

Office of Aging and Disabled Services

- Designated by the County Board of Freeholders to plan, coordinate and/or provide county wide programs and services for older persons and those with disabilities.
- Identifies and prioritizes the human service needs of senior and disabled individuals in the county and develops an Area Plan outlining a comprehensive approach & coordinated system of services for delivery of Title III Older Americans Act and other funds.
- Maintains a central source of information for programs in the county and provides assistance to enable access to programs and services.
- The lead agency disseminating relevant information used to increase the public's understanding and awareness of aging and disability issues.
- Acts as an advocate within the county by monitoring, evaluating and commenting upon all programs and policies affecting seniors and persons with disabilities at public hearings and community forums.
- Advises the Board of Chosen Freeholders, New Jersey Division of Aging Services, and the New Jersey Department of Human Services, local government and service providers of the unmet needs of seniors and those with disabilities and recommends appropriate action.
- Administers funds and contracts provided to and by the County of Middlesex including federal funds pursuant to the Older Americans Act and ensures achievement of goals and effectiveness of program operations.
- Designated by the New Jersey Department of Human Services, Division of Aging Services to serve as the connecting link between the Division and local communities regarding aging issues and is the lead agency for the Aging & Disability Resource Connection - ADRC.



For a directory of services and agencies in Middlesex County, call for a free copy of our Resource Directory

732-745-3295
or
1-877-222-3737

Middlesex County Board of Chosen Freeholders

Ronald G. Rios, Freeholder Director

Charles E. Tomaro, Deputy Director

Kenneth Armwood

Charles Kenny

Leslie Koppel

Shanti Narra

Blanquita B. Valenti



Blanquita B. Valenti, Freeholder Liaison

Middlesex County Dept. of Community Services

Gerry Mackenzie, Department Head

Office of Aging & Disabled Services

Laila Caune, Director

www.middlesexcountynj.gov

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Office of Aging and Disabled Services



AGING & DISABILITY RESOURCE CONNECTION

Your Doorway to Information & Assistance



732-745-3295

1-877-222-3737

Office Hours: 8:30am-4:15pm

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901

Information and Assistance

Provides information, assistance, referral and advocacy for seniors, persons with disabilities, their caregivers and the general public needing access to services.

Home Care and Care Management

Home Care Services may include: social or medical adult day care, meals, home health care, companion, personal care assistance, transportation, private duty nurse, medical equipment and supplies, respite, barrier free modification, prescription, personal response system and in-patient respite. Care Managers assess individuals' needs and coordinate the ongoing services provided.

Medicare Counseling

Under the State Health Insurance Assistance Program (SHIP), staff and trained volunteer counselors, assist with questions related to Medicare, supplemental insurances and problems regarding Medicare billing.

Senior Meal Program

Provides a noon time meal for seniors Monday thru Friday at 8 congregate sites around the county which also promote a unique social atmosphere. For the homebound senior there is a home delivered meal component.

Transportation

Middlesex County Area Transit (MCAT) offers two types of transportation.

Demand Response/Reservation is for seniors 60+ and disabled residents of Middlesex County. There is a \$3.00 per trip (one way) fee. This intermittent transportation is available so that residents may obtain the necessities of life, with priority given to non-emergency medical services. Registration and reservations are required.

Community Shuttle service is a fixed route service, with multiple routes around Middlesex County; it is available to the general public and runs Monday-Friday. Call or visit our website for Community Shuttle schedules.

Events

Disability Connections is an information and resource fair for people with disabilities and their caregivers.

90+ Birthday Bash Celebrations are held during Older Americans Month to recognize county residents over the age of 90.

Senior Citizen Art Contest is an annual juried contest and show that promotes the creative talents of seniors.

Senior Health & Fitness Walk is an annual county wide event which promotes the benefits of exercise and healthy living.

Caregiver Retreat is an opportunity for caregivers and professionals to come together to discuss common issues, share ideas, and learn about supportive services.

Special Projects

File of Life is a FREE magnetic refrigerator pouch that holds a health and emergency reference card which provides vital information to police, EMT and family in the event of a crisis.

Pro Act is FREE discount prescription program for county residents who do not have any other prescription coverage.

Project Lifesaver is a FREE radio tracking bracelet that is monitored by local police and available to county residents who have a history of wandering due to illness or disability.

Project Medical Card is a FREE tool to track and relay medical information. It is the size of a credit card and holds a USB drive with a template for individuals to enter medical data to be used in case of an emergency.

Senior Farm Market provides eligible individuals with vouchers to purchase fresh fruits and vegetables at approved local farm markets between June and November.

Community Services

The office provides funding to local providers for support services in: legal service, adult day care, telephone reassurance, outreach, transportation, nutrition, home health services, care management, language translation, mental health, information & assistance, friendly visiting, residential maintenance, respite and adult protective services. Speakers are available to address community groups or agencies concerning aging, disability or caregiver issues and support services available in the county.