooling costs. Monthly gross income cannot exceed \$1,962 for one person and \$2,655 for two people. Applications are accepted October 1st – April 30th.

Lifeline Program

P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745 / 609-588-7161

www.state.nj.us/humanservices/doas

Lifeline is a utility assistance program that offers \$225 to persons who meet PAAD eligibility requirements or who receive Supplemental Security Income (SSI).

Gross annual income must not exceed \$26,575 for a single person, or \$32,582 for a married couple.

**New Jersey Citizen Action
Oil Group**

1-800-464-8465

www.njcaoilgroup.com

A project of NJ Citizen Action which provides consumers with an alternate to the high cost of home heating fuel by using group purchasing power to negotiate discount prices with heating oil suppliers for their members.

**New Jersey Comfort Partners
888-773-8326**

www.njcleanenergy.com

A program to assist eligible low income families save energy and money by making their homes more energy efficient.

**Statewide Heating Assistance
and Referral for Energy
Services (NJ SHARES)**

1901 North Olden Ave. Extention
Ewing, NJ 08618

866-657-4273

www.njshares.org

NJ Shares provides temporary assistance to moderate and fixed income households experiencing a financial crisis. This program is for those who do not qualify for Federal and State assistance programs due to income.

You must have a past due balance and demonstrate a good faith attempt to pay bills. There are no income guidelines but you must show a financial need.

Applications are accepted through these agencies:

- **Puerto Rican Action Board**
732-828-4510
- **Puerto Rican Association for Human Development**
732-442-1081
- **Catholic Charities**
732-826-6278

Payment Assistance for Gas and Electric (PAGE)

Puerto Rican Action Board
PAGE Program
90 Jersey Avenue
New Brunswick, NJ 08901
732-828-4510
www.njpoweron.org

This program is designed to help low to moderate income households who are facing a financial situation that includes a documented notice of overdue payments for gas and electric and have a past history of making regular payments.

Clients who have previously received a TRUE grant can apply for a PAGE grant 60 days after receipt of the TRUE grant.

Temporary Relief of Utility Expenses (TRUE)

Puerto Rican Action Board
TRUE Program
90 Jersey Avenue
New Brunswick, NJ 08901
732-828-4510
www.njpoweron.org

This program is designed to help low to moderate income households who are experiencing economic hardship. Must demonstrate past due balance and/or have received disconnection notice and/or service has been disconnected. Annual income cannot exceed \$54,963 for one person and \$71,877 for two people.

Universal Service Fund (USF)

Puerto Rican Action Board
90 Jersey Avenue
New Brunswick, NJ 08901
732-828-4510
www.energyassistance.nj.gov

USF helps make natural gas and electric bills more affordable for low income households. Monthly gross income cannot exceed \$1717 for one person and \$2324 for two people.

Weatherization Assistance Program

Puerto Rican Action Board
90 Jersey Avenue
New Brunswick, NJ 08903
732-828-4510
www.energyassistance.nj.gov

Provides energy conservation measures for eligible low income homeowners by increasing energy efficiency in their homes.



FINANCIAL ASSISTANCE

**Housing Coalition
Puerto Rican Action Board**
90 Jersey Avenue
New Brunswick, NJ 08903
732-249-9700
<https://prab.org/>

A HUD certified Housing Coalition of Central Jersey provides a wide range of programs to assist Middlesex County residents with housing services. The following housing services are available: Homeownership Counseling, Mortgage Assist, Delinquency, Default, Foreclosure Mediation and loss Mitigation Counseling.

**Middlesex County Board of
Social Services**
181 How Lane
New Brunswick, NJ 08903
732-745-3500

252 Madison Avenue
Perth Amboy, NJ 08861
732-324-5500
www.middlesexcwa.newark.rutgers.edu

Information and referral service, food stamps, financial assistance, medicaid, social services, counseling, and protective services for adults.

**Middlesex County Division of
Housing, Community
Development and Social Services**
75 Bayard Street - 2nd Floor
New Brunswick, NJ 08901
732-745-3025
www.co.middlesex.nj.us

Provides low and moderate income home owners with financial counseling, low interest loans to restore deteriorating homes in Middlesex County.

**United States Department of
Agriculture USDA –
Rural Development**
5th Floor North - Suite 500
8000 Midlantic Drive
Mount Laurel, NJ 08054
856-787-7700
www.rd.usda.gov/nj

Provides loans in rural areas to assist income eligible homeowners in obtaining decent, safe, and sanitary housing. The loans may be used for construction, repair, or purchase of housing in rural areas.

**Verizon Communications
Lifeline Service
888-337-3339**

This program offers discounted local telephone service for qualified low-income residents and seniors 150% or below Federal Poverty Level.



GERIATRIC **ASSESSMENT**

COPSA Institute for Alzheimer's Disease and Related Disorders RUBHC

100 Metroplex Drive
Suite 200
Edison, NJ 08817
732-235-8400
www.ubhc.rutgers.edu

Comprehensive program for evaluation, treatment, and diagnosis of disorders. Medication & behavior management, and clinical drug trials.

George J. Otlowski, Sr. Center for Mental Health Care

570 Lee Street
Perth Amboy, NJ 08861
732-442-1666
www.co.middlesex.nj.us

Provides evaluation, diagnosis, treatments and support for the many types of behavioral issues experienced in the aging process. Treats the physical and emotional needs of both patients and their loved ones.

Geriatric Evaluation and Management Service (GEMS) Division of Geriatrics Saint Peter's University Hospital

Cares Building - 4th Floor
254 Easton Avenue
New Brunswick, NJ 08901
732-745-6655

www.saintpetershcs.com/geriatric

Comprehensive program to treat the physical and psychological needs of persons 60 and over.



HEALTH FOUNDATIONS AND ASSOCIATIONS

American Cancer Society

2600 U.S. Hwy. #1
North Brunswick, NJ 08902
800-227-2345 / 732-297-8000
www.cancer.org

Information, peer support programs, local transportation to treatment, guidance, counseling, equipment loans, and patient supplies.

National Cancer Institute Cancer Information Service

800-422-6237
www.cancer.gov

American Diabetes Association

Center Point II
1160 Rt. 22E - Suite 103
Bridgewater, NJ 08807
800-342-2383
www.diabetes.org

Provides pamphlets, educational programs, newsletters, referrals, and support groups.

American Heart Association

1 Union Street - Suite 301
Robbinsville, NJ 08691
800-242-8721 / 609-208-0020
www.heart.org

Information and referral services, CPR training, patient education programs, nutrition courses, professional education programs, and cardiac support groups.

**American Lung Association
of New Jersey**

P.O. Box 10188
Newark, NJ 07101
800-LUNG-USA / 908-685-8040
www.lung.org

Information and referral services, professional services to consumer and health care providers relating to asthma, tuberculosis, respiratory disease, and environmental health. Low-cost smoking cessation clinics.

**American Parkinson Disease
Association**

P.O. Box 910
New Brunswick, NJ 08903
732-745-7520 / 800-223-2732

Provides information and resources, education programs, newsletters, support groups and speakers.

Arthritis Foundation

555 Route 1 South - Suite 320
Iselin, NJ 08830
888-467-3112 / 732-283-4300
www.arthritis.org/new-jersey

Provides information and referrals, support groups, self-help courses, water exercise and fitness programs, and speakers for community groups.

Deborah Hospital Foundation

212 Trenton Road
Brownsmills, NJ 08015
609-283-9019
www.deborahfoundation.org

Correction of operable heart defects and treatment of all lung disease without any restriction of race, religion or ability to pay.

**Epilepsy Foundation
National Information Center**

1 AAA Drive #203
Trenton, NJ 08691-181
800-336-5843
www.epilepsy.com

Muscular Dystrophy Association

25 E. Spring Valley Avenue #210
Maywood, NJ 07607
201-843-4452
www.mda.org

Registered clients can obtain free diagnosis and follow-up care at the JFK Medical Center in Edison, College Hospital and United Hospital in Newark and at Monmouth Medical. DA clinics provide initial diagnosis and comprehensive services inclusive of orthopedic aids, flu inoculation, and recreational outings.

**National Osteoporosis
Foundation**
800-223-9994
703-647-3000 / 800-231-4222
www.nof.org



HEARING

Hearing Aid Assistance to the Aged and Disabled (HAAD)

NJ Department of Health
and Senior Services
P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745
609-588-7180 TTY

Provides a \$100 reimbursement to eligible persons who purchase a hearing aid.

- Must be a New Jersey resident with income less than \$26,575 for a single person, or income less than \$32,582 if married.
- Applicant must be 65 and older, or 18 years of age and receiving Social Security Disability benefits.

Hearing Aid Dispenser Examiners Committee

P.O. Box 45038
Newark, NJ 07101
973-504-6331
www.njconsumeraffairs.gov

Regulates the practice of hearing aid dispensers in the state of New Jersey.

Hearing Aid Helpline 800-521-5247 Ext. 333

Provides a free kit of consumer information.

Hear NOW 800-648-4327

Assists people who are deaf or hard of hearing and who have no resources to acquire hearing aids. Hear Now also collects hearing aids for recycling purposes.

