

# 2015 Resource Directory For Aging & Disabled Services



*Remaining independent  
and living with dignity  
are important issues.*

*Some solutions may  
be simple, others  
quite complex...*

*Where do you go for answers?  
When you need help making  
decisions, call us.....*

**Main Line: 732-745-3295**

**ADRC Toll Free: 1-877-222-3737**

**[www.co.middlesex.nj.us](http://www.co.middlesex.nj.us)**

**COUNTY OF MIDDLESEX  
OFFICE OF AGING AND DISABLED SERVICES  
75 BAYARD STREET, FIFTH FLOOR  
NEW BRUNSWICK, NJ 08901**



**Aging & Disability Resource Connection**

Your Doorway to Information & Assistance

The Aging & Disability Resource Connection, or ADRC, serves as your doorway to programs and services for senior citizens and adults with physical disabilities.

Made possible by federal grants, the ADRC was established to provide “one-door” access to services that will help people age in place. The ADRC provides limited direct access to resources and services and provides information about and/or answers to a wide range of questions and concerns.

The ADRC is designed to foster the independence and dignity of individuals at least sixty years of age or individuals living with physical disability, regardless of financial status by providing the assistance they need to access a broad array of programs which will help prolong self-sufficiency.

You can call one phone number within the county for information about programs and services for your particular needs and circumstances. These services include: information, referral and assistance, benefits screening for program eligibility and care management.

ADRC trained staff will provide assistance that promotes wellness, independence, dignity and personal choice.

[www.adrcnj.com](http://www.adrcnj.com)

**1-877-222-3737**

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## **ADULT DAY CARE**

### **Always Care Adult Center, Inc.**

8a Jocama Blvd  
Old Bridge, NJ 08857  
**732-591-9155**

### **Buckingham Place Adult Day Center & Home Health Care**

700 Woods Lane  
Monmouth Junction, NJ 08852  
**732-329-8954 ext. 1**

### **Circle of Life Adult Day Centers**

3000 Hadley Road  
South Plainfield, NJ 07080  
**732-839-3333**

### **Edison Adult Medical Day Care Center**

1655-150 Oak Tree Road  
Edison, NJ 08820  
**732-494-1001**

### **Elderday**

201 South 3<sup>rd</sup> Avenue  
Highland Park, NJ 08904  
**732-777-1940**

### **Golden Era Medical Adult Day Care**

36 Meridian Road  
Edison, NJ 08820  
**732-549-2273**

### **Golden Path Adult Medical Day Care, Inc.**

50-52 Charles Street  
New Brunswick, NJ 08901  
**732-640-1122**

### **Graceland Adult Medical Day Care**

316 Madison Avenue  
Perth Amboy, NJ 08861  
**732-826-0680**

### **Harmony Adult Medical Day Care Center**

220 Centennial Avenue  
Piscataway, NJ 08854  
**732-667-5527**

### **JFK Adult Medical Day Program**

3 Progress Street - Suite 103  
Edison, NJ 08820  
**908-912-1910**

### **Just Home Medical Adult Day Care Center**

7 Edgeboro Road  
East Brunswick, NJ 08816  
**732-432-9990**

### **Just Like Home**

426 Raritan Street  
Raritan Center  
Sayreville, NJ 08872  
**732-721-9200**

**Parker at the Pavilion Adult Day Health Services Center, Inc.**

443 River Road  
Highland Park, NJ 08904  
**732-565-2440**

**Saint Peters Adult Day Center**

200 Overlook Drive  
Pondview Plaza  
Monroe Township, NJ 08831  
**609-655-6853**

**2<sup>nd</sup> Home Adult Medical Day Care**

420 Fayette Street  
Perth Amboy, NJ 08861  
**732-826-8012**

Bilingual Staff

**Second Inning Adult Day Care Center**

1501 Livingston Avenue  
North Brunswick, NJ 08902  
**732-626-5544**

**South Amboy Adult Day Health Care Center**

540 Bordentown Avenue  
South Amboy, NJ 08879  
**732-553-1600**

**Sterling Adult Day Services**

225 North Center Drive  
North Brunswick, NJ 08902  
**732-951-2020**

**Sunny Days Adult Day Care Center**

217-225 Durham Avenue  
South Plainfield, NJ 07080  
**732-791-4888**



**ALCOHOL PROGRAMS**  
**COUNSELING**

**Alcoholics Anonymous (A.A.)**  
**800-245-1377**

**Aging Substance Abuse Outreach Program (ASAP)**  
UMDNJ University Behavioral HealthCare  
390 George Street - 3<sup>rd</sup> Floor  
New Brunswick, NJ 08901  
**732-235-3440**

Provides assessment, counseling, consultation, and referral for older adults (55 years & older) with alcohol or other drug problems. No fee.

**Ala-Call**  
**800-322-5525 24 Hour Hotline**

Has complete list of AA, Al-Anon, Alateen and narcotics anonymous meetings for the state, detoxification centers, and rehabilitation facilities.

**Crisis Hotline****732-442-3794**

Raritan Bay Medical Center  
530 New Brunswick Avenue  
Perth Amboy, NJ 08861

Provides assistance with crisis for mental health and substance abuse

**Carrier Foundation**

PO Box 147  
Route 601  
Belle Mead, NJ 08502  
**800-933-3579 (24 hrs/7 days)**

Private, nonprofit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Outpatient centers are located in South Plainfield, Freehold, Paramus, Belle Mead, Hamilton and Toms River. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

**Crawford House (Women)**

PO Box 255  
Skillman, NJ 08558  
**908-874-5153**

Halfway house for female residents of New Jersey for alcoholism treatment and other drug dependencies.

**Middlesex County Division of Mental Health and Addiction Services**

Office of Human Services  
75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
**732-745-4091**

Coordinates alcohol and drug programs throughout Middlesex County.

**Intoxicated Driver Resource Center****732-745-4500****National Council on Alcoholism and Drug Dependence of Middlesex County, Inc. (NCADD)**

152 Tices Lane  
East Brunswick, NJ 08816  
**732-254-3344 HelpLine**

- Information & Assistance
- Prevention Resource Center
- Education and Training
- Community organization
- Consultation services
- Advocacy

**New Hope Foundation**

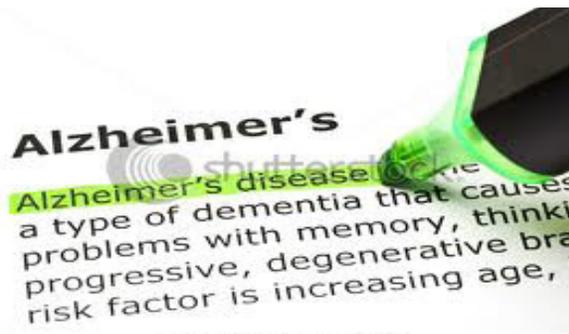
51 Throckmorton Street  
Freehold, NJ 07728  
**732-308-0113 Outpatient**  
**732-946-3030 Inpatient**

Intensive outpatient and inpatient rehab. for alcoholism, substance abuse, and compulsive gambling.

**Open Door Alcoholism Service Program**

2-4 New and Kirkpatrick Street  
New Brunswick, NJ 08901  
**732-246-4800**

Provides outpatient counseling, group therapy, education, and evaluation. AA & NA meetings.



## **ALZHEIMER'S PROGRAMS**

### **“A Day Away”**

#### **Jewish Family Services of Middlesex County**

52 Concordia Shopping Center  
Monroe Township, NJ 08831  
**609-395-7979**

Social activities and monthly support group for those with Alzheimer's and other memory problems.

#### **Alzheimer's Association Greater New Jersey Chapter**

400 Morris Avenue – Suite 251  
Denville, NJ 07834  
**973-586-4300**

**800-883-1180 Caregiver Helpline**  
**24 hours - 7 days a week**

- Information and Referral
- Family caregiver support groups
- Safe Return program
- Respite information

#### **Alzheimer's Association**

919 North Michigan Avenue  
Chicago, IL 60611  
**800-272-3900**

Provides educational information and links families to local programs.

#### **Care 2 Caregivers COPSA**

151 Centennial Avenue  
Piscataway, NJ 08854  
**800-424-2494**

Counselors assist dementia caregivers by providing supportive counseling and information on the broad ranges of services that can help caregivers.

#### **Elderday**

201 South 3<sup>rd</sup> Avenue  
Highland Park, NJ 08904  
**732-777-1940**

A specialty program for those with memory loss. Caregivers group available. Tues. – Fri., 9am - 2pm

#### **Buckingham Place Adult Day Center & Home Health Care**

155 Raymond Road  
Princeton, NJ 08540  
**732-329-8954**

#### **COPSA Institute For Alzheimer's Disease and Related Disorders- RUBHC**

100 Metroplex Drive  
Suite 200  
Edison, NJ 08817  
**732-235-8400**

#### **JFK Adult Medical Day Program**

3 Progress Street  
Edison, NJ 08820

**732-912-1910 Adult Day Care**

### **Millenium Memory Care**

310 Buckelew Avenue  
Monroe Township, NJ 08831  
**609-521-8855**

A specialized memory care home with 16 private bedrooms, providing a small and personalized community environment for residents with Alzheimer's Disease, dementia and other types of memory issues.

### **Saint Peter's Adult Day Center**

200 Overlook Drive  
Cranbury, NJ 08512  
**609-655-6853**



## **ASSISTED LIVING** **RESIDENCES**

Apartment style housing and congregate dining. These facilities furnish a coordinated array of supportive personal and health services which are available 24-hours a day.

### **CRANBURY**

#### **Elms of Cranbury**

61 Maplewood Avenue  
Cranbury, NJ 08512  
**609-395-0641**

### **EAST BRUNSWICK**

#### **The Chelsea at East Brunswick**

606 Cranbury Road  
East Brunswick, NJ 08816  
**732-651-6100**

#### **Sunrise of East Brunswick**

190 Summerhill Road  
East Brunswick, NJ 08816  
**732-613-1355**

### **EDISON**

#### **Sunrise Brighton Gardens**

1801 Oak Tree Road  
Edison, NJ 08820  
**732-767-1031**

#### **Heritage at Clara Barton**

1015 Amboy Avenue  
Edison, NJ 08837  
**732-225-5990**

#### **Whispering Knoll**

62 James Street  
Edison, NJ 08820  
**732-744-5541**

### **ENGLISHTOWN**

#### **Liberty Manor Assisted Living**

49 LaSatta Avenue  
Englishtown, NJ 07726  
**732-786-1000**

### **HIGHLAND PARK**

#### **Parker at Stonegate**

443 River Road  
Highland Park, NJ 08904  
**732-565-2500**

**MONROE TOWNSHIP**

**Wynwood at Forsgate**

380 Forsgate Drive  
Monroe Township, NJ 08831  
**609-409-7525**

**The Chelsea at Forsgate**

319 Forsgate Drive  
Monroe Township, NJ 08831  
**732-656-1000**

**OLD BRIDGE**

**The Reformed Church Home**

1990 Rt. 18 North  
Old Bridge, NJ 08857  
**732-607-9230**

**PLAINSBORO**

**Pavilions at Forrestal**

1000 Windrow Drive  
Princeton, NJ 08540  
**609-514-9111**

**SOMERSET**

**Spring Hills at Somerset**

473 Demott Lane  
Somerset, NJ 08873  
**732-873-4800**

**Stein Assisted Living at the  
Wilf Campus for Senior Living**

350 DeMott Lane  
Somerset, NJ 08873  
**732-568-1155**

**SOUTH BRUNSWICK**

**Brandywine Assisted Living**

155 Raymond Road  
Princeton, NJ 08540  
**732-329-8888**

**WOODBIDGE**

**St. Joseph's Assisted Living**

1 St. Joseph's Terrace  
Woodbridge, NJ 07095  
**732-634-0004**



**CAREGIVING RESOURCES**

**EARS for Caregivers**

(Educate-Advocate-Reduce Stress  
for Caregivers)

**University Behavioral Healthcare**

**COPSA Geriatric Services**

100 Metroplex Drive  
Edison, NJ 08817

**1-866-300-EARS/ 866-300-3277**

A program designed to assist unpaid caregivers with emotional support and guidance. Professional staff with an understanding of the stresses of caregiving are available to assist in matters of decision making, accessing services, listening and offering support and understanding to those in need.

**Family Resource Network**

1 AAA Drive, Suite 203  
Trenton, NJ 08691

**800-376-2345 or 609-392-4900**

Provides support services to people living with epilepsy, autism, developmental disabilities and chronic illness.

## **Statewide Respite Care Program**

Middlesex County Office of Aging  
and Disabled Services

75 Bayard Street - 5<sup>th</sup> Floor

New Brunswick, NJ 08901

**732-745-3295**

A program designed to provide assistance by giving unpaid caregivers a break from their daily responsibility of caring for an elderly or disabled friend or relative. This allows the caregiver to attend to their personal matters, medical appointment, shopping, or vacations. Applicants must meet eligibility guidelines.



## **FOOD PANTRIES/ COMMUNITY SERVICES**

These organizations provide food and/or outreach services free of charge to persons with limited resources in need of emergency assistance in their respective communities.

### **Middlesex County Food Organization and Outreach Distribution Services (M.C.F.O.O.D.S.)**

c/o MC Improvement Authority

101 Interchange Plaza

Cranbury, NJ 08512

**732-729-0880**

Provides referrals to food pantries and soup kitchens throughout the County that offer assistance to Middlesex County Residents.

### **Fish Inc.**

456 New Market Road

Piscataway, NJ 08854

**732-968-7925**

Emergency food, clothing, furniture, blankets, special needs for the elderly.

