

The **M C M A P** Program, administered by the Middlesex County Office of Aging & Disabled Services provides assistance for the homebound frail/elderly and disabled adults age 18-64 in need of services to help them remain safely in the community. This “*safety net*” program was primarily established to help prevent premature nursing home placement.

**The eligibility requirements include:**

- > **Must be a Middlesex County resident**
- > **Must be frail/elderly or disabled 18 - 64**
- > **Must not be on Medicaid or any other subsidized home care program (except meal clients)**
- > **Income & assets cannot exceed \$50,000**
- > **All clients must pay a cost share based on their income.**

MCMAP care managers arrange for and ensure provision of appropriate services based on a care plan developed with the client.

## **MCMAP SERVICES**

### **Prescription Assistance**

Annual maximum for RX is \$1,500

#### **PRESCRIPTION ASSISTANCE**

May be provided to participants who are financially ineligible for PAAD or Senior Gold and who have no other prescription coverage, including Medicare Part D.

## **Home Care/ Social Adult Day Care** **Medical Adult Day Care**

Annual maximum for these services combined is \$5,300

#### **HOME HEALTH CARE**

Up to 6 hours of services per week to assist consumers with activities of daily living including: bathing and showering, personal laundry, meal preparation, light housekeeping and shopping.

MCMAP contracts with licensed home care agencies that screen and conduct criminal background checks on all home health aides.

#### **SOCIAL ADULT DAY CARE**

Up to two days per week. This service is generally for cognitively impaired adults who require a safe supervised environment outside the home.

MCMAP contracts with licensed day care centers with trained staff.

#### **MEDICAL ADULT DAY CARE**

Up to one day per week. This service provides medical and social services in a group setting for individuals requiring medical oversight. The service is provided by physician supervised registered nurses and enables medication administration and health monitoring.

MCMAP contracts with licensed day care centers with trained staff.

## **Home Delivered Meals**

Annual maximum for meals is \$2,265

#### **HOME DELIVERED MEALS**

One hot 1/3 RDA meal delivered 5 days per week. Availability of this service is very limited and individuals must be homebound with no other paid or non-paid in-home support. Regular menu, vegetarian, and kosher meals can be provided.

## **Durable Medical Supplies** **Medical Equipment**

Annual maximum for these services combined is \$600

#### **DURABLE MEDICAL SUPPLIES**

Includes disposable items such as diapers, colostomy bags, diabetic supplies and similar products not covered by Medicare.

#### **DURABLE MEDICAL EQUIPMENT**

Includes canes, crutches, walkers, commodes, bath chairs and similar products not covered by Medicare.

## **Barrier Free Assistance**

Lifetime grant for modifications is \$4,500

#### **BARRIER FREE**

Home modifications to make the participant's home safer and more accessible. Includes items such as: bed and bath safety rails, wheelchair ramps and lifts.

**If you have questions  
regarding these  
services**

**Please call the  
Middlesex County  
Office of Aging &  
Disabled Services  
at  
(732)745-3295  
or  
1-877-222-3737**

**Middlesex County  
Office of Aging & Disabled Services  
75 Bayard Street, 5th Floor  
New Brunswick, New Jersey 08901**

## **FUNDED BY**

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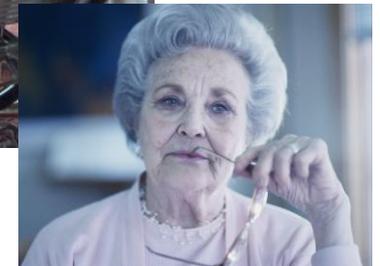
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Gerry Mackenzie  
Department Head**

**Office of Aging & Disabled Services  
Laila Caune  
Director**

# **MCMAP**

**Middlesex County  
Multi – Assistance  
Program**



**Services for  
Older Adults 65+  
and  
Disabled Persons  
18 – 64**