NJ Division of Deaf and Hard of Hearing

P.O. Box 074
Trenton, NJ 08625-0074
800-792-8339
609-984-7281 (TTY)

www.state.nj.us/humanservices/ddhh/

Provides interpreter referral service, information and referral hotline, telephone equipment. Also provides advocacy, employment/vocational opportunities, and assists with social, legal, medical, educational & recreational issues.



HEMOCARE SERVICES

Princeton Home Care (PHCS)

88 Princeton-Hightstown Road
Princeton Junction, NJ 08550
609-497-4900
www.princetonhcs.org

Services include skilled nursing, physical, occupational, speech and home infusion therapy, medical social service, and home health aides.

Middlesex County Office of Aging and Disabled Services

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
732-745-3295 or 1-877-222-3737
www.co.middlesex.nj.us

Through various County and State programs, in-home support services are available for those who qualify. Programs such as:

- **JACC** (Jersey Assistance For Community Caregiving)
- **MCMAP** (Middlesex County Multi-Assistance Program)

- **MLTSS** (Managed Long Term Services and Supports)
- **The Statewide Respite Program**

The following services may be obtained through these programs:

- Home Health Aide Services
- Companion Services
- Social/Medical Adult Day Care
- Chore Services
- Private Duty Nurse
- Medical Transportation
- Medical Equipment & Supplies
- Personal Emergency Response System
- Environmental Modification/Barrier Free

All programs have specific financial criteria and special requirements to be met in order to qualify. Call for a screening to determine eligibility.

Robert Wood Johnson Visiting Nurse

VNA of Central Jersey

972 Shoppes Boulevard
North Brunswick, NJ 08902
888-997-9584

www.rwjuh.edu/rwjuh/homecare

Provides skilled nurses, physical and occupational therapists, speech therapists, medical social workers and home health aides.



HOME IMPROVEMENT

Middlesex County Safe Housing Program

Residential Maintenance Services are provided to seniors, age 60 and over, whom are homeowners residing in their own home in Middlesex County. The emphasis of this program is to provide a healthy, safe and secure home to older individuals who can no longer perform the tasks necessary to insure these conditions. The Residential Maintenance programs provide minor repairs and improvements to the homeowners. There is no fee for this service but applicants are given the opportunity to voluntarily contribute to the cost of the service.

For further information, contact one of the following agencies:

**Perth Amboy Senior Center
732-826-1690**

**Sayreville Senior Center
732-390-7058**

**South River
732-257-2340**

**Spotswood Office on Aging
732-251-3432**

Middlesex County Division of Housing, Community Development and Social Services

75 Bayard Street, 2nd Floor
New Brunswick, NJ 08901
732-745-3025

USDA Rural Development

5th Floor North - Suite 500
8000 Midlantic Drive
Mount Laurel, NJ 08054
856-787-7700
www.rd.usda.gov

Loan/grant funds are available to help very low-income homeowners of modest single family homes in rural areas repair their homes. For homeowners 62 and over who cannot repay a loan, grant funds are available to remove health or safety hazards, or remodel dwellings to make them accessible to those with disabilities.



HOMELESS SHELTERS

Fish Hospitality Program

456 New Market Road
Piscataway, NJ 08854
732-968-5957
www.fishhospitality.org

Provides homeless women and families with shelter and meals.

Ozanam Family Shelter

89 Truman Drive
Edison, NJ 08817
732-985-0327
732-247-3270

For single women and families with children.

Ozanam Shelter of New Brunswick

20-22 Abeel Street
New Brunswick, NJ 08901
732-729-0850

For homeless men.

St. John's Center

24 Abeel Street
New Brunswick, NJ 08901
732-745-9800

Services include: shelter screening, referral to food banks and clothing.

The Salvation Army Emergency Winter Shelter

433 State Street
Perth Amboy, NJ 08861
732-826-7040
<http://newjersey.salvationarmy.org>

For homeless men.



HOSPICE PROGRAMS

Hospice care provides physical and emotional care for the terminally ill and their families.

American Hospice of NJ

400 Broadacres Drive
Bloomfield, NJ 07003
973-893-0818
www.americanhospice.com

Barbara E. Cheung Memorial Hospice-Roosevelt Care Center

118 Parsonage Road
Edison, NJ 08837
732-321-6800
www.rooseveltcarecenter.com

**Caring Hospice Services of
Central Jersey**

1090 King Georges Post Road
Suite 703
Edison, NJ 08837
732-661-9373
www.caringhospice.com

Haven Hospice Program

JFK Medical Center
65 James Street
Edison, NJ 08818
732-321-7769
www.havenhospice.org

Stein Hospice of NJ

49 Veronica Avenue - Suite 206
Somerset, NJ 08873
732-227-1212
www.wilfcampus.org/hospice/

**Princeton Homecare
Hospice Program**

88 Princeton-Hightstown Road
Princeton Junction, NJ 08550
609-497-4900
www.princetonhcs.org

Odyssey Healthcare, Inc.

242 Old New Brunswick Road
Suite 110
Piscataway, NJ 08854
732-562-8800

VNA Health Group

176 Riverside Avenue
Red Bank, NJ 07701
1-800-400-0981
www.vnahg.org



**HOSPITALS /
HEALTH CENTER**

Cancer Institute of New Jersey

195 Little Albany Street
New Brunswick, NJ 08901
732-235-2465
www.cinj.org

Eric B. Chandler Health Center

277 George Street
New Brunswick, NJ 08901
732-235-6700
www.rwjms.rutgers.edu

**Jewish Renaissance
Medical Center**

272A Hobart Street
Perth Amboy, NJ 08861
732-376-9333
www.jrmc.us

JFK Medical Center

65 James Street
Edison, NJ 08818
732-321-7000
732-321-7050 Rehab Institute
www.jfkmc.org

University Medical Center at Princeton

1 Plainsboro Road
Plainsboro, NJ 08536
609-853-7000
www.princetonhcs.org

Robert Wood Johnson University Hospital Rahway

865 Stone Street
Rahway, NJ 07065
732-381-4200
www.rwjuhr.com

Raritan Bay Medical Center

1 Hospital Plaza
Ferry Road & Route 18
Old Bridge, NJ 08857
732-360-1000
www.rbmc.org

Raritan Bay Medical Center

530 New Brunswick Avenue
Perth Amboy, NJ 08861
732-442-3700
www.rbmc.org

Robert Wood Johnson University Hospital

1 Robert Wood Johnson Place
New Brunswick, NJ 08901
732-828-3000
www.rwjuh.edu

Saint Peter's University Hospital

254 Easton Avenue
New Brunswick, NJ 08901
732-745-8600
www.saintpetershcs.com

Somerset Medical Center

110 Rehill Avenue
Somerville, NJ 08876
908-685-2200
www.smc.rwjuh.info

Veterans Administration NJ Health Care System

385 Tremont Avenue
East Orange, NJ 07018
973-676-1000

151 Knollcroft Road
Lyons, NJ 07939
908-647-0180
www.newjersey.va.gov



HOUSING

Catholic Charities

732-826-6278
www.ccdom.org

One time assistance for back-rent, security deposit.

Central Jersey Housing Resource Center

600 First Avenue - Suite 3
Raritan, NJ 08869
908-704-8901
www.cjhrc.gov

NJ Homeless Hotline – 211

Home Sharing, Inc.

The People Care Center

120 Finderne Avenue
Bridgewater, NJ, 08807
908-526-4663

www.homesharing.org

Assists home “Providers” who have a separate bedroom for rent, with finding a home “Seeker” who is looking for somewhere to live.

Homelessness Prevention Program

PRAHD

89 Truman Avenue
Edison, NJ 08817
732-638-2870

Provided limited financial assistance to low & moderate income tenants and homeowners in imminent danger of eviction or foreclosure due to temporary financial problems beyond their control.

Housing Coalition Puerto Rican Action Board (PRAB)

90 Jersey Avenue
New Brunswick, NJ 08903
732-249-9700
www.prab.org

- Homeownership Counseling for first time home buyers.
- Mortgage Counseling to explore options to avoid foreclosure.
- Tenant/Landlord Counseling on rights and responsibilities under state and local laws, regulations and ordinances.
- Fair Housing Counseling to victims of discrimination.
- Case Management/Permanent Housing Counseling to assist those who are homeless, housed in substandard conditions or at risk of losing housing due to eviction or foreclosure.

Middlesex County Office of Human Services Division of Housing, Community Development & Social Services

75 Bayard Street - 2nd Floor
New Brunswick, NJ 08901
732-745-3025

www.co.middlesex.nj.us

Provides federal funds for housing, rehabilitation, and rental assistance to eligible applicants who reside in designated communities in Middlesex County.

New Jersey Department of Community Affairs

45 Kilmer Road
Edison, NJ 08817
732-777-6999

www.state.nj.us/dca/

Administers the Section 8 Tenant-Based Assistance Program which is funded by the US Department of Housing and Urban Development (HUD). The purpose of this program is to make decent, safe and sanitary housing available to very low-income households in the private rental market. Households that meet eligibility requirements receive help with their monthly rent and utility costs.

RUBHC - Housing Assistance 732-235-6184

www.ubhc.rutgers.edu

One time housing financial assistance for individuals with a psychiatric diagnosis. Based on available funding.