### **Jewish Family Services of Middlesex County**

32 Ford Avenue

Milltown, NJ 08850

**732-777-1940**

Food Distribution

### **American Red Cross of Central New Jersey**

707 Alexander Road

Princeton, NJ 08540

**609-951-8550**

Food Vouchers available to those affected by disasters.

### **Elijah's Promise**

18 Neilson Street

New Brunswick, NJ 08901

**732-545-9002 Ext. 118**

Lunch: Mon-Fri 11am-12:15pm

Dinner: Mon-Fri 6pm-7pm

Dinner: Sat/Sun 3:30pm-4:30pm

Prepared meals, health services, educational services, counseling and general assistance.

**The Salvation Army**  
287 Handy Street  
P.O. Box 69  
New Brunswick, NJ 08901  
**732-545-1477**

Food Pantry, Appointment Required

**The Salvation Army**  
433 State Street  
Perth Amboy, NJ 08861  
**732-826-7040**

Food pantry, lunch program, and emergency winter shelter. Lunch is available Mon. -Fri., the last 10 days of every month.



## **CONSUMER** **INFORMATION**

The following agencies handle complaints arising from the purchase of products or services. Some agencies also provide background information on the reputation of business firms, and conduct consumer education.

**Better Business Bureau  
of Central Jersey**  
1700 Whitehorse-Hamilton  
Square Road – Suite D5  
Trenton, NJ 08690  
**609-588-0808**

**Consumer Affairs Middlesex  
County Office**  
75 Bayard Street - 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3875**

Complaints must be sent in writing

### **Consumer Affairs Branch Offices**

Middlesex Borough  
1200 Mountain Avenue  
Middlesex, NJ 08846  
**732-356-8090 Ext. 250**

Perth Amboy  
Fayette & Reade Streets  
Perth Amboy, NJ 08861  
**732-826-4300**

**Federal Trade Commission  
Consumer Response Center**  
**877-FTC-HELP (382-4357)**

To report fraud and to obtain information about avoiding consumer scams.

**National Fraud Information Center**  
**800-876-7060**

**NJ Division of Consumer Affairs**  
124 Halsey Street  
Newark, NJ 07102  
**800-242-5846 / 973-504-6200**

Elder Fraud Investigations Unit educates consumers regarding their protection and rights.

**NJ Board of Public Utilities  
Division of Customer Relations  
800-624-0241**

Complaints concerning utilities.

**NJ Property Tax Reimbursement  
Hotline  
800-882-6597**

**State of NJ - Office of Insurance  
Fraud Prosecutor  
877-55 Fraud (553-7283)**



## **COUNSELING / MENTAL HEALTH**

**Carrier Foundation**  
P.O. Box 147  
Route 601  
Belle Mead, NJ 08502  
**800-933-3579 24-hours / 7 days**

Private, non-profit behavioral healthcare system that provides a full range of treatment services for psychiatric, emotional and addiction problems. Specialized treatment programs include an inpatient Senior treatment and evaluation program.

**Catholic Charities Family  
Service Center**  
288 Rues Lane  
East Brunswick, NJ 08816  
**732-257-6100**

26 Safran Avenue  
Edison, NJ 08837  
**732-738-1323**

319 Maple Street  
Perth Amboy, NJ 08861  
**732-324-8200**

- Family, marital, individual, and group counseling, psychiatric and psychological services.
- Outreach program for people with physical disabilities and/or chronic illness and their families. This program provides counseling and case management in the home of a person who is physically unable to get to a mental health center.

**The Chelsea at East Brunswick**  
606 Cranbury Road  
East Brunswick, NJ 08816  
**732-651-6100**

For residents with mental health or behavioral issues, the Crossings program offers a secure setting in assisted living with the specialized care of a skilled behavioral health clinical team.

**COPSA - Rutgers University  
Behavioral Healthcare**

100 Metroplex Drive  
Edison, NJ 08817

**1-800-969-5300**

(for appointments)

**732-235-8400**

(general information)

Provides counseling services for adults. Psychiatric & medication evaluation, support groups, case management, and home visits.

**George J. Otlowski, Sr. Center  
for Mental Health Care**

570 Lee Street  
Perth Amboy, NJ 08861

**732-442-1666**

Offers treatment for a wide range of emotional disorders, including anxiety, depression, marital, family and other problems of daily living. The center serves Middlesex County residents of all ages.

**Jewish Family Services of  
Middlesex County**

32 Ford Avenue  
Milltown, NJ 08850

**732-777-1940**

52 Concordia Shopping Center  
Monroe Township, NJ 08831

**609-395-7979**

Provides a range of counseling, support groups and multi-services for seniors.

**MIDDLESEX COUNTY OFFICE  
OF HUMAN SERVICES**

**Division of Addictions and  
Mental Health Services**

75 Bayard Street  
New Brunswick, NJ 08901

**732-745-3280**

Provides information and referral services for behavioral health, mental health and addictions programs.

**Princeton House Behavioral  
Health Services Senior Link  
Program**

1460 Livingston Avenue  
North Brunswick, NJ 08902

**732-435-0202/1-888-437-1610**

Outpatient center that provides intensive, structured mental health care to seniors 65 and older with a variety of psychiatric disorders.



**DENTAL PROGRAMS**

**Senior Dental c/o NJ Dental  
Association**

1 Dental Plaza  
North Brunswick, NJ 08902

**732-821-9400**

A service for seniors to receive a 15% reduction from participating dentists. Eligibility is based on PAAD guidelines & is for those who do not have Medicaid or dental insurance

**Dental Home Service**

730 Prospect Street  
Maplewood, NJ 07040  
**1-800-842-4663**

For patients who have trouble receiving dental care due to health or mobility issues. Insurance is accepted but not Medicaid. House call fee of \$85.

**Donated Dental Services**

P.O. Box 2117  
Edison, NJ 08818-2117  
**732-549-8909**

Dentists volunteer their services to provide dental care at no charge to people who because of a serious disability, advanced age, or medical problems lack adequate income to pay. There are no rigid eligibility requirements and generally no cost to qualifying individuals: however, people in a position to pay for part of their care may be encouraged to do so, especially when laboratory work is involved. Applicants may be placed on a waiting list.

**Middlesex County College  
Dental Hygiene Clinic**

L'Hommedieu Hall-Room 164  
2600 Woodbridge Avenue  
Edison, NJ 08818  
**732-906-2536**

A student clinic that offers seniors a complete dental exam including cleaning and oral cancer screening for a \$5 fee. Please allow sufficient time for the completion of treatment. By appointment only.

**Eric B. Chandler Health Center  
Dental Department**

277 George Street  
New Brunswick, NJ 08901  
**732-235-6700**

Fee based on a sliding scales; accepts Medicaid and private insurance.

**JFK Medical Center Dental Clinic**

65 James Street  
Edison, NJ 08817  
**732-321-7608**

By appointment only, fees are on a sliding scale.

**Mobile Dentistry**

Oakdale Plaza  
186 Highway 34 - Suite 1  
Matawan, NJ 07747-9620  
**732-901-9036**

For patients that are homebound, handicapped, or unable to get to the office. Insurance is accepted but not Medicaid. House call fee of \$100.

### **New Jersey Mobile Dental**

P.O. Box 477  
Colts Neck, NJ 07722  
**732-431-7577**

Dental services for the homebound. Services are on a cash only basis, insurance and Medicaid are not accepted. There is a \$75 travel fee and a \$65 initial exam fee.

### **Robert Wood Johnson University Hospital Dental Service**

1 Robert Wood Johnson Place  
New Brunswick, NJ 08901  
**732-937-8653**

By appointment only.



## **DISABILITY SERVICES**

### **Alliance Center for Independence**

629 Amboy Avenue  
Edison, NJ 08837  
**732-738-4388**  
**732-738-9644 TTY**

Resource center, information and referral, advocacy, training, group peer sharing, and case management.

### **Arc of New Jersey**

985 Livingston Avenue  
North Brunswick, NJ 08902  
**732-246-2525**

Enhance the quality of life and advocate for people with disabilities in New Jersey.

### **Arc of Middlesex County**

219 Black Horse Lane - Suite 1  
North Brunswick, NJ 08902  
**732-247-8155**

Provides counseling, family support programs, in-home respite care, day program, recreation, advocacy, information, referral, employment support, and group home services.

### **Catholic Charities**

288 Rues Lane  
East Brunswick, NJ 08816  
**732-257-6100**

Services include family and individual counseling, and case management to the physically disabled. Home visits are available.

Hours:

Mon.-Thurs. 9am-9pm  
Fri. 9am-6:30pm  
Sat. 9am-4pm

### **Disability Rights NJ (formerly NJ Protection and Advocacy)**

210 South Broad Street, 3<sup>rd</sup> Floor  
Trenton, NJ 08608  
**609-292-9742 / 800-922-7233**  
**TDD: 609-633-7106**

**Easter Seal Society of NJ**

25 Kennedy Blvd. – Suite 600  
 East Brunswick, NJ 08816  
**800-468-0027 / 732-257-6662**

Provides information and referral for people with disabilities. Coordinates vocational workshops and training centers.

**Middlesex County Office of Aging and Disabled Services**

75 Bayard Street - 5<sup>th</sup> Floor  
 New Brunswick, NJ 08901  
**732-745-4013**

Provides information and referral, advocacy, and public education.

**NJ Association of the Deaf/Blind Inc.**

24K Worlds Fair Drive  
 Somerset, NJ 08873  
**732-805-1912**  
**732-805-0235 TTY**

Provides case management and the coordination of services and social programs for adults who have dual sensory loss of vision and hearing.

**NJ Division of Disability Services**

11A Quaker Bridge Plaza  
 Mercerville, NJ 08619  
**888-285-3036 / 609-292-7800**  
**609-631-4366 (TDD)**

**PASP Personal Assistance Service Program**

Middlesex County Office of Aging and Disabled Services  
 75 Bayard Street - 5<sup>th</sup> Floor  
 New Brunswick, NJ 08901  
**732-745-3295**

PASP provides routine, non-medical assistance to adults with disabilities who are employed, attending school or involved in community volunteer work.

**DOMESTIC VIOLENCE**

**Statewide Domestic Violence Information Hotline**  
**1-800-572-SAFE**

Information on people's rights, access to emergency care, shelter, and personal counseling.

**Women Aware Inc.**

250 Livingston Avenue  
 New Brunswick, NJ 08901  
**732-249-4900**  
**732-249-0600 (TTY)**  
**24 Hour Hotline-732-249-4504**

Offers free confidential services to abused women and their families. Services include shelter, counseling, information, referral and advocacy.

### **Women Helping Women**

224 Main Street  
Metuchen, NJ 08840  
**732-549-6000**

Counseling center specializing in issues related to domestic violence.

### **Office of Victim/Witness Advocacy Middlesex County Prosecutor's Office**

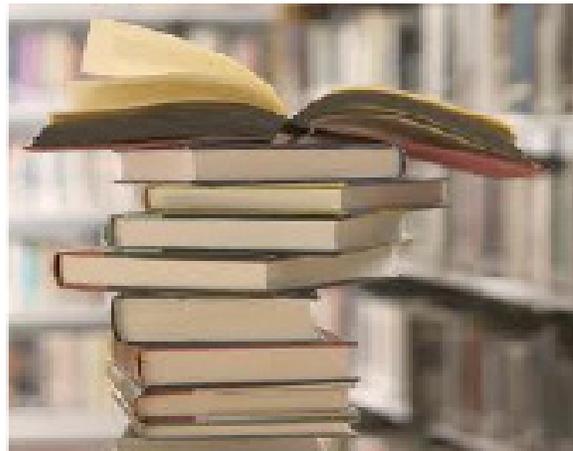
100 Bayard Street, 4<sup>th</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3394**

Victim support includes an escort, a companion in court, transportation, counseling on the legal process, and help in filing for the Victim's Compensation Fund.

### **The Legal Services of NJ Domestic Violence Representation Project (DVRP)**

**732-572-9100**

Provides direct representation, referral, and advice to low-income women, including those victimized by domestic violence.



## **EDUCATION**

### **Higher Education Student Assistance Authority**

**800-792-8670**

Information on financial aid, grants and loans for education.

### **Middlesex County College Division of Community Education**

155 Mill Road  
Edison, NJ 08818  
**732-906-2556**

### **New Jersey Virtual University [www.njvu.org](http://www.njvu.org)**

Provides a user-friendly, on-line index of over 1,000 distance learning courses and programs in advanced education and lifelong learning from over 42 NJ colleges & universities.

### **Rutgers Cooperative Extension**

Family and Community  
Health Science  
42 Riva Avenue  
Davidson's Mill Pond Park  
North Brunswick, NJ 08902  
**732-398-5269**

Offers a free newsletter, Visions, containing articles on healthy living.

### **VOCATIONAL & TECHNICAL HIGH SCHOOLS**

**East Brunswick Vocational HS**  
112 Rues Lane  
East Brunswick, NJ 08816  
**732-254-8700**

**New Brunswick Vocational HS**  
256 Easton Avenue  
New Brunswick, NJ 08901  
**732-247-3832**

**Perth Amboy Vocational HS**  
618 New Brunswick Avenue  
Perth Amboy, NJ 08861  
**732-442-9595**

**Piscataway Vocational HS**  
21 Suttons Lane  
Piscataway, NJ 08854  
**732-985-0717**

**Woodbridge Vocational HS**  
1 Convery Boulevard  
Woodbridge, NJ 07095  
**732-634-5858**



### **ELDER ABUSE**

**Adult Protective Services  
Middlesex County**  
**732-745-3635**

**Mailing Address:**

Family and Childrens Services  
191 Bath Avenue  
Long Branch, NJ 07740

Evaluates referrals of abuse, neglect, and exploitation of vulnerable adults who reside in a community setting.

