

# Personal Medical Record - USB

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**Apply for a free Personal Medical  
Record-USB card to store  
medical information.**

**Requirements:**

**Free to Middlesex County residents  
with a medical condition who are  
60+ or disabled.**

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**How to Apply:**

Call the Office of Aging and Disabled Services (732-745-3295) to answer a few questions, and then you can complete an application by mail or in person.

**What is the PMR-USB & how does it work?**

The size of a credit card, the PMR-USB is designed to be carried with you in case of emergency. You or anyone you choose (a family member, caregiver, doctor, etc.) can enter, and later update, your medical data. The PMR-USB can then be plugged into a computer, allowing medical personnel to access the important information.

**Disclaimer:**

Data must be kept current and accurate. Updating medical information is the sole responsibility of the recipient of the card. The card is not intended to replace the need for further information and education on safe medication administration and consulting medical personnel with any concerns.

**Want more information?**

**Contact us:**

**Office of Aging and Disabled Services**  
75 Bayard Street  
New Brunswick, NJ 08901  
732-745-3295

**Aging & Disability  
Resource Connection (ADRC)**  
1-877-222-3737 (Toll-Free)

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