U.S. Department of Housing and Urban Development

1 Newark Center - 13th Floor
Newark, NJ 07102
973-622-7900
www.hud.gov

**Housing Discrimination Hotline
800-669-9777**

Disseminates funds to community development agencies and public housing authorities. Information on home improvement loans, mortgage insurance, and urban homesteading program.

**ALTERNATE
FAMILY CARE**

A community based program where up to three persons receive room, board, personal care and other supportive health and social services in the home of an unrelated individual who has been approved and trained by the following sponsor agencies serving Middlesex County.

Care Management 2000, Inc.
258 Park Street
Upper Montclair, NJ 07043
973-655-0121

BOARDING HOMES

This type of facility provides rooms and meals to tenants. Rooms and baths may be either private or shared. Other services may be offered depending on the facility.

MONROE TOWNSHIP

Gibbons Rest Home
418 Schoolhouse Road
Monroe Township, NJ 08831
732-641-2370

Millenium Memory Care
3710 Buckelew Avenue
Monroe Township, NJ 08831
609-521-8855
www.milleniummemorycare.com

*For Alzheimer's, Dementia and other types of memory issues.

Woodhaven Rest Home
373 Schoolhouse Road
Monroe Township, NJ 08831
732-521-3066

OLD BRIDGE

Community House
Catholic Charities
124 Bentley Avenue
Old Bridge, NJ 08857
732-251-0022
www.communityhouse-saintthomas.org

SOUTH RIVER

Terra Bella
69 Burton Avenue
South River, NJ 08880
732-390-4663

A distinctive memory care home specializing in care for those with dementia/memory impairment.

CONTINUING CARE RETIREMENT COMMUNITIES

Provide housing, services and health care to people of retirement age. Increasing levels of care is provided to meet the needs of residents from independent living to a variety of health and nursing needs. There is an entrance fee and a monthly fee.

MONROE TOWNSHIP

Monroe Village

1 David Brainerd Drive
Monroe Township, NJ 08831
732-521-6400
www.monroevillageonline.org

HOME SHARING

The following organizations assist those who are in need of housing, with those who are looking to share their residence.

Homesharing Inc.

People Care Center
120 Finderne Avenue
Bridgewater, NJ 08807
908-526-4663
www.homesharing.org

Middlesex Match

Puerto Rican Action Board
New Brunswick, NJ 08901
732-249-9700

RESIDENTIAL HEALTH CARE FACILITIES

These facilities provide health maintenance and services under the direction of a professional nurse. Other services such as meals, housekeeping, and recreational services are also provided. Most services are included in the rent, but some may be purchased separately.

CRANBURY/HIGHTSTOWN

Holly House

117 Dey Street
Hightstown, NJ 08520
609-448-9893
www.hollyhouseridence.com

JAMESBURG

Lincoln Rest Center

40 Lincoln Avenue
Jamesburg, NJ 08831
732-521-0730

MONROE TOWNSHIP

Kestler's Rest Home

5 North State Home Road
Monroe Township, NJ 08831
732-521-1747

Meadowview Care Center

319 Spotswood - Gravel Hill Rd
Monroe Township, NJ 08831
732-521-4948

Pamid Haven

357 Bucklelew Avenue
Monroe Township, NJ 08831
732-521-1194

NEW JERSEY

New Jersey Firemen's Home

565 Lathrop Avenue
Boonton, NJ 07005
973-334-0024
www.njfn.org

The home is exclusively for the care and support of aged, indigent and disabled firefighters.

RETIREMENT COMMUNITIES

Designed for active, independent older people age 55 years or older. Social and recreational activities and limited services such as transportation are usually provided. Units are usually for sale, but some may be rented. There is usually a monthly fee.

EAST BRUNSWICK

Cedar Village at East Brunswick

5108 Cedar Village Boulevard
East Brunswick, NJ 08816
732-236-7831
www.cedar-village.com

Waterford at East Brunswick

540 Cranbury Road
East Brunswick, NJ 08816
732-432-7844

HELMETTA

Regency Walk

13 Appleby Drive
Helmetta, NJ 08828
732-521-0398

METUCHEN

Whitfield at Metuchen

13 Ayers Court
Metuchen, NJ 08840
732-494-1979

MONROE TOWNSHIP

Clearbrook Community Association

1 Clearbrook Drive
Monroe Township, NJ 08831
609-655-2706

Concordia

1 Clubhouse Drive
Monroe Township, NJ 08831
609-655-0382
www.concordia-community.com

Encore Monroe

397 Blossom Way
Monroe Township, NJ 08831
609-409-7454
www.encoremonroe.com

Greenbriar at Whittingham

100 Whittingham Drive
Monroe Township, NJ 08831
609-395-0404
www.gwmonroe.com

The Ponds

536 Waterside Boulevard
Monroe Township, NJ 08831
609-655-2900
www.thepondsnj.net

Regency at Monroe

553 Buckelew Avenue
Monroe Township, NJ 08831
732-605-1717
www.regencyatmonroe.com

Rossmoor Community

2 Rossmoor Drive
 Monroe Township, NJ 08831
609-655-1000
www.rossmoor-nj.com

Renaissance at Cranbury Crossing

48 Vineyard Court
 Monroe Township, NJ 08831
609-443-5446

Renaissance at Monroe

101 Medici Boulevard
 Monroe Township, NJ 08831
732-780-1800 ext.411

Waterside Villas

1 Overlook Drive
 Monroe Township, NJ 08831
609-409-0018
www.watersidevillagenj.com

WOODBRI**Woodbridge Hills**

400 Hampton Lane
 Iselin, NJ 08830
732-636-5190

SHARED LIVING
RESIDENCES

Homes in which people who are unrelated, live together. Each person has a private bedroom but bathrooms may be either private or shared. All other spaces in the house are shared.

METUCHEN**Berringer House**

320 Grove Avenue
 Metuchen, NJ 08840
732-632-8524

PERTH AMBOY**Boyd House**

222 Rector Street
 Perth Amboy, NJ 08861
732-826-1594

SUBSIDIZED / AFFORDABLE
APARTMENTS

Apartment style housing designed for people aged 62 and over or the disabled. There are income guidelines for eligibility. Some buildings offer services such as housekeeping, meals, transportation and recreational activities.

CARTERET**Carteret Housing Authority**

96 Roosevelt Avenue
 Carteret, NJ 07008
732-541-6800
www.ci.carteret.nj.us

Jeanette Smith Village

Noe Street
 Carteret, NJ 07008
732-541-6800

Joseph Hermann Gardens

Union Street
 Carteret, NJ 07008
732-541-6800

Victoria Copeland Senior Home

Essex Street and Union Street
 Carteret, NJ 07008
732-541-6800

CRANBURY

Cranbury Housing Associates, Inc.

216 Rockingham Row
Princeton Forrestal Village
Princeton, NJ 08540
609-786-1102
www.cranbury.org

EAST BRUNSWICK

Halls Corner

551 Cranbury Road
East Brunswick, NJ 08816
732-257-1906
*62 and older only
www.eastbrunswick.org

Oak Creek Village

401 New Brunswick Avenue
East Brunswick, NJ 08816
732-254-4488
www.eastbrunswick.org

EDISON

Edison Housing Authority

Willard Dunham Drive
Edison, NJ 08837
732-549-3301

14 Rev. Samuel Carpenter Blvd.
Edison, NJ 08820
908-561-2525
www.edisonhousing.com

Inman Grove Senior Housing

1061 Inman Avenue
Edison, NJ 08820
908-561-2203

Julius Engel Gardens

Willard Dunham Drive
Edison, NJ 08837
732-549-3301

Robert E. Holmes Gardens

14 Rev. Samuel Carpenter Blvd.
Edison, NJ 08820
908-561-2525

Village Court Seniors

32 North Reading Road
Edison, NJ 08817
732-744-1464

HIGHLAND PARK

AHEPA – Highland Apartments

239 South 6th Avenue
Highland Park, NJ 08904
732-572-0700
www.highlandparkhousing.org

Samuel J. Kronman Complex

242 South 6th Avenue
Highland Park, NJ 08904
732-572-4420

JAMESBURG

Barclay Village

Lake Street
Jamesburg, NJ 08831
732-521-5003

METUCHEN

Metuchen Senior Citizens Housing

35 Lincoln Avenue
Metuchen, NJ 08840
732-494-6700

MIDDLESEX

Watchung Terrace

100 Watchung Terrace
Middlesex, NJ 08846
732-356-0681

NEW BRUNSWICK

New Brunswick Housing Authority

P.O. Box 110
New Brunswick, NJ 08901
732-745-5147
www.newbrunswickhousing.org

55 Harvey at Providence Square

55 Harvey Street
New Brunswick, NJ 08901
732-246-3278

John P. Fricano Towers

90 Neilson Street
New Brunswick, NJ 08901
732-246-7681

Hoffman Pavilion

75 Neilson Street
New Brunswick, NJ 08901
732-745-5147

Livingston Manor

116 Livingston Avenue
New Brunswick, NJ 08901
732-828-4083

Lord Stirling Senior Apts.