**NJ Department of Health Facilities,  
Survey & Field Operations**  
**Complaint Hotline**  
**1-800-792-9770**

For complaints or to report an incident concerning: nursing homes, assisted living, residential health care facilities, personal care home, medical day care, hospitals, hospice agencies, home health agencies, dialysis centers.

**Office of the Ombudsman for  
the Institutionalized Elderly**  
**24-HOUR HOTLINE**  
**1-877-582-6995**

Receives and investigates complaints of suspected abuse or exploitation of elderly people in institutions.



**EMERGENCY  
ASSISTANCE**

**American Red Cross of Central  
New Jersey**

707 Alexander Road  
Princeton, NJ 08540  
**609-951-8550**

Serves families through blood banks, disaster assistance, safety training, food vouchers, transportation and counseling.

Hours: Mon.-Fri. 8:30am - 4:30pm



**EMPLOYMENT/  
VOCATIONAL  
REHABILITATION**

**Foster Grandparent and Senior  
Companion Programs**

Woodbridge Developmental  
Center and Community Site  
Rahway Avenue, Box 189  
Woodbridge, NJ 07095  
**732-499-5529**

Tax free stipend for low-income senior citizens 60 years or older to provide friendship and guidance to children and adults with special needs. Part time with benefits and travel reimbursement.

**Middlesex County Workforce  
Development**

506 Jersey Avenue  
New Brunswick, NJ 08901  
**732-745-4116**

275 Hobart Street - 2<sup>nd</sup> floor  
Perth Amboy, NJ 08861  
**732-826-3200**

Program offers schooling and training.

**NJ State Department of Labor  
Division of Vocational  
Rehabilitation Service**

**Mercer County**  
28 Yard Avenue  
Labor Station Plaza  
P.O. Box 959  
Trenton, NJ 08625-0959

**NJ State Department of Labor  
Division of Vocational  
Rehabilitation Service**

**Middlesex Office**  
550 Jersey Avenue  
P. O. Box 2672  
New Brunswick, NJ 08901  
**732-937-6300**

The Division of Vocational Rehabilitation Services is responsible for training and placement of persons of employable age with disabilities.

**NJ WINS (NJ Work Incentive Network Support)**  
**866-946-7465**

NJ WINS provides NJ residents who receive SSDI, SSI, or Medicaid with cost-free informational and technical assistance to make choices about accepting employment or increasing work hours.

**NJ Workability**  
**800-356-1561**

The workability program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay small premium and receive full NJ Medicaid coverage. To be eligible one must meet certain eligibility/income criteria.

**Raritan Valley Easter Seals**  
9 Terminal Road  
New Brunswick, NJ 08901  
**732-828-8080**

Offers vocational rehabilitation to the handicapped through evaluation, training and provision of competitive employment.

**JFK Rehabilitation Institute**  
JFK Medical Center Vocational Rehabilitation Institute  
65 James Street  
Edison, NJ 08818-3059  
**732-321-7069**

Professional Office Skill Training (POS) is a 26-week course available to handicapped persons who meet eligibility guidelines.

**Senior Community Service Employment Program**  
**Title V – Workforce 55+**  
550 Jersey Avenue  
New Brunswick, NJ 08901  
**732-937-5237 / 732-937-5233**

Assists individuals 55 years of age or over with their employment and training needs. Individuals must meet income eligibility requirements.

**Middlesex County One Stop Career Center**  
550 Jersey Avenue  
New Brunswick, NJ 08901  
**732-937-6200**

Provides free job training, including workshops for resume writing. Interviewing techniques, etc. Career counselors are available to assist in job searching. Computers with internet access are available, as well as printers, fax machines and copy machines.

**Displaced Homemaker Center Jewish Family Services of Middlesex County**  
32 Ford Avenue  
Milltown, NJ 08850  
**732-777-1940**

Provides job counseling, training and placement, and financial management services.



## **ENERGY ASSISTANCE**

### **Home Energy Assistance Program**

Puerto Rican Action Board  
P.O. Box 240  
New Brunswick, NJ 08903-0240  
**732-828-4541**

This program assists eligible low-income individuals with a benefit towards heating and cooling costs. Monthly gross income cannot exceed \$1,945 for one person and \$2,621 for two people. Applications are accepted November 1<sup>st</sup> – April 30<sup>th</sup>.

### **Gift of Warmth Program**

Check-Mate, Inc.  
550 Cookman Avenue  
Asbury Park, NJ 07712  
**732-774-3100 Ext. 101**  
**732-502-8855 Hotline**

A New Jersey Natural Gas-sponsored program assisting NJ Natural Gas heating customers who are having difficulty paying their residential gas bill. To qualify for this benefit, applicants must have a final notice for shut off on their gas bill and can make a good faith payment.

### **Lifeline Program**

12D Quaker Bridge Plaza  
P.O. Box 714  
Trenton, NJ 08625-0714  
**800-792-9745 / 609-588-7161**

Lifeline is a utility assistance program that offers \$225 per household to persons who meet them following eligibility requirements:

- Gross annual income must not exceed \$26,575 for a single person, or \$32,582 for a married couple.
- A New Jersey resident
- Persons are at least 65 years of age, or 18 years of age receiving Social Security Disability.

Applications available for Lifeline at: Middlesex County Office of Aging and Disabled Services

### **New Jersey Citizen Action Oil Group**

**1-800-464-8465**

A project of NJ Citizen Action which provides consumers with an alternate to the high cost of home heating fuel by using group purchasing power to negotiate discount prices with heating oil suppliers for their members.

### **New Jersey Comfort Partners**

**1-877-654-9186**

A program to assist eligible low income families save energy and money by making their homes more energy efficient.

**NJ Shares Statewide Heating Assistance and Referral for Energy Services**

P.O. Box 1415  
Hightstown, NJ 08520-1415  
**866-657-4273**

Temporary assistance for participating utility companies. Residential energy customers who do not receive TANF or general assistance checks may apply.

You must have a past due balance and demonstrate a good faith attempt to pay bills. There are no income guidelines but you must show a financial need. Services must be in threat of disconnection or the account needs to be reinstated.

**Applications are accepted through these agencies:**

- **Puerto Rican Action Board**  
**732-828-4541**
- **Puerto Rican Association for Human Development**  
**732-442-1081**
- **Catholic Charities**  
New Brunswick Office  
**732-745-9800**  
Perth Amboy Office  
**732-826-9160**
- **PSE&G Customer Inquiry Center**  
**800-436-7734 24-Hour Line**

**Public Utilities Division of Customer Assistance**  
**973-648-2026**

Mediates disputes between utility companies and customers.

**Weatherization Assistance Program**

Puerto Rican Action Board  
90 Jersey Avenue  
New Brunswick, NJ 08903-0240  
**732-828-4541 / 800-510-3102**

Provides energy conservation measures and weatherization services for eligible low income homeowners and renters (landlords must contribute 50% of the costs for services) to obtain savings, energy efficiency and lower fuel consumption.



**FINANCIAL ASSISTANCE**

**Housing Coalition**  
**Puerto Rican Action Board**  
90 Jersey Avenue  
New Brunswick, NJ 08903  
**732-249-9700**

A HUD certified Housing Coalition of Central Jersey provides a wide range of programs to assist Middlesex County residents with housing services. The following housing services are available: Homeownership Counseling,

Mortgage Assist, Delinquency, Default, Foreclosure Mediation and loss Mitigation Counseling.

**Middlesex County Board of Social Services**

181 How Lane  
New Brunswick, NJ 08903  
**732-745-3500**

252 Madison Avenue  
Perth Amboy, NJ 08861  
**732-324-5500**

Information and referral service, food stamps, financial assistance, medicaid, social services, counseling, and protective services for adults.

**Middlesex County Division of Housing, Community Development and Social Services**

75 Bayard Street - 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3025**

Provides low and moderate income home owners with financial counseling, low interest loans to restore deteriorating homes in Middlesex County.

**United States Department of Agriculture USDA – Rural Development**

5<sup>th</sup> Floor North - Suite 500  
8000 Midlantic Drive  
Mount Laurel, NJ 08054  
**856-787-7700**

Provides loans in rural areas to assist income eligible homeowners

in obtaining decent, safe, and sanitary housing. The loans may be used for construction, repair, or purchase of housing in rural areas.

**Verizon Communications Lifeline Service**

**800-792-9745 or 609-588-7049**  
if you receive Lifeline or P.A.A.D.

or

**Board of Social Services  
732-745-3500**

If you receive TANF/WFNJ, Food Stamps, HEAP, SSI/Medicaid

This program offers discounted residential telephone service for qualified low-income customers.



**GERIATRIC  
ASSESSMENT**

**COPSA Institute for Alzheimer’s Disease and Related Disorders  
RUBHC**

100 Metroplex Drive  
Suite 200  
Edison, NJ 08817  
**732-235-8400**

Comprehensive program for evaluation, treatment, and diagnosis of disorders. Medication & behavior management, and clinical drug trials.

**George J. Otlowski, Sr. Center  
for Mental Health Care**

**Old Bridge Office**

3 Hospital Plaza  
Medical Arts Building - Suite 409  
Old Bridge, NJ 08857

**Perth Amboy Office**

500 Lawrie Street  
Perth Amboy, NJ 08861

Provides evaluation, diagnosis, treatments and support for the many types of behavioral issues experienced in the aging process. Treats the physical and emotional needs of both patients and their loved ones.

**Geriatric Evaluation and  
Management Service (GEMS)**

**Division of Geriatrics**

**Saint Peter's University Hospital**

Cares Building - 4<sup>th</sup> Floor  
254 Easton Avenue  
New Brunswick, NJ 08901  
**732-745-6655**

Comprehensive program to treat the physical and psychological needs of persons 60 and over.



**HEALTH FOUNDATIONS  
AND ASSOCIATIONS**

**American Cancer Society**

2600 U.S. Hwy. #1  
North Brunswick, NJ 08902  
**800-ACS-2345 / 732-297-8000**

Information, peer support programs, local transportation to treatment, guidance, counseling, equipment loans, and patient supplies.

**National Cancer Institute Cancer  
Information Service**

**800-422-6237**

**American Diabetes Association**

Center Point II  
1160 Rt. 22E - Suite 103  
Bridgewater, NJ 08807  
**800-342-2383**

Provides pamphlets, educational programs, newsletters, referrals, and support groups.

**American Heart Association**

1 Union Street - Suite 301  
Robbinsville, NJ 08691  
**800-242-8721 / 609-208-0020**

Information and referral services, CPR training, patient education programs, nutrition courses, professional education programs, and cardiac support groups.

**American Lung Association  
of New Jersey**

29 Emmons Drive  
Building A - 20  
Princeton, NJ 08540  
**800-LUNG-USA / 609-452-2112**

Information and referral services, professional services to consumer and health care providers relating to asthma, tuberculosis, respiratory disease, and environmental health. Low-cost smoking cessation clinics.

**NJ/American Parkinson Disease  
Association**

Information and Referral Center  
Robert Wood Johnson  
University Hospital  
1 Robert Wood Johnson Place  
New Brunswick, NJ 08901  
**732-745-7520 / 800-223-2732**

Provides information and resources, education programs, newsletters, support groups and speakers.

**Arthritis Foundation**

555 Route 1 South - Suite 320  
Iselin, NJ 08830  
**888-467-3112 / 732-283-4300**

Provides information and referrals, support groups, self-help courses, water exercise and fitness programs, and speakers for community groups.

**Calcium Information Center  
800-321-2681**

**Deborah Hospital Foundation**  
P.O. Box 820  
Brownsmills, NJ 08015  
**609-893-3372**

Correction of operable heart defects and treatment of all lung disease without any restriction of race, religion or ability to pay.

**Epilepsy Foundation National  
Information Center**

4351 Garden City Drive  
Landover, MD 20785  
**800-332-1000**

**Middlesex County Association  
of the Blind, Inc.**

P.O. Box 424  
New Brunswick, NJ 08903  
**732-360-1212**

**Meeting Location**

Milltown Boro Hall  
39 Washington Avenue  
Milltown, NJ 08850  
**732-828-2100**

Provides social rehabilitation. Call for details.

**Muscular Dystrophy Association**

1030 Saint Georges Avenue  
Avenel, NJ 07001  
**732-750-2333**

Registered clients can obtain free diagnosis and follow-up care at the JFK Medical Center in Edison, College Hospital and United Hospital

in Newark and at Monmouth Medical. DA clinics provide initial diagnosis and comprehensive services inclusive of orthopedic aids, flu inoculation, and recreational outings.

### **National Osteoporosis Foundation**

1232 22<sup>th</sup> Street NW  
Washington, DC 20037  
**202-223-2226 / 800-223-9994**



## **HEARING**

### **Hearing Aid Assistance to the Aged and Disabled (HAAD)**

NJ Department of Health  
and Senior Services  
P.O. Box 715  
Trenton, NJ 08625-0715  
**800-792-9745**  
**609-588-7180 TTY**

Provides a \$100 reimbursement to eligible persons who purchase a hearing aid.

- Must be a New Jersey resident with income less than \$26,575 for a single person, or income less than \$32,582 if married.
- Applicant must be 65 and older, or 18 years of age and receiving Social Security Disability benefits.

### **Hearing Aid Dispenser Examiners Committee**

124 Halsey Street, 6<sup>th</sup> floor  
Newark, NJ 07102  
**973-504-6331**

Regulates the practice of hearing aid dispensers in the state of New Jersey.

### **Hearing Aid Helpline**

**800-521-5247 Ext. 333**

Provides a free kit of consumer information.

### **Hear NOW**

**800-648-4327**

Assists people who are deaf or hard of hearing and who have no resources to acquire hearing aids. Hear Now also collects hearing aids for recycling purposes.

