



Ronald G. Rios  
*Freeholder Director*

Carol Barrett Bellante  
*Deputy Director*

Kenneth Armwood  
Charles Kenny  
H. James Polos  
Charles E. Tomaro  
Blanquita B. Valenti  
*Freeholders*

Carol Barrett Bellante  
*Chairperson, County Administration*

John A. Pulomena  
*County Administrator*

Dennis J. Cerami  
*Director*

## COUNTY OF MIDDLESEX

### Office of Human Resources

To: CDL holders/County employees subject to County of Middlesex Alcohol and Drug Testing Policy and Procedure CDL and Safety-Sensitive Employees and the Drug and Alcohol Policy For Safety Sensitive Employees Covered Under DOT/FTA

From: The Office of Human Resources

Date: July 2, 2014

Re: New Federal Regulations which may require immediate attention on your part.

There have been recent changes in the Federal regulations concerning Medical Certification which will have a personal impact upon you as a CDL holder of which you may or may not be aware.

One of the recent changes is that anyone renewing their current CDL, or applying to upgrade to a higher vehicle class or to add an endorsement to their current CDL, will be required to self-certify what type of commercial operation they perform by signing the CDL Holder Self Certification form (please view the attached). It is the County policy that all CDL Holders need to provide a medical certification.

Additionally as of May 21, 2014, commercial drivers must have their CDL physical completed by a Federally-Certified Doctor. Following is the Medical Registry website: <http://nrcme.fmcsa.dot.gov> on which you will find doctors who are able to perform your CDL physical. IF your medical certification has expired or will be expiring any time after May 21, 2014, you MUST follow the new requirement.

This Office recommends contacting one of the doctors listed in the registry, and inquire as to what insurance coverage they accept. Going to a doctor covered under your insurance plan will decrease out of pocket expense and the processing time for reimbursement.

Please understand, these are Federal requirements which the County must abide by in order to be in compliance; we appreciate your anticipated cooperation.

We encourage you, as a CDL holder, to view the attached slides from a recent New Jersey Motor Vehicle Commission seminar.

Attachment

**Middlesex County...*"The Greatest County in the Land"***

www.co.middlesex.nj.us · P.O. Box 871, New Brunswick, NJ 08903 · 732-745-3090

Ronald G. Rios  
Freeholder Director

Carol Barrett Bellante  
Deputy Director

Kenneth Amwood  
Charles Kenny  
H. James Polos  
Charles E. Tomaro  
Blanquita B. Valenil  
Freeholders



**COUNTY OF MIDDLESEX**

**Office of Human Resources**

Carol Barrett Bellante  
Chairperson, County Administration

John A. Pulomena  
County Administrator

Dennis J. Cerami  
Director

**SIGNATURE OF RECEIPT FORM  
FOR THE  
COUNTY OF MIDDLESEX ALCOHOL & DRUG TESTING  
POLICY AND PROCEDURE FOR CDL AND SAFETY-SENSITIVE EMPLOYEES**

I, \_\_\_\_\_, employee of the \_\_\_\_\_ Department,  
(Print Name) (Department Name)

received a copy of the memo regarding the NEW FEDERAL REGULATIONS CONCERNING CDL HOLDERS AND  
THEIR MEDICAL CERTIFICATION on \_\_\_\_\_  
(Date Received)

On \_\_\_\_\_, I read the memo, understand that I have to follow through with the Federally-  
(Date Read)  
Mandated regulations concerning my CDL Medical Certification.

Signature of Employee: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Department Contact: \_\_\_\_\_ Date: \_\_\_\_\_

Copy: Employee's CDL File

**Middlesex County... "The Greatest County in the Land"**

www.co.middlesex.nj.us · P.O. Box 871, New Brunswick, NJ 08903 · 732-745-3090



New Jersey  
Motor Vehicle Commission

### CDL Holder Self-Certification

Name of Driver: \_\_\_\_\_ New Jersey Driver License Number: \_\_\_\_\_

Are you submitting a copy of your medical certificate? YES NO (please circle yes or no)

If there are no changes from your previous Self Certification, please check this box:  (and sign below)

Note: Only Class A, B, or C drivers that check the box for category 1 or 3 on the self-certification categories listed below must submit a copy of their medical certificate; however all CDL holders, Class A, B, or C drivers must submit this certification.

Please check only one of the following Self-Certification categories that apply to you.

I certify my commercial transportation is;

**Category 1:** Interstate and subject to 49 C.F.R. part 391. (Medical certificate and self certification must be submitted)

- All Class A, B, and C drivers who do NOT fall under any of the other categories.
- All Class A, B, and C drivers granted a federal vision or diabetes exemption; or SPB-limb impairment Skill Performance Evaluation.

**Category 2:** Interstate but operating exclusively in transportation or operations excepted under 49 C.F.R. 390.3(f), 391.2, or 391.68 (self certification must be submitted).

- Transportation performed by the federal government, a state, or any political subdivision of a state. (Note: The Motor Vehicle Commission requires ALL passenger (P) endorsement holders, including government workers, to submit a valid medical certificate in order to maintain the P endorsement on their CDL. N.J.A.C. 13:21-14.5(e) (6)
- The transportation of human corpses or sick and injured persons.
- The operation of fire trucks and rescue vehicles while involved in emergency and related operations.
- Apian industries (Beekeepers).
- Farm vehicle drivers operating within a 150 mile radius of the farm.

**Category 3:** Intrastate and subject to state driver qualification requirements. (Medical certificate and self certification must be submitted).

- All Class A, B, and C drivers who do NOT fall under any of the other categories.

**Category 4:** Intrastate, but operating exclusively in transportation or operations excepted from all or part of the state driver qualification requirements. (Self certification must be submitted).

- Transportation performed by the federal government, a state, or any political subdivision of a state. (Note: The Motor Vehicle Commission requires ALL P (passenger) endorsement holders, including government workers, to submit a valid medical certificate in order to maintain the P endorsement on their CDL. N.J.A.C. 13:21-14.5(e)(6)
- The transportation of human corpses or sick and injured persons.
- The operation of fire trucks and rescue vehicles while involved in emergency and related operations.
- Apian industries (Beekeepers).
- Farm vehicle drivers operating within a 150 mile radius of the farm.

Pursuant to 49 CFR 383.71 I hereby certify that the foregoing is true; I understand that if the information I provided is willfully false I am subject to punishment.

\_\_\_\_\_  
Driver's Signature

\_\_\_\_\_  
Date

New Jersey Motor Vehicle Commission  
CDL/Bus Unit  
PO Box 685  
Trenton, NJ 08666

*On the Road to Excellence*  
Visit us at [www.njmvc.gov](http://www.njmvc.gov)  
*New Jersey is an Equal Opportunity Employer*