40 Hassart Street
New Brunswick, NJ 08901
732-214-9381

Providence Square

217 Somerset Street
New Brunswick, NJ 08901
732-828-4083

St. Mary's Apartments

260 Remsen Avenue
New Brunswick, NJ 08901
732-247-8470

NORTH BRUNSWICK

No. Brunswick Housing Authority

710 Hermann Road
North Brunswick, NJ 08902
732-247-0922
www.northbrunswicknj.gov

Martin Gerber Apts.

550 Remsen Avenue
North Brunswick, NJ 08902
732-246-7788

North Brunswick Senior Housing

740 Hermann Road
North Brunswick, NJ 08902
732-296-7122

OLD BRIDGE

Old Bridge Housing Authority

1 Old Bridge Plaza
P.O. Box 700
Old Bridge, NJ 08857
732-721-5600 ext. 6410 or 6415
www.oldbridgehousing.com

Birchwood at Old Bridge

100 Mimi Road
Old Bridge, NJ 08857
732-416-1400

Chuck Costello Complex

1998 Rt. 18 North
 Old Bridge, NJ 08857
732-679-0534

*For individuals with special needs.

Maher Manor

2000 Rt. 18 North
 Old Bridge, NJ 08857
732-679-1763

Rotary Senior Housing

100 Ticetown Road
 Old Bridge, NJ 08857
732-679-9070

PERTH AMBOY**Perth Amboy Housing Authority**

881 Amboy Avenue
 Perth Amboy, NJ 08861
732-826-3110
www.perthamboyha.org

High Street Apartments

315 High Street
 Perth Amboy, NJ 08861
732-826-4222

The Parkview

618 New Brunswick Avenue
 Perth Amboy, NJ 08861
732-324-1600

Richard F. Stack Apartments

333 Rector Street
 Perth Amboy, NJ 08861
732-826-3110

Wesley T. Hansen Apartments

415 Fayette Street
 Perth Amboy, NJ 08861
732-826-3110

PISCATAWAY**Affordable Housing**

505 Sidney Road
 Piscataway, NJ 08854
732-562-6570

Sterling Village

1 Sterling Village Drive
 Piscataway, NJ 08854
732-699-0033

SAYREVILLE**Housing Authority Gillette Manor**

650 Washington Avenue
 Sayreville, NJ 08872
732-721-8400
www.sayrevilleha.org

Lakeview at Sayreville

1 Kulas Lane
 Parlin, NJ 08859
732-727-8833

SOUTH AMBOY**South Amboy Housing Authority**

250 South Broadway
 P.O. Box 817
 South Amboy, NJ 08879
732-721-1831
www.southamboyhousing.com

Hillcrest Manor Senior Residence

2097 Route 35
 South Amboy, NJ 08879
732-721-5300

Robert Noble Manor

241 Gordon Street
 South Amboy, NJ 08879
732-721-7500

Dohaney Homes
Affordable Housing

Bayshore Drive
South Amboy, NJ 08879
732-721-1831

Woodrow McCarthy Towers

250 South Broadway
South Amboy, NJ 08879
732-721-1831

SOUTH BRUNSWICK

Citizens for Independent Living

100 Woods Lane
Monmouth Junction, NJ 08852
732-355-0620
www.southbrunswickcil.com

Charleston Place

3424 Route 27
Kendall Park, NJ 08824
732-297-7966

Oak Woods Senior Residence

700 Woods Lane
Monmouth Junction, NJ 08852
732-355-9009

Woodhaven at South Brunswick

1401 Jones Drive
Princeton, NJ 08540
732-329-6807
www.emess.com

SOUTH PLAINFIELD

South Plainfield Senior Residence

151 Morris Avenue
South Plainfield, NJ 07080
908-755-6600

SOUTH RIVER

South River Landing

20 Wojie Way
South River, NJ 08882
732-238-3838

Willet Manor

340 Whitehead Avenue
South River, NJ 08882
732-257-8221

SPOTSWOOD

Crescent Park

1 Arlington Avenue
Spotswood, NJ 08884
732-723-0008

Woodmere Senior Housing

250 Crescent Avenue
Spotswood, NJ 08884
732-251-3242

WOODBIDGE

Woodbridge Housing Authority

20 Bunns Lane
Woodbridge, NJ 07095
732-634-2750
www.woodbridgehousingauthority.org

Adams Towers

555 Rahway Avenue
Woodbridge, NJ 07095
732-634-2750

Cooper Towers

1422 Oak Tree Road
Iselin, NJ 08830
732-634-2750

Finn Towers

19 Martin Terrace
Woodbridge, NJ 07095
732-634-2750

Greiner Towers
460 Inman Avenue
Colonia, NJ 07067
732-634-2750

Maple Tree Manor
1255 Rahway Avenue
Avenel, NJ 07001
732-636-1313

Olsen Towers
555 New Brunswick Avenue
Fords, NJ 08863
732-634-2750

Stern Towers
555 Brook Street
Woodbridge, NJ 07095
732-634-2750



IMMIGRATION AND NATURALIZATION

**United States Department of
Homeland Security
Citizenship & Immigration
Services (USCIS)**
970 Broad Street - Room 136
Newark, NJ 07102
www.uscis.org

**USCIS National Customer
Service Center**
800-375-5283

The following agencies provide
assistance in citizenship services:

Catholic Charities
319 Maple Street
Perth Amboy, NJ 08861
732-324-8200

**Jewish Family
Services of Middlesex County**
32 Ford Avenue
Milltown, NJ 08850
732-777-1940



INCOME TAX PREPARATION

Free state and federal income tax
assistance is available:

AARP
Tax Aide - Site locator
1-888-227-7669
www.aarp.org

A nationwide tax counseling and
tax return preparation service for
the low-to-moderate income senior.
Home visits are available to the
homebound and the handicapped.

**Internal Revenue Service
Volunteer Income Tax
Assistance - VITA Site Locator
1-800-906-9887
www.irs.treasury.gov**

The Internal Revenue Service provides free assistance in the preparation of tax returns. Call the above number for a site near you.



LEGAL SERVICES

**Middlesex County Bar Association
Lawyer Referral Service
87 Bayard Street
New Brunswick, NJ 08901
732-828-0053**

Offers a lawyer referral service for senior citizens in Middlesex County. There is a \$35 consultation fee when meeting with an attorney. Hours: Monday – Friday, 9am - 3pm

**Middlesex County Legal
Services Corporation
317 George Street - Suite 201
New Brunswick, NJ 08901
732-249-7600**

313 State Street - Suite 308
Perth Amboy, NJ 08861
732-324-1613
www.lsnj.org/cjls/

Provides free legal services in civil matters to eligible individuals unable to retain a private attorney. Legal assistance and representation are provided in landlord/tenant issues, public assistance, social security income denial, food stamps, medical bills, matrimonial/family affairs, consumer problems and bankruptcy.

**Middlesex County Surrogate Office
75 Bayard Street - 1st Floor
New Brunswick, NJ 08901
732-745-3055
www.co.middlesex.nj.us**

Provide information and services pertaining to wills (probate), trusts, adoptions, and guardianship. Satellite offices located throughout Middlesex County. Call for Details

**Office of the Public Guardian
and Elder Rights
P.O. Box 812
Trenton, NJ 08625-0812
609-588-6500
www.state.nj.us/humanservices**

OPG acts as a surrogate decision maker for residents 60 and over who have been deemed incapacitated by the Superior Court of NJ.

**Inheritance Tax Office - NJ
50 Barrack Street
P.O. Box 249
Trenton, NJ 08695
609-292-5033
www.state.nj.us/treasury**

**The Legal Services of NJ
Domestic Violence
Representation Project (DVRP)
732-572-9100**

Provides direct representation, referral, and advice to low-income women, including those victimized by family members and caregivers.



**MEDICAL EQUIPMENT/
ASSISTIVE DEVICES**

Advancing Opportunities

1005 Whitehead Road Extension
Suite 1

Ewing, NJ 08638

609-882-41829

www.assistivetechologycenter.org

**Disability Rights NJ
The Assistive Technology
Advocacy Center (ATAC)**

210 South Broad Street - 3rd Floor
Trenton, NJ 08608

609-292-9742

ATAC provides assistance to persons with disabilities to obtain assistance technology devices and/or services.

**Goodwill Home Medical
Equipment**

18 Artic Parkway

Ewing, NJ 08638

609-396-1513

www.goodwillhomemedical.org

Gently used home medical equipment and unopened medical supplies at affordable prices.

**Health Equipment Loan Program
H.E.L.P.**

Anshe Emeth Community
Development Corp.

222 Livingston Avenue

New Brunswick, NJ 08901

732-296-9922

Through this program people who meet the financial guidelines can borrow a variety of medical equipment at no cost. The only fee is a deposit that is refunded when the equipment is returned.

VNA Watch

1-800-400-0981

This system offers a help console and a waterproof personal transmitter worn on the wrist or as a pendant. A 12-hour battery back-up and two-way voice contact are part of this 24-hour, 7-days-a-week system. There is an installation fee plus monthly charges.



MEDICAID

Medicaid District Office

Jupiter Business Plaza
Suite 1H-A, 3499 Hwy 9N
Freehold, NJ 07728
732-863-4400

Provides information about Medicaid benefits and provides listings of Medicaid Providers.