### **JFK Rehabilitation Institute Speech and Audiology Dept.**

65 James Street  
Edison, NJ 08818  
**732-321-7063**

Complete hearing and hearing aid evaluations. Purchase of hearing aids, testing, fitting, and follow-up.

## **NJ Division of Deaf and Hard of Hearing**

P.O. Box 074  
Trenton, NJ 08625-0074  
**800-792-8339**  
**609-984-7281**  
**609-984-7281 (TTY)**

Provides interpreter referral service, information and referral hotline, telephone equipment. Also provides advocacy, employment/vocational opportunities, and assists with social, legal, medical, educational & recreational issues.



## **HEMOCARE SERVICES**

**Medical Center at Princeton**  
**Dept. of Home Care and Hospice**  
208 Bunn Drive  
Princeton, NJ 08540  
**609-497-4900**

Services include skilled nursing, physical, occupational, speech and home infusion therapy, medical social service, and home health aides.

**Middlesex County Office of**  
**Aging and Disabled Services**  
75 Bayard Street, 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3295 or 1-877-222-3737**

Through various County and State programs, in-home support services are available for those who qualify.

Programs such as:

- **JACC** (Jersey Assistance For Community Caregiving)
- **MCMAP** (Middlesex County Multi-Assistance Program)
- **The Statewide Respite Program**

The following services may be obtained through these programs:

- Home Health Aide Services
- Companion Services
- Social/Medical Adult Day Care
- Chore Services
- Private Duty Nurse
- Medical Transportation
- Medical Equipment & Supplies
- Personal Emergency Response System
- Environmental Modification/Barrier Free

All programs have specific financial criteria and special requirements to be met in order to qualify. Call for a screening to determine eligibility.

**Robert Wood Johnson**  
**University Hospital**  
Home Care Department  
1 Robert Wood Johnson Place  
New Brunswick, NJ 08901  
**732-828-8884**

Provides skilled nurses, physical and occupational therapists, speech therapists, medical social workers and home health aides.

**VNA Health Group**  
176 Riverside Avenue  
Red Bank, NJ 07701

312 Applegarth Road - Suite 205  
Monroe Township, NJ 07095  
**1-800-400-0981**

Services include skilled nursing care, hospice program, complex care, rehabilitative services, and certified home health aides.



## **HOME IMPROVEMENT**

### **Middlesex County Safe Housing Program**

Residential Maintenance Services are provided to seniors, age 60 and over, whom are homeowners residing in their own home in Middlesex County. The emphasis of this program is to provide a healthy, safe and secure home to older individuals who can no longer perform the tasks necessary to insure these conditions. The Residential Maintenance programs provide minor repairs and improvements to the homeowners. There is no fee for this service but applicants are given the opportunity to voluntarily contribute to the cost of the service.

**For further information, contact one of the following agencies:**

**Perth Amboy Senior Center**  
**732-826-1690**

**Sayreville Senior Center**  
**732-390-7058**

**South River**  
**732-257-2340**

**Spotswood Office on Aging**  
**732-251-3432**

**Middlesex County Division of Housing, Community Development and Social Services**

75 Bayard Street, 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3025**

**USDA Rural Development**  
5<sup>th</sup> Floor North - Suite 500  
8000 Midlantic Drive  
Mount Laurel, NJ 08054  
**856-787-7700**

Loan/grant funds are available to help very low-income homeowners of modest single family homes in rural areas repair their homes. For homeowners 62 and over who cannot repay a loan, grant funds are available to remove health or safety hazards, or remodel dwellings to make them accessible to those with disabilities.

Approved for production on: **Proof# 1**

Date

Signature



## **HOMELESS SHELTERS**

### **Fish Hospitality Program**

456 New Market Road  
Piscataway, NJ 08854  
732-968-5957

Provides homeless women and families with shelter and meals.

### **Ozanam Family Shelter**

89 Truman Drive  
Edison, NJ 08817  
**732-985-0327**  
**732-247-3270**

For single women and families with children.

### **Ozanam Shelter of New Brunswick**

20-22 Abeel Street  
New Brunswick, NJ 08901  
**732-729-0850**

For homeless men.

### **St. John's Center**

24 Abeel Street  
New Brunswick, NJ 08901  
**732-745-9800**

Services include: shelter screening, referral to food banks and clothing.

### **The Salvation Army Emergency Winter Shelter**

433 State Street  
Perth Amboy, NJ 08861  
**732-826-7040**

Provides emergency winter shelter from November 1st- April 1st.



## **HOSPICE PROGRAMS**

Hospice care provides physical and emotional care for the terminally ill and their families.

### **Barbara E. Cheung Memorial Hospice**

1 Roosevelt Drive  
Edison, NJ 08837  
**732-321-9334**

### **Caring Hospice Services of Central Jersey**

1090 King Georges Post Road  
Suite 703  
Edison, NJ 08837  
**732-661-9373**

**Compassionate Care**

516 High Street - Suite 11  
Mt. Holly, NJ 08060  
**609-267-1178**

**Haven Hospice Program**

JFK Medical Center  
65 James Street  
Edison, NJ 08818  
**732-321-7769**

**Hospice of NJ**

400 Broadacres Drive  
Bloomfield, NJ 07003  
**973-893-0818**

**Martin and Edith Stein Hospice**

49 Veronica Avenue - Suite 206  
Somerset, NJ 08873  
**732-227-1212**

**Medical Center at Princeton  
Dept. of Home Care & Hospice**

208 Bunn Drive  
Princeton, NJ 08540  
**609-497-4900**

**Odyssey Healthcare, Inc.**

140 Campus Drive  
Edison, NJ 08837  
**732-346-9276**

**VNA Health Group**

176 Riverside Avenue  
Red Bank, NJ 07701  
**1-800-400-0981**



**HOSPITALS /  
HEALTH CENTER**

**Cancer Institute of New Jersey**

195 Little Albany Street  
New Brunswick, NJ 08901  
**732-235-2465**

**Eric B. Chandler Health Center**

277 George Street  
New Brunswick, NJ 08901  
**732-235-6700**

**Jewish Renaissance Medical  
Center**

272A Hobart Street  
Perth Amboy, NJ 08861  
**732-376-9333**

**JFK Medical Center**

65 James Street  
Edison, NJ 08818  
**732-321-7000**

**732-321-7050 Rehab Institute**

**University Medical Center at  
Princeton**

1 Plainsboro Road  
Plainsboro, NJ 08536  
**609-853-7000**

**Rahway Hospital**  
865 Stone Street  
Rahway, NJ 07065  
**732-381-4200**

**Raritan Bay Medical Center**  
1 Hospital Plaza  
Ferry Road & Route 18  
Old Bridge, NJ 08857  
**732-360-1000**

**Raritan Bay Medical Center**  
530 New Brunswick Avenue  
Perth Amboy, NJ 08861  
**732-442-3700**

**Robert Wood Johnson  
University Hospital**  
1 Robert Wood Johnson Place  
New Brunswick, NJ 08901  
**732-828-3000**

**Saint Peter's University Hospital**  
254 Easton Avenue  
New Brunswick, NJ 08901  
**732-745-8600**

**Saint Peter's University Hospital  
Senior Health Center**  
300 Overlook Drive  
Monroe Twp., NJ 08831  
**609-409-1363**

**Somerset Medical Center**  
110 Rehill Avenue  
Somerville, NJ 08876  
**908-685-2200**

**Veterans Administration NJ  
Health Care System**  
385 Tremont Avenue  
East Orange, NJ 07018  
**973-676-1000**

151 Knollcroft Road  
Lyons, NJ 07939  
**908-647-0180**



## **HOUSING**

**Catholic Charities**  
**732-826-6278**

One time assistance for back-rent, security deposit.

**Central Jersey Housing  
Resource Center**  
600 First Avenue - Suite 3  
Raritan, NJ 08869  
**908-704-8901**  
**[www.njhpc.gov](http://www.njhpc.gov)**

**NJ Homeless Hotline – 211**

**Home Sharing, Inc.  
The People Care Center**  
120 FINDERNE AVENUE  
BRIDGEWATER, NJ, 08807  
**908-526-4663**

Assists home “Providers” who have a separate bedroom for rent, with finding a home “Seeker” who is looking for somewhere to live.

## **Homelessness Prevention Program**

### **PRAHD**

89 Truman Avenue  
Edison, NJ 08817  
**732-638-2870**

Provided limited financial assistance to low & moderate income tenants and homeowners in imminent danger of eviction or foreclosure due to temporary financial problems beyond their control.

### **Housing Coalition Puerto Rican Action Board**

90 Jersey Avenue  
New Brunswick, NJ 08903  
**732-249-9700**

- Homeownership Counseling for first time home buyers.
- Mortgage Counseling to explore options to avoid foreclosure.
- Tenant/Landlord Counseling on rights and responsibilities under state and local laws, regulations and ordinances.
- Fair Housing Counseling to victims of discrimination.
- Case Management/Permanent Housing Counseling to assist those who are homeless, housed in substandard conditions or at risk of losing housing due to eviction or foreclosure.

**Middlesex County Office  
of Human Services  
Division of Housing, Community  
Development & Social Services**  
75 Bayard Street - 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3025**

Provides federal funds for housing, rehabilitation, and rental assistance to eligible applicants who reside in designated communities in Middlesex County.

### **New Jersey Department of Community Affairs**

45 Kilmer Road  
Edison, NJ 08817  
**732-777-6999**

Administers the Section 8 Tenant-Based Assistance Program which is funded by the US Department of Housing and Urban Development (HUD). The purpose of this program is to make decent, safe and sanitary housing available to very low-income households in the private rental market. Households that meet eligibility requirements receive help with their monthly rent and utility costs.

### **RUBHC - Housing Assistance 732-235-6184**

One time housing financial assistance for individuals with a psychiatric diagnosis. Based on available funding.

### **U.S. Department of Housing and Urban Development**

1 Newark Center - 13<sup>th</sup> Floor  
Newark, NJ 07102  
**973-622-7900**

**Housing Discrimination Hotline  
800-669-9777**

Disseminates funds to community development agencies and public housing authorities. Information on home improvement loans, mortgage insurance, and urban homesteading program.

**ALTERNATE  
FAMILY CARE**

A community based program where up to three persons receive room, board, personal care and other supportive health and social services in the home of an unrelated individual who has been approved and trained by the following sponsor agencies serving Middlesex County.

**Care Management 2000, Inc.**  
258 Park Street  
Upper Montclair, NJ 07043  
**973-655-0121**

**BOARDING HOMES**

This type of facility provides rooms and meals to tenants. Rooms and baths may be either private or shared. Other services may be offered depending on the facility.

**MONROE TOWNSHIP**

**Gibbons Rest Home**  
418 Schoolhouse Road  
Monroe Township, NJ 08831  
**732-521-1715**

**Woodhaven Rest Home**  
373 Schoolhouse Road  
Monroe Township, NJ 08831  
**732-521-3066**

**OLD BRIDGE**

**Community House**  
Catholic Charities  
124 Bentley Avenue  
Old Bridge, NJ 08857  
**732-251-0022**

**SOUTH RIVER**

**Terra Bella**  
69 Burton Avenue  
South River, NJ 08880  
**732-390-4663**

A distinctive memory care home specializing in care for those with dementia/memory impairment.

**CONTINUING CARE  
RETIREMENT COMMUNITIES**

Provide housing, services and health care to people of retirement age. Increasing levels of care is provided to meet the needs of residents from independent living to a variety of health and nursing needs. There is an entrance fee and a monthly fee.

**MONROE TOWNSHIP**

**Monroe Village**  
1 David Brainerd Drive  
Monroe Township, NJ 08831  
**732-521-6400**

## **HOME SHARING**

The following organizations assist those who are in need of housing, with those who are looking to share their residence.

### **Homesharing Inc.**

People Care Center  
120 Finderne Avenue  
Bridgewater, NJ 08807  
**908-526-4663**

### **Middlesex Match**

Puerto Rican Action Board  
New Brunswick, NJ 08901  
**732-249-9700**

## **RESIDENTIAL HEALTH CARE FACILITIES**

These facilities provide health maintenance and services under the direction of a professional nurse. Other services such as meals, housekeeping, and recreational services are also provided. Most services are included in the rent, but some may be purchased separately.

### **CRANBURY/HIGHTSTOWN**

#### **Holly House**

117 Dey Street  
Hightstown, NJ 08520  
**609-448-9893**

### **JAMESBURG**

#### **Lincoln Rest Center**

40 Lincoln Avenue  
Jamesburg, NJ 08831  
**732-521-0730**

## **MONROE TOWNSHIP**

### **Kestler's Rest Home**

5 North State Home Road  
Monroe Township, NJ 08831  
**732-521-1747**

### **Meadowview Care Center**

319 Spotswood - Gravel Hill Rd  
Monroe Township, NJ 08831  
**732-521-4948**

### **Pamid Haven**

357 Bucklelew Avenue  
Monroe Township, NJ 08831  
**732-521-1194**

## **NEW JERSEY**

### **New Jersey Firemen's Home**

565 Lathrop Avenue  
Boonton, NJ 07005  
**973-334-0024**

The home is exclusively for the care and support of aged, indigent and disabled firefighters.

## **RETIREMENT COMMUNITIES**

Designed for active, independent older people age 55 years or older. Social and recreational activities and limited services such as transportation are usually provided. Units are usually for sale, but some may be rented. There is usually a monthly fee.