Middlesex County Board of Social Services

181 How Lane
New Brunswick, NJ 08901
732-745-3500
732-745-6706 Fax

<http://middlesexcwa.newark.rutgers.edu/>

Applications for all medicaid programs are available through the Board of Social Services. All programs have income and asset guidelines.

Medicaid Fraud and Abuse Hotline
888-9-FRAUD 5 or 888-937-2835

NJ Medicaid Hotline
1-800-356-1561



MEDICARE

Centers for Medicare and Medicaid Services

7500 Security Blvd.
Baltimore, MD 21244

1-800-MEDICARE
1-800-633-4227

www.medicare.gov

For general inquiries or questions about eligibility, coverage, and claims, call the number above or visit www.medicare.gov or www.mymedicare.gov

Livanta, LLC.

1-866-815-5440
1-877-588-1123

www.livanta.com

Livanta is contracted by the federal government to ensure that Medicare beneficiaries receive quality medical care. Call to appeal discharges from a hospital, nursing home, rehab facility, hospice or home health agency or to file an appeal if Medicare services are ending. If you have quality of care concerns, call to file a complaint.

Medicare Fraud and Abuse Hotline

1-800-447-8477

www.stopmedicarefraud.gov

Medicare Rights Center
1-800-333-4114
www.medicarerights.org

Helps people with Medicare understand their rights and benefits, navigate the Medicare system and secure quality care.

Medicare Interactive
www.medicareinteractive.org

A free tool provided by the Medicare Rights Center, that features Medicare information written in user-friendly language.

Senior Medicare Patrol of NJ JFVS

32 Ford Avenue - 2nd Floor
Milltown, NJ 08850
732-777-1940 ext. 1117
1-877-678-4697
www.jfsmiddlesex.org

Educates Medicare and Medicaid beneficiaries about preventing, detecting and reporting fraud.

State Health Insurance Assistance Program - SHIP
Middlesex County Office of Aging and Disabled Services

75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.co.middlesex.nj.us

Counselors provide free help to Medicare beneficiaries who have problems with or questions about Medicare, health insurance, Part D and or dealing with claims.

Specified Low Income Medicare Beneficiary (SLMB)
1-800-792-9745
www.state.nj.us/humanservices/doas

If eligible, SLMB offers assistance with paying the Medicare Part B monthly premium. Call to determine eligibility and for application.

NJ Dept of Banking and Insurance Division of Enforcement and Consumer Protection

P.O. Box 329
Trenton, NJ 08625-0325
800-446-7467
www.state.nj.us/dobi

To make complaints about the business practices of insurance companies.



NURSING HOMES

Aristacare at Alameda
303 Elm Street
Perth Amboy, NJ 08861
732-442-9540
www.alamedacenter.com

Amboy Care Center
1 Lindberg Avenue
Perth Amboy, NJ 08861
732-826-0500
www.amboynursingcenter.com

Atrium of Matawan

38 Freneau Avenue
Matawan, NJ 07747
732-765-5600
www.atriumhealthusa.com

Care One at East Brunswick

599 Cranbury Road
East Brunswick, NJ 08816
732-967-0100
www.care-one.com

Care One at the Highlands

1350 Inman Avenue
Edison, NJ 08820
908-754-7100
www.care-one.com

Cedar Oaks Care Center

1311 Durham Avenue
South Plainfield, NJ 07080
732-287-9555
<http://cedarockscenter.com>

Cranbury Center

292 Applegarth Road
Monroe Township, NJ 08831
609-860-2500
www.genesisihcc.com/cranbury

**Edison Estates Rehabilitation
and Convalescent Center**

465 Plainfield Avenue
Edison, NJ 08817
732-985-1500
www.jfkhartwyck.org

Elms of Cranbury

61 Maplewood Avenue
Cranbury, NJ 08512
609-395-0641
www.elmsofcranbury.com

**Forrestal Skilled Nursing and
Rehabilitation Center at the
Windrows**

5000 Windrow Drive
Princeton, NJ 08540
609-987-1221

Frances E. Parker Memorial Home

1421 River Road
Piscataway, NJ 08854
732-545-8330
www.franciseparker.com

Franklin Care Center

3371 Route 27
Franklin Park, NJ 08823
732-821-8000
www.franklincarecenter.com

Gardens at Monroe

189 Applegarth Road
Monroe Township, NJ 08831
609-448-7036
www.thegardensatmonroe.com

Golden Living Center - Old Bridge

6989 Rt.18 South
Old Bridge, NJ 08857
732-360-2277
www.goldenlivingcenters.com

JFK Hartwyck at Oak Tree

2048 Oak Tree Road
Edison, NJ 08820
732-906-2100
www.jfkhartwyck.org

JFK Hartwyck at Edison Estates

10 Brunswick Avenue
Edison, NJ 08817
732-985-1500
www.jfkhartwyck.org

**Madison Center Genesis
Eldercare**

625 Route 34
Matawan, NJ 07747
732-566-6400

www.geneshicc.com/MadisonNJ

Parker at McCarrick

15 Delwood Lane
Somerset, NJ 08873
732-545-4200

www.franciseparker.com

Monroe Village Health Care Center

1 David Brainerd Drive
Monroe Township, NJ 08831
732-521-6408

www.monroevillageonline.org

**New Jersey Veterans Memorial
Home**

132 Evergreen Road
P.O. Box 3013
Edison, NJ 08818-3013
732-452-4100

www.nj.gov

Park Place Center

2 Deer Park Drive
Monmouth Junction, NJ 08852
732-274-1122

www.geneshicc.com/ParkPlace

Regency Jewish Heritage

380 Demott Lane
Somerset, NJ 08873
732-873-2000

www.regencyheritagenursing.com

Reformed Church Home

1990 Rt. 18 North
Old Bridge, NJ 08857
732-607-9230

www.reformedchurchhome.com

Roosevelt Care Center

1 Roosevelt Drive
Edison, NJ 08837
732-321-6800

www.rooseveltcarecenter.com

**Roosevelt Care Center
at Old Bridge**

1133 Marlboro Road
Old Bridge, NJ 08857
732-360-9830

www.rooseveltcarecenter.com

Rose Mountain Care Center

Routes 1 & 18
New Brunswick, NJ 08901
732-828-2400

www.rosemountaincarecenter.com

**St. Joseph's Senior Home
Nursing Center**

3 St. Joseph's Terrace
Woodbridge, NJ 07095
732-750-0077

www.stjosephseniorhome.com

Summer Hill Nursing Home

111 Route 516
Old Bridge, NJ 08857
732-254-8200

www.shnhnj.com

Sunrise Brighton Gardens

1801 Oak Tree Road
Edison, NJ 08820
732-767-1031

www.sunriseseniorliving.com

**Venetian Care and
Rehabilitation Center**

275 John T. O'Leary Boulevard
South Amboy, NJ 08879
732-721-8200

<http://windsorhealthcare.org/venetian>

Willow Creek Rehabilitation and Care Center

1165 Easton Avenue
Somerset, NJ 08873
732-246-4100

www.geneshicc.com/willocreekNJ

NJ Department of Health Facilities, Evaluations and Licensing

800-792-9770
www.state.nj.us/health

Office of the Ombudsman for the Institutionalized Elderly

240 West State Street
Trenton, NJ 08625-0807
609-943-4026
877-582-6995 24-Hour Hotline
www.state.nj.us/ooie

Mailing Address:

P.O. Box 852
Trenton, NJ 08625-0852

Receives and investigates complaints of suspected abuse or exploitation of elderly people in institutions which include nursing homes, assisted living residences and also class C boarding homes.



NUTRITION PROGRAMS

**NJ SNAP (formerly Food Stamps)
NJ's Supplemental Nutrition Assistance Program**

1-800-687-9512 Toll Free
732-745-3500 Middlesex County
www.middlesexcwa.newark.rutgers.edu

Nutrition assistance program to help low-income individuals and families buy the groceries needed to eat healthy. Seniors and people living with disabilities and/or living on low or fixed income may be eligible. To pre-screen or apply on-line, go to www.NJHelps.com.

MEALS ON WHEELS PROGRAM

Delivers meals to the homebound, elderly, ill, handicapped or blind that are unable to prepare meals. Some special diets are available. Call for additional information.

**Greater New Brunswick
Meals on Wheels**

211 Livingston Avenue
New Brunswick, NJ 08901
732-249-3488
www.mowgnb.org

Serves residents of Highland Park and New Brunswick.

Kosher Meals on Wheels

Jewish Family Services
of Middlesex County
52 Concordia Shopping Center
Monroe Township, NJ 08831
732-777-1940
www.jfsmiddlesex.org

Serves residents of East Brunswick,
Monroe, and Old Bridge.

32 Ford Avenue
Milltown, NJ 08850
732-777-1940

Serves Avenel, Carteret, Colonia,
Edison, Fords, Keasby, Highland
Park, Metuchen, Parlin, Perth Amboy,
Port Reading, and Woodbridge.

Metuchen, Edison, and Woodbridge Meals on Wheels

2 George Frederick Plaza
Woodbridge, NJ 07095
732-634-4141

Middlesex County Office of Aging and Disabled Services Senior Meal Program

75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-2062
www.co.middlesex.nj.us

Offers nutritious, hot, mid-day meals
in a social atmosphere. Includes
transportation, nutrition counseling,
and recreation, to those 60 years of
age or older. Suggested donations
are \$2.25 for on-site meals and
\$2.75 for home delivered meals.
For information on congregate and
home delivered meals, contact the
following nutrition sites:

SENIOR MEAL SITES

CARTERET

Thomas J. Deverin Community Center

100 Cooke Avenue
Carteret, NJ 07008
732-541-6221

EDISON

Edison Senior Center

2963 Woodbridge Avenue
Edison, NJ 08817
732-452-0377

OLD BRIDGE

Old Bridge Senior Center

George J. Bush Center
for Human Services
1 Old Bridge Plaza
Old Bridge, NJ 08857
732-607-1582

PERTH AMBOY

Alexander J. Jankowski Community Center

1 Olive Street
Perth Amboy, NJ 08861
732-442-0930

PISCATAWAY

Piscataway Senior Center

700 Buena Vista Avenue
Piscataway, NJ 08854
732-743-9844

SAYREVILLE

Sayreville Senior Center

423 Main Street
Sayreville, NJ 08872
732-254-4299

SOUTH BRUNSWICK
South Brunswick Senior Center
540 Ridge Road
Monmouth Junction, NJ 08852
732-329-6171

SOUTH PLAINFIELD
South Plainfield Senior Center
90 Maple Avenue
South Plainfield, NJ 07080
908-753-1040

KOSHER CONGREGATE DINING

**Jewish Family Services of
Middlesex County Highland
Park Conservative Temple**
201 South - 3rd Avenue
Highland Park, NJ 08905
732-777-1940
www.jfsmiddlesex.org



PRESCRIPTIONS

**Pro Act
Middlesex County
Prescription Discount Card**
1-877-776-2285
www.NJRxDiscountCard.com

This free prescription discount card helps lower prescription drug costs. This card is designed to be used if you do not have insurance or if something is not covered by your current insurance program. This card cannot be used in conjunction with another insurance program in order to discount co-pays or deductibles.

Discount cards can be obtained by contacting ProAct or at the Middlesex County on Aging and Disabled Services at 732-745-3295

**Pharmaceutical Assistance to
the Aged And Disabled (PAAD),
Lifeline and Special Benefits**

NJ Department of Human Services
P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745 / 609-588-7049
609-588-7030 TTY
www.njpaad.gov

PAAD is a state-funded program to help pay for prescriptions. If eligible, there is a \$5 for generic drugs and \$7 for brand name drugs per prescription.

Eligibility Requirements:

- New Jersey Resident
- At least 65 years of age, **or** 18 years of age and receiving Social Security Disability benefits
- Income less than \$26,575 if single and \$32,582 for couples
- Required to be enrolled in a Medicare Part D Prescription Drug Plan

Applications are available at www.njpaad.gov or contact the MC Office of Aging and Disabled services at 732-745-3295.

Senior Gold

NJ Department of Health
and Senior Services
P.O. Box 715
Trenton, NJ 08625-0715
800-792-9745
www.njsrgold.gov

A prescription discount program for the elderly and disabled who do not qualify for the PAAD program. If eligible, the card holder pays a co-payment of \$15 plus 50% of the remaining cost for each covered prescription or actual drug cost, whichever is less.

Eligibility Requirements:

- New Jersey resident
- At least 65 years of age or 18 years of age receiving Social Security Disability benefits
- Income is between \$26,575 and \$36,575 if you are single, or between \$32,582 and \$42,582 of combined income if married.
- Required to be enrolled in a Medicare Part D Prescription Drug Plan

Applications available at www.njsrgold.gov or contact the Middlesex County Office of Aging and Disabled Services
732-745-3295.



RECREATION

Fishing License / Hunting License NJDEP

Division of Fish & Wildlife
P.O. Box 402
Trenton, NJ 08625-0400
609-292-2965
www.nj.gov/dep/fgw/fishing.htm

Fishing licenses are available for a reduced rate of \$12.50 for residents ages 65-69, a trout stamp is an additional charge. For those 70 and older, there is no fee. For hunting, a senior fire arm license is \$15.50 and a bow and arrow license is \$16.50, for those age 65 and over.

Parks, Forests, and Historic Sites NJDEP

Division of Parks and Forestry
P.O. Box 404
Trenton, NJ 08625-0404
800-843-6420 / 609-984-0370
www.nj.gov/dep/parksandforests/

Senior citizens pass allows free entry and parking for day use at any forest, park, or historic site administered by the State Park Service.

**John E. Toolan Kiddie Keepwell
Camp**

35 Roosevelt Drive
Edison, NJ 08837
732-548-6542

Summer and winter camp programs including arts & crafts, exercise classes, trips and overnight accommodations are available to seniors of Middlesex County 65 years of age or older.

New Jersey Division of Tourism
609-292-2470

www.visitnj.org



RENTAL ASSISTANCE

**NJ Department of Community
Affairs**

45 Kilmer Road
Edison, NJ 08817
732-777-6999
www.statenj.us/dca

Provides information and assistance with Section 8 rent assistance for Middlesex County residents.

Rental Assistance Programs

Edison..... **732-549-3301**
Highland Park..... **732-572-4420**

**Middlesex County Division of
Housing, Community
Development and Social Services**

75 Bayard Street - 2nd Floor
New Brunswick, NJ 08901
732-745-3025

www.co.middlesex.nj.us

Provides federal funds for housing, rehabilitation and rental assistance to eligible applicants who reside in designated communities.



RESPIRE

Respite is a service that provides family members and other non-paid caregivers a break from the daily responsibility of caring for an elderly or disabled person.

Respite services may include:

- Companion Services
- Homemaker/Home Health Aids
- Medical Adult Day Care
- Social Adult Day Care
- Temporary Out-of-Home Care in a Medical Facility
- Private Duty Nursing

Statewide Respite Care Program

Middlesex County Office of
Aging and Disabled Services
75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.co.middlesex.nj.us

A Day Away

Jewish Family Services
of Middlesex County
52 Concordia Shopping Center
Monroe Township, NJ 08831
609-395-7979
www.jfsmiddlesex.org

A Respite Program for Alzheimer's
patients and their families.

Caregiver's Assistance Respite Endeavor (CARE)

Alzheimer's Association
800-272-3900
www.alz.org

Enables families to obtain temporary
relief to reduce the heavy demands
associated with caring for someone
with Alzheimer's 24-hours per day.



SENIOR CENTERS / MUNICIPAL OFFICES ON AGING

Carteret Office on Aging

100 Cooke Avenue
Carteret, NJ 07008
732-802-3014
www.ci.carteretnj.us

Cranbury Senior Community Center

23A North Main Street
Cranbury, NJ 08512
609-395-0900 Ext. 244
www.cranburytownship.org

East Brunswick Senior Center Department on Aging

3 Jean Walling Civic Center Dr.
East Brunswick, NJ 08816
732-390-6896
www.eastbrunswick.org

Edison Senior Center

2963 Woodbridge Avenue
Edison, NJ 08817
732-248-7345
www.edisonnj.org

Mailing:

100 Municipal Blvd.
Edison, NJ 08817

Evergreen Senior Center

400 Inman Avenue
Colonia, NJ 07067
732-726-6260

Highland Park Senior Recreational Center / Office on Aging

220 South 6th Avenue
Highland Park, NJ 08904
732-819-0052
www.hpboro.com

Metuchen Senior Center

15 Center Street
Metuchen, NJ 08840
732-632-8524
www.metuchennj.org

Middlesex Recreation Center Legion Place

Middlesex, NJ 08846
732-356-0414
www.middlesexboro-nj.gov

Mailing:

1200 Mountain Avenue
Middlesex, NJ 08846

Milltown Senior Center/ Office on Aging

60 Violet Terrace
Milltown, NJ 08850
732-296-0681
www.milltownnj.org

Monroe Office of Senior Services Senior Center

12 Halsy Reed Road
Monroe Township, NJ 08831
609-448-7140
www.monroetwp.com

New Brunswick Senior Resource Center

81 Huntington Street
New Brunswick, NJ 08901
732-745-5100

North Brunswick Senior Center

15 Linwood Place
North Brunswick, NJ 08902
732-247-0922 Ext. 820
www.northbrunswicknj.gov

Old Bridge Senior Center/ Office on Aging

George J. Bush Center
for Human Services
1 Old Bridge Plaza
Old Bridge, NJ 08857
732-721-5600 Ext. 6600
www.oldbridge.com

Perth Amboy Alexander J. Jankowski Community Center

1 Olive Street
Perth Amboy, NJ 08861
732-826-1690
www.ci.perthamboy.nj.us

Piscataway Senior Center Office on Aging

700 Buena Vista Avenue
Piscataway, NJ 08854
732-562-1133
www.piscatawaynj.org

**Plainsboro Department of
Recreation & Community
Services**

641 Plainsboro Road
Plainsboro, NJ 08536
609-799-0909 ext. 6
www.plainsboronj.com

**Sayreville Office on Aging/
Senior Center**

423 Main Street
Sayreville, NJ 08872
732-390-7058
www.sayreville.com

South Amboy Senior Center

108 South Stevens Avenue
South Amboy, NJ 08879
732-525-5960
www.southamboynj.gov

**South Brunswick Office on
Aging / Senior Center**

540 Ridge Road
Monmouth Junction, NJ 08852
732-329-4000 Ext. 7670
www.sbtnj.net

**South Plainfield Office on
Aging / Senior Center**

90 Maple Avenue
South Plainfield, NJ 07080
908-754-1047
www.southplainfieldnj.com

**South River Office on Aging /
Senior Center**

55 Reid Street
South River, NJ 08882
732-257-2340
www.southrivernj.org

Spotswood Office on Aging

1 Arlington Avenue - Suite 401
Spotswood, NJ 08884
732-251-3432
www.spotswoodboro.com

**Woodbridge Multi Service
Program on Aging**

400 Inman Avenue
Colonia, NJ 07067
732-726-6262
www.twp.woodbridge.nj.us



**SENIOR CITIZEN
ORGANIZATIONS**

AARP

601 E. Street NW
Washington, DC 20049
800-687-2277
www.aarp.org

State Office

Forrestal Village
101 Rockingham Row
Princeton, NJ 08540
866-542-8165

Organization for those over 50 (retired or not). Membership includes legislative representation, publication, travel, health insurance programs, pre-retirement counseling, continuing education, and hospitality facilities.