**EAST BRUNSWICK**

**Cedar Village at East Brunswick**

5108 Cedar Village Boulevard  
East Brunswick, NJ 08816  
**732-236-7831**

**Waterford at East Brunswick**

540 Cranbury Road  
East Brunswick, NJ 08816  
**732-432-7844**

**HELMETTA**

**Regency Walk**

13 Appleby Drive  
Helmetta, NJ 08828  
**732-521-0398**

**METUCHEN**

**Whitfield at Metuchen**

13 Ayers Court  
Metuchen, NJ 08840  
**732-494-1979**

**MONROE TOWNSHIP**

**Clearbrook Community Association**

1 Clearbrook Drive  
Monroe Township, NJ 08831  
**609-655-2706**

**Concordia**

1 Clubhouse Drive  
Monroe Township, NJ 08831  
**609-655-0382**

**Encore Monroe**

397 Blossom Way  
Monroe Township, NJ 08831  
**609-409-7454**

**Greenbriar at Whittingham Village 2 and Village 3**

100 Whittingham Drive  
Monroe Township, NJ 08831  
**609-395-0404**

**The Ponds**

536 Waterside Boulevard  
Monroe Township, NJ 08831  
**609-655-2900**

**Regency at Monroe**

553 Buckelew Avenue  
Monroe Township, NJ 08831  
**732-605-1717**

**Rossmoor Community**

2 Rossmoor Drive  
Monroe Township, NJ 08831  
**609-655-1000**

**Renaissance at Cranbury Crossing**

48 Vineyard Court  
Monroe Township, NJ 08831  
**609-443-5446**

**Renaissance at Monroe**

101 Medici Boulevard  
Monroe Township, NJ 08831  
**732-780-1800 ext.411**

**Waterside Villas**

1 Overlook Drive  
Monroe Township, NJ 08831  
**609-409-0018**

**Whittingham -Village 1**

100 Whittingham Drive  
Monroe Township, NJ 08831  
**609-655-5656**

## WOODBRIIDGE

### **Woodbridge Hills**

400 Hampton Lane  
Iselin, NJ 08830  
**732-636-5190**

## **SHARED LIVING RESIDENCES**

Homes in which people who are unrelated, live together. Each person has a private bedroom but bathrooms may be either private or shared. All other spaces in the house are shared.

## **METUCHEN**

### **Berringer House**

320 Grove Avenue  
Metuchen, NJ 08840  
**732-632-8524**

## **PERTH AMBOY**

### **Boyd House**

222 Rector Street  
Perth Amboy, NJ 08861  
**732-826-1594**

## **SUBSIDIZED / AFFORDABLE APARTMENTS**

Apartment style housing designed for people aged 62 and over or the disabled. There are income guidelines for eligibility. Some buildings offer services such as housekeeping, meals, transportation and recreational activities.

## **CARTERET**

### **Carteret Housing Authority**

96 Roosevelt Avenue  
Carteret, NJ 07008  
**732-541-6800**

### **Jeanette Smith Village**

Noe Street  
Carteret, NJ 07008  
**732-541-6800**

### **Joseph Hermann Gardens**

Union Street  
Carteret, NJ 07008  
**732-541-6800**

### **Victoria Copeland Senior Home**

Essex Street and Union Street  
Carteret, NJ 07008  
**732-541-6800**

## **CRANBURY**

### **Cranbury Housing Associates, Inc.**

216 Rockingham Row  
Princeton Forrestal Village  
Princeton, NJ 08540  
**609-786-1102**

## **EAST BRUNSWICK**

### **Halls Corner**

551 Cranbury Road  
East Brunswick, NJ 08816  
**732-257-1906**

### **Oak Creek Village**

401 New Brunswick Avenue  
East Brunswick, NJ 08816  
**732-254-4488**

## **EDISON**

### **Edison Housing Authority**

Willard Dunham Drive  
Edison, NJ 08837  
**732-549-3301**

14 Rev. Samuel Carpenter Blvd.  
Edison, NJ 08820  
**908-561-2525**

### **Inman Grove Senior Housing**

1061 Inman Avenue  
Edison, NJ 08820  
**908-561-2203**

### **Julius Engel Gardens**

Willard Dunham Drive  
Edison, NJ 08837  
**732-549-3301**

### **Robert E. Holmes Gardens**

14 Rev. Samuel Carpenter Blvd.  
Edison, NJ 08820  
**908-561-2525**

### **Village Court Seniors**

32 North Reading Road  
Edison, NJ 08817  
**732-744-1464**

## **HIGHLAND PARK**

### **AHEPA – Highland Apartments**

239 South 6<sup>th</sup> Avenue  
Highland Park, NJ 08904  
**732-572-0700**

### **Samuel J. Kronman Complex**

242 South 6<sup>th</sup> Avenue  
Highland Park, NJ 08904  
**732-572-4420**

## **JAMESBURG**

### **Barclay Village**

Lake Street  
Jamesburg, NJ 08831  
**732-521-5003**

## **METUCHEN**

### **Metuchen Senior Citizens Housing**

35 Lincoln Avenue  
Metuchen, NJ 08840  
**732-494-6700**

## **MIDDLESEX**

### **Watchung Terrace**

100 Watchung Terrace  
Middlesex, NJ 08846  
**732-356-0681**

## **NEW BRUNSWICK**

### **New Brunswick Housing Authority**

P.O. Box 110  
New Brunswick, NJ 08901  
**732-745-5147**

### **55 Harvey at Providence Square**

55 Harvey Street  
New Brunswick, NJ 08901  
**732-246-3278**

### **John P. Fricano Towers**

90 Neilson Street  
New Brunswick, NJ 08901  
**732-246-7681**

### **Hoffman Pavilion**

75 Neilson Street  
New Brunswick, NJ 08901  
**732-745-5147**

**Livingston Manor**  
116 Livingston Avenue  
New Brunswick, NJ 08901  
**732-828-4083**

**Lord Stirling Senior Apts.**  
40 Hassart Street  
New Brunswick, NJ 08901  
**732-214-9381**

**Providence Square**  
217 Somerset Street  
New Brunswick, NJ 08901  
**732-828-4083**

**St. Mary's Apartments**  
260 Remsen Avenue  
New Brunswick, NJ 08901  
**732-247-8470**

**NORTH BRUNSWICK**

**No. Brunswick Housing Authority**  
710 Hermann Road  
North Brunswick, NJ 08902  
**732-247-0922**

**Martin Gerber Apts.**  
550 Remsen Avenue  
North Brunswick, NJ 08902  
**732-246-7788**

**North Brunswick Senior Housing**  
740 Hermann Road  
North Brunswick, NJ 08902  
**732-296-7122**

**OLD BRIDGE**

**Old Bridge Housing Authority**  
1 Old Bridge Plaza  
P.O. Box 700  
Old Bridge, NJ 08857  
**732-721-5600 ext. 6410 or 6415**

**Birchwood at Old Bridge**  
100 Mimi Road  
Old Bridge, NJ 08857  
**732-416-1400**

**Chuck Costello Complex**  
1998 Rt. 18 North  
Old Bridge, NJ 08857  
**732-679-0534**

\*For individuals with special needs.

**Maher Manor**  
2000 Rt. 18 North  
Old Bridge, NJ 08857  
**732-679-1763**

**Rotary Senior Housing**  
100 Ticetown Road  
Old Bridge, NJ 08857  
**732-679-9070**

**PERTH AMBOY**

**Perth Amboy Housing Authority**  
881 Amboy Avenue  
Perth Amboy, NJ 08861  
**732-826-3110**

**High Street Apartments**  
315 High Street  
Perth Amboy, NJ 08861  
**732-826-4222**

**The Parkview**  
618 New Brunswick Avenue  
Perth Amboy, NJ 08861  
**732-324-1600**

**Richard F. Stack Apartments**  
333 Rector Street  
Perth Amboy, NJ 08861  
**732-826-3110**

**Wesley T. Hansen Apartments**  
415 Fayette Street  
Perth Amboy, NJ 08861  
**732-826-3110**

**Robert Noble Manor**  
241 Gordon Street  
South Amboy, NJ 08879  
**732-721-7500**

**PISCATAWAY**

**Affordable Housing**  
505 Sidney Road  
Piscataway, NJ 08854  
**732-562-6570**

**Dohaney Homes**  
**Affordable Housing**  
Bayshore Drive  
South Amboy, NJ 08879  
**732-721-1831**

**Sterling Village**  
1 Sterling Village Drive  
Piscataway, NJ 08854  
**732-699-0033**

**Woodrow McCarthy Towers**  
250 South Broadway  
South Amboy, NJ 08879  
**732-721-1831**

**SOUTH BRUNSWICK**

**SAYREVILLE**  
**Housing Authority Gillette Manor**  
650 Washington Avenue  
Sayreville, NJ 08872  
**732-721-8400**

**Citizens for Independent Living**  
100 Woods Lane  
Monmouth Junction, NJ 08852  
**732-355-0620**

**Lakeview at Sayreville**  
1 Kulas Lane  
Parlin, NJ 08859  
**732-727-8833**

**Charleston Place**  
3424 Route 27  
Kendall Park, NJ 08824  
**732-297-7966**

**SOUTH AMBOY**

**South Amboy Housing Authority**  
250 South Broadway  
P.O. Box 817  
South Amboy, NJ 08879  
**732-721-1831**

**Oak Woods Senior Residence**  
700 Woods Lane  
Monmouth Junction, NJ 08852  
**732-355-9009**

**Hillcrest Manor Senior Residence**  
2097 Route 35  
South Amboy, NJ 08879  
**732-721-5300**

**Woodhaven at South Brunswick**  
1401 Jones Drive  
Princeton, NJ 08540  
**732-329-6807**

**SOUTH PLAINFIELD**

**South Plainfield Senior Residence**  
151 Morris Avenue  
South Plainfield, NJ 07080  
**908-755-6600**

**SOUTH RIVER**

**South River Landing**

20 Wojie Way  
South River, NJ 08882  
**732-238-3838**

**Willett Manor**

340 Whitehead Avenue  
South River, NJ 08882  
**732-257-8221**

**SPOTSWOOD**

**Crescent Park**

1 Arlington Avenue  
Spotswood, NJ 08884  
**732-723-0008**

**Woodmere Senior Housing**

250 Crescent Avenue  
Spotswood, NJ 08884  
**732-251-3242**

**WOODBRIIDGE**

**Woodbridge Housing Authority**

20 Bunns Lane  
Woodbridge, NJ 07095  
**732-634-2750**

**Adams Towers**

555 Rahway Avenue  
Woodbridge, NJ 07095  
**732-634-2750**

**Cooper Towers**

1422 Oak Tree Road  
Iselin, NJ 08830  
**732-634-2750**

**Finn Towers**

19 Martin Terrace  
Woodbridge, NJ 07095  
**732-634-2750**

**Greiner Towers**

460 Inman Avenue  
Colonia, NJ 07067  
**732-634-2750**

**Maple Tree Manor**

1255 Rahway Avenue  
Avenel, NJ 07001  
**732-636-1313**

**Olsen Towers**

555 New Brunswick Avenue  
Fords, NJ 08863  
**732-634-2750**

**Stern Towers**

555 Brook Street  
Woodbridge, NJ 07095  
**732-634-2750**



**IMMIGRATION AND  
NATURALIZATION**

**United States Department  
of Justice Immigration/  
Naturalization Service**

970 Broad Street - Room 136  
Newark, NJ 07102  
Hours: Mon.-Fri. 8am - 6pm

**INS National Customer Service Center**

**800-375-5283**  
**800-870-3676 forms only the following agencies provide assistance in citizenship services:**

**Catholic Charities**

319 Maple Street  
Perth Amboy, NJ 08861  
**732-324-8200**

**Jewish Family Services of Middlesex County**

32 Ford Avenue  
Milltown, NJ 08850  
**732-777-1940**



**INCOME TAX PREPARATION**

Free state and federal income tax assistance is available:

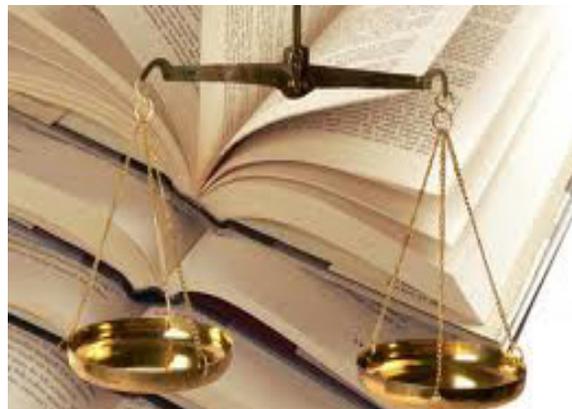
**AARP**

**Tax Aide - Site locator**  
**1-888-227-7669**

A nationwide tax counseling and tax return preparation service for the low-to-moderate income senior. Home visits are available to the homebound and the handicapped.

**Internal Revenue Service**  
**Volunteer Income Tax Assistance - VITA Site Locator**  
**1-800-906-9887**

The Internal Revenue Service provides free assistance in the preparation of tax returns. Call the above number for a site near you.



**LEGAL SERVICES**

**Middlesex County Bar Association Lawyer Referral Service**

87 Bayard Street  
New Brunswick, NJ 08901  
**732-828-0053**

Offers a lawyer referral service for senior citizens in Middlesex County. There is a \$35 consultation fee when meeting with an attorney. Hours: Mon. – Fri., 9am - 3pm

**Middlesex County Legal Services Corporation**

317 George Street - Suite 201  
New Brunswick, NJ 08901  
**732-249-7600**

313 State Street - Suite 308  
Perth Amboy, NJ 08861  
**732-324-1613**

Provides free legal services in civil matters to eligible individuals unable to retain a private attorney. Legal assistance and representation are provided in landlord/tenant issues, public assistance, social security income denial, food stamps, medical bills, matrimonial/family affairs, consumer problems and bankruptcy.