- **Driver Safety** Available to all drivers 50 years and older to help sharpen your driving skills. Insurance companies offer reduced rates for drivers who successfully complete the program.
- **Legal Services Network** Access to attorneys who practice in over 20 different legal areas from real estate and family law to estate planning assistance.
- **Tax-Aide Program** Nationwide tax counseling and return preparation for the low-to-moderate income. Home visits are available to the homebound and the handicapped.
- For information about these programs: **888-227-7669AARP**

Senior Corps

Foster Grandparents Program

NJ Commission on National and Community Service
 P.O. Box 456
 Trenton, NJ 08625
609-633-9627
www.nj.gov

Connects volunteers 55 + with children and young people with exceptional needs. Volunteers mentor, support and help the children.

Wellness Initiative for Senior Education (WISE)

NJ Prevention Network
 150 Airport Road, Suite 1400
 Lakewood, NJ 08701
732-367-9985
www.njpn.org/initiatives/wise

A prevention program enlisting the aid of older adult volunteers who work toward increasing the awareness of alcohol, tobacco and other drugs as they affect older adults in areas of medication management, stress, nutrition, isolation and loss.



SOCIAL SECURITY

Social Security Administration

800-772-1213 or www.ssa.gov

- For new or replacement social security cards.
- Assists in filing for or receiving social security retirement, survivors, disability, Medicare & supplemental security income.
- Free literature describing benefits

Eligibility for social security retirement, survivors, disability, and Medicare benefits is based on insured status attained by covered work. Eligibility for SSI is based on financial need, determined by income and resources. SSI beneficiaries are automatically entitled to Medicaid.

District Office

190 Middlesex Turnpike - 3rd Floor
 Iselin, NJ 08830
800-772-1213

Serves residents of Avenel, Carteret, Cliffwood Beach, Colonia, Fords, Hopelawn, Iselin, Lawrence Harbor, Morgan, Parlin, Perth Amboy, Port Reading, Sayreville, Sewaren, South Amboy, and Woodbridge.

District Office

29 Davenport Street
Somerville, NJ 08876
800-772-1213

Serves residents of Dunellen.

District Office

506 Jersey Avenue - Suite 200
New Brunswick, NJ 08901
877-803-6313

Serves residents of Middlesex, New Brunswick, and South Plainfield.



SOCIAL SERVICE /
SUPPORT AGENCIES

**Middlesex County Office
of Aging and Disabled Services**

75 Bayard Street - 5th Floor
New Brunswick, NJ 08901
732-745-3295
www.co.middlesex.nj.us

Provides information and assistance, referral and advocacy for seniors, persons with disabilities and caregivers.

Through various home care programs such as: RESPITE, MLTSS, MCMAP, JACC, and PASP. Older adults and people with disabilities may be able to obtain in-home support services such as:

- Home Health Aide Services
- Companion Services
- Social/Medical Adult Day Care
- Chore Services
- Private Duty Nurse
- Medical Transportation
- Medical Equipment & Supplies
- Personal Emergency Response
- Systems
- Environmental Modification/
Barrier Free Assistance

Call for a screening to determine eligibility.

**Catholic Charities Diocese
of Metuchen**

www.ccdom.org
288 Rues Lane
East Brunswick, NJ 08816
732-257-6100

26 Safran Avenue
Edison, NJ 08818
732-738-1323

319 Maple Street
Perth Amboy, NJ 08861
732-324-8200

**Comprehensive Services
on Aging COPSA-UBHC**

100 Metroplex Drive
Edison, NJ 08817
800-424-2494 / 732-235-8400
www.uhbc.rutgers.edu

Interfaith Network of Care, Inc.
62 South Main Street
Milltown, NJ 08850
732-247-1655
<http://interfaithnetworkofcare.org>

A network of volunteers from faith congregations and the community which provides supportive home care services to the frail, elderly and disabled in the areas of East Brunswick, Helmetta, Edison, Highland Park, Kendall Park, Metuchen, Milltown, New Brunswick, North Brunswick, Old Bridge, Parlin, South River, and Spotswood.

Services include friendly visiting, respite care, telephone reassurance, minor chores & shopping assistance.

**Jewish Family Services
of Middlesex County**
32 Ford Avenue, 2nd Floor
Milltown, NJ 08850
732-777-1940

1600 Perrineville Road, Suite 52
Monroe Township, NJ 08831
609-395-7979

**Middlesex County
Board of Social Services**
www.middlesex.newark.rutgers.edu
181 How Lane
New Brunswick, NJ 08901
732-745-3500

252 Madison Avenue
Perth Amboy, NJ 08861
732-324-5500

Perth Amboy Human Services
1 Olive Street
Perth Amboy, NJ 08861
732-826-1690

Puerto Rican Action Board (PRAB)
90 Jersey Avenue
New Brunswick, NJ 08903-0240
732-828-4510
<https://prab.org>

**Puerto Rican Association for
Human Development (PRAHD)**
100 First Street
Perth Amboy, NJ 08861
732-442-1081
www.prahd.org

**Woodbridge Multi-Service
Program on Aging**
400 Inman Avenue
Colonia, NJ 07067
732-726-6262
www.twp.woodbridge.nj.us



SUPPORT GROUPS

**Cancer Support Community of
Central NJ**
3 Crossroads Drive
Bedminster, NJ 07921
908-658-5400
www.cancersupportcnj.com

Professionally led programs of support, education and hope.

**NJ Self - Help Clearinghouse
(M.A.S.H. - Mutual Aid Self - Help)**

375 East McFarlan Street
Dover, NJ 07801

1-800-367-6274(in NJ)

973-989-1122 (outside NJ)

www.njgroups.org

Self-help groups are support groups organized and run by and for people who share a life situation or similar problem. This clearinghouse has a database of contacts for self-help groups throughout New Jersey. It assists individuals in locating groups and provides information on how to start and develop a new group.

**COPSA Rutgers University
Behavioral Health Care**

732-235-8400

www.ubhc.rutgers.edu

Monthly support groups for spouses and other caregivers to the elderly. Call for information on the time and place of meetings.

**Council on Compulsive
Gambling of New Jersey, Inc.**

3635 Quakerbridge Road, Suite 7
Hamilton, NJ 08619

609-588-5515

www.800gambler.org

Education, public awareness and outreach.

**Kinship Navigator Program
The Children's Home Society of NJ**

635 South Clinton Avenue
Trenton, NJ 08611

800-396-4518

Information, referral and advocacy services for family caregivers of children.

**Jewish Family Services
of Middlesex County**

52 Concordia Shopping Center
Monroe Township, NJ 08831

609-395-7979

www.jfsmiddlesex.org

Call for more information about support groups that are available. Registration is required.

**JFK Medical Center
Support Groups**

65 James Street
Edison, NJ 08818

732-321-7000

www.jfkmc.org

Call for information about topics and dates and times of meetings.

**Robert Wood Johnson
University Hospital Community
Health Education**

1 Robert Wood Johnson Place
New Brunswick, NJ08901

1-888-637-9584

www.rwjuh.edu

The hospital offers various health related support groups. Call for specific information about the types of groups offered, location, dates and times of meetings.

Saint Peter's University Hospital

254 Easton Avenue
New Brunswick, NJ 08901

732-745-8600

www.saintpetershcs.com

The hospital offers a variety of health related, caregiver and bereavement support groups. Call for information about location, dates and times of meetings. Registration is required.

The Cancer Institute of New Jersey
NJ Department of Social Work
and Outreach
195 Little Albany Street
New Brunswick, NJ 08901
732-235-6792
www.cinj.org

Support and education groups which provide a forum to discuss cancer related issues. Please call for topics, dates, times and location.



TRANSPORTATION

Middlesex County Area Transit (MCAT)

711 Jersey Avenue
New Brunswick, NJ08901
800-221-3520 Reservations
www.co.middlesex.nj.us

Demand Response/Reservation:

MCAT provides transportation for \$3.00 a trip (one way) fee, to seniors 60+ and disabled residents of Middlesex County. Intermittent transportation is available so that residents may obtain the necessities of life, with priority given to non-emergency medical services. Registration and reservations are required.

Community Shuttle:

MCAT shuttle service is a fixed route service, reservations are not required. Shuttle service runs

Monday - Saturday and is available to the general public. Call for the Community Shuttle schedule or visit www.co.middlesex.nj.us.

American Cancer Society Road to Recovery

2600 U.S. Hwy. #1
North Brunswick, NJ 08902
800-227-2345 / 732-297-8000
www.cancer.org

A volunteer program providing free rides to and from medical appointments. Rides are not guaranteed, contact your local office for availability.

Amtrak

800-872-7245
www.amtrak.com

Amtrak travelers 62 and over are eligible to receive a 15% discount on the lowest available rail fare on most Amtrak trains. Valid proof of age is required when purchasing your ticket and on board the train.

NJ Transit Access Link -

ADA Paratransit

1-800-955-2321
www.njtransit.com

Access Link is for people with disabilities who are unable to use the local fixed route bus. This service is a shared ride, curb to curb service and is available when bus service is available. Access Link may be used for trips of any purpose. Contact Access Link to apply for eligibility.

**NJ Transit
Reduced Fare Program**

One Penn Plaza East, 5th Floor
Newark, NJ 07105
973-491-7112
www.njtransit.com

Reduced fares, at anytime, are available on NJ Transit buses, trains and light rail, to seniors age 62 and over and people with disabilities. Personal assistants ride for free. Seniors must present a valid ID or NJ Transit Reduced Fare ID card. People with disabilities may show NJ Reduced Fare ID card or Medicare card.

Applications for Reduced Fare ID cards are available online at www.njtransit.com or your local Office of Aging and Disabled Services.

Mini Bus Transportation Service

This service is free to seniors and disabled persons. Includes local transportation to doctors, hospitals, social service agencies and centers. Some agencies may have restrictions, please inquire when requesting service.



- Carteret..... **732-541-3890**
- Dunellen **732-968-3033**
- East Brunswick..... **732-390-6896**
- Edison..... **732-248-7345**
- Highland Park..... **732-819-0052**
- Metuchen..... **732-632-8525**
- Middlesex **732-356-0414**

- Milltown..... **732-828-2100 Ext.81**
- Monroe **609-443-0511**
- NB Dial-A-Ride **732-745-5161**
- No.Brunswick.. **732-247-0922 Ext.553**
- Old Bridge.. **732-721-5600 Ext.6600**
- Perth Amboy.. **732-826-1690 Ext.4300**
- Sayreville **732-390-7058**
- So.Brunswick... **732-329-4000 Ext.7361**
- South Plainfield..... **908-754-1047**
- South River..... **732-57-2340**
- Spotswood..... **732-251-3432**
- Woodbridge **800-221-3520**



VETERAN SERVICES

**Brigadier General William C. Doyle
Veterans Memorial Cemetery**

350 Provinceline Road
Wrightstown, NJ 08562
609-758-7250
www.nj.gov/military/cemetary

It is open to eligible New Jersey veterans; residents who are members of the armed forces or reserve units on active duty at time of death, certain dependents, and certain merchants marines and civilians who have been awarded veteran status.

**Middlesex County
Veteran Services**

75 Bayard Street - 2nd Floor
New Brunswick, NJ 08901
732-745-4051
www.co.middlesex.nj.us

**NJ Department of Military and
Veteran Affairs**

1060 Hamilton Street
Somerset, NJ 08873
732-937-6347
www.nj.gov/military

**New Jersey Veterans Memorial
Home**

132 Evergreen Road
P.O. Box 3013
Edison, NJ 08818-3013
732-452-4100
www.nj.gov/military

The soldiers' home is open to veterans who served active duty and to certain family members.

**Veterans Administration
New Jersey Health Care System**

East Orange Campus
385 Treemont Avenue
East Orange, NJ 07018
973-676-1000

Lyons Campus
151 Knollcroft Road
Lyons, NJ 07939
908-647-0180
www.newjersey.va.gov

Provide in- and out-patient medical, psychiatric, and rehabilitation services. Nursing home care is available for eligible veterans with an honorable discharge. Priority for veterans with a service-connected disability or disease.

**VA New Jersey Health Care
System Outpatient Clinic**

14 Wills Way
Piscataway, NJ 08854
732-981-8193
www.newjersey.va.gov

NJ Vet 2 Vet Helpline

1-866-VETS-NJ4
(1-866-838-7654)
www.nj.veteranshelpline.org

24hr/7 day week helpline coordinated by Rutgers University Behavioral Healthcare. The helpline features peer counseling, clinical assessments, and assistance to family members.

Veterans Benefits Hotline
1-888-8NJ-VETS



VISION

Eye Care America

655 Beach Street
P.O. Box 429098
San Francisco, CA 94142-9098
877-887-6327
www.eyecareamerica.org

A public service program for eligible citizens age 65 and older with medical eye problems who do not have eye doctor or have not seen one in the past three years. A volunteer physician's name will be mailed and an appointment scheduled.

New Eyes for the Needy

549 Millburn Avenue
Short Hills, NJ 07078
973-376-4903
www.new-eyes.org

Provides prescription eye glasses for-low income individuals through a voucher program.

NJ Commission for the Blind and Visually Impaired

153 Halsey Street, 6th Floor
Newark, NJ 07101-47017
973-648-3333

www.state.nj.us/humanservices/cbvi/

Provides education, counseling, rehabilitation, job placements, home instruction, O&M instruction, nursing unit and eye screenings.

NJ State Library for the Blind and Handicapped

2300 Stuyvesant Avenue
P.O. Box 501
Trenton, NJ 08618-0501
800-792-8322
609-530-4213

www.njstatelib.org

Books and magazines in special format are available to any resident who is unable to read normal print. Materials are loaned through a postage free mail service.

Seeing Eye, Inc.

P.O. Box 375
Morristown, NJ 07963-0375
973-539-4425

www.seeingeye.org

Trains dogs and instructs blind and visually impaired persons.



VOTING

Middlesex County Board of Elections

11 Kennedy Boulevard
East Brunswick, NJ 08816
732-745-3471

www.co.middlesex.nj.us

Voters who are blind, disabled, or unable to read or write, are entitled to receive assistance at the polls.

OUT OF STATE ASSISTANCE

Benefits Checkup

www.BenefitsCheckUp.org

Quickly find benefit programs that could help you pay for medication, healthcare, food and more.

Eldercare Locator

1-800-677-1116

www.eldercare.gov

A public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

WEBSITES

Administration for Community Living www.aoa.gov

ADRC - Aging and Disability Resource Connection www.adrcnj.gov

American Association of Retired Persons - AARP..... www.aarp.org

Alzheimer's Disease

Alzheimer's Association www.alz.org

National Institute on Aging www.alzheimers.org

Caregiver Resources

Caregiver Action Network www.caregiveraction.org

Caregiving Resource Center..... www.aarp.org/caregivers

National Alliance for Caregiving www.caregiving.org

National Caregivers Library www.caregiverslibrary.org

Disability Services

Americans with Disabilities Act www.ada.gov

Disability Rights NJ www.drnj.org

National Organization on Disability www.nod.org

Elder Care Locator www.eldercare.gov

Housing

Housing Coalition..... www.hccj.org

NJ Housing Resource Center www.njhrc.gov

Rooming and Boarding Homes..... www.boardandcarenj.org

US Department of Housing and Urban Development..... www.hud.org

Medicare www.medicare.gov

Centers for Medicare and Medicaid Services www.cms.gov

Medicare Interactive..... www.medicareinteractive.org

Medicare Rights Center www.medicarerights.org

WEBSITES (CONTINUED)

Middlesex County Office of Aging and Disabled Services

www.co.middlesex.nj.us

NJ State Dept. of Human Services

Division of Aging Services.....

www.state.nj.us/humanservices/doas/home/

Division of Disability Services

www.state.nj.us/humanservices/dds/home

Nursing Homes

Nursing Home Performance Reports.....

<http://web.doh.state.nj.us/apps2/healthfacilities/fsSearch.aspx>

Social Security Administration www.ssa.gov

Support Groups

NJ Self Help Clearinghouse..... www.njgroups.org

Veterans Administration www.va.gov

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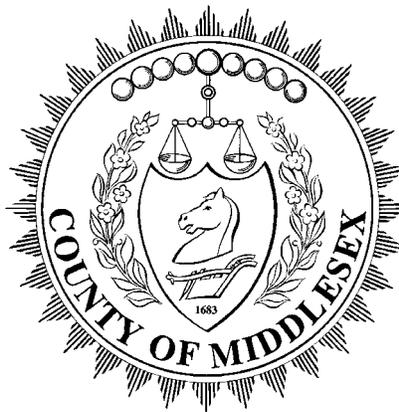
The information contained herein is designed to help you to become more aware of the various types of services available for older adults and people living with disabilities.

BOARD OF CHOSEN FREEHOLDERS

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Freeholder Director

Carol Bellante
Deputy Director

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