**Middlesex County Surrogate Office**

75 Bayard Street - 1<sup>st</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3055**

Provide information and services pertaining to wills (probate), trusts, adoptions, and guardianship. Satellite offices located throughout Middlesex County. Call for Details

**Office of the Public Guardian for Elderly Adults**

P.O. Box 812  
Trenton, NJ 08625-0812  
**609-341-5555**

Guardianship/conservatorship services to individuals 60 years of age and older meeting eligibility requirements. Services include visits, coordination of social services, trust and property management, and legal services.

**Inheritance Tax Office - NJ**

50 Barrack Street  
P.O. Box 249  
Trenton, NJ 08695  
**609-292-5033**

**The Legal Services of  
NJ Domestic Violence  
Representation Project (DVRP)  
732-572-9100**

Provides direct representation, referral, and advice to low-income women, including those victimized by family members and caregivers.



**MEDICAL EQUIPMENT/  
ASSISTIVE DEVICES**

**American Red Cross Lifeline  
800-959-6989**

This system offers either a Care Partner communicator and/or a Lifeline telephone which connects you to help 24 hours a day. A personal help button is available when you are away from home or even in the bath or shower. There is a one-time activation fee and monthly costs.

**Community Access to  
Rehabilitation Equipment (CARE)**

Your Resource  
8 Industry Court  
Ewing, NJ 08638  
**609-530-1513**

A program that offers durable medical equipment that is donated to be reused or recycled.

**Goodwill Home Medical Equipment**

18 Artic Parkway  
Ewing, NJ 08638  
**609-396-1513**  
[www.goodwillhomemedical.org](http://www.goodwillhomemedical.org)

Gently used home medical equipment and unopened medical supplies at affordable prices.

**Health Equipment Loan Program H.E.L.P.**

Anshe Emeth Community Development Corp.  
222 Livingston Avenue  
New Brunswick, NJ 08901  
**732-296-9922**

Through this program people who meet the financial guidelines can borrow a variety of medical equipment at no cost. The only fee is a deposit that is refunded when the equipment is returned.

**VNA Watch**  
**1-800-400-0981**

This system offers a help console and a waterproof personal transmitter worn on the wrist or as a pendant. A 12-hour battery back-up and two-way voice contact are part of this 24-hour, 7-days-a-week system. There is an installation fee plus monthly charges.

**The Assistive Technology Advocacy Center (ATAC)**

210 South Broad Street - 3<sup>rd</sup> Floor  
Trenton, NJ 08608  
**800-922-7233/609-292-9742**

ATAC provides assistance to persons with disabilities to obtain assistance technology devices and/or services.

**ATAC Back in Action**  
**800-922-7233**

Assistive device recycling program for New Jersey residents, Individuals may also access the website directly at <http://backinaction.drnj.org>.



**MEDICAID**

**Medicaid District Office**

Jupiter Business Plaza  
Suite 1H-A, 3499 Hwy 9N  
Freehold, NJ 07728  
**732-863-4400**

Provides information about Medicaid benefits and provides listings of Medicaid Providers.

**Middlesex County Board of Social Services**

181 How Lane  
New Brunswick, NJ 08901  
**732-745-3500**  
**732-745-6706 Fax**

Applications for all medicaid programs are available through the Board of Social Services. All programs have income and asset guidelines.

**Medicaid Fraud and Abuse Hotline**  
**888-9-FRAUD 5 or 888-937-2835**

**NJ Medicaid Hotline**  
**1-800-356-1561**



## **MEDICARE**

### **Centers for Medicare and Medicaid Services**

7500 Security Blvd.  
Baltimore, MD 21244

**1-800-MEDICARE**  
**1-800-633-4227**

For general inquiries or questions about eligibility, coverage, and claims, call the number above or visit [www.medicare.gov](http://www.medicare.gov) or [www.mymedicare.gov](http://www.mymedicare.gov)

### **Livanta, LLC.**

**1-866-815-5440**  
**1-877-588-1123**

Livanta is contracted by the federal government to ensure that Medicare beneficiaries receive quality medical care. Call to appeal discharges from a hospital, nursing home,

rehab facility, hospice or home health agency or to file an appeal if Medicare services are ending. If you have quality of care concerns, call to file a complaint.

**Medicare Fraud and Abuse Hotline**  
**1-800-447-8477**

**Medicare Rights Center**  
**1-800-333-4114**

Helps people with Medicare understand their rights and benefits, navigate the Medicare system and secure quality care.

**Medicare Interactive**  
**[www.medicareinteractive.org](http://www.medicareinteractive.org)**

A free tool provided by the Medicare Rights Center, that features Medicare information written in user-friendly language.

### **Senior Medicare Patrol of NJ JFVS**

32 Ford Avenue - 2<sup>nd</sup> Floor  
Milltown, NJ 08850  
**732-777-1940 ext. 1117**  
**1-877-678-4697**

Educates Medicare and Medicaid beneficiaries about preventing, detecting and reporting fraud.

### **State Health Insurance Assistance Program - SHIP**

#### **Middlesex County Office of Aging and Disabled Services**

75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3295**

Counselors provide free help to Medicare beneficiaries who have problems with or questions about Medicare, health insurance, Part D and or dealing with claims.

**Specified Low Income Medicare Beneficiary (SLMB)**  
**1-800-792-9745**

If eligible, SLMB offers assistance with paying the Medicare Part B monthly premium. Call to determine eligibility and for application.

**NJ Dept of Banking and Insurance  
 Division of Enforcement and  
 Consumer Protection**  
 P.O. Box 329  
 Trenton, NJ 08625-0325  
**800-446-7467**

To make complaints about the business practices of insurance companies.



**NURSING HOMES**

**Alameda Center for  
 Rehabilitation and Care**  
 303 Elm Street  
 Perth Amboy, NJ 08861  
**732-442-9540**

**Amboy Care Center**  
 1 Lindberg Avenue  
 Perth Amboy, NJ 08861  
**732-826-0500**

**Venetian Care & Rehabilitation  
 Center**  
 275 John T. O'Leary Blvd.  
 South Amboy, NJ 08879  
**732-721-8200**

**Care One at East Brunswick**  
 599 Cranbury Road  
 East Brunswick, NJ 08816  
**732-967-0100**

**Care One at the Highlands**  
 1350 Inman Avenue  
 Edison, NJ 08820  
**908-754-7100**

**Cedar Oaks Care Center**  
 1311 Durham Avenue  
 South Plainfield, NJ 07080  
**732-287-9555**

**Cranbury Center**  
 292 Applegarth Road  
 Monroe Township, NJ 08831  
**609-860-2500**

**Edison Estates Rehabilitation  
 and Convalescent Center**  
 465 Plainfield Avenue  
 Edison, NJ 08817  
**732-985-1500**

**Elms of Cranbury**  
 61 Maplewood Avenue  
 Cranbury, NJ 08512  
**609-395-0641**

**Forrestal Skilled Nursing and  
 Rehabilitation Center at the  
 Windrows**  
 5000 Windrow Drive  
 Princeton, NJ 08540  
**609-987-1221**

**Frances E. Parker Memorial Home**  
Easton Avenue at Landing Lane  
New Brunswick, NJ 08901  
**732-545-3110**

**Frances E. Parker Memorial Home**  
1421 River Road  
Piscataway, NJ 08854  
**732-545-8330**

**Franklin Care Center**  
3371 Route 27  
Franklin Park, NJ 08823  
**732-821-8000**

**Gardens at Monroe**  
189 Applegarth Road  
Monroe Township, NJ 08831  
**609-448-7036**

**Golden Living Center - Old Bridge**  
6989 Rt. 18 South  
Old Bridge, NJ 08857  
**732-360-2277**

**JFK Hartwyck at Oak Tree**  
2048 Oak Tree Road  
Edison, NJ 08820  
**732-906-2100**

**JFK Hartwyck at Edison Estates**  
10 Brunswick Avenue  
Edison, NJ 08817  
**732-985-1500**

**Madison Center Genesis  
Eldercare**  
625 Route 34  
Matawan, NJ 07747  
**732-566-6400**

**McCarrick Care Center**  
15 Delwood Lane  
Somerset, NJ 08873  
**732-545-4200**

**Monroe Village Health Care  
Center**  
1 David Brainerd Drive  
Monroe Township, NJ 08831  
**732-521-6408**

**New Jersey Veterans Memorial  
Home**  
132 Evergreen Road  
P.O. Box 3013  
Edison, NJ 08818-3013  
**732-452-4100**

**Park Place Center**  
2 Deer Park Drive  
Monmouth Junction, NJ 08852  
**732-274-1122**

**Reformed Church Home**  
1990 Rt. 18 North  
Old Bridge, NJ 08857  
**732-607-9230**

**Roosevelt Care Center**  
1 Roosevelt Drive  
Edison, NJ 08837  
**732-321-6800**

**Roosevelt Care Center  
at Old Bridge**  
1133 Marlboro Road  
Old Bridge, NJ 08857  
**732-360-9830**

**Regency Jewish Heritage**  
380 Demott Lane  
Somerset, NJ 08873  
**732-873-2000**

**Rose Mountain Care Center**  
Routes 1 & 18  
New Brunswick, NJ 08901  
**732-828-2400**

**St. Joseph's Senior Home  
Nursing Center**  
3 St. Joseph's Terrace  
Woodbridge, NJ 07095  
**732-750-0077**

**Summer Hill Nursing Home**  
111 Route 516  
Old Bridge, NJ 08857  
**732-254-8200**

**Sunrise Brighton Gardens**  
1801 Oak Tree Road  
Edison, NJ 08820  
**732-767-1031**

**Victoria House Health Care  
Center**  
38 Freneau Avenue  
Matawan, NJ 07747  
**732-566-0800**

**Willow Creek Rehabilitation and  
Care Center**  
1165 Easton Avenue  
Somerset, NJ 08873  
**732-246-4100**

**NJ Department of Health Facilities,  
Survey and Field Operations  
Complaint Hotline**  
**800-792-9770**

**Office of the Ombudsman for  
the Institutionalized Elderly**  
240 West State Street  
Trenton, NJ 08625-0807  
**609-943-4026**  
**877-582-6995 24-Hour Hotline**

**Mailing Address:**  
P.O. Box 852  
Trenton, NJ 08625-0852

Receives and investigates complaints of suspected abuse or exploitation of elderly people in institutions which include nursing homes, assisted living residences and also class C boarding homes.



## **NUTRITION PROGRAMS**

**NJ SNAP (formerly Food Stamps)  
NJ's Supplemental Nutrition  
Assistance Program**  
**1-800-687-9512 Toll Free**  
**732-745-3500 Middlesex County**

Nutrition assistance program to help low-income individuals and families buy the groceries needed to eat healthy. Seniors and people living with disabilities and/or living on low or fixed income may be eligible. To pre-screen or apply on-line, go to [www.NJHelps.com](http://www.NJHelps.com).

**MEALS ON WHEELS PROGRAM**  
Delivers meals to the homebound, elderly, ill, handicapped or blind that are unable to prepare meals. Some special diets are available. Call for additional information.

**Greater New Brunswick  
Meals on Wheels**

211 Livingston Avenue  
New Brunswick, NJ 08901  
**732-249-3488**

Serves residents of Highland Park and New Brunswick.

**Kosher Meals on Wheels**

Jewish Family Services  
of Middlesex County  
52 Concordia Shopping Center  
Monroe Township, NJ 08831  
**732-777-1940**

Serves residents of East Brunswick, Monroe, and Old Bridge.

32 Ford Avenue  
Milltown, NJ 08850  
**732-777-1940**

Serves Avenel, Carteret, Colonia, Edison, Fords, Keasby, Highland Park, Metuchen, Parlin, Perth Amboy, Port Reading, and Woodbridge.

**Metuchen, Edison, and  
Woodbridge Meals on Wheels**

2 George Frederick Plaza  
Woodbridge, NJ 07095  
**732-634-4141**

**Middlesex County Office of  
Aging and Disabled Services  
Senior Meal Program**

75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
**732-745-2062**

Offers nutritious, hot, mid-day meals in a social atmosphere. Includes transportation, nutrition counseling, and recreation, to those 60 years of

age or older. Suggested donations are \$2.25 for on-site meals and \$2.75 for home delivered meals. For information on congregate and home delivered meals, contact the following nutrition sites:

**SENIOR MEAL SITES**

**CARTERET**

**Thomas J. Deverin Community  
Center**

100 Cooke Avenue  
Carteret, NJ 07008  
**732-541-6221**

**EDISON**

**Edison Senior Center**

2963 Woodbridge Avenue  
Edison, NJ 08817  
**732-452-0377**

**OLD BRIDGE**

**Old Bridge Senior Center**

George J. Bush Center  
for Human Services  
1 Old Bridge Plaza  
Old Bridge, NJ 08857  
**732-607-1582**

**PERTH AMBOY**

**Alexander J. Jankowski  
Community Center**

1 Olive Street  
Perth Amboy, NJ 08861  
**732-442-0930**

**PISCATAWAY**

**Piscataway Senior Center**

700 Buena Vista Avenue  
Piscataway, NJ 08854  
**732-743-9844**

## **SAYREVILLE**

### **Sayreville Senior Center**

423 Main Street  
Sayreville, NJ 08872  
**732-254-4299**

## **SOUTH BRUNSWICK**

### **South Brunswick Senior Center**

540 Ridge Road  
Monmouth Junction, NJ 08852  
**732-329-6171**

## **SOUTH PLAINFIELD**

### **South Plainfield Senior Center**

90 Maple Avenue  
South Plainfield, NJ 07080  
**908-753-1040**

## **KOSHER CONGREGATE DINING**

### **Jewish Family Services of Middlesex County Highland Park Conservative Temple**

201 South - 3<sup>rd</sup> Avenue  
Highland Park, NJ 08905  
**732-777-1940**



## **PRESCRIPTIONS**

### **Middlesex Rx**

Sponsored by Middlesex County  
Board of Chosen Freeholders

A free prescription drug program that offers medication at a discount off the wholesale price. Membership

is free and there is no limit on the number of prescriptions covered.

### **Eligibility Requirements:**

- Middlesex County resident (no income limitation)
- No other prescription coverage through an employee-based or government-sponsored benefit plan. To obtain an application form, call

**Pro Act Inc.**  
**1-877-776-2285**

or

**MC Office of  
Aging & Disabled Services**  
**732-745-3295**

### **Pharmaceutical Assistance to the Aged And Disabled (PAAD), Lifeline and Special Benefits**

NJ Department of Health  
and Senior Services  
P.O. Box 715

Trenton, NJ 08625-0715

**800-792-9745 / 609-588-7049**  
**609-588-7030 TTY**

PAAD is a state-funded program to help pay for prescriptions. If eligible, there is a \$5 for generic drugs and \$7 for brand name drugs per prescription.

### **Eligibility Requirements:**

- New Jersey Resident
- At least 65 years of age, **or** 18 years of age and receiving Social Security Disability benefits
- Income less than \$26,575 if single and \$32,582 for couples
- Required to be enrolled in a Medicare Part D Prescription Drug Plan

Applications are available at [www.njpaad.gov](http://www.njpaad.gov) or contact the MC Office of Aging and Disabled services at 732-745-3295.

### **Senior Gold**

NJ Department of Health  
and Senior Services  
P.O. Box 715  
Trenton, NJ 08625-0715  
**800-792-9745**

A prescription discount program for the elderly and disabled who do not qualify for the PAAD program. If eligible, the card holder pays a co-payment of \$15 plus 50% of the remaining cost for each covered prescription or actual drug cost, whichever is less.

### **Eligibility Requirements:**

- New Jersey resident
- At least 65 years of age or 18 years of age receiving Social Security Disability benefits
- Income is between \$26,575 and \$36,575 if you are single, or between \$32,582 and \$42,582 of combined income if married.
- Required to be enrolled in a Medicare Part D Prescription Drug Plan

Applications available at [www.njsrgold.gov](http://www.njsrgold.gov) or contact the Middlesex County Office of Aging and Disabled Services  
732-745-3295.



## **RECREATION**

### **Fishing License / Hunting License**

Environmental Protection  
Division of Fish, Game & Wildlife  
P.O. Box 400  
Trenton, NJ 08625-0400  
**609-292-2965**

Fishing licenses are available for a reduced rate of \$12.50 for residents ages 65-69, a trout stamp is an additional charge. For those 70 and older, there is no fee. For hunting, a senior fire arm license is \$15.50 and a bow and arrow license is \$16.50, for those age 65 and over.

### **Parks, Forests, and Historic Sites**

Dept. of Environmental Protection  
Division of Parks and Forestry  
P.O. Box 404  
Trenton, NJ 08625-0404  
**800-843-6420 / 609-984-0370**

Senior citizens pass allows free entry and parking for day use at any forest, park, or historic site administered by the State Park Service.

**John E. Toolan Kiddie Keepwell  
Camp**

35 Roosevelt Drive  
Edison, NJ 08837  
**732-548-6542**

Summer and winter camp programs including arts & crafts, exercise classes, trips and overnight accommodations are available to seniors of Middlesex County 65 years of age or older.

**New Jersey Office of Travel and  
Tourism**

**609-292-2470**

**New Jersey Travel Guide**

**1-800-Jersey / 800-537-7397**

Covers six regions of the State of New Jersey, including maps.



**RENTAL ASSISTANCE**

**NJ Department of Community  
Affairs**

45 Kilmer Road  
Edison, NJ 08817  
**732-777-6999**

Provides information and assistance with Section 8 rent assistance for Middlesex County residents.

**Rental Assistance Programs**

Edison..... **732-549-3301**  
Highland Park..... **732-572-4420**

**Middlesex County Division of  
Housing, Community  
Development and Social Services**

75 Bayard Street - 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3025**

Provides federal funds for housing, rehabilitation and rental assistance to eligible applicants who reside in designated communities.



## **RESPIRE**

Respite is a service that provides family members and other non-paid caregivers a break from the daily responsibility of caring for an elderly or disabled person.

Respite services may include:

- Companion Services
- Homemaker/Home Health Aids
- Medical Adult Day Care
- Social Adult Day Care
- Temporary Out-of-Home Care in a Medical Facility
- Private Duty Nursing

### **Statewide Respite Care Program**

Middlesex County Office of  
Aging and Disabled Services  
75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3295**

### **A Day Away**

Jewish Family Services  
of Middlesex County  
52 Concordia Shopping Center  
Monroe Township, NJ 08831  
**609-395-7979**

A Respite Program for Alzheimer's patients and their families.

### **Caregiver's Assistance Respite Endeavor (CARE) Alzheimer's Association 800-883-1180**

Enables families to obtain temporary relief to reduce the heavy demands associated with caring for someone with Alzheimer's 24-hours per day.

### **Gardens at Monroe**

189 Applegarth Road  
Monroe Township, NJ 08831  
**609-448-7036**

Skilled nursing facility offering in-patient respite care.



## **SENIOR CENTERS / MUNICIPAL OFFICES ON AGING**

### **Carteret Office on Aging**

100 Cooke Avenue  
Carteret, NJ 07008  
**732-802-3014**

### **Cranbury Senior Community Center**

23A North Main Street  
Cranbury, NJ 08512  
**609-395-0900 Ext. 244**

**East Brunswick Senior Center  
Department on Aging**  
3 Jean Walling Civic Center Dr.  
East Brunswick, NJ 08816  
**732-390-6896**

**Edison Senior Center**  
2963 Woodbridge Avenue  
Edison, NJ 08817  
**732-248-7345**

**Mailing:**  
100 Municipal Blvd.  
Edison, NJ 08817

**Highland Park Senior Recreational  
Center / Office on Aging**  
220 South 6<sup>th</sup> Avenue  
Highland Park, NJ 08904  
**732-819-0052**

**Metuchen Senior Center**  
15 Center Street  
Metuchen, NJ 08840  
**732-632-8524**

**Middlesex Recreation Center  
Legion Place**  
Middlesex, NJ 08846  
**732-356-0414**

**Mailing:**  
1200 Mountain Avenue  
Middlesex, NJ 08846

**Milltown Senior Center/  
Office on Aging**  
60 Violet Terrace  
Milltown, NJ 08850  
**732-296-0681**

**Monroe Office of Senior  
Services/Senior Center**  
12 Halsy Reed Road  
Monroe Township, NJ 08831  
**609-448-7140**

**New Brunswick Senior  
Resource Center**  
81 Huntington Street  
New Brunswick, NJ 08901  
**732-745-5100**

**North Brunswick Senior  
Center**  
15 Linwood Place  
North Brunswick, NJ 08902  
**732-247-0922 Ext. 820**

**Old Bridge Senior Center/  
Office on Aging**  
George J. Bush Center  
for Human Services  
1 Old Bridge Plaza  
Old Bridge, NJ 08857  
**732-721-5600 Ext. 6600**

**Perth Amboy Alexander  
J. Jankowski Community  
Center**  
1 Olive Street  
Perth Amboy, NJ 08861  
**732-826-1690**

**Piscataway Senior Center  
Office on Aging**

700 Buena Vista Avenue  
Piscataway, NJ 08854  
**732-562-1133**

**Tri-County Senior Citizens**

450 New Market Road  
Piscataway, NJ 08854  
**732-752-1142**

**Plainsboro Department of  
Recreation & Community  
Services**

641 Plainsboro Road  
Plainsboro, NJ 08536  
**609-799-0909 ext. 6**

**Sayreville Senior Center  
Office on Aging**

423 Main Street  
Sayreville, NJ 08872  
**732-390-7058**

**South Amboy Senior Resource  
Center/Office on Aging**

200 John T. O'Leary Blvd., 2<sup>nd</sup> Fl.  
South Amboy, NJ 08879  
**732-316-8212**

**South Brunswick Office on  
Aging/Senior Center**

540 Ridge Road  
Monmouth Junction, NJ 08852  
**732-329-4000 Ext. 7670**

**South Plainfield Office on  
Aging/Senior Center**

90 Maple Avenue  
South Plainfield, NJ 07080  
**908-754-1047**

**South River Senior Center  
Office on Aging**

55 Reid Street  
South River, NJ 08882  
**732-257-2340**

**Spotswood Office on Aging**

1 Arlington Avenue - Suite 401  
Spotswood, NJ 08884  
**732-251-3432**

**Woodbridge Multi Service  
Program on Aging**

400 Inman Avenue  
Colonia, NJ 07067  
**732-726-6262**

**Evergreen Senior Center**

400 Inman Avenue  
Colonia, NJ 07067  
**732-726-6260**



## **SENIOR CITIZEN ORGANIZATIONS**

### **AARP**

601 E. Street NW  
Washington, DC 20049  
**800-687-2277**

### **State Office**

Forrestal Village  
101 Rockingham Row  
Princeton, NJ 08540  
**866-542-8165**

Organization for those over 50 (retired or not). Membership includes legislative representation, publication, travel, health insurance programs, pre-retirement counseling, continuing education, and hospitality facilities.

- **Driver Safety** Available to all drivers 50 years and older to help sharpen your driving skills. Insurance companies offer reduced rates for drivers who successfully complete the program.
- **Legal Services Network** Access to attorneys who practice in over 20 different legal areas from real estate and family law to estate planning assistance.
- **Tax-Aide Program** Nationwide tax counseling and return preparation for the low-to-moderate income. Home visits are available to the homebound

and the handicapped.

- For information about these programs: **888-227-7669AARP**

### **Foster Grandparents and Senior Companion Programs**

Woodbridge Development Center and Community Site  
Rahway Avenue, Box 189  
Woodbridge, NJ 07095  
**732-499-5529**

### **Retired Senior Volunteer Program (RSVP)**

287 Handy Street  
New Brunswick, NJ 08903-5724  
**732-249-6330**

Recruits volunteers age 55 and older and assigns/matches them to provide volunteer services in the community.

- Healthy Bones
- Mr. Fixit Program
- Opportunities to tutor/mentor the youth in the community
- Weekend Telephone Reassurance Program
- Friendly Visits

### **Wellness Initiative with Senior Educators**

National Council on Alcoholism and Drug Dependency of MC, Inc.  
152 Tices Lane  
East Brunswick, NJ 08816  
**732-254-3344**

A prevention program enlisting the aid of older adult volunteers who work toward increasing the awareness of alcohol, tobacco and other drugs as they affect older adults in areas of medication management, stress, nutrition, isolation and loss.



## **SOCIAL SECURITY**

**Social Security Administration**  
**800-772-1213 or [www.ssa.gov](http://www.ssa.gov)**

- For new or replacement social security cards.
- Assists in filing for or receiving social security retirement, survivors, disability, Medicare & supplemental security income.
- Free literature describing benefits

Eligibility for social security retirement, survivors, disability, and Medicare benefits is based on insured status attained by covered work. Eligibility for SSI is based on financial need, determined by income and resources. SSI beneficiaries are automatically entitled to Medicaid.

### **District Office**

190 Middlesex Turnpike - 3<sup>rd</sup> Floor  
Iselin, NJ 08830  
**800-772-1213**

Serves residents of Avenel, Carteret, Cliffwood Beach, Colonia, Fords, Hopelawn, Iselin, Lawrence Harbor, Morgan, Parlin, Perth Amboy, Port Reading, Sayreville, Sewaren, South Amboy, and Woodbridge.

### **District Office**

29 Davenport Street  
Somerville, NJ 08876  
**800-772-1213**

Serves residents of Dunellen.

### **District Office**

506 Jersey Avenue - Suite 200  
New Brunswick, NJ 08901  
**877-803-6313**

Serves residents of Middlesex, New Brunswick, and South Plainfield.



## **SOCIAL SERVICE / SUPPORT AGENCIES**

The following agencies provide a wide range of social support services.

### **Middlesex County Office of Aging and Disabled Services**

75 Bayard Street - 5<sup>th</sup> Floor  
New Brunswick, NJ 08901  
**732-745-3295**

Provides information and assistance, referral and advocacy for seniors, persons with disabilities and caregivers.

Through various home care programs such as: RESPITE, MCMAP, JACC, GO and PASP. Older adults and people with disabilities may be able to obtain in-home support services such as:

- Home Health Aide Services
- Companion Services
- Social/Medical Adult Day Care
- Chore Services
- Private Duty Nurse
- Medical Transportation
- Medical Equipment & Supplies
- Personal Emergency Response
- Systems
- Environmental Modification/  
Barrier Free Assistance

Call for a screening to determine eligibility.

**Catholic Charities Diocese  
of Metuchen**

288 Rues Lane  
East Brunswick, NJ 08816  
**732-257-6100**

26 Safran Avenue  
Edison, NJ 08818  
**732-738-1323**

319 Maple Street  
Perth Amboy, NJ 08861  
**732-324-8200**

**Comprehensive Services  
on Aging COPSA**

100 Metroplex Drive  
Edison, NJ 08817  
**800-424-2494 / 732-235-8400**

**Interfaith Network of Care, Inc.**

62 South Main Street  
Milltown, NJ 08850  
**732-247-1655**

A network of volunteers from faith congregations and the community which provides supportive home care services to the frail, elderly and disabled in the areas of East Brunswick, Helmetta, Edison, Highland Park, Kendall Park, Metuchen, Milltown, New Brunswick, North Brunswick, Old Bridge, Parlin, South River, and Spotswood.

Services include friendly visiting, respite care, telephone reassurance, minor chores & shopping assistance.

**Jewish Family Services  
of Middlesex County**

32 Ford Avenue  
Milltown, NJ 08850  
**732-777-1940**

52 Concordia Shopping Center  
Monroe Township, NJ 08831  
**609-395-7979**

**Middlesex County  
Board of Social Services**

181 How Lane  
New Brunswick, NJ 08901  
**732-745-3500**

252 Madison Avenue  
Perth Amboy, NJ 08861  
**732-324-5500**

**Perth Amboy Human Services**

1 Olive Street  
Perth Amboy, NJ 08861  
**732-826-1690**

**Puerto Rican Action Board**  
90 Jersey Avenue  
New Brunswick, NJ 08903-0240  
**732-828-4510**

**Puerto Rican Association for Human Development**  
100 First Street  
Perth Amboy, NJ 08861  
**732-442-1081**

**Woodbridge Multi-Service Program on Aging**  
400 Inman Avenue  
Colonia, NJ 07067  
**732-726-6262**



## **SUPPORT GROUPS**

**Cancer Support Community of Central NJ**  
3 Crossroads Drive  
Bedminster, NJ 07921  
**908-658-5400**

Professionally led programs of support, education and hope.

**NJ Self - Help Clearinghouse (M.A.S.H. - Mutual Aid Self - Help)**  
375 East McFarlan Street  
Dover, NJ 07801  
**1-800-367-6274(in NJ)**  
**973-989-1122 (outside NJ)**

Self-help groups are support groups organized and run by and for people who share a life situation or similar problem. This clearinghouse has a database of contacts for self-help groups throughout New Jersey. It assists individuals in locating groups and provides information on how to start and develop a new group.

**COPSA Rutgers University Behavioral Health Care**  
**732-235-8400**

Monthly support groups for spouses and other caregivers to the elderly. Call for information on the time and place of meetings.

**Council on Compulsive Gambling of New Jersey, Inc.**  
1315 West State Street  
Trenton, NJ 08618  
**609-588-5515**

Education, public awareness and outreach.

**Kinship Navigator Program**  
P.O. Box 716  
Trenton, NJ 08625-0716  
**800-332-9227**

Information, referral and advocacy services for family caregivers of children.

**Middlesex County Grandparents Raising Grandchildren Coalition**  
P.O. Box 1523  
Rahway, NJ 07065  
**732-369-6813**

**DNA Services of America**

402 Main Street  
Metuchen, NJ 08840  
**732-632-8820**

Provides assistance in establishing paternity for legal guardianship, grandparent and visitation rights.

**Jewish Family Services  
of Middlesex County**

52 Concordia Shopping Center  
Monroe Township, NJ 08831  
**609-395-7979**

Call for more information about support groups that are available. Registration is required.

**JFK Medical Center  
Haven Support Groups**

65 James Street  
Edison, NJ 08818  
**732-321-7769**

Call for information about topics and dates and times of meetings.

**Robert Wood Johnson  
University Hospital Community  
Health Education**

1 Robert Wood Johnson Place  
New Brunswick, NJ 08901  
**732-937-8820**

The hospital offers various health related support groups. Call for specific information about the types of groups offered, location, dates and times of meetings.

**Saint Peter's University Hospital**

254 Easton Avenue  
New Brunswick, NJ 08901  
**732-745-8600**

The hospital offers a variety of health related, caregiver and bereavement support groups. Call for information about location, dates and times of meetings. Registration is required.

**The Cancer Institute of New Jersey**  
NJ Department of Social Work  
and Outreach

195 Little Albany Street  
New Brunswick, NJ 08901  
**732-235-6792**

Support and education groups which provide a forum to discuss cancer related issues. Please call for topics, dates, times and location.



## **TRANSPORTATION**

### **Middlesex County Area Transit (MCAT)**

711 Jersey Avenue  
New Brunswick, NJ08901  
**800-221-3520 Reservations**

#### **Demand Response/Reservation:**

MCAT provides transportation for \$3.00 a trip (one way) fee, to seniors 60+ and disabled residents of Middlesex County. Intermittent transportation is available so that residents may obtain the necessities of life, with priority given to non-emergency medical services. Registration and reservations are required.

#### **Community Shuttle:**

MCAT shuttle service is a fixed route service, reservations are not required. Shuttle service runs Monday - Saturday and is available to the general public. Call for the Community Shuttle schedule.

#### **American Cancer Society**

2600 U.S. Hwy. #1  
North Brunswick, NJ 08902  
**800-227-2345 / 732-297-8000**

#### **Amtrak 800-872-7245**

A 15% discount for senior citizens (age 62 and older) and handicapped travelers is given on regular coach fare. This discount does not apply on club car seats or sleeping space charges. The discount fare will be granted to passengers who present appropriate identification.

#### **Medicaid Transportation Board of Social Services 732-745-3761**

#### **New Jersey Transit: Access Link 800-955-2321 800-955-6765 (TT)**

#### **Transit Information 973-275-5555 800-772-2287 (TT)**

#### **NJ Transit Reduced Fare Program 180 Boyden Avenue Maplewood, NJ 07040 973-378-6401/ 973-378-6327**

Reduced fares, at anytime, are available on NJ Transit buses, trains and light rail, to seniors age 62 and over and people with disabilities. Personal assistants ride for free. Seniors must present a valid ID or NJ Transit Reduced Fare ID card. People with disabilities may show NJ Reduced Fare ID card or Medicare card.

Applications for Reduced Fare ID cards are available online at [www.njtransit.com](http://www.njtransit.com) or your local Office of Aging and Disabled Services.

### **Mini Bus Transportation Service**

This service is free to seniors and disabled persons. Includes local transportation to doctors, hospitals, social service agencies and centers. Some agencies may have restrictions, please inquire when requesting service.



Carteret.....	<b>541-6177</b>
Dunellen .....	<b>968-3033</b>
East Brunswick.....	<b>390-6896</b>
Edison.....	<b>248-7345</b>
Highland Park.....	<b>819-0052</b>
Metuchen.....	<b>632-8525</b>
Middlesex .....	<b>356-0414</b>
Milltown.....	<b>828-2100 Ext. 181</b>
Monroe .....	<b>609-443-0511</b>
NB Dial-A-Ride .....	<b>745-5161</b>
No.Brunswick....	<b>247-0922 Ext.553</b>
Old Bridge.....	<b>721-5600 Ext.6600</b>
Perth Amboy ...	<b>826-1690 Ext.4300</b>
Sayreville .....	<b>390-7058</b>
So.Brunswick..	<b>329-4000 Ext.7361</b>
South Plainfield.....	<b>908-754-1047</b>
South River.....	<b>257-2340</b>
Spotswood.....	<b>251-3432</b>
Woodbridge .....	<b>800-221-3520</b>



## **VETERAN SERVICES**

### **Middlesex County Veteran Services**

75 Bayard Street - 2<sup>nd</sup> Floor  
New Brunswick, NJ 08901  
**732-745-4051**

### **NJ Department of Military and Veteran Affairs**

1060 Hamilton Street  
Somerset, NJ 08873  
**732-937-6347**

### **Veterans' Hotline** **800-624-0508**

Provides information about veterans' compensations and pensions.

### **Veterans Administration New Jersey Health Care System**

385 Treemont Avenue  
East Orange, NJ 07018  
**973-676-1000**

151 Knollcroft Road  
Lyons, NJ 07939  
**908-647-0180**

Provide in- and out-patient medical, psychiatric, and rehabilitation services. Nursing home care is available for eligible veterans with an honorable discharge. Priority for veterans with a service-connected disability or disease.

**Veterans Administration  
Outpatient Clinic**

14 Wills Way  
Piscataway, NJ 08854  
**732-981-8193**

**New Jersey Veterans Memorial  
Home**

132 Evergreen Road  
P.O. Box 3013  
Edison, NJ 08818-3013  
**732-452-4100**

The soldiers' home is open to veterans who served active duty and to certain family members.

**Brigadier General William C. Doyle  
Veterans Memorial Cemetery**

350 Provinceline Road  
Wrightstown, NJ 08562  
**609-758-7250**

It is open to eligible New Jersey veterans; residents who are members of the armed forces or reserve units on active duty at time of death, certain dependents, and certain merchant marines and civilians who have been awarded veteran status.



**VISION**

**National Eye Care Project**

655 Beach Street  
P.O. Box 429098  
San Francisco, CA 94142-9098  
**800-222-3937**

A public service program for eligible citizens age 65 and older with medical eye problems who do not have eye doctor or have not seen one in the past three years. A volunteer physician's name will be mailed and an appointment scheduled.

**Prevent Blindness New Jersey**

2525 Route 130 – Building D  
Cranbury, NJ 08512  
**609-409-0770**

Provides free public information on eye disease. Screenings available for those at risk for vision loss.

**New Eyes for the Needy**

549 Millburn Avenue  
Short Hills, NJ 07078  
**973-376-4903**

Provides prescription eye glasses to the medically indigent.

Hours: Mon - Thurs. 9am - 4pm  
Fri. 9am - 12pm

## **NJ Commission for the Blind & Visually Impaired**

Central Regional Office  
1510 Hooper Avenue - Suite 240  
Toms River, NJ 08753  
**732-255-0723**

Provides education, counseling, rehabilitation, job placements, home instruction, O&M instruction, nursing unit and eye screenings.

## **NJ State Library for the Blind and Handicapped**

2300 Stuyvesant Avenue  
P.O. Box 501  
Trenton, NJ 08618-0501  
**800-792-8322**  
**609-530-4213**

Books and magazines in special format are available to any resident who is unable to read normal print. Materials are loaned through a postage free mail service.

## **Seeing Eye, Inc.**

P.O. Box 375  
Morristown, NJ 07963-0375  
**973-539-4425**

Trains dogs and instructs blind and visually impaired persons.

## **Middlesex County Association for the Blind**

P.O. Box 424  
New Brunswick, NJ 08903  
**732-360-1212**

Provides social meetings for the blind. Meeting location is at Milltown Boro Hall, Violet Terrace, Milltown. Call for meeting times.



## **VOTING**

### **Middlesex County Board of Elections**

777 Jersey Avenue  
New Brunswick, NJ 08901  
**732-745-3471**

Voters who are blind, disabled, or unable to read or write, are entitled to receive assistance at the polls.

## **OUT OF STATE ASSISTANCE**

### **Benefits Checkup**

**[www.BenefitsCheckUp.org](http://www.BenefitsCheckUp.org)**

A web-based service designed to help seniors, their families and caregivers find the right benefits programs to meet their needs. A confidential questionnaire is filled out on-line which compares their information with eligibility requirements for federal or state administered programs. Users then receive a printable report that tells them which programs they may likely qualify for and where to go to enroll.

## WEBSITES

**Administration for Community Living** ..... [www.aoa.gov](http://www.aoa.gov)

**ADRC - Aging and Disability Resource Connection** ..... [www.adrcnj.gov](http://www.adrcnj.gov)

**American Association of Retired Persons - AARP**..... [www.aarp.org](http://www.aarp.org)

### **Alzheimer's Disease**

Alzheimer's Association ..... [www.alz.org](http://www.alz.org)

National Institute on Aging ..... [www.alzheimers.org](http://www.alzheimers.org)

### **Caregiver Resources**

Caregiver Action Network ..... [www.caregiveraction.org](http://www.caregiveraction.org)

Caregiving Resource Center..... [www.aarp.org/caregivers](http://www.aarp.org/caregivers)

National Alliance for Caregiving ..... [www.caregiving.org](http://www.caregiving.org)

National Caregivers Library ..... [www.caregiverslibrary.org](http://www.caregiverslibrary.org)

### **Disability Services**

Americans with Disabilities Act ..... [www.ada.gov](http://www.ada.gov)

Disability Rights NJ ..... [www.drnj.org](http://www.drnj.org)

National Organization on Disability ..... [www.nod.org](http://www.nod.org)

**Elder Care Locator** ..... [www.eldercare.gov](http://www.eldercare.gov)

### **Housing**

Housing Coalition..... [www.hccj.org](http://www.hccj.org)

NJ Housing Resource Center ..... [www.njhrc.gov](http://www.njhrc.gov)

Rooming and Boarding Homes..... [www.boardandcarenj.org](http://www.boardandcarenj.org)

US Department of Housing and Urban Development..... [www.hud.org](http://www.hud.org)

**Medicare** ..... [www.medicare.gov](http://www.medicare.gov)

Centers for Medicare and Medicaid Services ..... [www.cms.gov](http://www.cms.gov)

Medicare Interactive..... [www.medicareinteractive.org](http://www.medicareinteractive.org)

Medicare Rights Center ..... [www.medicarerights.org](http://www.medicarerights.org)

## **WEBSITES** (CONTINUED)

**Middlesex County Office of Aging and Disabled Services** .....  
[www.co.middlesex.nj.us](http://www.co.middlesex.nj.us)

### **NJ State Dept. of Human Services**

Division of Aging Services.....  
[www.state.nj.us/humanservices/doas/home/](http://www.state.nj.us/humanservices/doas/home/)

Division of Disability Services .....  
[www.state.nj.us/humanservices/dds/home](http://www.state.nj.us/humanservices/dds/home)

### **Nursing Homes**

Nursing Home Performance Reports.....  
<http://web.doh.state.nj.us/apps2/healthfacilities/fsSearch.aspx>

**Social Security Administration** ..... [www.ssa.gov](http://www.ssa.gov)

### **Support Groups**

NJ Self Help Clearinghouse..... [www.njgroups.org](http://www.njgroups.org)

**Veterans Administration** ..... [www.va.gov](http://www.va.gov)

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**This directory is intended for information and assistance purposes only and is not meant as an endorsement of any specific agency.**

**The information contained herein is designed to help you to become more aware of the various types of services available for older adults and people living with disabilities.**

# BOARD OF CHOSEN FREEHOLDERS

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